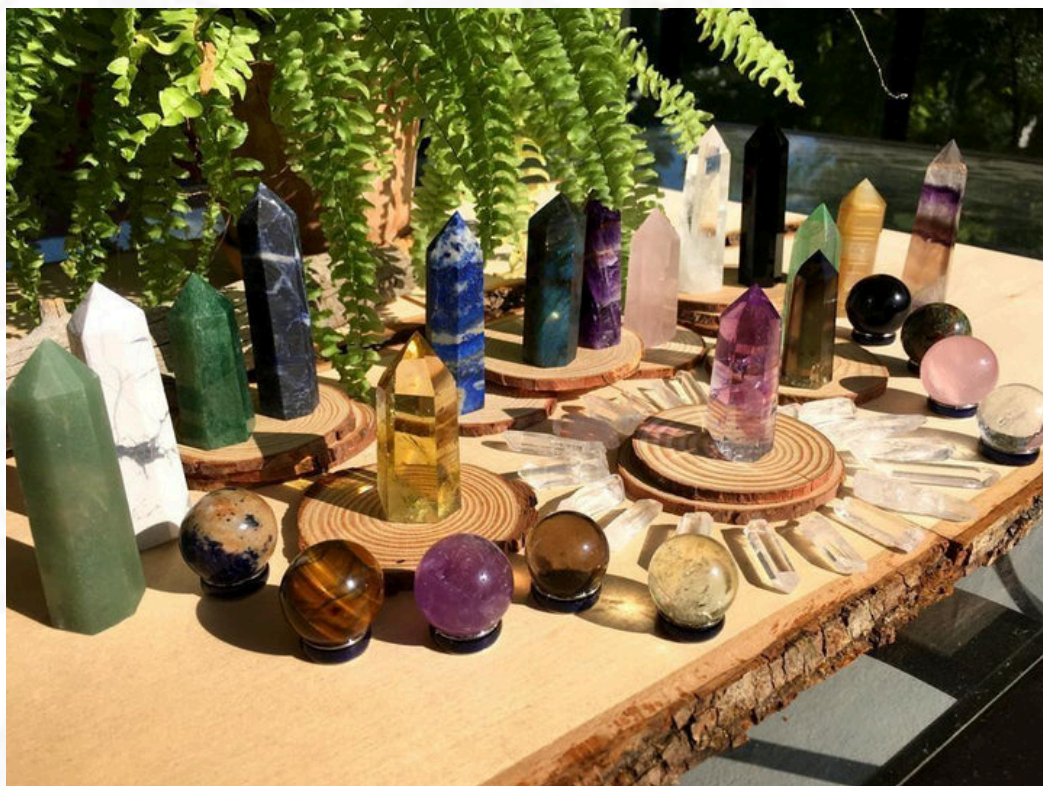


The Crystal Compendium by Spirit Magicka Crystals - www.spiritmagicka.net



USEFUL LINKS:

Crystal Shop: www.spiritmagicka.net

SPIRIT MAGICKA ACADEMY

Crystal Healing

Reiki Course

Tarot Reading

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www.spiritmagicacademy.com

CRYSTAL AFFILIATE PROGRAM

(Earn money referring customers to our shop)

<http://crystalaffiliate.com>

Crystal Pipes for "Happy Plants"

<http://spiritsmoke.net>

(currently only able to accept cryptocurrency - for crystal smoking pipes)

Abalone Shell



POWER & BENEFITS OF ABALONE:

Abalone Shell is good for seeing beauty, femininity, and power. The colorful shell symbolizes independence, self-reliance, and solitude. Its energies are thought to offer protection and emotional balance. It brings a natural shielding that blesses the person with tranquility.

SPIRITUAL & EMOTIONAL INFLUENCE:

Abalone Shell facilitates connection with ancestors. It is good for love, letting go of emotions and relaxation.

THE PHYSICAL CONNECTION:

Abalone Shell is thought to aid in detoxing. It is believed to be good for the eyes, helping cataracts and hemeralopia which is the inability to see in bright light. It is also thought to help build physical strength and reduce physical tension.

THE CHAKRAS CONNECTED TO ABALONE:

Throat Chakra.

ASTROLOGICAL SIGNS:

Aquarius, Pisces, Cancer, and Scorpio.

LOCATIONS FOUND & HISTORY:

Abalone Shell can be found in oceans around most continents to include Australia, Japan, New Zealand, South Africa, United States, and Vietnam. Abalone Shell has been used in jewelry, decorative bowls, and masks by many ancient cultures.

Indigenous Cultures have used the abalone shell as a smudge bowl to burn sage. They believed that the Abalone Shell and the sage together carry their messages up to heaven. The colorful shells have been found in archeological sites around the world, from the Blombos Cave in South Africa to California's Northern Channel Islands; they have long been revered for their beautiful colors.

RARITY, VALUE & VARIATIONS:

Abalone Shell is the shell of a marine mollusk. It contains minerals that give the shell a range of brilliant colors.

HOW TO USE ABALONE:

Worn in Jewelry, Abalone Shell because it evolved in the ocean, has an ultra-tough exterior which is what makes it known for nurturing protection. When you wear Abalone Shell jewelry, it helps to connect you with the power of the water element, which is a subtle, yet powerful energy. This energy helps to guard you against negative vibes, whether they stem from your inner critic or from other kinds of darkness that may enter your personal space. When you wear Abalone Shell jewelry, you have a constant flow of its protective properties.



Achroite



POWER & BENEFITS OF ACHROITE:

Achroite is a stone that brings inspiration, clarity of mind, and thought. It helps you to communicate on a profound level and to reach your goals.

SPIRITUAL & EMOTIONAL INFLUENCE:

Achroite is good for spiritual energy. It synthesizes all other colors and opens the crown chakra. It connects you with other dimensions especially that of angelic wisdom. It amplifies the effects of any other crystal but especially other tourmalines. It provides all aura clearing and aura protection. It facilitates communication and contact with angels, ascended masters, and spirit guides. It aids in channeling, and all psychic abilities. It brings the body and mind back into balance after prolonged illness or trauma. It helps chronic headaches, physical blockages anywhere in the body, and constrictions in the throat. It increases your confidence. It helps in overcoming feelings of being stuck in burdens and issues that seem to have no end in sight or solution.

THE PHYSICAL CONNECTION:

Achroite is thought to align the meridians of the physical and etheric bodies. It is said to align the meridians of the physical and etheric bodies.

THE CHAKRAS CONNECTED TO ACHROITE:

Crown Chakra. Achroite synthesizes all other colors and opens the Crown Chakra.

ASTROLOGICAL SIGNS:

Aquarius.

LOCATIONS FOUND & HISTORY:

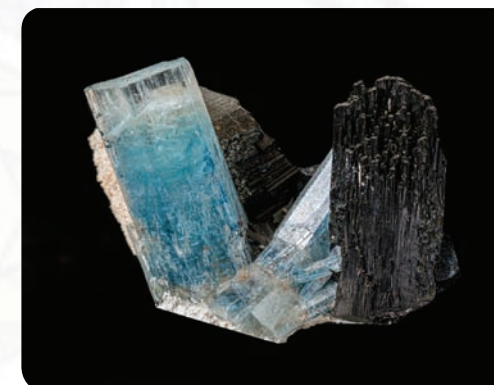
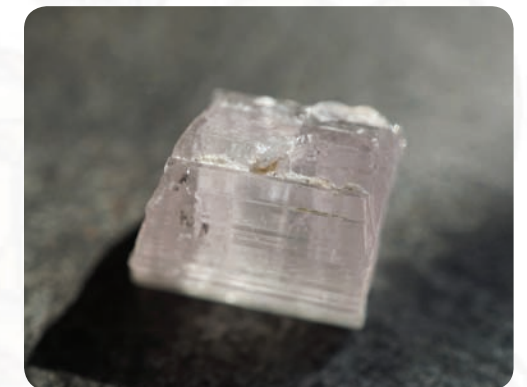
Pakistan.

RARITY, VALUE & VARIATIONS:

Achroite is a colorless variety of tourmaline.

HOW TO USE ACHROITE:

Achroite natural wands are useful energy balancing tools, that help to clear the aura, disperse negative energy, remove blockages, and point to solutions to specific problems. Wear the crystal if you have to speak publicly as it assists in making your words clear, concise, and inspiring. If you work in an area where you are constantly pressured to achieve, keep this stone with you as it will draw success to you by ethical means.



Actinolite



POWER & BENEFITS OF ACTINOLITE:

Actinolite crystal is considered the dream stone that will help you remember your dreams to process the inner workings of your mind. It is good for behavior patterns, abilities, skills, and talents.

SPIRITUAL & EMOTIONAL INFLUENCE:

Actinolite is a great stone for those who worry. It also helps in overcoming indecision especially in regards to taking the next steps in your life. It brings connection. It will help you gain the confidence in yourself to go after your dreams. It also helps to bring stability into your daily life and can help you know your self-worth.

It is an excellent stone for metaphysical shielding, it expands the aura and crystallizes its edges. It connects you to higher awareness and brings your body, mind, psyche, and spirit into balance. It is an excellent aid to visualization.

THE PHYSICAL CONNECTION:

Actinolite is thought to be helpful for detoxification and balancing the metabolism. It is said to help those with parasites and fungus. It is also thought to strengthen the immune system and help soothe rashes and hives.

THE CHAKRAS CONNECTED TO ACTINOLITE:

Heart Chakra.

ASTROLOGICAL SIGNS:

Scorpio.

LOCATIONS FOUND & HISTORY:

Found in Brazil, the United States, China, Taiwan, Japan, Europe, Mexico, Canada, New Zealand, and Australia. Actinolite was named by Richard Kirwan in 1794 by Aktina which is Greek for ray stone because of its protective properties.

RARITY, VALUE & VARIATIONS:

Actinolite is made of hydrous calcium magnesium iron silicate and it's normally dark or light green with some grey and black. The transparent crystals are very rare making them costly. These rare pieces of stone are cut into cabochons and put into jewelry.

It is often found with other crystals and as inclusions in Clear Quartz crystal and a variety of Actinolite is Nephrite Jade.

HOW TO USE ACTINOLITE:

Bring Actinolite with you when you're traveling, it will help you assimilate to a new place. Use this stone when you're experiencing any confusion as to what you should do next in your life and meditate with it to find some answers.



Adamite



POWER & BENEFITS OF ADAMITE:

Adamite is a crystal that is good for business success, wealth, lateral thinking, intellect, expression, and inner strength. It is good for emotions. It helps to create emotional equilibrium. It assists in clearly communicating your needs, especially when you need to change. Adamite is a useful stone for uniting heart and mind, it provides clarity and inner strength when dealing with emotional issues.

SPIRITUAL & EMOTIONAL INFLUENCE:

It increases metaphysical gifts and communication with those in other dimensions. It is a strongly creative stone.

Adamite enhances your emotional interaction, allowing more room for expressing your feelings. This crystal helps to attract more joy into your life. It helps you resist emotional manipulation especially by those who play on your weakness or guilt. Adamite is a strong creative crystal. It helps you move forward confidently into an unknown future, giving you the ability to identify new avenues for growth in both business and personal life.

THE PHYSICAL CONNECTION:

Adamite is thought to be good for the heart, lungs, throat, and glands. It can help in clearing the mental fog associated with hormonal imbalances, general lack of energy, or chronic fatigue syndrome.

THE CHAKRAS CONNECTED TO ADAMITE:

Heart Chakra. Adamite brings the heart and mind together as it links the Heart Chakra, Solar Plexus Chakra, and Throat Chakra with the universal mind.

ASTROLOGICAL SIGNS:

Cancer.

LOCATIONS FOUND & HISTORY:

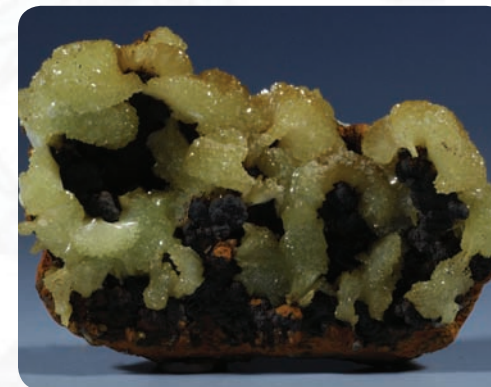
Mexico, Greece, United States, Namibia, Russia, Canada, China, New Zealand, and Taiwan. Adamite was named after French mineralogist, Gilbert-Joseph Adam (1795–1881).

RARITY, VALUE & VARIATIONS:

Yellow-green tabular crystals or druse crystals. Transparent to translucent. Adamite is a vitreous, transparent crystal or druse. It has a Mohs hardness of 3.5. Rare.

HOW TO USE ADAMITE:

This is an excellent crystal to use for pendulum work to decide between options. Hold Adamite or place in crystal grids.



Agate



POWER & BENEFITS OF AGATE:

Agate is a very grounding stone and works well to protect you. It balances mind, body, and spirit so that you feel at peace. It heals emotional traumas on all levels and gives you the courage to start again.

SPIRITUAL & EMOTIONAL INFLUENCE:

Agate harmonizes yin and yang. It encourages the assimilation of life experiences and facilitates stable spiritual growth.

The multiple layers and bands in the stones can signify emotions coming to the surface to be accepted.

THE PHYSICAL CONNECTION:

Agate is thought to help with irritable bowel syndrome (IBS) and bowels in general. It is said to balance the lymphatic system and blood circulation. It is also thought to help with skin disorders, eye issues, and detoxification.

THE CHAKRAS CONNECTED TO AGATE:

Varies according to color and type.

ASTROLOGICAL SIGNS:

Gemini.

LOCATIONS FOUND & HISTORY:

India, United States, Morocco, Czech Republic, Africa, and Brazil. Agates are a form of Chalcedony which was named after Chalcedon, an ancient port on the Sea

of Marmara where stones were mined and traded. It has been used throughout history as a stone for household items such as goblets and decoration. When it was one of the only gemstones used it was considered very valuable, but now the value is lower. One type of agate is higher in value though, and that is Chrysoprase.

A truth amulet in ancient Rome, or bound to the left arm to ensure bountiful crops, they were sometimes engraved with a snake to guard against snakebites.

RARITY, VALUE & VARIATIONS:

Chrysoprase is the most valuable type of agate because it is the rarest type of agate. Their prices reflect mainly labor and artistry rather than the value of the material itself. Larger Agates and ones with distinctive patterns are usually more expensive. Agate is a type of Chalcedony that comes in a variety of colors and appearances. There are also other specific types of Agate as well including Moss Agate, Blue Lace Agate, and Iris Agate. Agates make great decorative stones because of their layers of patterns and colors that are mesmerizing to look at.

The costs of Agate are more about the craftsmanship involved in carving or making the Agate into something whether it be a piece of jewelry or a home item. It has a Mohs hardness of 6.

HOW TO USE AGATE:

Hold Agate in meditation or place on your body where you need assistance in releasing blockages. Use in elixirs by allowing the Agate to sit in water overnight and then straining the water to separate the crystal and the water. You can also use Agate slices as a coaster to put your drinks on and it will charge your beverage with the balancing energy of the crystal.



Ajoite



POWER & BENEFITS OF AJOITE:

Ajoite activates your creativity and helps you express your inner truth. It is a soothing stone that brings in calming energy. It is good for youthfulness, overcoming prejudice, and expressing your truth.

SPIRITUAL & EMOTIONAL INFLUENCE:

Ajoite brings calm, helps anger, and jealousy. It has inclusions in Quartz crystals that often look like Angel's wings so it's said that this stone will connect you with angelic energy.

It helps you relinquish self-hatred and turn it around to self-love to see that you're worthy of love no matter what.

THE PHYSICAL CONNECTION:

Ajoite holds soft, feminine energy that is thought to help maintain the reproductive organs. It is said to help with menstrual issues and cramping as well as hormonal imbalances. It is thought to increase fertility and helps in pregnancy and giving birth. It is said to be helpful during menopause too.

THE CHAKRAS CONNECTED TO AJOITE:

Heart Chakra, and Third Eye (Brow) Chakra.

ASTROLOGICAL SIGNS:

Virgo.

LOCATIONS FOUND & HISTORY:

Mainly found in Arizona in the United States and the Republic of South Africa. The stone was first found in Ajo, Arizona which is where it got its name from. Harry Berman was collecting Ajoite in August 1941 and planned to work with W T Schaller to understand this crystal better. But Berman passed away shortly after and then it wasn't until 1958 that Schaller and Angelina Vlisidis from the US Geological Survey officially named it. This stone continues to be studied even now.

RARITY, VALUE & VARIATIONS:

Ajoite is a hydrated, sodium, potassium, copper, aluminum, silicate hydroxide mineral. The stone is starting to be hard to find on its own but can more commonly be seen as inclusions in quartz. Small pieces of Ajoite can be fairly affordable and if it's found in another crystal it will be even more affordable and attainable.

HOW TO USE AJOITE:

Keep this crystal with you when you need comfort and soothing in times of distress. This is a wonderful stone to have with you when you need to feel how special you are and to feel love for yourself.



Alexandrite



POWER & BENEFITS OF ALEXANDRITE:

Alexandrite is said to be an Emerald by day and a Ruby by night because of how the stone changes color depending on what type of lighting it's under. It is a regenerative stone that helps you overcome the past and rebuild your life. A guardian stone and a useful purifier.

SPIRITUAL & EMOTIONAL INFLUENCE:

This is a stone of rebirth and rebuilding yourself and your life. It will help you resolve and integrate experiences from your past so you can be your true authentic self.

It teaches you to be with what is and accept things for how they are instead of wishing they were different. It teaches how to expend less effort and find joy in life, inspiring the imagination and attuning to your inner voice.

THE PHYSICAL CONNECTION:

A stone thought to help with nerve regeneration. It is also thought to be helpful to those who have Leukemia, Alzheimer's, Dementia, or Parkinson's disease. It is believed to be connected with male reproductive organs.

THE CHAKRAS CONNECTED TO ALEXANDRITE:

Heart Chakra. Alexandrite links the Root (Base) Chakra to the Crown Chakra.

ASTROLOGICAL SIGNS:

Scorpio.

LOCATIONS FOUND & HISTORY:

Alexandrite is now found in Sri Lanka, East Africa, and Brazil as well as in Russia. It was originally discovered in the Ural Mountains of Russia in the 1830s. Named after Czar Alexander II of Russia, on whose 21st birthday it was discovered. It was well-loved by the Russians because it has red and green which was similar to the national military colors of imperial Russia.

RARITY, VALUE & VARIATIONS:

Alexandrite is somewhat of a chameleon gemstone that changes from green in daylight to red in lower light because of the way the mineral absorbs light which is also known as the Alexandrite effect. It is a green form of Beryl's subgroup Chrysoberyl. This gemstone is exceptionally rare and valuable. It has a hardness of 8.5 on the Mohs scale and makes for beautiful fine jewelry.

HOW TO USE ALEXANDRITE:

Wear or hold Alexandrite when you're going through a transformational period. Use to balance and soothe emotions.



Amazonite



POWER & BENEFITS OF AMAZONITE:

Amazonite crystal helps with stress, nervousness, anxiety, panic attacks, and an overthinking mind. It will soothe and calm your nerves to help you think and feel more clearly.

SPIRITUAL & EMOTIONAL INFLUENCE:

Amazonite helps to heal emotional trauma and fear. It balances the feminine and masculine energy.

THE PHYSICAL CONNECTION:

Amazonite is thought to be an excellent gemstone for the heart and the nervous system it can be a very soothing stone for those with anxiety. It's also a good stone for protection against pollution including cell phone emissions and electromagnetic pollution. Amazonite protects the bones as well and is suitable for tooth decay and calcium deficiency.

THE CHAKRAS CONNECTED TO AMAZONITE :

Heart Chakra, Solar Plexus Chakra. It connects the higher Heart Chakra to Throat Chakra.

ASTROLOGICAL SIGNS:

Virgo .

LOCATIONS FOUND & HISTORY:

Brazil, Canada, United States, Austria, India, Russia, Mozambique, and Namibia. Amazonite has been highly regarded throughout the ages. The Egyptians made

the stone famous by making jewelry out of it. It has also always been a stone that is thought to bring luck, money, and success so wearing amazonite has been embraced by gamblers. It has also always been believed that it's a good stone for artists to use as a way to tap into their emotions and express them creatively.

RARITY, VALUE & VARIATIONS:

Even though the value of amazonite is relatively low, antique pieces are higher in value. This beautiful blue-green gemstone is a variety of microcline which is a form of alkali Feldspar. Commonly, people think Amazonite is from the Amazon River because of its name, and even though it was named after the river, it doesn't come from the river at all but other areas of Brazil.

Out of all gemstones, amazonite forms the largest crystals which can be found for sale. It can be colorless, bluish-green, white, yellow, pink, red, or gray but it's usually an aqua blue with green. The color is caused by lead within the stone. It's also commonly mistaken for turquoise and jade, but up close it looks quite different and almost glassy. It has a Mohs hardness of 6-6.5.

HOW TO USE AMAZONITE:

Wear amazonite or put it between your body and any electronics to help protect yourself from EMFs. It blocks geopathic stress and, placed between you and the source, absorbs microwaves and cellphone emanations, protecting against electromagnetic pollution.



Amber



POWER & BENEFITS OF AMBER:

Amber is the fossilized resin that comes from ancient trees. It may have inclusions of animal and plant material. It has strong connections with the Earth and is considered to be a grounding stone for higher energies. It is beneficial for altruism, memory, trust, wisdom, peacefulness, decision making, vitality, and stress.

SPIRITUAL & EMOTIONAL INFLUENCE:

Amber absorbs the negative energies and transmutes them into positive forces that help to stimulate balance. A good stone for calming and yin/yang balance. It helps abuse, emotional blockages, stress, and negativity.

THE PHYSICAL CONNECTION:

Amber is thought to be a powerful cleanser and balancer that draws disease from the body and promotes tissue revitalization by absorbing the pain and negative energy. It is said to resonate with the throat and is used for treating throat problems and goiters. It is also thought to be good for the spleen, stomach, bladder, kidneys, and liver. It is thought that it can be used as an elixir and for wounds as a natural antibiotic.

THE CHAKRAS CONNECTED TO AMBER:

Solar Plexus Chakra and Throat Chakra. Cleanses and purifies All Chakras. It cleans the Chakras and the environment.

ASTROLOGICAL SIGNS:

Aquarius, Leo.

LOCATIONS FOUND & HISTORY:

United Kingdom, Poland, Italy, Romania, Russia, Germany, Myanmar, Dominican Republic, Baltic Sea, Latvia, and Lithuania. Amber has long been appreciated for its color and natural beauty since Neolithic times. Amber beads have been found in graves dating to 8000 BCE.

RARITY, VALUE & VARIATIONS:

Colors include yellow, orange, and brown. It can range from a whitish color to pale yellow, brown to almost black. Other less common colors include red amber, green amber, and even blue amber, which is rare and highly sought after. It has a Mohs hardness of 2-2.5.

HOW TO USE AMBER:

Wear in jewelry for prolonged periods, especially on the throat and wrist. Purifies the mind, body, and spirit when worn. Place Amber as appropriate. If using to treat babies and children, it is beneficial for the mother first to wear the stone. Can be burnt as an incense to cleanse spaces, perfect for use in therapy rooms.



Amethyst



POWER & BENEFITS OF AMETHYST:

Amethyst is beneficial to the mind, clearing negativity and confusion, balancing out highs and lows, and promoting emotional centering. It helps with decision-making, negotiation skills, wealth, business success, moving forward in life, dealing with responsibility and change, and public speaking.

SPIRITUAL & EMOTIONAL INFLUENCE:

Amethyst helps to enhance spiritual awareness. It vibrates at a high frequency, which creates spiritual protection that blocks out the lower negative frequencies and energies. It helps to awaken higher consciousness, assisting in clear-headed decision-making that is free of emotional confusion. It helps with meditation and intuition. It provides a boost to psychic abilities, intuition, and mental understanding. It stimulates the Third Eye (Brow) Chakra and Crown Chakra. It promotes love of the divine.

It helps to dispel anger, violent tendencies, and obsessive-compulsive disorder (OCD). Amethyst calms oversensitivity, tension, and grief.

THE PHYSICAL CONNECTION:

Amethyst is thought to have strong energy and cleansing powers that help to heal the cause of disease. This crystal is said to be beneficial for hormone regulation, headaches, migraines, hearing, asthma, blood clots, bacterial and viral infections, immune health, the heart, skin, stomach, liver, teeth, circulatory and sympathetic nervous system, and arthritis. circulatory, and sympathetic nervous systems.

Amethyst reduces bruising, swelling, injuries and treats hearing disorders. It heals diseases of the lungs and the respiratory tract, along with skin conditions and cellular disorders. Amethyst also helps with addictions, especially alcoholism, as it aids in both detoxing and blood cleansing. It relieves physical, emotional, and psychological pain or stress. It is beneficial for the intestines helping to regulate flora, remove parasites and encourage the reabsorption of water. Amethyst helps with insomnia and encourages restful sleep.

THE CHAKRAS CONNECTED TO AMETHYST:

Third Eye (Brow), Crown Chakra.

ASTROLOGICAL SIGNS:

Aquarius, Pisces.

LOCATIONS FOUND & HISTORY:

Worldwide. Brazil, Britain, Canada, East Africa, India, Madagascar, Russia, Siberia, South Africa, Sri Lanka, United States, and Uruguay. Amethyst gets its name from the Greek word meaning to be intoxicated and was worn by the Greeks



and Romans to cure drunkenness. It can also be used to help with insomnia, grief, and addictions.

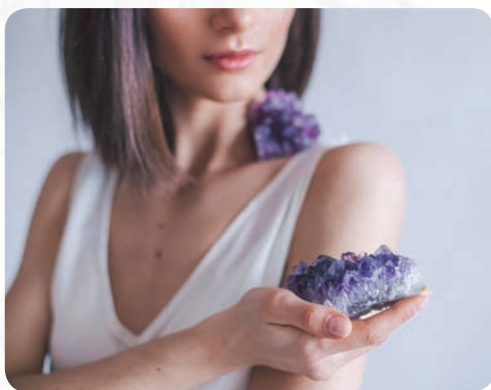
RARITY, VALUE & VARIATIONS:

The classic color of amethyst is purple to lavender. There are rare varieties of the stone that are almost black, and other varieties that are purple/white banded with Chevron Amethyst and Prasiolite, which is a green amethyst colored by its mineral inclusions. Amethyst is a variety of quartz found as transparent, pointed crystals, or masses. The stone comes in all sizes and may be geode, cluster, or single point. It is affordable as it is one of the most common crystals. It has a Mohs hardness of 7.

HOW TO USE AMETHYST:

Amethyst is one of the most spiritual stones and an excellent choice for meditation. Use it to achieve high-frequency states. Sleeping with Amethyst can promote out-of-body experiences and encourage intuitive dreams. Wear Amethyst regularly as jewelry to help with mental balance, wellbeing, and general health. Place Amethyst on the Third Eye (Brow) to help stimulate it.

Clusters and geodes of Amethyst can be placed around your home or workplace. The geodes and crystals help to purify the atmosphere and create clarity, protection, and balancing energy. Single point crystals can be used for balancing. Place the single point of Amethyst towards you to help draw in energy and away from you to draw away energy. To help with insomnia or nightmares, place Amethyst crystal underneath your pillow. Amethyst crystals will fade if left in sunlight.



Ametrine



POWER & BENEFITS OF AMETRINE :

Ametrine stimulates creativity and imagination. It helps to overcome the judgment of others in those who tend to be overly judgemental, yet helps those who are too trusting become more discerning to protect themselves. It is beneficial for motivation, letting go of the past, self-esteem, self-confidence, and self-expression.

SPIRITUAL & EMOTIONAL INFLUENCE:

Ametrine is said to promote healing and divination, connecting the physical realm with higher consciousness. It is strongly protective, assisting during journeying, and is effective against psychic attack.

It assists in releasing blockages and negative belief systems. It brings insight and solutions to issues. It promotes inner joy and optimism that isn't affected by outside influences. Ametrine provides a balance between thoughts and actions. It gives you clarity and a new perspective.

THE PHYSICAL CONNECTION:

Ametrine is thought to aid in clearing tension from the head and neck. It is believed to be a blood cleanser, detoxifier, and energizing stone. It is said to strengthen the immune system preventing minor illnesses and diseases. It is also thought to stabilize DNA and RNA. It is said to help the autonomic nervous system, chronic fatigue syndrome, general tiredness, depression, and stress.

THE CHAKRAS CONNECTED TO AMETRINE:

Solar Plexus Chakra, Third Eye Chakra.

ASTROLOGICAL SIGNS:

Libra.

LOCATIONS FOUND & HISTORY:

Worldwide. It's said that in the 1600s Ametrine was first introduced to Europe as a gift given to the Queen of Spain by a conquistador after he received an Ametrine mine in Bolivia as a dowry by marrying a princess named Anahi from the Ayoreos tribe. Following that, the mine was inactive for more than three hundred years and then discovered once again in the 1960s which made Ametrine available in the 1970s. This mine is still active, and it's now named Anahi after the princess. This mine also has amethyst and citrine.

RARITY, VALUE & VARIATIONS:

Ametrine is also known as Trystine or Bolivianite since it is mainly sourced in Bolivia. It's natural Quartz and a mixture of Amethyst and Citrine crystals which is where the name Ametrine comes from and where it gets its beautiful purple and yellow hues.

Most lower-priced Ametrine can be assumed to be synthetic, made in a Russian laboratory since 1994. This laboratory perfected the method of producing synthetic bi-colored quartz that is irradiated. Ametrine prices are relatively modest and don't increase with carat size. The most valuable Ametrine depends on the depth and vividness of the colors in the gemstone. It has a Mohs hardness of 7.

HOW TO USE AMETRINE:

Wear Ametrine on the body in a pendant or ring. Hold on to the body to bring up deep-seated emotional issues to process and clear. It brings greater focus to meditation.



Ammonite



POWER & BENEFITS OF AMMONITE:

Ammonite is considered the universal spiral of energy. It is a powerful and earthy fossil. Its spiral shape symbolizes that of evolution and continual change.

SPIRITUAL & EMOTIONAL INFLUENCE:

Ammonite is good for connecting with your ancestors and with past lives. This stone has absorbed cosmic energy over eons of time and helped to stimulate the life force (Chi) within. It is often used for activating Kundalini and life path energies. Ammonite gives structure to the present and enhances your survival instinct. As everything goes around in cycles, resolving the past helps in the present, with the past helping the future and solving problems before they arise. It is good for creative careers. It may also help to lift the heaviness that can sometimes be felt during depression.

THE PHYSICAL CONNECTION:

Ammonite is thought to be good for the bones, joints, ligaments, and skeletal system. It is said to help with broken bones, degenerative diseases, fractures and osteoporosis, and osteoarthritis. It is also said to increase vitality and stamina. It is also thought to be helpful for issues with blood pressure or problems with the ears, degenerative disorders, and lungs.

THE CHAKRAS CONNECTED TO AMMONITE:

Base Chakra, and Heart Chakra.

ASTROLOGICAL SIGNS:

Aquarius.

LOCATIONS FOUND & HISTORY:

Worldwide. Ammonite stone is a fossilized sea animal that lived 65 to 240 million years ago. This sea animal became extinct when the dinosaurs went extinct.

RARITY, VALUE & VARIATIONS:

Ammonite is found in every natural color. Iridescent Ammonites may often be of gem quality when polished. This iridescence would not have been visible during the animal's life as additional shell layers covered it.

HOW TO USE AMMONITE:

The Ammonite is also often recommended to put in the home to attract balance, prosperity, and success. It is good for creative careers.



Andesine



POWER & BENEFITS OF ANDESINE:

Andesine provides clarity to your thoughts helping you to think more positively. It awakens your potential and self-confidence.

SPIRITUAL & EMOTIONAL INFLUENCE:

It helps you get out of fear and into trusting yourself and the world around you. It provides a feminine and goddess energy that is very nurturing and also very protective. It encourages spiritual visioning and protects you while you journey through multi-dimensions. Gazing into the stone enables you to access the future and see where your dreams may take you.

THE PHYSICAL CONNECTION:

Andesine is thought to be helpful for eye and brain diseases. It is said to ease stress and balances your metabolism.

THE CHAKRAS CONNECTED TO ANDESINE:

Heart Chakra.

ASTROLOGICAL SIGNS:

Taurus, and Virgo.

LOCATIONS FOUND & HISTORY:

Found in the Congo, near the Nyiragongo Volcano and in Columbia. One of the first places Andesine was found was in 1841 in the Marmato mine in Colombia. Named after the Andes mountains of South America because of the high level of andesite lava in the mountains. It then appeared to become more popular in 2003.

RARITY, VALUE & VARIATIONS:

Andesine is a beautiful reddish-pink or orange-pink color giving it almost a peachy tone. It is a Red Feldspar gemstone with a slight labradorescent effect. It's a fairly new gem on the market. It's fairly soft for a gemstone and can crack under too much pressure. It tends to change color in different lighting as well. It's hard to authenticate, and some stones are fake and found to be other stones that are colored to look like Andesine. Usually, it will be copper that is used to color Labradorite to look like Andesine. True Andesine can be faceted into beautiful cuts to be used in jewelry. It can also be used as a replacement stone for Spinel or Ruby.

HOW TO USE ANDESINE:

A very useful stone to use when you need to push past fear and trust yourself and your inner truth, you can also use this stone to balance your emotions and balance yourself. Wear, grid, or position Andesine or disperse the gem essence around the aura.



Angelite



POWER & BENEFITS OF ANGELITE:

Angelite, as its name suggests facilitates conscious contact with your angels to help protect your body. It helps to relieve stress, tension, and anger while promoting forgiveness and stimulating reconciliation. It represents peace and brotherhood.

SPIRITUAL & EMOTIONAL INFLUENCE:

Angelite helps improve communication with spirits. It connects you to your angels, guardians, and totem animals. Angelite assists with channeling. It is helpful for balance, astral travel, telepathy, re-birthing, psychic and spiritual balance.

Helps comfort grief and helps anger. It is filled with compassion and transmutes pain and disorder into wholeness. Angelite creates a feeling of peace and tranquility.

THE PHYSICAL CONNECTION:

Angelite is thought to be good for blood vessels and hemoglobin, the senses, throat and thymus. It helps infectious diseases.

THE CHAKRAS CONNECTED TO ANGELITE:

Throat Chakra and Third Eye (Brow) Chakra.

ASTROLOGICAL SIGNS:

Aquarius.

LOCATIONS FOUND & HISTORY:

Britain, Egypt, Germany, Mexico, Peru, Poland, Libya. Discovered in 1794. The variety of anhydrite known as Angelite was found in Peru in 1987. It is formed from Celestite that has been compressed over millions of years and shares similar properties with the crystal.

RARITY, VALUE & VARIATIONS:

Blue and white nodules, masses, and occasional crystals sometimes flecked with red. Often veined to resemble angel wings. Easily obtained. It has a Mohs hardness of 3.5.

HOW TO USE ANGELITE:

Hold or place on the body when needed. When applied to the feet, it helps to unblock meridians and energetic pathways in the body. Angelite resonates with the throat and helps to alleviate inflammation and balances the thyroid. Acts as an insect repellent when used as a topical elixir. If anhydrite gets wet, the crystal will turn to gypsum, so do not wear or take it into the bath, shower, or swimming. Use it during meditation to enhance the meditative state, and to clarify issues as they arise.



Anhydrite



POWER & BENEFITS OF ANHYDRITE:

Anhydrite is a crystal that gives support and strength on the physical plane. It promotes acceptance of the physical body as a temporary vessel for the soul. It is beneficial for eloquence, and self-expression.

SPIRITUAL & EMOTIONAL INFLUENCE:

Assists in past life discovery, by showing the gift of all that has been. Good for acceptance and releasing past issues. Helps you to cope with and understand the process of dying, by teaching acceptance of all that life has brought, and helping to release the past. Helps you to face what the present might bring. It teaches acceptance of all that life has brought, releasing any longing for the past, and is helpful for past life healing.

THE PHYSICAL CONNECTION:

Anhydrite is thought to be good for physical strength and stamina. It is said to treat disorders of the throat. It is also thought to help with water retention and swelling.

THE CHAKRAS CONNECTED TO ANHYDRITE :

Sacral Chakra and Solar Plexus.

ASTROLOGICAL SIGNS:

Pisces, Cancer, and Scorpio.

LOCATIONS FOUND & HISTORY:

USA, Brazil, China, Spain, Italy, Mexico, and Australia. Anhydrite gets its name

from the Greek word anhydrous, which means without water. Names from the Greek anhydrous which means without water.

RARITY, VALUE & VARIATIONS:

Clear, blue, grey, white tabular crystals and masses usually on matrix. Found in specialty stores. It is an evaporite mineral that occurs in extensive layered deposits in sedimentary basins where large volumes of seawater have evaporated. Anhydrite can form in shoreline or flat tidal sediments from the evaporation of seawater. It has a Mohs hardness of 3-3.5.

HOW TO USE ANHYDRITE:

Place on the throat or over the thymus gland.



Anyolite



POWER & BENEFITS OF ANYOLITE (RUBY IN ZOISITE):

Anyolite is known as a combination stone of Ruby in Zoisite. This is a combination that occurs naturally providing a deep Ruby stone within a Green Zoisite stone. Both of these stones are very heart-centered stones making Anyolite a true stone of the heart. It is good for the mind and vitality.

SPIRITUAL & EMOTIONAL INFLUENCE:

Anyolite assists communication with the spirit world and inducing trance, it creates an altered state of consciousness and is thought to facilitate multidimensional cellular healing.

It is great for balancing emotions and heartache. It's also a great stone for altered states to access and integrate spiritual wisdom. It helps you gain individuality while remaining connected to others.

THE PHYSICAL CONNECTION:

Since this is a stone of the heart, Anyolite is thought to be a wonderful stone for the physical heart promoting heart balance and good circulation. It is also thought to help increase energy when you're feeling depleted. It is said to help restore the biomagnetic field around the body.

THE CHAKRAS CONNECTED TO ANYOLITE (RUBY IN ZOISITE):

Connected with the Heart Chakra and the Crown Chakra.

ASTROLOGICAL SIGNS:

Gemini, Cancer, Leo, Sagittarius and Scorpio.

LOCATIONS FOUND & HISTORY:

Mainly found in Tanzania but can be found in India too. The name for this stone comes from the word Masai meaning green. The stone was first found at the Mundarara Mine, near Longido, Tanzania in 1954. In 2010 a 2 kilogram stone called the Gem of Tanzania was sold for £8000.

RARITY, VALUE & VARIATIONS:

While red, violet, and green will be the prominent colors of these gemstones, they will also often include black specks of Tschermakite, which is a type of Hornblende. Beautiful jewelry can be made with Anyolite and since the stone is fairly common, the pieces are usually quite affordable.

HOW TO USE ANYOLITE (RUBY IN ZOISITE):

Wear Anyolite to promote a balance between the heart and the mind and to soothe a broken heart. You can also have a piece of raw Anyolite that you can hold or have in your home to provide its positive, loving energy.



Apache Tear



POWER & BENEFITS OF APACHE TEAR :

Apache Tear is a good stone for change and moving forward in life. It helps with forgiveness, spontaneity, and combating self-limiting beliefs. It is good for emotions and emotional balance. It helps you to shed tears in times of sorrow, especially repressed tears and comforts grief.

SPIRITUAL & EMOTIONAL INFLUENCE:

Apache Tear is sometimes called the grief counsellor. It is great at absorbing negative energy and protecting the aura. It grounds and cleanses the Earth's Chakra. Apache Tear brings up negativity but does so slowly, so it can be transmuted. It is a gentle form of Black Obsidian that suits children.

It is thought to relieve long-held grievances, and give insight into the source of distress. It is said to stimulate analytical capabilities and promote forgiveness. It helps with behavior change, forgiveness, grief and negativity. It removes self imposed limitations and increases spontaneity.

THE PHYSICAL CONNECTION:

Apache Tear is thought to remove toxins from the body, calm muscle spasms, and enhance the assimilation of Vitamins C and D. It is also thought to be good for the knees and snakebites.

THE CHAKRAS CONNECTED TO APACHE TEAR:

Base Chakra and Sacral Chakra.

ASTROLOGICAL SIGNS:

Aries.

LOCATIONS FOUND & HISTORY:

United States. Apache Tear is a form of Black Obsidian, but it has a gentler effect. It is named because it is believed to shed tears in times of sorrow.

RARITY, VALUE & VARIATIONS:

Small black or brown nodules that are often smooth and water-worn. The stone is translucent when held to the light. Common.

HOW TO USE APACHE TEAR:

Men should place Apache Tear at the abdomen and women should place it at the breast.



Apatite



POWER & BENEFITS OF APATITE:

Apatite is a good stone for communication and teaching which makes it perfect for singers, teachers, actors, performers, and writers. It helps to release anger, frustration, and shame. It enables you to see situations clearly which will assist you in making the healthiest decision for yourself. It is beneficial for irritability, apathy, service, and communication.

SPIRITUAL & EMOTIONAL INFLUENCE:

Apatite is a stone of manifestation attuned to the future, yet it connects to past lives. It develops metaphysical abilities and spiritual attunement, deepens meditation, and raises kundalini.

It inspires motivation, openness, creativity, and socialization. It eases grief and sorrow.

THE PHYSICAL CONNECTION:

Apatite is thought to aid in the regeneration of bones and tissue which makes it suitable for those with arthritis. It is said to help in the absorption of calcium which helps bones and teeth remain healthy and strong. It is believed to raise metabolism and help promote intuitive eating. It's also believed to be good for the liver, spleen, gallbladder, and kidneys. Yellow Apatite is thought to be excellent for detoxification and chronic fatigue syndrome.

THE CHAKRAS CONNECTED TO APATITE:

Third Eye (Brow), Root (Base) Chakra.

ASTROLOGICAL SIGNS:

Gemini.

LOCATIONS FOUND & HISTORY:

Canada, Mexico, Pakistan, Norway, Russia, and the United States. Apatite was discovered relatively recently in the 1990s. The name is from the Greek word for deceiver because it's often mistaken for other gemstones such as tourmaline and beryl.

RARITY, VALUE & VARIATIONS:

Apatite is opaque and sometimes transparent with a hardness of 5 on the Mohs hardness scale. It is a very rare form of Tourmaline made of calcium phosphate that was only discovered in 1990. It usually comes in neon colors but yellow apatite tends to be the most common color which means it will cost much less than green or blue apatite. It's also very popular because of how similar it is to Paraiba Tourmaline. Apatite is a commonly found mineral that is located in many different types of rock, but most of the gem-quality stones are found in pegmatites.

HOW TO USE APATITE:

Wearing Apatite is said to bring many benefits like boosting the immune system and allowing in love and support. Wear a variety of jewelry including bracelets, necklaces, and rings.



Apophyllite



POWER & BENEFITS OF APOPHYLLITE:

Apophyllite is a crystal that is good for brain power, travel, and truth. It will help enhance your intuition, making your senses sharper and your visions clearer. It can also help you connect with your guardian angels and spirit guides. It releases mental blocks and negative thought patterns.

SPIRITUAL & EMOTIONAL INFLUENCE:

Apophyllite is useful in balancing the spirit and helping the spirit to come to terms with being in a physical body. It is good for astral travel, clairvoyance, and scrying. It helps you to connect to the spirit and maintain a meditative state after meditation. It has a high water content which makes this crystal an efficient conductor of energy and a carrier of the Akashic Record. This crystal creates a conscious connection between the physical and the spiritual realms. It eases journeys into past lives.

Apophyllite crystal is good for reflection. It helps to release suppressed emotions, overcoming anxiety, fears, and worries. The stone allows uncertainty to be tolerated and calms apprehension.

THE PHYSICAL CONNECTION:

Apophyllite is thought to help the respiratory system. It is said to help relieve asthma attacks. It is believed to be good for sight, when placed on each eye it is believed to rejuvenate the eyes. It is also thought that the pyramidal crystals aid in the rejuvenation of the body.

THE CHAKRAS CONNECTED TO APOPHYLLITE:

Third Eye (Brow) Chakra, Crown Chakra.

ASTROLOGICAL SIGNS:

Gemini, Libra.

LOCATIONS FOUND & HISTORY:

Australia, Brazil, United Kingdom, Czech Republic, India, Italy, USA, and Mexico. Apophyllite crystal gets its name from the Greek word apo, which means off, and Phyllon, which means leaf. It roughly translates to leaf apart. This is because Apophyllite tends to flake off or peel apart when it is exposed to heat because of the loss of water molecules.

RARITY, VALUE & VARIATIONS:

Apophyllite is commonly white, also clear, green, peach, and yellowish. Cubic and pyramidal crystals, druses, and masses. It can be transparent or opaque, small single to large crystals. Readily available. It has a Mohs hardness of 4.5-5.

HOW TO USE APOPHYLLITE:

Place Apophyllite as appropriate for balancing. Place single Apophyllite pyramids on the Third Eye (Brow) Chakra when meditating or channeling. It helps maintain a meditative state after meditation. It is an excellent stone for working with devas, fairies, and the plant kingdom. It is the perfect Reiki stone, taking the patient into deeper receptiveness.



Aqua Aura Quartz



POWER & BENEFITS OF AQUA AURA CRYSTAL:

Aqua Aura Quartz crystal makes you feel better when you're holding it or wearing it. It instills a sense of calm and peace, balancing emotions and releasing negativity.

SPIRITUAL & EMOTIONAL INFLUENCE:

Aqua Aura Quartz is beneficial for the aura and intuitive senses. It is good for new beginnings and letting go of limitations. It releases stress and heals any trauma. It encourages communication and speaking your truth as well as walking your talk. It safeguards against metaphysical or psychological attacks and bestows profound peace during meditation.

THE PHYSICAL CONNECTION:

Aqua Aura Quartz is thought to give the immune system a boost and protect from illness especially throat issues. It is said to strengthen the thymus gland and thyroid.

THE CHAKRAS CONNECTED TO AQUA AURA CRYSTAL:

Throat Chakra, Third Eye (Brow) Chakra.

ASTROLOGICAL SIGNS:

Leo.

LOCATIONS FOUND & HISTORY:

Worldwide. USA (Arkansas). A fairly new crystal that is created in laboratories all over the world and sold worldwide. Typically used in jewelry or as stones to use in meditation or to place around the home.

RARITY, VALUE & VARIATIONS:

Aqua Aura Quartz is very affordable, but the value will depend on the size and quality of the piece of Quartz used and how the coloring turns out. It is a beautiful blue crystal that is made of Quartz crystal bonded with gold giving it a shimmering glow. Even though it's laboratory-made, this crystal is well-loved, and it has lovely energy too. You can find pieces of Aqua Aura Quartz for as little as \$1 for a very small piece and medium-sized pieces for \$20, all the way up to pieces that are \$100 or more. Mohs hardness is brittle.

HOW TO USE AQUA AURA CRYSTAL :

Place Aqua Aura Quartz over your Throat Chakra to enhance communication and to heal any imbalances. Hold during meditation to connect with your higher self and to tune into your intuition. To cleanse your aura, just hold the crystal in your hand and hold the intention of clearing away any negative energy. Hold this crystal for protection and keep it by your bed.



Aquamarine



POWER & BENEFITS OF AQUAMARINE:

Aquamarine is a stone of courage, with calming energies that help to reduce stress and quiet the mind. Good for the brain and intellect. It builds tolerance and responsibility. It protects travelers. It helps communication, courage, and study. It is said to make things happen.

SPIRITUAL & EMOTIONAL INFLUENCE:

Aquamarine sharpens intuition and opens clairvoyance. It shields the aura, invokes high states of consciousness, and encourages service to humanity. It aligns the Chakras, helping to clear the Throat Chakra bringing communication from a higher plane. It aligns the physical and spiritual bodies.

It brings calm, compassion, spiritual awareness, and development. It reveals the truth about yourself. It brings you in contact with your inner and higher self. Aquamarine is useful for closure on all levels. It helps to clear blocked communication and promotes self-expression.

THE PHYSICAL CONNECTION:

Aquamarine is thought to help sore throats, swollen glands, and thyroid problems. It is said to be good for the blood, eyes, kidneys, lymph, and teeth. It is believed to improve eyesight. It is also thought to help with water retention and swelling. It is said to be cooling in hot climates.

THE CHAKRAS CONNECTED TO AQUAMARINE:

Root (Base) Chakra, Sacral Chakra, Solar Plexus Chakra, Heart Chakra, Throat Chakra, Third Eye (Brow) Chakra, Crown Chakra. Aligns All Chakras, clears Throat Chakra, opens Third Eye (Brow) Chakra.

ASTROLOGICAL SIGNS:

Aries, Gemini, Pisces.

LOCATIONS FOUND & HISTORY:

Afghanistan, Brazil, India, Ireland, Mexico, Namibia, Pakistan, Russia, the United States, and Zimbabwe. The seawater color of Aquamarine has given this crystal its name, it is derived from the Latin word for seawater. Aquamarine was admired and valued greatly by the Sumerians, Egyptians, and Hebrews. It was a symbol of happiness and everlasting youth. It is said to protect sailors at sea to guard against drowning, it was the stone of the sea goddess and counteracted the forces of darkness, gaining favor from the spirits of light.

RARITY, VALUE & VARIATIONS:

A blue-green variety of Beryl. Aquamarine is a readily available clear to opaque crystal, often small and tumbled or faceted. Its color comes from minute traces of iron.

HOW TO USE AQUAMARINE:

Hold or place Aquamarine as appropriate. It can be placed on the eyes or used as an elixir. When used in visualization, it clears pollutants. Use it to wash away blocks in chakras gently. It is a wonderful crystal for meditation and centering, invoking high states of consciousness and spiritual awareness.



Aragonite



POWER & BENEFITS OF ARAGONITE:

Aragonite is an excellent grounding stone that helps you in times when you need to come back down to Earth. It inspires recycling and the conservation and protection of the Earth and all creatures on it. It helps with concentration, focus, and problem-solving. It helps you process anger and stress.

SPIRITUAL & EMOTIONAL INFLUENCE:

Aragonite is beneficial in times of stress since it grounds and relaxes. Good for stilling the mind and quieting racing thoughts. It teaches patience and persistence which is helpful for overachievers. It promotes reliability in those who are sporadic.

THE PHYSICAL CONNECTION:

Aragonite is thought to bring energy into the body and helps to flow it through the body. It is said to be good for skin health, skin elasticity, hair, and eczema. It is believed to alleviate general pain, stress, and anxiety. It is also thought to aid in the treatment of Raynaud's Disease is when the blood vessels narrow and don't allow blood to different areas of the body. It is said to assist in the absorption of vitamin A, vitamin D, and calcium.

THE CHAKRAS CONNECTED TO ARAGONITE:

Crown Chakra, Root (Base) Chakra.

ASTROLOGICAL SIGNS:

Capricorn.

LOCATIONS FOUND & HISTORY:

USA (Arizona and New Mexico), Spain, Morocco, Namibia, and United Kingdom. Aragonite was named after the Spanish province of Aragon in 1790, where it was first discovered. It's a carbonate mineral that is chemically the same as calcite. Only Aragonite has a fibrous rounded form.

RARITY, VALUE & VARIATIONS:

Aragonite is mainly transparent or translucent and vitreous. When it's pure, it is white or colorless, but when it's not pure, it can be orange, yellow, pink, green, or blue. It often forms sputnik shapes making it look like a starburst or explosion.

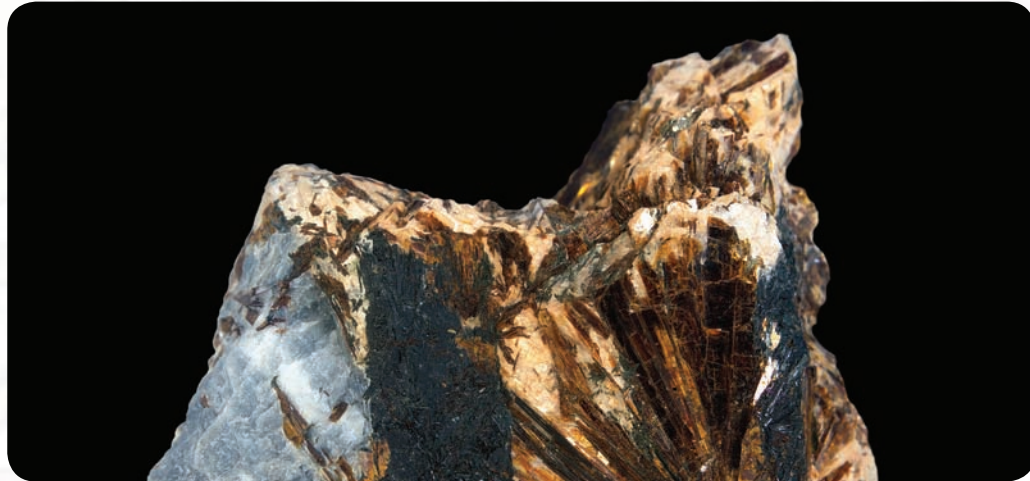
It's a brittle stone, rating a 3.5 on the Mohs hardness scale. There is also a type of Aragonite called flos-ferri or iron flowers due to the crystals forming small intertwining branch-like patterns. Pure Aragonite creates the shells of some mollusks, like abalone and even natural pearls are created with aragonite which bonds with conchiolin in a lengthy process that takes about seven years.

HOW TO USE ARAGONITE:

Wear Aragonite as a pendant around your neck or carry a piece with you for grounding. Also, hold in your hand as you meditate for grounding and problem solving or to clear your mind of racing thoughts. You can also place over some regions of the body to heal and balance or make an elixir and pour it into your bathwater.



Astrophyllite



POWER & BENEFITS OF GOLD:

Astrophyllite which means Star Sheets, helps you to recognize your full potential and realized that you have no limits. It increases your capacity for self-knowledge. It teaches you that when one door closes another opens and shows you the way forward. It teaches that when one door closes another opens and shows you the way forward.

SPIRITUAL & EMOTIONAL INFLUENCE:

Astrophyllite highlights your unlimited potential and heightens your perception. It activates your dreams and enables you to dream true to see the path your soul believes you should take. It promotes out-of-body experiences, acting as a guide and a protector in other realms. It is an excellent stone for promoting out-of-body experiences, it acts as a guide and protector in other realms, and for standing outside of oneself for an objective view.

It is beneficial for completing projects. It introduces you to your full potential, recognizing that you have no limits.

THE PHYSICAL CONNECTION:

It is said that Astrophyllite is helpful for the reproductive, hormonal, and nervous systems, PMS, menopausal symptoms, and cellular regeneration.

THE CHAKRAS CONNECTED TO GOLD:

Crown Chakra.

ASTROLOGICAL SIGNS:

Scorpio.

LOCATIONS FOUND & HISTORY:

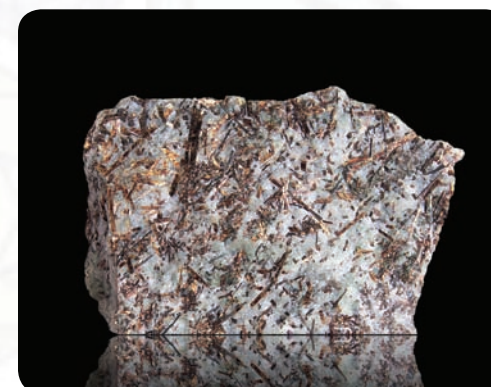
Canada, Greenland, and United States.

RARITY, VALUE & VARIATIONS:

Astrophyllite is rare. It has a Mohs hardness of 3.

HOW TO USE GOLD:

Use Astrophyllite in Crystal Grids, hold, or place as appropriate. It increases the sensitivity of touch and is thought to be helpful for massage or acupressure.



Atacamite



POWER & BENEFITS OF ATACAMITE:

Atacamite is a beautiful stone for spiritual balancing, visualization, and restoring trust. It brings unconditional love into your life. It restores faith in your purpose and ability to reach your potential.

SPIRITUAL & EMOTIONAL INFLUENCE:

Atacamite connects you with your spiritual path and creates a sense of trust in following your path in life. Atacamite opens the Third Eye (Brow) Chakra which is connected to your intuition and psychic ability. It is a powerful cleanser for the etheric body and the Third Eye (Brow), releasing any prohibitions against use, it is helpful when journeying out of the body. It promotes a strong connection to higher guidance.

It is good for self-love and unconditional love, allowing you to welcome it into your life from others.

THE PHYSICAL CONNECTION:

Helps in improving the thyroid gland and throat issues. It's also beneficial to the nervous system, and the impact stress can have on it. Assists in balancing the kidneys and the adrenals. Also great for those who experience Chronic Fatigue Syndrome.

THE CHAKRAS CONNECTED TO ATACAMITE:

Heart Chakra, Throat Chakra, Third Eye (Brow) Chakra.

ASTROLOGICAL SIGNS:

Virgo.

LOCATIONS FOUND & HISTORY:

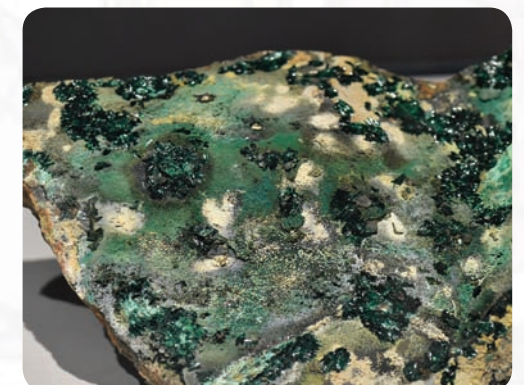
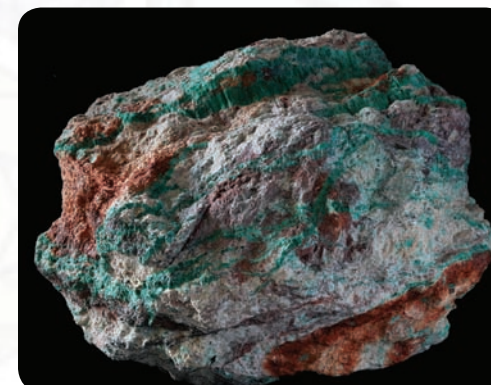
Chile, Mexico, United States, Italy, England, Russia, Namibia, Peru, and Australia. Atacamite gets its name from the Atacama Desert in Chile where it was first found in 1801. It was then added to the mineral species collection the same year by D. de Gallizen. It's also been found in the patina of the Statue of Liberty and ancient bronze and copper artifacts. Ancients used it as a pigment in their maps, frescoes, and sculptures in Russia, Eurasia, and Persia.

RARITY, VALUE & VARIATIONS:

Atacamite results from the oxidation of copper ores that have been in saline or arid conditions. It is a deep blue-green crystal that is named after the Atacama Region in Chile. It is often confused with similar-looking Chrysocolla. It's also found in Vesuvian lavas. It has a hardness of 3 to 3.5 on the Mohs scale of hardness which isn't the best of jewelry. It is relatively common so it can be purchased as a raw stone or a polished stone.

HOW TO USE ATACAMITE:

Use Atacamite in meditation to stimulate the Third Eye (Brow) by placing it in between your eyebrows on your forehead. You can also place it on your heart or throat area to balance the energy and to bring in unconditional love.



Auralite



POWER & BENEFITS OF AURALITE:

Auralite is a very calming stone, said to provide a connection to the Angelic realms. This crystal promotes free-thinking and beliefs. It breaks off self-imposed limitations and unhealthy behavior patterns that enable you to reach your aspirations, dreams, and goals.

SPIRITUAL & EMOTIONAL INFLUENCE:

Auralite has a very soothing and calming energy. If you need a reprieve from your stressful life, this stone will ease your worry and anxiety. It can soothe anger and tempers, and help you think before you act. It brings awareness and connection to angels and spirit guides. It helps to improve communication and connection to the past, karma, and past lives. It aids in clear communication and understanding. The stone helps you trust yourself and your intuition so you can live in integrity.

THE PHYSICAL CONNECTION:

Auralite is thought to help relieve stress and bring about relaxation. With that energy, it is said to soothe muscle aches and pains, headaches, cramps, spasms, eye strain, and tension of any kind. It is also thought to help restore the energy of the heart and its strength. It is said to balance all the systems of the body and aligns you.

THE CHAKRAS CONNECTED TO AURALITE:

All Chakras.

ASTROLOGICAL SIGNS:

All signs.

LOCATIONS FOUND & HISTORY:

Auralite is said to be one of the oldest crystals on Earth at 1.5 billion years old. It formed at a time when comets were colliding with the Earth creating a fusion of a variety of different crystals resulting in Auralite 23. It was first found in 2006 in the Lake Superior region of Canada. Auralite 23 is mined at the Auralite 23 Mine in Thunder Bay, Ontario, Canada. It has only been available for sale since 2011. It's also called Auralite 23 because of the other minerals that can be found in it.

RARITY, VALUE & VARIATIONS:

While it's mostly comprised of Amethyst and Citrine, there are also plenty of other minerals within this stone. It can also include Limonite, Titanite, Pyrite, Cacoxenite, Gialite, Goethite, Sphalerite, Copper, Platinum, Hematite, Iron, Pyrolusite, Covellite, Gold, Rutile, Nickel, Epidote, Magnetite, Chalcocite, Rutile, Bornite, Silver, Ajoite, and Lepidocrocite. It can be quite pricey as it is becoming increasingly popular.

HOW TO USE AURALITE:

Auralite 23 is a good crystal to bring into your life when you are seeking transformation. It's also wonderful for creative endeavors and when you need inspiration. Meditate with this crystal to find your expression of creativity.



Aventurine



POWER & BENEFITS OF AVENTURINE:

Aventurine is one of the luckiest crystals, helpful for manifesting prosperity and wealth. Its lucky energy is said to boost your chances or odds in any situation. Good for creativity, leadership, motivation, speed, and fast reactions. It is a very positive stone.

SPIRITUAL & EMOTIONAL INFLUENCE:

Aventurine stone facilitates contact with spirit guides. It protects the heart chakra and guards against psychic vampires. Protects, calms, and soothes emotions. Aventurine helps aid relaxation.

Brings together the intellectual and emotional bodies and stimulates emotional recovery. Promotes a feeling of well-being. Balances male-female energy. It stabilizes one's state of mind, recognizing alternatives and possibilities.

THE PHYSICAL CONNECTION:

Aventurine is thought to be good for the adrenals, heart, lungs, sinuses, muscular, and urogenital systems. It is said to balance blood pressure and stimulates metabolism.

THE CHAKRAS CONNECTED TO AVENTURINE:

Heart Chakra.

ASTROLOGICAL SIGNS:

Aries.

LOCATIONS FOUND & HISTORY:

Brazil, China, India, Italy, Nepal, Russia, and Tibet. Aventurine was discovered in the 18th Century. Its name comes from the Italian word Ventura which means by chance. During this time some metal filings were accidentally dropped into a vat of melting glass. When the glass cooled, it was used to make jewelry as it had beautiful iridescent sparkles throughout it. The name Aventurine was later given to the stone as it looked just like this glass.

RARITY, VALUE & VARIATIONS:

Aventurine is a variety of Quartz with inclusions of mica giving a speckled or sparkly effect. Opaque, speckled with shiny particles, comes in all sizes. Readily available. It has a Mohs hardness of 7.

HOW TO USE AVENTURINE:

Wearing Aventurine absorbs electromagnetic smog and protects against environmental pollution. Used to grid gardens or houses against geopathic stress. Tape the stone to a cell phone to act as protection against its emanations.



Azeztulite



POWER & BENEFITS OF AZEPTULITE :

Azeztulite restores a will to live in people who are feeling lost or who are ill. It is good for connecting with your true essence and embracing your full potential. It helps you make the best of all situations, including bad ones. It channels any type of energy.

SPIRITUAL & EMOTIONAL INFLUENCE:

Azeztulite is said to be a stone for the New Age connected with angelic beings and spiritual evolution. It is useful for meditation and attuning to higher frequencies or communicating with divine beings. It aids visualization and premonition (place the stone of the Third Eye (Brow) Chakra).

THE PHYSICAL CONNECTION:

It's said to be a good crystal for those with cancer. It is thought to help to reduce inflammation and boost the immune system. It is said to be beneficial for chronic conditions, and inflammations.

THE CHAKRAS CONNECTED TO AZEPTULITE:

Root (Base) Chakra, Sacral Chakra, Solar Plexus Chakra, Heart Chakra, Throat Chakra, Third Eye (Brow) Chakra, Crown Chakra.

ASTROLOGICAL SIGNS:

Aries, Taurus, Gemini, Cancer, Leo, Virgo, Libra, Scorpio, Sagittarius, Capricorn, Aquarius, and Pisces.

LOCATIONS FOUND & HISTORY:

USA (North Carolina), England, Canada. The original Azeztulite stones originated from North Carolina in 1970 and then again in Vermont 30 years later.

RARITY, VALUE & VARIATIONS:

Milky white Quartz with a hexagonal crystal system and a hardness of 7 on the Mohs hardness scale. Azeztulite is a colorless or white type of quartz that has traces of Beryllium. It can also be golden in color, which would then be called Golden Azeztulite. These stones tend to be more expensive than regular quartz crystals because of their rarity and because they are in high demand with metaphysical healers.

HOW TO USE AZEPTULITE :

Azeztulite should be used carefully and with good intentions. Use it in meditation or place it on your Third Eye (Brow) Chakra to activate and open. It instantly induces a state of 'no mind' and creates a protective sheath around the physical body. It has an extremely pure vibration that never requires cleansing and is always energized.



Azurite



POWER & BENEFITS OF AZURITE:

Azurite is also known as the Stone of Heaven. It brings in compassion and empathy but also shows those who are sensitive how to set emotional boundaries. It helps with over-talking and chattering out of nervousness. It is beneficial for memory, self-expression, and emotional balance.

SPIRITUAL & EMOTIONAL INFLUENCE:

Azurite has long been used to guide psychic development and increase metaphysical powers, especially when placed on the Third Eye (Brow) Chakra. It enables journeys out of the body to take place safely.

It is thought to be beneficial for the brain and the mind to clarify confusion. It is also good for mental focus and awareness. It clears stress, worry, grief, guilt, shame, and sadness.

THE PHYSICAL CONNECTION:

Azurite is thought to be useful in strengthening the body and keeping it strong. It's said to help repair the lungs and the respiratory system. It is believed to be beneficial for the blood and the circulatory system and calming the nervous system. It is also thought to help with throat infections, thyroid issues, and vocal problems. It is considered to be good for those with arthritis or any other joint issues. It is believed to help the kidneys, liver, gallbladder, spleen, bones, teeth, skin, hair, and nails.

THE CHAKRAS CONNECTED TO AZURITE:

Throat Chakra, Third Eye (Brow) Chakra, Crown Chakra.

ASTROLOGICAL SIGNS:

Sagittarius.

LOCATIONS FOUND & HISTORY:

Chile, China, Peru, the United States, Egypt, Australia, Namibia, France, and Russia. Azurite was used in the ancient world and the middle ages as a pigment or dye because of its beautiful blue hue. In the middle ages, it was very popular with painters, and it's still used as a base for some paint colors. The crystal is always oxidizing so the colors may turn green after a while. Ancient Egyptians used Azurite to carve ornaments, and it was also believed to be held sacred by the people of Atlantis. It is named from Azure, meaning blue.

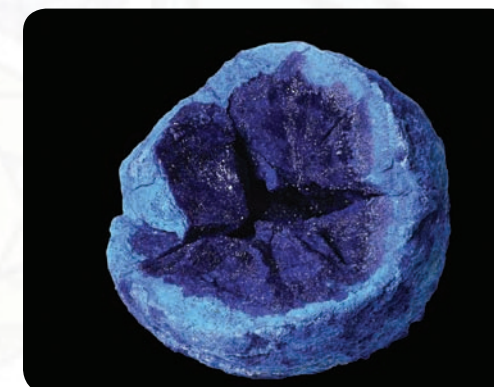
RARITY, VALUE & VARIATIONS:

Azurite is a bright, vibrant blue copper mineral that gets its name from its azure blue color. It's mostly used for ornamental pieces and rarely in jewelry. In the past, it was even used as a dye because of its highly pigmented color. Even though it's a very attractive stone, Azurite is rarely used in jewelry because it only has a hardness rating of 3.5 to 4 on the Mohs hardness scale. Any jewelry is usually coated with wax to protect it. It's formed by carbon dioxide reacting with minerals that have copper in them, or by cupric salts that have reacted with limestone.

It's also found growing together with malachite which is a brilliant green color making for a very vibrant green and blue stone called Azurmalachite.

HOW TO USE AZURITE:

Place on your Third Eye (Brow) Chakra or Throat Chakra or hold during meditation. You can also use paint with Azurite in it to create a painting that will be infused with all of this stone's balancing benefits.



Barite



POWER & BENEFITS OF BARITE:

Barite is good for harmony, love, friendship, and insight into relationships. It promotes the communication of ideas and thoughts. It motivates you to take action.

SPIRITUAL & EMOTIONAL INFLUENCE:

It gives insight into relationships. It is good for catharsis and finding the true meaning in your life. It is good for those who are shy.

Barite is good for spiritual connection and finding your spiritual path in life.

THE PHYSICAL CONNECTION:

It is thought that Barite aid in detox. It is also thought to help recovery from addiction. It is said to be beneficial to the throat and eyes.

THE CHAKRAS CONNECTED TO BARITE:

Throat Chakra.

ASTROLOGICAL SIGNS:

Aquarius.

LOCATIONS FOUND & HISTORY:

Worldwide. Barite's name comes from the Greek word Barys which means heavy. This is due to its high specific gravity of 4.5 which is very rare for a nonmetallic mineral. The high specific gravity has made this stone very useful in industrial, medical, and manufacturing settings.

RARITY, VALUE & VARIATIONS:

Barite is fairly easy to identify because of its weight. It can be found with sporadic crystal shard formations as well as rose-shaped formations. A lot of Barite in the United States is used as a weighting agent in drilling muds. It has a low Mohs hardness rating of 2.5 to 3.5 Along with being used as a weighting component in the oil and gas industry, it's also used as a pigment in paints and filler for paper, rubber, and cloth. It's also the primary ore of barium which is also used to make a lot of different things including x-ray shields. It's even used in diagnostic tests in medical labs. Patients drink a liquid that has barium powder in it to coat the esophagus to get an image of the esophagus.

HOW TO USE BARITE:

Have Barite with you as you're meditating to connect you with your inner guidance. You can also place this stone on your bedside table to stimulate dream activity and to remember your dreams as well.



Basalt



POWER & BENEFITS OF BASALT:

Basalt is a stone that brings stability, raises energy levels, and promotes courage. It opens you up to creativity and gives you the courage to follow your bliss. This crystal offers a calm and goal-oriented focus which will help to encourage and motivate you to keep pursuing positive progress.

SPIRITUAL & EMOTIONAL INFLUENCE:

Basalt helps to anchor you to the Earth and is an excellent healing aid when faced with major life changes. If you feel drawn to Basalt, chances are, the crystal has chosen you to help elevate your vibrational fields by lighting the fire of spiritual enlightenment.

It helps with difficult transitions, providing confidence, stability, and support. Connect with the energy of Basalt to help shift your mentality. It is used to enhance warmth and stimulation.

THE PHYSICAL CONNECTION:

Basalt is thought to be good for the muscles, and intestines.

THE CHAKRAS CONNECTED TO BASALT:

Root (Base) Chakra, Sacral Chakra, Solar Plexus Chakra, Heart Chakra, Throat Chakra, Third Eye (Brow) Chakra, Crown Chakra.

ASTROLOGICAL SIGNS:

Aries, Leo, and Sagittarius.

LOCATIONS FOUND & HISTORY:

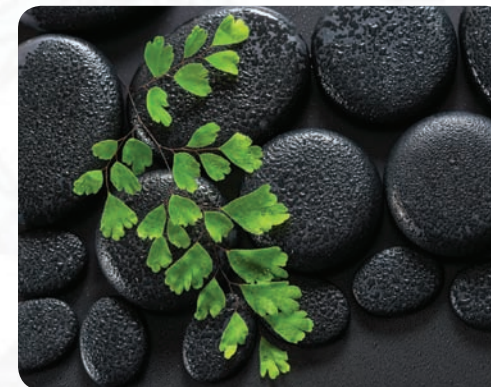
Worldwide. Basalt gets its name from late Latin basalts, which is a misspelling of Latin basanites meaning hard stone.

RARITY, VALUE & VARIATIONS:

Basalt is a stone that underlies more of the Earth's surface than any other rock type. It is a dark, volcanic rock that is caused by the rapid cooling of basaltic lava. Basalt also underlines the Earth's ocean basins. Basalt is lava rock formed when the fires deep in the earth's core meet the surface. It is lava rock made of dark-colored minerals such as olivine and pyroxene. It also contains some light-colored minerals such as feldspar and quartz, but the amounts are small. Found in a range of colors from grey to black.

HOW TO USE BASALT:

Use Basalt for meditation to ground yourself in the energy of transformation. Gridding Basalt in areas of environmental instability realigns Earth's meridians and facilitates the free flow of energy.



Benitoite



POWER & BENEFITS OF BENITOITE:

Benitoite promotes happiness, fun, joy, and a recognition of beauty. It is good for actors, dancers, musicians, and other performers. This is a very energizing stone.

SPIRITUAL & EMOTIONAL INFLUENCE:

It can help you to activate joy within yourself and tap into the happiness you are meant to experience. It also helps you become aware of synchronicities or coincidences happening in your life that help you trust that you're on the right path. It aids in astral travel, telepathy, and remote viewing.

THE PHYSICAL CONNECTION:

Benitoite is said to be beneficial for times when you're feeling worn out and drained. It is thought to help boost your energy levels and at the same time bring calm and relaxation to your body. It is also thought to be good for joints, limbs, muscles, movement, flexibility, and recovery from injury.

THE CHAKRAS CONNECTED TO BENITOITE:

Throat Chakra and Third Eye (Brow) Chakra.

ASTROLOGICAL SIGNS:

Virgo.

LOCATIONS FOUND & HISTORY:

Benitoite is only found in California. Benitoite was first found in 1906 near the San Benito River in California when a mineral prospector was looking for mercury and

copper. They found blue crystals that were thought to be Sapphires but when they were sent to G.D. Louder back at the University of California they were found to be new minerals. They were named Benitoite after the river they were found in. Then, in 1985, Benitoite has named the official gemstone of California.

RARITY, VALUE & VARIATIONS:

Since Benitoite is only found in California, it's very rare and therefore quite valuable. It's also very popular because it has a high brilliance with a diamond-like fire and a lovely blue color. Production of this gemstone has ceased since the mine has been exhausted of all Benitoite. So it's becoming nearly impossible to find a new Benitoite. Stones over one carat are very rare and the largest one ever found was 9 carats. You may be able to find some jewelry with Benitoite in it through specialty shops or online. It can also be pink but blue is the most common color.

HOW TO USE BENITOITE:

If you can get some Benitoite it would be a blessing not only because the stone is rare but Benito means Blessed. Use this stone to connect with your spirit guides, your intuition, and with others, you're close with. Have this stone with you if you want to uplift your mood and energize your body.



Beryl



POWER & BENEFITS OF BERYL:

Beryl is a great stone to help you simplify your life to make it less stressful. It helps you filter out distractions so you can focus on your goals. It is beneficial for courage, stress, and overanalysis.

SPIRITUAL & EMOTIONAL INFLUENCE:

Beryl reduces anxiety and the tendency to overthink. It reawakens love and romance in long-term relationships.

THE PHYSICAL CONNECTION:

Beryl is thought to strengthen the circulatory system and the pulmonary system. It is said to be beneficial to the nervous system and throat infections. It is also thought to help the stomach, pancreas, liver, and heart. It is believed to be good for the spine and concussions.

THE CHAKRAS CONNECTED TO BERYL:

Crown Chakra, Solar Plexus Chakra. Varies according to color.

ASTROLOGICAL SIGNS:

Gemini, Leo, Pisces, Aries. Varies depending on color.

LOCATIONS FOUND & HISTORY:

Russia, China, Ireland, Switzerland, France, Sweden, Germany, Austria, Norway, Brazil, South Africa, Columbia, Madagascar, Mozambique, Zambia, Australia, Czech Republic, and the United States. Some of the largest Beryl gemstones were found in the Bumpus Quarry in Albany, Maine weighing 18 metric tons and

measuring 18 by 3.9 feet. The largest-ever Beryl stone was from Malakialina, Madagascar weighing 840,000 pounds and measuring 59 feet long and 11 feet in diameter. The name Beryl is from the Latin word Beryllus which means the precious blue-green color-of-sea-water stone.

Beryl has always been revered as one of the most valuable gemstones in the world. Emeralds, a type of Beryl have been sought-after for centuries and were noted as one of the royal gems. Each type of Beryl stone has a history of its own, but generally, these gemstones have always been well-loved throughout history and used in jewelry, crowns, and other accessories.

RARITY, VALUE & VARIATIONS:

Beryl gemstones can be opaque to translucent with a vitreous luster. They rate a 7.5 to 8 on the Mohs hardness scale which is why it's popularly used to make jewelry. Beryl comes in many forms and is very popular in each form. Types of Beryl include Emerald, Morganite, Aquamarine, Bixbite, Goshenite, and Heliodor. This stone is made of beryllium aluminum cyclosilicate. The colors range from green, blue, red, pink yellow, and white. Transparent pieces are known as precious beryl, and the most popular types are Green Emerald and Blue Aquamarine. The rarest type of Beryl is Red Bixite which can be very hard to find and very pricey because of that.

HOW TO USE BERYL:

Wear the Beryl stone that is most appropriate to your needs and preferences. You can find beautiful rings, pendants, necklaces, earrings, and bracelets with the various Beryl gemstones.



Bismuth



POWER & BENEFITS OF BISMUTH:

Bismuth helps to remove blocks you put in your way. It is a stone of positivity and transformation.

SPIRITUAL & EMOTIONAL INFLUENCE:

Bismuth is good for astral travel, dreams, goal setting, past life work, shamanic journey, and soul retrieval. Bismuth helps to promote connectedness and socialization. It encourages you to do rather than avoid.

Use it for focus and visualization. It can help prevent you from becoming overwhelmed by all of your responsibilities while also increasing your energy levels to deal with them. It relieves feelings of isolation and loneliness. Laboratory grown Bismuth ensures group cohesiveness. It assists people who are isolated or institutionalized to find an accepting, caring community.

THE PHYSICAL CONNECTION:

Bismuth is thought to be good for reducing fever, increasing stamina, and strengthening muscles. It is said to help to get you back on your feet after major surgeries.

THE CHAKRAS CONNECTED TO BISMUTH:

All Chakras.

ASTROLOGICAL SIGNS:

Aquarius.

LOCATIONS FOUND & HISTORY:

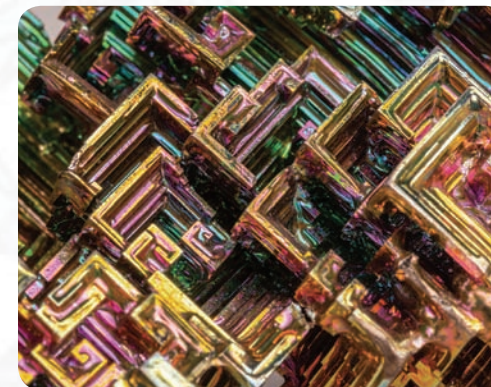
Australia, Bolivia, Canada, China, Japan, Mexico, Russia, Peru. Bismuth is a crystal known since ancient times.

RARITY, VALUE & VARIATIONS:

Bismuth is a naturally occurring, rarely forming a crystal. Bismuth is a crystalline, brittle metal that is silvery-white with a beautiful iridescent hue. The commonly available rainbow-colored crystals are high-quality Bismuth that is heated to help encourage crystallization. The colors in the crystals are natural and appear because of the thin oxidized surface layer on the crystal that causes light to interfere when reflected from the surface. Often laboratory-grown.

HOW TO USE BISMUTH:

Use Bismuth for meditation. Use in a crystal grid. Avoid water for cleansing.



Black Kyanite



POWER & BENEFITS OF BLACK KYANITE:

Black Kyanite is a balancing crystal that is beneficial for space clearing and energetic protection. It is an excellent crystal for letting go of things that are no longer aligned with your highest good. It is good for yin/yang balance, and mental cleansing. It supports environmentalism and the evolution of the planet and soul.

SPIRITUAL & EMOTIONAL INFLUENCE:

Black Kyanite is a crystal that aids in the manifestation of vision and clairvoyance. It is often used to explore past lives and helps to anticipate how current actions affect future lives. It assists in receiving psychic and intuitive thoughts, and dream recall.

Black Kyanite is a centering stone, both grounding and energizing, and a favorite to crystal and gemstone collectors. Black Kyanite can be placed on any of the chakras to send positive energy to any tears or holes in the chakras and aura. It can also help to open the lines of communication between people.

THE PHYSICAL CONNECTION:

Black Kyanite is said to be a powerful healing stone. It is thought to be good for detoxification, reproductive system, muscles, throat, muscular disorders, fevers, thyroid and parathyroid, adrenal glands, brain, blood pressure, infections, and excess weight.

THE CHAKRAS CONNECTED TO BLACK KYANITE:

All Chakras. Root (Base) Chakra, Sacral Chakra, Solar Plexus Chakra, Heart

Chakra, Throat Chakra, Third Eye (Brow) Chakra, and Crown Chakra. Particularly resonates with the Root (Base) Chakra. It is a stone that helps you align all your Chakras, removing any blocks or imbalances within each center.

ASTROLOGICAL SIGNS:

Aries, Taurus, Libra.

LOCATIONS FOUND & HISTORY:

USA, Brazil, Switzerland, Austria, Italy, and India.

RARITY, VALUE & VARIATIONS:

Opaque black or grey colors in striated, bladed crystal. It forms in flat or fan-like blades. Readily available. It has a Mohs hardness of 5.5-7.

HOW TO USE BLACK KYANITE:

Place as appropriate, particularly between the naval and heart. Wear as a pendant. Keep a piece of Black Kyanite with you to help out in situations of conflict or misunderstanding. Use to ground the body when aligning the chakras and during or after meditation. A good stone for attunements and meditation. Avoid water.



Black Tourmaline



POWER & BENEFITS OF BLACK TOURMALINE:

Black Tourmaline is also known as Schorl, is one of the most powerful crystals for protection and the elimination of negative energy. The stone helps to absorb electromagnetic energy, protects against radiation, psychic attacks, and negative energy of all kinds. It is symbolic of letting go and releasing what no longer serves you. Good for inspiration.

SPIRITUAL & EMOTIONAL INFLUENCE:

Black Tourmaline grounds energy and increases physical vitality, dispersing stress and tension. Good for emotional stability and connection to the Earth.

It clears negative thoughts, encourages a positive attitude, and stimulates altruism and creativity. Good for the inner self, yin/yang balance, the aura, and left/right brain activity. It instills a positive attitude no matter what the circumstances and stimulates altruism and practical creativity.

THE PHYSICAL CONNECTION:

Black Tourmaline is thought to help with addictions, arthritis, chemotherapy, dyslexia, heart, physical- protection, and radiation. It is said to disperse tension and stress. It is also thought to be good for the heart and adrenal glands. It is said to be good for mental balance. Black Tourmaline is believed to be helpful when dealing with illnesses of the lungs such as bronchitis, emphysema, pneumonia, and pleurisy.

THE CHAKRAS CONNECTED TO BLACK TOURMALINE:

Root (Base) Chakra and Heart Chakra. It connects with the Root (Base) Chakra, grounding energy and increasing physical vitality, dispersing tension and stress.

ASTROLOGICAL SIGNS:

Capricorn.

LOCATIONS FOUND & HISTORY:

Brazil, Sri Lanka, Tanzania, Nigeria, Kenya, Namibia, Madagascar, Mozambique, Afghanistan, Pakistan, and Malawi. The most common type of Tourmaline is Schorl, which accounts for ninety-five percent of all Tourmaline in nature. The name Schorl was in use before 1400 because of a village known today as Zschorlau located in Saxony, Germany. The village had a nearby tin mine where black tourmaline was found.

RARITY, VALUE & VARIATIONS:

Black opaque wand crystals. It has a Mohs hardness of 7-7.5.

HOW TO USE BLACK TOURMALINE:

Placed Black Tourmaline point out from the body, as it helps to draw off negative energy. Wear the crystal around your neck or place it between yourself and the source of electromagnetics. Carry a piece of the stone in your pocket to increase your physical vitality throughout your day. Meditate with Black Tourmaline to enhance the integration of insights and visions into your daily life. In the workplace, hold it for a few minutes when you need full concentration or to wake up your mind. Gridded around the house or open space, it affords protection on all levels.



Bloodstone



POWER & BENEFITS OF BLOODSTONE:

Bloodstone is a stone that helps in living in the present moment. It brings courage, creativity, and vitality. Other names for Bloodstone are Blood Jasper and Heliotrope. It has grounding and protecting properties, and is said to keep out undesirable influences.

SPIRITUAL & EMOTIONAL INFLUENCE:

Bloodstone helps in bringing spirituality into everyday life. The stone is good for emotional calming and centering. It helps to remove energy blockages and negative energy from your body and aura.

It helps with stress and aggression. Bloodstone helps in grounding the heart energy, reducing aggressiveness, irritability, and impatience.

THE PHYSICAL CONNECTION:

Bloodstone is thought to be good for balance and helping to get rid of toxins. It is said to be good for the heart, joints, kidneys, livers, hips, blood, spleen, and bone marrow. The crystal is also thought to help with anemia, iron deficiency, hemorrhages, nosebleeds, wounds, and blood clotting. It is believed to promote stamina, endurance, and energy.

THE CHAKRAS CONNECTED TO BLOODSTONE:

Heart Chakra. It cleanses and realigns the lower Chakras.

ASTROLOGICAL SIGNS:

Pisces, Aries, and Libra.

LOCATIONS FOUND & HISTORY:

Australia, Brazil, China, Czech Republic, India, Scotland, and Russia. Bloodstone is a common stone found in abundance, making it very affordable. The stone is known as a stone of courage. In ancient times, Bloodstones were believed to be magical. Warriors used to carry Bloodstone amulets to help stop the bleeding from their wounds and to protect them from evil.

RARITY, VALUE & VARIATIONS:

Green Jasper, commonly with red inclusions. Bloodstone has a Mohs hardness of 7.

HOW TO USE BLOODSTONE:

Wear it continually for balance and well-being. Place Bloodstone in a bowl of water placed beside your bed to ensure a peaceful sleep. For use as an immune stimulator, place the crystal over the thymus.



Blue Apatite



POWER & BENEFITS OF BLUE APATITE:

Blue Apatite is an inspirational and motivational crystal that clears the mind, stimulates creativity, and strengthens your power. It is a crystal that helps to enhance group communication, facilitate public speaking, and balances heart and emotional disease. It helps those who have problems expressing themselves.

SPIRITUAL & EMOTIONAL INFLUENCE:

Blue Apatite connects to a high level of spiritual guidance. It can help improve creativity, psychic powers, and self-acceptance. It balances the emotional, physical, mental, and spiritual bodies, eliminating overactivity.

THE PHYSICAL CONNECTION:

Blue Apatite is thought to help with weight loss and dealing with vertigo. It is said to help with bones and the formation of new cells. It is also thought to benefit bones, cartilage, teeth, and aids in the absorption of calcium. It is believed to be good for glands, meridians, organs, and hypertension. It is said to assist with weight-loss goals.

THE CHAKRAS CONNECTED TO BLUE APATITE:

Throat Chakra. It opens up the Throat Chakra. It balances the Chakras.

ASTROLOGICAL SIGNS:

Gemini, Libra.

LOCATIONS FOUND & HISTORY:

Mexico, Norway, Russia, United States. Blue Apatite is a form of the mineral

group apatite named in 1786. The word apatite comes from a Greek word meaning to deceive, because of its unusual origins.

RARITY, VALUE & VARIATIONS:

Blue. Opaque, sometimes transparent, glassy, hexagonal crystals in a variety of sizes. The color saturation of Blue Apatite defines the value. Blue Apatites that have a high color intensity are considered to be the most valuable. Readily available.

HOW TO USE BLUE APATITE:

Wear or carry Blue Apatite to help you focus on being clear in your communication, and thoughtful in how best to express your true thoughts. Use Blue Apatite to help warm up your Chakras by placing them on your chest or breastbone. Place over the affected area or wear as appropriate.



Blue Barite



POWER & BENEFITS OF BLUE BARITE:

Blue Barite makes you feel anything is possible. It is a magical stone that stimulates coincidence and synchronicity and helps to connect you to beings in higher realms.

SPIRITUAL & EMOTIONAL INFLUENCE:

Blue Barite connects to angels and facilitates angelic messages. It helps with spiritual connection or direction and finding your spiritual path in life. It works well on the throat chakra and encourages communication, thoughts, and ideas. It gives a spiritual connection and helps to find your spiritual path in life. It connects to angels and aids angelic messages.

It has metaphysical properties that may help psychic ability and intuition. Blue Barite will help you travel to higher realms with ease. Blue Barite promotes harmony, friendship, and love. It helps shyness, catharsis, and addiction. It gives insight into relationships. It is especially helpful to use for shock or trauma after an accident.

THE PHYSICAL CONNECTION:

It is thought that Blue Barite is good for Alzheimer's disease, dementia, detox, memory, eyesight, and reducing the effects of EMF and radiation.

THE CHAKRAS CONNECTED TO BLUE BARITE:

Throat Chakra.

ASTROLOGICAL SIGNS:

Aquarius.

LOCATIONS FOUND & HISTORY:

Morocco. The meaning of Barite comes from the ancient Greek word barus which means heavy. In the past, the stone was used by women to treat men after battles. A piece of the stone was used on the third eye to help calm patients.

RARITY, VALUE & VARIATIONS:

Tabular crystals that form angel wing or flower patterns. The stone feels heavier than expected. Blue Barite occurs as tabular or prismatic crystals which are sometimes twinned and may also contain phantoms. They may occur in massive form as fibrous or bladed pieces. The blue crystals of Blue Barite come in a few shades from deep blue to a pale blue color.

HOW TO USE BLUE BARITE:

Use Blue Barite in meditation. Place a piece of the crystal on your third eye in meditation, as it makes a strong connection with the third eye and crown chakra and may also aid memory.



Blue Calcite



POWER & BENEFITS OF BLUE CALCITE:

Blue Calcite is a crystal that is good for communication and voice. It is a gentle stone that helps with relaxation and recuperation. It is considered a powerful purification stone. It absorbs energy, filters it, and returns it to benefit the sender.

SPIRITUAL & EMOTIONAL INFLUENCE:

Blue Calcite is useful for developing psychic abilities, especially psychic telepathy, and psychic empathy. It enhances your ability to communicate with loved ones. Blue Calcite is spiritually calming.

It is useful for developing communication powers. Its calming energy helps smooth over the rough patches of a relationship and talk through disagreements. It quiets mental chatter and brings about clarity. It soothes nerves and lifts anxieties.

THE PHYSICAL CONNECTION:

Blue Calcite is thought to be good for pharynx and throat infections such as laryngitis. It is believed to help lower blood pressure and dissolve pain on all levels. It is also thought to soothe the nerves and anxieties and helps to release negative emotions.

THE CHAKRAS CONNECTED TO BLUE CALCITE:

Third Eye (Brow) Chakra, Throat Chakra. Use on Throat Chakra to aid in clear communication.

ASTROLOGICAL SIGNS:

Cancer.

LOCATIONS FOUND & HISTORY:

USA, United Kingdom, Belgium, Czech Republic, Slovakia, Peru, Iceland, Romania, Brazil, and Mexico. Calcite gets its name comes from the German word calcite which means limestone.

RARITY, VALUE & VARIATIONS:

A form of Calcite found in the form of blue masses. Blue Calcite is clear, whitish, or pale greys. It has a Mohs hardness of 3.

HOW TO USE BLUE CALCITE:

Use Blue Calcite to absorb energy, filter it and then return it to help the sender. Place over your Third Eye (Brow) Chakra if you want to enhance your psychic powers, and place it over your throat to enhance communication. Place a piece of Blue Calcite where you meditate or pray for the greatest effect. Wear a Blue Calcite necklace or pendant over your throat chakra to help with communication daily. Wear a necklace or pendant to help with your psychic development.



Blue Chalcedony



POWER & BENEFITS OF BLUE CHALCEDONY:

Blue Chalcedony is a very soothing stone. It opens the mind to assimilate new ideas, and learning new languages. It improves memory and encourages mental flexibility.

SPIRITUAL & EMOTIONAL INFLUENCE:

Blue Chalcedony wards off psychic attack, and promotes inner sight and insight.

It is good for stress and dissolving tension. It helps in expressing emotions and resolving childhood wounds. Also helps alleviate anxiety and overthinking.

THE PHYSICAL CONNECTION:

It is thought that Blue Chalcedony is beneficial for throat and vocal problems. It is said to soothe inflammations of the throat and the thyroid. It is thought to be good for blood pressure, immune and lymphatic systems.

THE CHAKRAS CONNECTED TO BLUE CHALCEDONY:

Throat Chakra, and Third Eye (Brow) Chakra.

ASTROLOGICAL SIGNS:

Sagittarius, and Cancer.

LOCATIONS FOUND & HISTORY:

Austria, Czech Republic, Brazil, England, Iceland, Mexico, Morocco, New Zealand, Russia, Slovakia, Turkey, and United States. Chalcedony's name comes from the Greek port city of Chalcedon. It was used in ancient Egypt, Greece, and

Rome to make beautiful jewelry and carvings as they believed the stones to hold incredible powers.

RARITY, VALUE & VARIATIONS:

Blue Chalcedony is loved by gem collectors and jewelry makers because of its ethereal blue color. It is a member of the Quartz family and has a cryptocrystalline structure. Some pieces have a bit of adularescence which makes them more valuable. The light interference comes from layers of microscopic inclusions creating what appears to be a light within the stone. Mohave blue stones are found in California and Nevada. Stones from Namibia are usually called African Blue. The rarest and most valuable color is found in Oregon and is called Holly Blue.

HOW TO USE BLUE CHALCEDONY:

Hold Blue Chalcedony to feel an instant sense of calm. You can also meditate with this stone to bring you inner peace and a gentle calm throughout the day.



Blue Fluorite



POWER & BENEFITS OF BLUE FLUORITE:

Blue Fluorite enhances creativity, clear communication and orderly thought. Considered a dual action crystal that calms or revitalizes energy as needed. It is said to work on the third eye and brings about intuitive insights. It calms the mind and protects emotions. It resonates with mental calmness and serenity, order and clarity.

SPIRITUAL & EMOTIONAL INFLUENCE:

Calming. Good for spirit communication.

POWER & BENEFITS OF BLUE FLUORITE:

Blue Fluorite crystal enhances creativity, clear communication, and orderly thought. Considered a dual-action crystal that calms or revitalizes energy as needed. It calms the mind and protects emotions. It is a stone that resonates with mental calmness and serenity, order and clarity.

SPIRITUAL & EMOTIONAL INFLUENCE:

Blue Fluorite is a calming stone that is good for spirit communication. It is thought to amplify your healing potential by focusing brain activity and can invoke spiritual awakening. It is useful for reprogramming karmic patterns. It heals soul fragmentation from the present or past lives and promotes cellular memory healing.

It is a crystal that is helpful for self-confidence, shyness, worry, concentration, and electromagnetic stress.

THE PHYSICAL CONNECTION:

Blue Fluorite is thought to be good for eye, nose, inner ear, tear ducts, and throat problems. The crystal is said to amplify energy potential by focusing brain activity, and can also invoke spiritual awakening.

THE CHAKRAS CONNECTED TO BLUE FLUORITE:

Third Eye (Brow) Chakra, and Throat Chakra. It is said to work on the Third Eye (Brow) Chakra and brings about intuitive insights.

ASTROLOGICAL SIGNS:

Pisces, and Capricorn.

LOCATIONS FOUND & HISTORY:

USA, England, Canada, Mexico, Australia, Germany, Norway, China, Peru, and Brazil.

RARITY, VALUE & VARIATIONS:

A variety of Fluorite is found in cubic or octahedral masses. It has a Mohs hardness of 4.

HOW TO USE BLUE FLUORITE:

Blue Fluorite is a good stone for meditation. It is a powerful wind element stone that utilizes the power of concentration, focus, and thought. It is capable of producing rich insights and visions, as well as strengthening the ability to receive and interpret psychic information. Place a Blue Fluorite cluster in the workplace to help initiate conscious mental clarity. Wear or carry Blue Fluorite to help soften interactions with rudeness.



Blue Halite



POWER & BENEFITS OF BLUE HALITE:

Blue Halite clears away illusion. It allows you to go deep within yourself to find ancient solutions to present-day problems.

SPIRITUAL & EMOTIONAL INFLUENCE:

Blue Halite cleanses and balances the aura. It promotes intuition, awareness, and psychic abilities. It opens a channel of communication with your spirit guides and enhances psychic perceptions.

It helps you see your truth and inner self and release old habits that are holding you back. It helps to resolve things from the past and resolve childhood issues.

THE PHYSICAL CONNECTION:

It is thought that Blue Halite is good for the kidneys, glands, and iodine absorption.

THE CHAKRAS CONNECTED TO BLUE HALITE:

Third Eye (Brow) Chakra, and Crown Chakra.

ASTROLOGICAL SIGNS:

Cancer, and Pisces.

LOCATIONS FOUND & HISTORY:

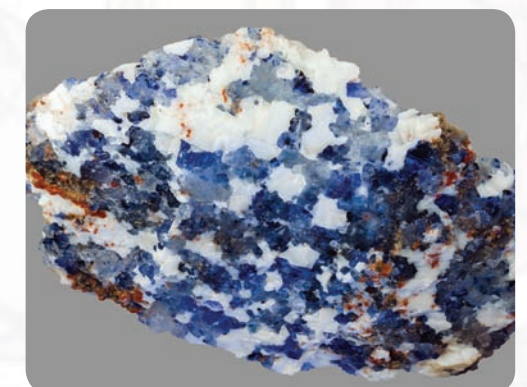
Austria, Canada, Germany, Poland, United States. Alternate names include common salt, blue salt, natural salt, rock salt, and mineral salt.

RARITY, VALUE & VARIATIONS:

It is found as cubic crystals, columnar structures, and crystal masses with an illusion of blueness because of pleochroism. This means that the crystal absorbs different wavelengths of light at different angles in the crystalline structure.

HOW TO USE BLUE HALITE:

Blue Halite can be used to clear negative energies, blocks, and environmental debris. Place a piece of Blue Halite on your desk to clean the energy in your home or office. Place it near other crystals or stones, and it will have a cleansing effect on them too. Because of the solubility of Halite, do not use as an elixir. Carry in a small bag or pouch rather than wearing in jewelry because of its fragility. Place a small cluster of Blue Halite in your environment to facilitate feelings of love and well being.



Blue Lace Agate



POWER & BENEFITS OF BLUE LACE AGATE:

Blue Lace Agate is good for anxiety and stress relief. Considered a balancing stone, the crystals calming blue color emits soothing vibrations that help to bring relaxation and peace of mind. It improves communication on all levels. It is beneficial for self-confidence, concentration, perception, and analytical abilities.

SPIRITUAL & EMOTIONAL INFLUENCE:

It clears the Throat Chakra so that the highest spiritual truths can be expressed. It raises your spiritual level and improves communication of your spiritual ideas. It is beneficial for aura stabilization.

It is one of the best nurturing and supportive crystals. It helps to neutralize anger, infection, and inflammation. It is gentle and calming, bringing balance and emotional stability. It assists with attunement.

THE PHYSICAL CONNECTION:

Blue Lace Agate is thought to be good for speech, eyesight, nails, and pancreas. It is said to be a powerful throat healer. It is believed to help release shoulder and neck problems, thyroid deficiencies, throat and lymph infections. It is said to enhance sound balancing, focusing, and directing sound to the right place.

THE CHAKRAS CONNECTED TO BLUE LACE AGATE:

Throat Chakra, Third Eye (Brow) Chakra, Heart Chakra, Crown Chakra.

ASTROLOGICAL SIGNS:

Gemini, Pisces.

LOCATIONS FOUND & HISTORY:

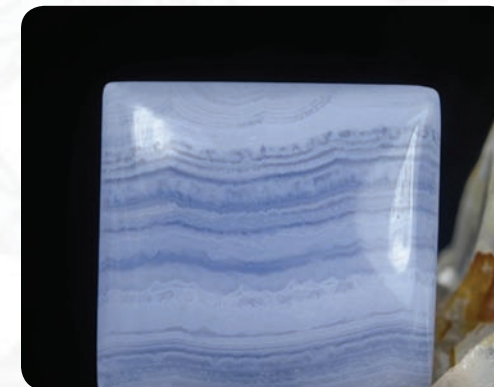
Brazil, India, Morocco, South Africa, USA, Czech Republic.

RARITY, VALUE & VARIATIONS:

A pale blue and white banded variety of Agate. May also have darker lines. Readily available. It has a Mohs hardness of 6.

HOW TO USE BLUE LACE AGATE:

Use as appropriate, particularly at the throat. It is an excellent tool in meditation. Carry Blue Lace Agate with you or wear it in jewelry to bring peace and happiness into your life. Place a Blue Lace Agate stone in your hand when you need to take a breather and destress. If you work in a toxic environment, put some Blue Lace Agate crystals on your desk to help cleanse the environment and replace it with positive and uplifting energies. Can be used as a gem elixir to soothe tired eyes.



Blue Opal



POWER & BENEFITS OF BLUE OPAL:

Blue Opal is good for creativity, communication, and the courage to speak your mind. It is good for invisibility and is known as the Stone of Thieves.

SPIRITUAL & EMOTIONAL INFLUENCE:

Blue Opal very emotionally soothing stone that helps to ease the mind so you can deeply relax. Assists in problem-solving, communication, confrontation, and tactfully speaking your mind.

Also good for stimulating creativity. Activates self-confidence and assists in relieving trauma. It facilitates connection with other people and problem-solving.

THE PHYSICAL CONNECTION:

It is thought that Blue Opal helps with hair growth and preventing hair loss. It is said to be beneficial for those experiencing fatigue and insomnia. It is also thought to be great for boosting metabolism and iron deficiency.

THE CHAKRAS CONNECTED TO BLUE OPAL:

Throat Chakra and communication.

ASTROLOGICAL SIGNS:

Taurus, and Cancer.

LOCATIONS FOUND & HISTORY:

This stone is found in Peru and Canada. Blue Opal is the national stone of Peru. Legend says that this stone relieves tension from the throat to help communication flow effortlessly.

RARITY, VALUE & VARIATIONS:

Blue Opal can be clear, scenic, or dendritic which means that the stone will have black fern-looking inclusions. Be careful to examine the stone carefully. If you see an uneven color, it's probably a dyed stone. Peruvian Blue Opal is a fairly rare stone that is only found in the Andes mountains near San Patricio, Peru. This is why it's the national stone of Peru. Watch out for mimics of this beautiful stone as dyed versions have been found. Blue Opal is from 5.5 and 6.5 on the Mohs scale of hardness. Since it's rarer than other crystals and stones, Blue Opal can be more expensive. It also depends on the quality of the pieces and how they are cut too.

HOW TO USE BLUE OPAL:

If you have chronic fatigue this crystal's energy could help you. Hold onto it, or wear it when you're feeling really tired, and put it under your pillow so you can have a good night's rest. It will also help you to remember your dreams when you wake up so you can look for the deeper meaning in them. Use Blue Opal to help you examine your thoughts and get in touch with your emotions.



Blue Quartz



POWER & BENEFITS OF BLUE QUARTZ:

Blue Quartz is a crystal that brings awareness, happiness, self-reliance, spontaneity, vitality, and wellbeing. It is good for emotional balance, awareness, and energy shift. It brings bliss and connection to people, the universe, spirit, and god.

SPIRITUAL & EMOTIONAL INFLUENCE:

It aids in connection to God, the universe, and the spirit. It assists in tarot card readings, telepathy and increases insight into divination. It aids in understanding your spiritual nature. Use Blue Quartz to help cleanse the aura and to clear away energy blockages.

It enhances dream work and brings clarity to psychic visions. A good stone for awareness, bliss, happiness, spontaneity, and wellbeing. It helps you to express what is on your mind. It is a soothing and calming stone that brings a relaxing feeling to any situation. Also helps anger, apprehension, anxiety, and introversion. It is a stone that assists in reaching out to others and lessens fear. It brings connection to people.

THE PHYSICAL CONNECTION:

Blue Quartz is a stone that is thought to be good for the blood, endocrine system, metabolism, and spleen. It is believed to purify the bloodstream, strengthens the immune system and the organs in the upper body. It is also thought to encourage the proper function of the eyes, heart, lungs, and throat. It is considered a master healer for any condition.

THE CHAKRAS CONNECTED TO BLUE QUARTZ:

Throat Chakra. It enhances organizational abilities, orderliness, and self-discipline by balancing the Throat Chakra and strengthening communication between the upper and lower Chakras.

ASTROLOGICAL SIGNS:

Taurus, Libra.

LOCATIONS FOUND & HISTORY:

Minas Gerais (Brazil), Africa, England, USA, and Russia.

RARITY, VALUE & VARIATIONS:

Clear or White Quartz with Blue Tourmaline (Indicolite) inclusions. It has a Mohs hardness of 7.

HOW TO USE BLUE QUARTZ:

Place Blue Quartz as appropriate.



Blue Spinel



POWER & BENEFITS OF BLUE SPINEL:

Blue Spinel is a soothing stone, calming and relieving anxiety, depression, PTSD, and stress. It is an invigorating stone that is good for mental rejuvenation. It is a stone that encourages moderation in all things to include food and sleep.

SPIRITUAL & EMOTIONAL INFLUENCE:

Blue Spinel helps clear the aura, and magnifying channeling, clairaudience, clairsentience, and clairvoyance. It connects the Hara and Kundalini lines. It detoxifies, regenerates, and rejuvenates the etheric double aura. It lengthens life by balancing Chi energy and removing any blocks to energy flow.

Blue Spinel is good for improving memory and intellect. It helps relieve depression and stress. It enhances determinations, emotional backbone, inner strength, and conquering the challenges of life.

THE PHYSICAL CONNECTION:

It is thought that Blue Spinel supports dieting, weight loss, and cancer treatment. It is said to be good for the eyes, gums, spine, teeth, and stamina. It is said to help with addictions, especially with smoking. It is also thought to revitalize and keep your energy levels high.

THE CHAKRAS CONNECTED TO BLUE SPINEL:

Brow Chakra, and Throat Chakra.

ASTROLOGICAL SIGNS:

Gemini, and Sagittarius.

LOCATIONS FOUND & HISTORY:

Myanmar, Pakistan, Sri Lanka, Tanzania, and Vietnam. Blue Spinel is often confused with Sapphire.

RARITY, VALUE & VARIATIONS:

Blue Spinel is found in white calcite with dolomite. It is a special gemstone because it is one of the few that occurs naturally. In many locations, the Blue Spinel will have a high iron content which tends to make the stone darker. This can make the stone look blue-grey to violet-blue instead of just blue.

HOW TO USE BLUE SPINEL:

Blue Spinel is a powerful energy balancing stone. It is a beautiful stone to make the most elegant jewelry. To benefit from the energies of this stone, keep it close to your body at all times. Hold the stone in your hands when you are feeling confused, scared, tense, or weak.



Blue Topaz



POWER & BENEFITS OF BLUE TOPAZ:

Blue Topaz has always been seen as a symbol of love and adoration. As with many blue gemstones, Blue Topaz is an excellent stone for clear communication and clarity. It is beneficial for problem solving, honesty, forgiveness, self-realization, emotional support, and manifesting health.

SPIRITUAL & EMOTIONAL INFLUENCE:

Blue Topaz connects to the angels of truth and wisdom. It helps you achieve your present goals and dreams and is an excellent stone for visualization. It is soothing and balancing on all levels especially the emotional level. It promotes forgiveness of self and others. It is also a stone of self-realization and inner knowing that helps with assertiveness. Balances and supports through times of challenge and change.

THE PHYSICAL CONNECTION:

Blue Topaz is thought to aid in healthy digestion stimulates metabolism and helps in recovery from eating disorders. It is said to brighten vision and helps with eye issues. It is believed to be good for sleep without nightmares. It is also said to treat rheumatism and is effective against bleeding and heart disease.

THE CHAKRAS CONNECTED TO BLUE TOPAZ:

Throat Chakra, Third Eye (Brow) Chakra.

ASTROLOGICAL SIGNS:

Sagittarius, Virgo.

LOCATIONS FOUND & HISTORY:

Afghanistan, Brazil, United States, South Africa, Mexico, Australia, Russia, Sri

Lanka, Pakistan, Myanmar, Germany, India. The name Topaz is said to come from the Greek word Topazios which was the name of an island that is now named Zabargad. Even though there was never any Topaz found on this island, Peridot was found, and it was often mistaken for Topaz. The most popular type of Topaz is blue and green colored topaz, while the most common topaz in jewelry is pink, yellow, or light brown.

Some also believe that the origin of the word Topaz comes from the Sanskrit word Topas or Tapaz which means fire. In ancient Greece, Topaz was thought to bring strength and in other parts of Europe, it was thought to break spells. In India, people have believed that a Topaz pendant worn on or above the heart will ensure longevity, beauty, and knowledge. In Africa, it has always been used in shamanic practices and balancing.

RARITY, VALUE & VARIATIONS:

Red Topaz is the rarest and most valuable type of Topaz, and only 1 percent of the world's Topaz is facet-grade. There is also Pink Topaz also known as Rose Topaz, Yellow Topaz, or light or Sherry Brown Topaz. In nature, Topaz is usually colorless, but Blue Topaz is very abundant because of the treatments given to the stones. This Topaz first sold for \$20 to \$40 per carat, but now it's even more affordable. Things to look for in a Topaz stone are similar to the things you'd look for in diamonds including color and cut as well as clarity. It has a Mohs hardness of 8.

HOW TO USE BLUE TOPAZ:

Wear Topaz above the heart and close to the throat for clear communication. This gemstone is also excellent in meditation and connection with your higher-self and angels.



Boji Stone



Power & Benefits of Boji Stone :

Boji Stones are beneficial for plants and crops, emotional and energy blockages, revitalization, and painful memories. It brings up negative thought patterns and self-defeating behavior for transformation, going to the cause of psychosomatic disease.

Spiritual & Emotional Influence:

Boji Stone is considered one of the best grounding and stabilizing stones. An excellent stone for releasing stagnation and blockages, releasing negative belief patterns, and balances your mind and spirit. Also helps in releasing trauma from the past and processing the shadow aspect. Repairs the aura.

Integrates all aspects of self and provides a balance between the masculine and feminine energies and the right and left brain.

The Physical Connection:

Boji stones are thought to be wonderful for balancing any type of pain and energy blockage. They are said to help re-energize the body when it's exhausted. They are also thought to help to speed up recovery time.

The Chakras Connected to Boji Stone:

Root (Base) Chakra. Aligns All Chakras.

Astrological Signs:

Leo, Taurus, Scorpio, Aquarius.

Locations Found & History:

United Kingdom, United States. Boji rocks were formed from Sedimentary forces from the oceans that existed millions of years ago. They are created from bones of small sea creatures and other minerals like pyrite. The word Boji is a Trademark that is owned by Karen and Jerry Gillespie who own property where the rocks are found in Kansas, and they are also sometimes referred to as Kansas Pop Rocks.

Rarity, Value & Variations:

Round stones that are brown sometimes with red or orange markings. Boji Stones are a trademarked stone originating in South West Kansas. These stones are billions of years old and said to be as old as the Earth. Created from minerals like Pyrite and bones of sea creatures, they form small balls that come in pairs. In each pair, there is a Female stone and a Male stone which are usually used together in balancing and meditation. They have a Mohs hardness of 5.





They typically come in pairs, with one stone being more smooth and round, and the other one being more textured and sometimes flat. The smoother stones are the female stones, and the rougher ones are the male stones. They are quite rare and can only be sold by authorized Boji stone sellers. They also come with a certificate of verification that proves their authenticity since there are many fake stones sold. You can also purchase these stones right from the Boji Stone website.

How to Use Boji Stone:

Hold both Boji Stones in either hand, you can put the male one in your right hand and the female one in your left hand or the other way around. Find what feels best to you and hold them for a short amount of time or meditate with them.



Boulder Opal



POWER & BENEFITS OF BOULDER OPAL:

Boulder Opal is good for mental clarity, faithfulness, hope, purity, and sexual attraction. It is thought to be good for sexual attraction. It is good for emotional security, and inner beauty. It is aligned to the Fire and Earth elements.

SPIRITUAL & EMOTIONAL INFLUENCE:

Boulder Opal is good for the aura, spiritual development, prophecy, and past-life recall. It brings the subconscious into the conscious mind. It encourages practical people to develop their spiritual side, and spiritually-minded people to succeed in the everyday world.

IT IS THOUGHT TO HELP ALLEVIATE DEPRESSION AND FIND TRUE LOVE.

The Physical Connection:

Boulder Opal is thought to help ease pain and suffering associated with the abdomen, intestinal organs, and lower back. It is said to help reduce symptoms caused by the common cold and influenza. It is also thought to protect from disease and is good for eyesight.

THE CHAKRAS CONNECTED TO BOULDER OPAL:

Throat Chakra, Root (Base) Chakra, Sacral Chakra. Energizes All Chakras.

ASTROLOGICAL SIGNS:

Virgo, Libra, Scorpio.

LOCATIONS FOUND & HISTORY:

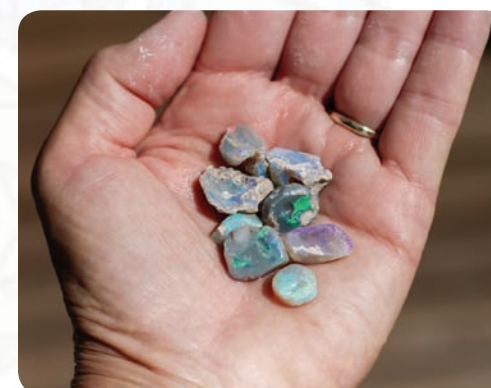
Australia. Boulder opal was discovered in 1870 in Quilpe, Western Australia. Almost all of the Boulder Opal available today is from Western Queensland's Opal-rich fields. It is found embedded in large boulders of ironstone, which is how it gets its name.

RARITY, VALUE & VARIATIONS:

The best pieces of Boulder Opal can exhibit all of the spectral colors. It comes in a range of colors to include blue, green, yellow, and orange which are the most common. Some Boulder Opal may also exhibit opalescence, which is typically a milky, whitish-blue color, but it can also occur in other colors. Boulder Opal is a variety of Opal that is found in cracks or as coatings in and around ironstone and sandstone boulders. It is also known as Queensland Opal. Rare.

HOW TO USE BOULDER OPAL:

Boulder Opal can be worn in jewelry that is less prone to hard knocks and blows, such as brooches or earrings. It is best used for pendants because of the availability of its unique free-form shapes. Avoid water.



Bowenite



POWER & BENEFITS OF BOWENITE:

Bowenite is known as the stone of the warrior and protects from harm. It is a stone of abundance and wealth bringing you the mentality of achieving anything you set your mind to. It assists in assimilating during times of change.

SPIRITUAL & EMOTIONAL INFLUENCE:

It is thought to be good for those who experience depression as a reminder that you are not alone in your struggles in life. It helps you recognize past traumas and work through them as well as addressing and feeling grief. Brings in a connection to your ancestors.

THE PHYSICAL CONNECTION:

It is thought that Bowenite is good for the heart and maintaining good cholesterol levels. It is said to be good for balancing issues with the head or the scalp. It is thought to help with DNA/RNA and fertility.

THE CHAKRAS CONNECTED TO BOWENITE:

Heart chakra.

ASTROLOGICAL SIGNS:

Aquarius.

LOCATIONS FOUND & HISTORY:

Deposits of Bowenite can be found in China, New Zealand, Afghanistan, South Africa, and the United States. Bowenite has been used throughout history to make tools, weapons, and jewelry by the Māori people in New Zealand. Bowenite

was given its name in 1850 by James D. Dana and he named it after George T. Bowen, who studied the stone in 1822. The Māori in New Zealand used Bowenite with Nephrite Jade as a sacred stone they called Pounamu and many artifacts have been found all over the island particularly in the South. There is a Pounamu Resource Management Plan that keeps all of these artifacts safe.

RARITY, VALUE & VARIATIONS:

Bowenite is also called Tangiwaite or Tangawaite. It is often mistaken to be Jade and is sometimes called New Jade. It is also the state stone for Rhode Island. Some specimens of the crystal can be high-grade semi-precious stones when they are semi-transparent. It's a fairly soft crystal as well rating only a 2.5 on the Mohs hardness scale.

HOW TO USE BOWENITE:

Wearing Bowenite as an amulet will help to protect you from outside forces. It's also a dream stone so putting it by your bed will help you access your dreams upon waking. This stone can also bring you success and creates a clean break from your past. It can be given as a gift of friendship or unconditional love.



Brandberg Amethyst



POWER & BENEFITS OF BRANDBERG AMETHYST:

Brandberg Amethyst brings about divine love. Its vibration attunes to multidimensional levels of balance and offers beauty, light, and energy.

SPIRITUAL & EMOTIONAL INFLUENCE:

Brandberg Amethyst helps find hidden answers in meditation. It provides a bridge to angels, spirit guides, and other helpers. Brandberg Amethyst helps with deep balance of the heart. It takes the soul back to its roots and the pure spiritual essence from where it came.

It mends a broken heart and helps to release the ties that bind and free you to find your true soul partner. It relieves stress, brings balance and harmony. It opens energy pathways, manifests creativity, abundance, joy, and inner peace. It aids in recovery from addictions.

THE PHYSICAL CONNECTION:

It is thought that Brandberg Amethyst is good for digestion, immune system, chronic fatigue, and nervous system. It is said to assist in the healing and quick recovery from any type of injury or illness.

THE CHAKRAS CONNECTED TO BRANDBERG AMETHYST:

All Chakras especially the Third Eye (Brow) Chakra, Crown Chakra, and Heart Chakra.

ASTROLOGICAL SIGNS:

Pisces, and Sagittarius.

LOCATIONS FOUND & HISTORY:

Brandberg, which is Namibia's highest mountain peak, is an enormous granite mountain in Namibia's Damaraland where the crystal is mined. Also known as Brandenburg Quartz. All varieties of Amethyst are associated with spiritual wisdom, protection, sobriety, and security, and its purple color is often associated with royalty and power.

RARITY, VALUE & VARIATIONS:

Brandberg Amethyst is a natural mixture of Amethyst, Clear Quartz, and Smoky Quartz. This crystal may have enhydros, phantoms, inclusions, and skeletal Quartz crystals that form stubby crystals, druses, prismatic crystals, and massive forms. Colors may include purple, clear, grey, brown, or tinted yellow. This crystal is translucent to transparent.

HOW TO USE BRANDBERG AMETHYST:

Brandberg Amethyst is a powerful and protective talisman of healing. When worn you can benefit from its healing properties, in meditation, it can help you seek states of past-life regression. It is thought to assist in the healing and quick recovery from any type of injury or illness. Wear or carry Brandberg Amethyst as an amulet or talisman to increase your mental clarity, give renewed energy levels and feelings of profound joy.



Brazilian Agate



POWER & BENEFITS OF BRAZILIAN AGATES:

Brazilian Agate is said to bring protection. It balances emotional and mental activity and creates harmony between emotion and logic. It harmonizes the Yin and Yang energies, giving you a feeling of composure that will assist in communication and action.

SPIRITUAL & EMOTIONAL INFLUENCE:

Brazilian Agate is good for dowsing, divination, visualization, astral travel, and shamanic contact with other worlds.

THE PHYSICAL CONNECTION:

Brazilian Agate is thought to assist in maintaining good blood pressure and heart rate. It is also thought to be beneficial for constipation and minor injuries such as sprains or strains, cuts, and bruises.

THE CHAKRAS CONNECTED TO BRAZILIAN AGATES:

Third (Brow) Eye and Root (Base) Chakras.

ASTROLOGICAL SIGNS:

Aries.

LOCATIONS FOUND & HISTORY:

Brazilian Agate is found in Brazil mainly in the Rio Grande do Sul and also in Santa Catarina, Paraná, Sao Paulo, and Minas Gerais. Agates, in general, go back to ancient times and they were named by Theophrastus, a Greek philosopher who first found the stone along the Achates River around the 4th century BC. It has been used to create carvings and for tools and dishes.

RARITY, VALUE & VARIATIONS:

Brazilian Agate is a transparent or translucent type of Agate with stripes and patterns in a variety of colors. It is formed and mined in decomposed volcanic ash and basalt from the late Permian age which was up to 275 million years ago. In the Rio Grande do Sul agate mines are fields that are plowed and the agate is collected from the ground. They are quite easy to find and the stones are very hard and take polish well. Many of the Brazilian Agate you find is dyed to be teal, pink, purple, or bright green which means that it's not natural. Some places sell only natural agates too though.

HOW TO USE BRAZILIAN AGATES:

Wear or carry Brazilian Agate with you for protection and to receive any of the benefits it provides.

Brazilianite



POWER & BENEFITS OF BRAZILIANITE:

Brazilianite is a crystal that is good for desire and relationships. It brings love and understanding of love and relationships to the next level. It helps with making and coping with decisions. It is useful in understanding children, giving the parents an idea of how and why the child needs nurturing.

SPIRITUAL & EMOTIONAL INFLUENCE:

Brazilianite crystal has strong Atlantean energy that helps aid in manifestation. It has loving heart-based energy, that when used with honesty, may be beneficial to aid your life. Helps to release trapped energy and emotions gently. It is an energetic crystal used to promote creativity and allow you to focus on all projects. Use to help release anger and resentment.

THE PHYSICAL CONNECTION:

Brazilianite is thought to help with heatstroke, fever, sensitive skin, and sunburn.

THE CHAKRAS CONNECTED TO BRAZILIANITE:

Heart Chakra.

ASTROLOGICAL SIGNS:

Capricorn.

LOCATIONS FOUND & HISTORY:

Brazil. Brazilianite gets its name from its country of origin, Brazil.

RARITY, VALUE & VARIATIONS:

It is typically a yellow-green phosphate mineral, commonly found in phosphate-rich pegmatites. It occurs in perfect crystals grouped in druses, and pegmatites. Short, striated prismatic colorless or green crystals. Rare.

HOW TO USE BRAZILIANITE:

Brazilianite is beneficial to meditation. Keep a piece within your auric field for as long as possible each day. Keep a piece of Brazilianite in your pocket, close to the center of your body and the Chakra its vibration most effects. This crystal has a powerful resonance to aid you if you have had past lives in Atlantis where you may have misused your power.



Bronzite



POWER & BENEFITS OF BRONZITE:

Bronzite is good for self-confidence and gives you the courage to take your own path in life. It increases self-assertion, restores composure and a cool head. It strengthens nonjudgmental discernment, and promotes decisive action.

SPIRITUAL & EMOTIONAL INFLUENCE:

Bronzite helps with decision-making and feeling through the pros and cons. It is useful for diving into the heart of emotional pain to bring emotions to the surface to be felt and released from the body.

It is said to be effective against curses and as a magical protector, turning back negative thoughts and psychic attacks.

THE PHYSICAL CONNECTION:

Bronzite is thought to be good for pH balance and reducing acidity in the body. It is also thought to help with iron absorption and the production of red blood cells and hemoglobin. This stone is said to be beneficial for those who are anemic or who have cancer.

THE CHAKRAS CONNECTED TO BRONZITE:

Heart Chakra, Root (Base) Chakra, and Sacral Chakra.

ASTROLOGICAL SIGNS:

Leo.

LOCATIONS FOUND & HISTORY:

Found in Brazil, Austria, England, India, South Africa, Greenland, Norway,

Sweden, and in the United States. There is not a lot of history on Bronzite or its sibling stones Enstatite and Hypersthene.

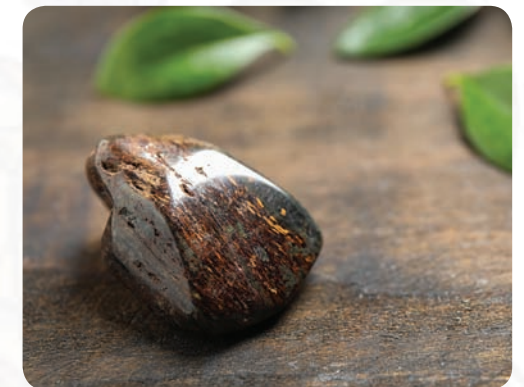
RARITY, VALUE & VARIATIONS:

Bronzite is a striking stone formed by a mixture of Silica and Iron. It is one of three stones in the family of Pyroxenes. The other members of this family include Hypersthene and Enstatite. It is formed by the weathering of Enstatite and Hypersthene when elements such as rain and wind break the crystals down.

The finest Bronzite pieces will have the chatoyancy effect known as cat's eye. Bronzite is also classified as Ferroan Enstatite but it's physically closer to Hypersthene. It's a stone that's easily found making it quite affordable. It looks beautiful in jewelry too.

HOW TO USE BRONZITE:

Hold a piece of Bronzite as you're deciding to help you weigh the pros and cons. Keep with you to maintain a balanced pH balance. Hold or wear as you're going through emotionally difficult times and as you express your emotions.



Bumble Bee



POWER & BENEFITS OF BUMBLE BEE JASPER:

Bumble Bee Jasper gives a zest for life. It promotes teamwork. It provides clear focus and encourages you to be honest with yourself.

SPIRITUAL & EMOTIONAL INFLUENCE:

Bumble Bee Jasper helps you to make choices without relying on emotions, it promotes busyness, drive, and passion. It encourages the pollination of new projects and is nurturing. It helps to remove blocks and allows for your creativity and desires to manifest. It lifts depression, negativity, and beliefs that are self-limiting.

It removes distracting emotions and thoughts. It promotes change. It enables you to accept change, increase your self-esteem, and find new opportunities.

THE PHYSICAL CONNECTION:

It is thought that Bumble Bee Jasper helps to boost energy. It is also thought to help with allergies, food intolerances, blood, circulation, dexterity, digestion, heart, and nerves. It is said to help protect from EMF.

THE CHAKRAS CONNECTED TO BUMBLE BEE JASPER:

Base Chakra, Sacral Chakra, and Solar Plexus Chakra.

ASTROLOGICAL SIGNS:

Cancer.

LOCATIONS FOUND & HISTORY:

Australia, and Indonesia. Bumble Bee Jasper is also known as Bumble Bee Agate, Eclipse Stone, and Fumarolic Jasper.

RARITY, VALUE & VARIATIONS:

Bumble Bee Jasper is a colorful mixture of volcanic matter with distinct yellow, orange, and black banding. The colors in this stone come from the inclusions of realgar and pyrite. There may also be inclusions of Angelite, arsenic, hematite, orpiment, and sulfur.

HOW TO USE BUMBLE BEE JASPER:

Do not use Bumble Bee Jasper as an elixir. Make sure to wash hands after handling. Do not lick, ingest, smell or sniff. Avoid water. Use it in crystal grids in your garden and around your vegetable path to bring in pollinating insects.



Calcite



POWER & BENEFITS OF CALCITE:

Calcite connects emotions with intellect, facilitating emotional intelligence and has a positive effect, especially when someone has lost hope. It calms the mind, stimulates insights, and boosts memory. It is beneficial for study, motivation, laziness, revitalization, and emotional stress.

SPIRITUAL & EMOTIONAL INFLUENCE:

Calcite is a powerful amplifier and cleanser of energy that facilitates higher awareness and metaphysical abilities.

It calms the emotions and connects you with your rational mind so you can assess things accurately and creates emotional intelligence. It teaches discernment and patience in making decisions and not to rush into anything before you consider all sides. Restores hope and motivation, energizing and uplifting you on all levels.

THE PHYSICAL CONNECTION:

Calcite is thought to be beneficial for calcium deficiency and bone growth especially in the elderly and in children. It is said to assist the bowels and elimination. It is also thought to help with skin conditions and tissue balancing, as well as boosting the immune system.

THE CHAKRAS CONNECTED TO CALCITE:

All Chakras. Varies according to color.

ASTROLOGICAL SIGNS:

Cancer.

LOCATIONS FOUND & HISTORY:

United Kingdom, United States, Belgium, Peru, Iceland, Czech Republic, Romania, Slovakia, and Brazil. The word Calcite is from the Latin word calx which means lime. Calcite has been used throughout history for many purposes as it's widely available and easily sourced. It's formed by shells of Marine microorganisms that contain calcite that forms limestone over time. In prehistory, trilobites also had eyes that included calcite lenses, and in the Phanerozoic Period, there were calcite seas and aragonite seas which contained a variety of Calcite forming beings.

Calcite was even used as a pigment for white paint throughout history. Also used as a dietary calcium supplement for animals, a gentle abrasive cleaner, and an additive in the soil. Optical calcite is pure calcite that was used at guns and bombsights in World War II. Many of the artifacts of ancient Egypt were created from calcite.

RARITY, VALUE & VARIATIONS:

Calcite is a calcium carbonate that has been crystallized in hexagonal form. It is one of the most common minerals on earth covering 40 percent of the earth's surface in the form of limestone. It's one of the main components of the earth's crust. Standard colors of this stone include green, pink, blue, yellow, brown, orange, white, red, grey, and black. It rates only a 3 on the Mohs hardness scale making it incredibly soft. It's not used much in jewelry for this reason.

HOW TO USE RAINBOW CALCITE:

Place Calcite in your home or carry it with you. Put it on the areas of your body that need balancing energy.



Calligraphy Stone



POWER & BENEFITS OF CALLIGRAPHY STONE:

Calligraphy Stone helps you to stay optimistic through difficult times. It brings in pleasure to balance the stress and busyness of modern-day life. This interesting and beautiful stone looks as though someone has done Calligraphy all over it, but these markings are fossilized shells.

SPIRITUAL & EMOTIONAL INFLUENCE:

Helps you to stay optimistic through difficult times. Brings in pleasure to balance the stress and busyness of modern-day life. A good stone to bring when traveling and making business deals. Helps in making decisions and planning for the future. Helps you move forward from the past and bring in the lessons you've learned from the past.

THE PHYSICAL CONNECTION:

It is thought that Calligraphy Stone can help relieve skin issues and scalp issues. It is said to be great for circulation and tissue.

THE CHAKRAS CONNECTED TO CALLIGRAPHY STONE:

Solar Plexus Chakra and Third Eye Chakra.

ASTROLOGICAL SIGNS:

Pisces.

LOCATIONS FOUND & HISTORY:

India. Created from tiny sea life fossils that are millions of years old from areas that used to be swamped.

RARITY, VALUE & VARIATIONS:

Calligraphy Stone is a mix of Hematite iron and fossilized shells which gives it the look of scribe or calligraphy writing all over it. It is also known as Cobra Stone, Arabic Stone, and Miriam Stone, and other names. The land where these stones were created was originally a swampland that got stuck between the tectonic plates which compressed all of the minerals, plants, and insects together in this stone. These stones are fairly easy to find, and they are a golden yellow color with darker browns, reds, and even greens in them.

HOW TO USE CALLIGRAPHY STONE:

You can use this stone to receive guidance from your guides and angels. It can also be a great stone to meditate with and gaze at to bring you into a meditative and relaxed state. Wonderful for writers to use while writing or artists to increase creativity. Also great for visualization and manifesting your dreams.



Carnelian



POWER & BENEFITS OF CARNELIAN:

Carnelian helps you to trust yourself and your perception of the world around you. It is good for helping you get to the bottom of an issue so you can find a solution that works for you. It helps to stimulate creativity and imagination. It is considered a stone of abundance, motivating for success in business and other matters.

SPIRITUAL & EMOTIONAL INFLUENCE:

Aids in the expression and processing of anger, fear, rage, sadness, jealousy, envy, loneliness, and confusion. It will also protect you from other people's projected anger and fear.

THE PHYSICAL CONNECTION:

Carnelian is thought to be excellent for aiding digestion. It is said to be good for the liver, spleen, kidneys, pancreas, and gallbladder. It is also thought to be beneficial for the lungs, spine, and thyroid. It is said to assist the body in absorbing vitamins and minerals, nourish the blood, and aid in circulation.

THE CHAKRAS CONNECTED TO CARNELIAN:

Root (Base) Chakra and Sacral Chakra.

ASTROLOGICAL SIGNS:

Cancer, Leo and Taurus

LOCATIONS FOUND & HISTORY:

Brazil, Japan, India, Madagascar, Poland, Iceland, Russia, Slovakia, Peru,

Romania, Uruguay, United Kingdom, Australia, the Czech Republic, France, Bavaria, Germany, England, and Sri Lanka. It's also in the United States in Connecticut, Florida, Tennessee, New Jersey, and Washington. The best stones are said to be found in India. The name carnelian is from the Latin word Carneus, which translates to fleshy which is because of the stone's flesh-like color.

Carnelian is a crystal that has a long history, going back over 4500 years ago, Sumerian and Egyptian artisans made jewelry with Carnelian. It was also highly valued by the Ancient Romans and Greeks as well. Napoleon found an octagonal Carnelian on a battlefield in Egypt. He wore it until he gave it to his nephew. People wore Carnelian rings to ward off feelings of hatred, jealousy, fear, and anger. It was also said to protect the dead once they passed on. In households, it was also used as a protective stone to protect the home from storms, and it was carried by people as protection too. G. F. Kunz, a geologist, and historian said that Carnelian is useful for those who fear public speaking and that it would bring courage.

RARITY, VALUE & VARIATIONS:

Carnelian is an inexpensive gemstone, and it's common in jewelry. It is a type of Quartz, which is one of the most abundant minerals in the world. It can also be called Cornelian. The red is due to the iron oxide so the deeper the red, the more iron oxide in the stone. Carnelian is a 6.5 on the Mohs hardness scale.

HOW TO USE CARNELIAN:

Place Carnelian near your home's front door to welcome in abundance and for protection. Use it for balance by placing it on your body wherever balance is needed or wear it in jewelry for continuous energy balancing benefits and security.



Cassiterite



POWER & BENEFITS OF CASSITERITE:

Cassiterite is good for optimism, vitality, and intellect and helpful for people who work with numbers. It brings protection from physical danger and helps with prejudice and rejection.

SPIRITUAL & EMOTIONAL INFLUENCE:

Cassiterite is good for grounding. It can guide the souls of those who have passed onto the eternal light and even after death, it is believed to aid in the process of reincarnation. It will help channel Divine Light into your physical body.

It is an excellent stone that supports people engaged in shamanic activities. An ideal stone for channelers, shamans, mediums, and people who are working with other worlds. Cassiterite helps to ease the pain and suffering associated with death. It inspires you to feel more hopeful and optimistic about your future. It helps with abundance, courage, hope, prosperity, and positivity.

THE PHYSICAL CONNECTION:

It is thought that Cassiterite helps with obesity, hormone imbalance, and weight loss. It is said to be beneficial in the treatment of eating disorders.

THE CHAKRAS CONNECTED TO CASSITERITE:

Base Chakra.

ASTROLOGICAL SIGNS:

Sagittarius.

LOCATIONS FOUND & HISTORY:

United Kingdom, Bolivia, Peru, Mexico, Russia, Czech Republic, Africa, Malaysia, Indonesia, Australia. Alternate name Tin Stone. It is tin oxide, and the name Cassiterite comes from the Greek word Kassiteros, which means tin.

RARITY, VALUE & VARIATIONS:

Found in short prismatic crystals and masses. It is abundant in its rough mineral form, but the transparent Cassiterite gemstone is quite rare. It is considered a collectors stone because of its rarity.

HOW TO USE CASSITERITE:

Cassiterite is considered a divinity stone. It is excellent for grounding and best used in deep meditation. It aids in the balance of the flow of chakra energies, especially the Root Chakra. Wear Cassiterite in jewelry; it is good to wear every day. Place a piece in your home or office for good energies.



Cavansite



POWER & BENEFITS OF CAVANSITE:

Cavansite brings optimism and inspiration to your life. A self-reflective stone redresses destructive behavior or thought patterns. It is beneficial for self-respect. It helps you think before you act and instills an appreciation of beauty.

SPIRITUAL & EMOTIONAL INFLUENCE:

Cavansite protects highly sensitive people from taking on too much of other people's emotions and problems. Great for tuning into your intuition and hearing what it has to say. It protects a healer or past life therapist during a healing session.

IT IS A FEEL-GOOD STONE THAT IS GOOD FOR NEW IDEAS.

The Physical Connection:

Cavansite is especially useful for the eyes so it can be used for vision issues as well as eye irritations and diseases. It's also helpful for the teeth and in maintaining healthy teeth. Also aids the blood and helps osteoporosis.

THE CHAKRAS CONNECTED TO CAVANSITE:

Third Eye (Brow) Chakra, Throat Chakra.

ASTROLOGICAL SIGNS:

Aquarius.

LOCATIONS FOUND & HISTORY:

Poona (India), Brazil, New Zealand, United States (Oregon). The name of the

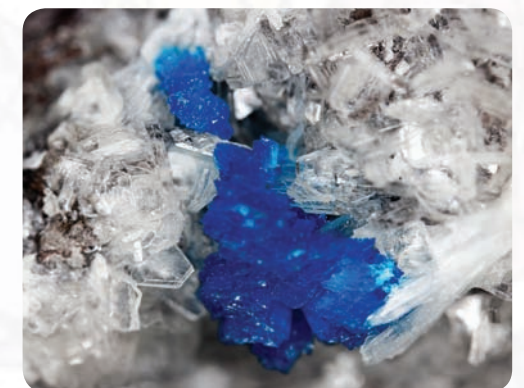
crystal comes from its chemical composition which includes calcium vanadium and silicate, and their chemical names together create Ca-V-Si. It wasn't officially recognized as a mineral until 1967, so it's relatively new to the crystal world.

RARITY, VALUE & VARIATIONS:

Cavansite is quite rare, so it's hard to find in large pieces. It is a sparkling and brilliant white crystal with flower-like bursts of bright blue all over the surface. They are known as orthorhombic crystals which create a system of lattice. This makes for a very uniquely shaped stone with a very crystalline appearance. You'll mainly find small fragments of Cavansite with small bursts of blue. Large pieces that are entirely blue are even rarer to find which makes them the most valuable. The color blue is exciting and remarkable too. It ranges from deep aqua blue to a bit of a greenish-blue. It has a Mohs hardness of 3-4.

HOW TO USE CAVANSITE:

Carry Cavansite with you or put it in a place of your home where you'll see it often. To connect with your intuition just hold the stone in your hand and breathe deeply. It protects your home or car. It is a toxic stone, use with care.



Celestite



POWER & BENEFITS OF CELESTITE:

Celestite is a crystal known for inviting angels into your space and fostering a connection with the higher realms. It holds gentle, uplifting energy that helps to relieve anxiety, sadness, and heavy moods. It is a creative stone especially useful for music and art.

SPIRITUAL & EMOTIONAL INFLUENCE:

Celestite is a stone with high vibration and is considered a teacher for the New Age. It inspires divine energies. It helps to jumpstart your spiritual development and guides you towards enlightenment. It stimulates clairvoyant communications, journeys out of the body, and dream recall. It heals the aura and reveals the truth and is a useful crystal for stimulating clairvoyant communication. It is a stone that will summon your guardian angel and contact with angelic realms.

Blue crystals are effective openers and healers of the Throat Chakra. A good stone for dreams and dream recall, relaxation, astral travel, meditation, and yin/yang balance. It helps with despair, nightmares, stress, and worries. Celestite is a stone that inspires creativity.

THE PHYSICAL CONNECTION:

It is an excellent balancing stone, helping to dissolve pain and bringing in love. It helps with physical pain, eye and ear disorders, and mental torment. It is an effective healer and opener of the Throat Chakra.

THE CHAKRAS CONNECTED TO CELESTITE:

Third Eye (Brow) Chakra.

ASTROLOGICAL SIGNS:

Gemini.

LOCATIONS FOUND & HISTORY:

Britain, Egypt, Libya, Mexico, Peru, Poland, Madagascar. Celestite is named from the Latin word Caelestis, which alludes to its celestial sky-blue color. Celestite has the same root as the word Celestial. Because of this, the crystal has a strong historical association with angels, divinity, and heaven.

RARITY, VALUE & VARIATIONS:

Blue, white, yellow, orange, red, and red-brown. Transparent, tabular orthorhombic crystals, geodes, nodules, and masses in medium to large clusters. Easily obtained but expensive to buy. It has a Mohs hardness of 5-5.5.

HOW TO USE CELESTITE:

Place the crystal as appropriate. It is good for meditation and scrying. A large Celestite crystal placed within a room helps to heighten the vibrations in the room. The color will fade if placed in direct sunlight. Place the crystal on the third eye to open a connection to the universal energies. Use as a focal point for meditation, prayer, or mindfulness.



Cerussite



POWER & BENEFITS OF CERUSSITE:

Cerussite is an excellent stone for grounding that assists in feeling comfortable in the environment. It is a crystal for change, decision making, and taking responsibility. It is a stone that brings creativity, wisdom, the ability to listen and be tactful in any situation. It is thought to balance the right and left brain hemisphere, excellent for the arts.

SPIRITUAL & EMOTIONAL INFLUENCE:

Cerussite may form a star-shaped or record keeper crystal, precious stones that attune to higher wisdom and karmic purpose. It is a stone used to explore past lives that were not on earth, helps to recognize people from past lives and the place that they hold in the present.

This crystal assists in letting go of the past and its effects. Cerussite is a pragmatic stone that helps with decision-making and stimulates growth. It helps to relieve anxiety and tension and shows you how to adapt to change that is necessary. It is an excellent crystal for anyone in the arts, as it encourages creativity.

THE PHYSICAL CONNECTION:

Cerussite is thought to help with Alzheimer's disease, insomnia, Parkinson's disease, and Tourette's Syndrome. It is believed to restore vitality after an illness. It is also thought to align the nervous system, treat involuntary movements, and help to strengthen the muscles and bones. It is said to help to overcome nightmares and insomnia.

THE CHAKRAS CONNECTED TO CERUSSITE:

Root (Base) Chakra.

ASTROLOGICAL SIGNS:

Virgo.

LOCATIONS FOUND & HISTORY:

Germany, Zambia, Colorado, New Mexico, California, Australia, Namibia.

RARITY, VALUE & VARIATIONS:

White, clear, grey, grey-black, and yellow. Lead ore that sometimes contains silver crystallizing as orthorhombic crystals in several forms to include single crystals, snowflakes, stars, or clusters. Can be obtained from specialist stores. It has a Mohs hardness of 3-3.5.

HOW TO USE CERUSSITE:

Use Cerussite during ceremonies and rituals. It helps with creativity, writing, relationships, and homesickness. Place or hold as appropriate for balancing. No elixir. Wash hands after contact.



Chalcedony



POWER & BENEFITS OF CHALCEDONY:

Chalcedony is considered a powerful cleanser, absorbing negative energy and dissipating it to prevent onward transmission. It removes self-doubt and facilitates constructive inward reflection, creating an open and enthusiastic persona.

SPIRITUAL & EMOTIONAL INFLUENCE:

Chalcedony promotes brotherhood and enhances group stability and can be used to assist telepathy.

It is a very calming stone that eases the emotions and mind. Balances mind, body, and soul causing a feeling of peace and relaxation. It helps ease bad dreams and nightmares.

THE PHYSICAL CONNECTION:

Chalcedony is thought to assist with recovery from drug or alcohol addiction or any other type of addiction. It is said to ease obsessive-compulsive disorder (OCD) and dementia. It is believed to increase mineral absorption and prevent minerals from building up in the body. It is also thought to aid in the health of the gallbladder and spleen. It is said to help the circulatory system and cleanses the blood.

THE CHAKRAS CONNECTED TO CHALCEDONY:

Root (Base) Chakra, Sacral Chakra, Solar Plexus Chakra, Heart Chakra, Throat Chakra, Third Eye (Brow) Chakra, Crown Chakra. Cleanses and aligns All Chakras.

ASTROLOGICAL SIGNS:

Sagittarius, Cancer.

LOCATIONS FOUND & HISTORY:

USA, Austria, Czech Republic, Slovakia, Iceland, England, Mexico, New Zealand, Turkey, Russia, Brazil, Morocco. Chalcedony is compact silica that is found mainly in sedimentary and volcanic environments. Named for the Greek city Chalcedon, in ancient times chalices carved from Chalcedony and lined with silver were believed to prevent poisoning.

Chalcedony has been used as early as the Bronze Age and was considered a treasured gem at that time. There have been Chalcedony seals, tools, and jewelry that date back to 1800 BC found in areas where Romans, Greeks, and Babylonians lived. Indigenous tribes also consider chalcedony to be sacred and it's used in special ceremonies. At one point in time, people used Chalcedony to make goblets that were lined with silver. This was supposed to prevent poisoning.

RARITY, VALUE & VARIATIONS:

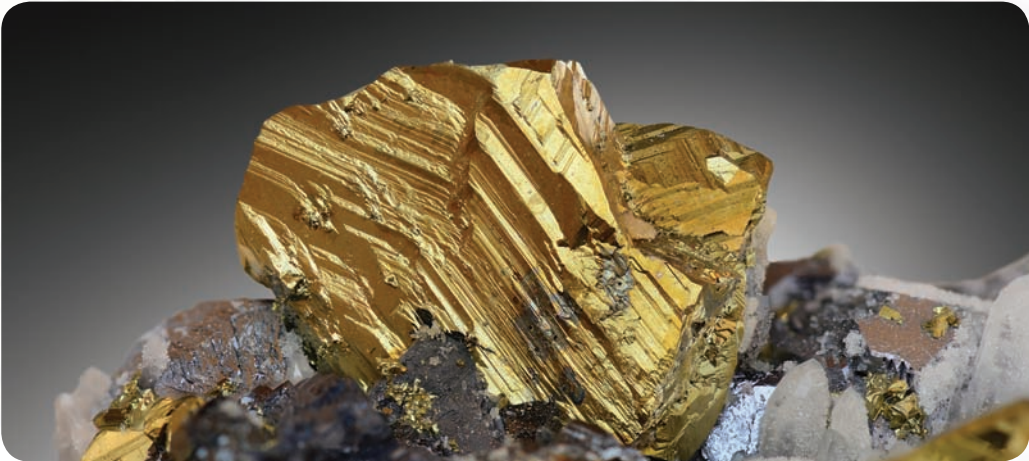
Gemstones that are specifically named Chalcedony are mainly translucent and one color. The rest is sold as its type of chalcedonies like red or pink Chalcedony or as Agate or Jasper. The highest quality Chalcedony would be translucent or pigmented in color. Chalcedony is a form of Quartz crystal found in abundance all around the world. Named after the ancient port of Chalcedon where people would mine and trade gemstones. There are various types of Chalcedony including Agates, Carnelian, Bloodstone, Jasper, Chrysoprase, Flint, Onyx, and Sardonyx. It has a Mohs hardness of 7.

HOW TO USE CHALCEDONY:

Wear in jewelry or place on the appropriate areas of the body that need balancing.



Chalcopyrite



POWER & BENEFITS OF CHALCOPYRITE (PEACOCK STONE):

Chalcopyrite is good for perception. It is helpful for martial arts as it improves the flow of Chi. It helps to develop and strengthen your inner vision. It gives you grounding and stabilizing energies that will help you to stay balanced even when things are happening in your life.

SPIRITUAL & EMOTIONAL INFLUENCE:

Chalcopyrite helps with all psychic abilities. It is good for connection to the universe and meditation. It removes energy blocks and balances color in energy.

Chalcopyrite fosters inner security, by showing you that abundance is a state of mind. It helps to enhance your inner knowing and helps you trust what you see psychically.

THE PHYSICAL CONNECTION:

It is thought that Chalcopyrite is good for the lungs and genetic material. It is said to help with bronchitis, brain tumors, fever, inflammation, and the side effects of chemotherapy. It is thought to aid in detox and promoting hair growth.

THE CHAKRAS CONNECTED TO CHALCOPYRITE (PEACOCK STONE):

Crown Chakra.

ASTROLOGICAL SIGNS:

Capricorn.

LOCATIONS FOUND & HISTORY:

Brazil, Mexico. Chalcopyrite gets its name from the Greek words of Khalkosor

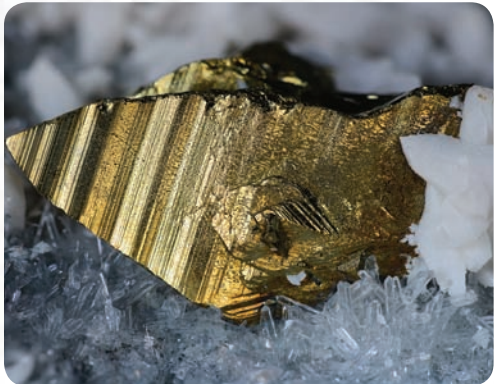
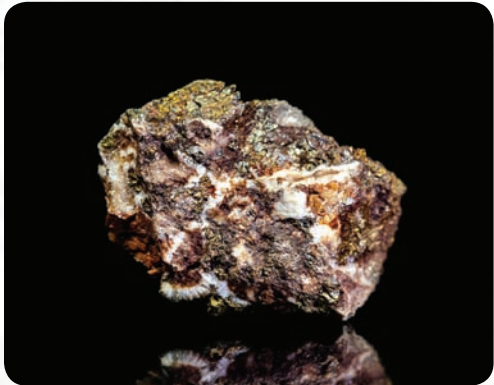
Chalkos, which means copper and pyrite, and also strike fire.

RARITY, VALUE & VARIATIONS:

Chalcopyrite is also known as Peacock stone because of its vibrant colors that look similar to the colors of a peacock's feathers. Colors include blue, gold, green, and purple, usually bright iridescent. The color is produced by natural oxidation on the surface. Occurs as octahedral crystals, masses, and tetrahedral crystals with sphenoid faces. Scratching the crystal may remove the bright colors to expose gray rock. The colors come from the oxidation of copper and iron in the crystal.

HOW TO USE CHALCOPYRITE (PEACOCK STONE):

Chalcopyrite is considered the Stone of the Mystic because of its ability to open your crown chakra and your channels for the flow of information. It is a good crystal to use for acupuncture, acupressure, Tai Chi, and other practices that involve the movement of Chi because it helps move Chi and dissolve energy blockages. Use meditation to help you achieve the state of no mind. It also has the unique ability to help you find lost or missing objects.



Charoite



POWER & BENEFITS OF CHAROITE:

Charoite facilitates living in the moment. It teaches you to accept the present moment as perfect. It assists in walking in your destiny, revealing the life plan your soul is working to. It is beneficial for unconditional love, drive, spontaneity, stress, worry, emotional turmoil, and transforming negative energy.

SPIRITUAL & EMOTIONAL INFLUENCE:

Charoite is a wonderful stone for developing your intuition and gaining awareness. It is good for meditation and clairvoyance. It grounds the spiritual Self into everyday reality, it urges service to humanity. It is beneficial for auric cleansing.

It assists in breaking old patterns. It is helpful for deep transformations and relinquishing fear and other blocks that stand in your path. It helps you accept yourself and others. It brings you relaxation and an easy-going approach to life. It allows you to make your own decisions in life without the input of others or caring what others may think.

THE PHYSICAL CONNECTION:

Charoite is thought to bring you energy when you're feeling exhausted. It is said to regulate blood pressure, improve the liver and the heart. This stone is also thought to be beneficial to the eyes and any eye diseases. It is believed to be good for general aches and pains as well as detoxing the system.

THE CHAKRAS CONNECTED TO CHAROITE:

Heart Chakra, Crown Chakra.

ASTROLOGICAL SIGNS:

Sagittarius, Scorpio.

LOCATIONS FOUND & HISTORY:

Russia. Charoite was first found in Russia in the Murun mountains in Yakutia in 1978 which is the only location this mineral is available. Its name comes from the Charo River where it was found.

RARITY, VALUE & VARIATIONS:

Russia. Very rare. A unique-looking stone that is often mistaken to be synthetic. This violet crystal is often found with Quartz and manganese inclusions. The colors and patterns of the stone also vary. They can be lavender, lilac, violet, and deep purple and the patterns are swirling white, transparent, black, or orange depending on the other minerals present in the stone. Black colorations are Augite, transparent ones are Microcline Feldspar, and the orange ones would be Tinaksite. Charoite is very commonly seen in jewelry and as decorative pieces. It's has a Mohs hardness of 5. It is a very affordable gemstone even the highest quality pieces will only cost a few dollars per carat.

HOW TO USE CHAROITE:

Place Charoite on your Third Eye (Brow) Chakra to increase and work with your intuition. Use your Crown Chakra to bring in divine wisdom and to help in decision-making. Put on your Heart Chakra to balance emotions and bring in more love. You can also make an elixir with Charoite to stabilize emotions.



Chevron Amethyst



POWER & BENEFITS OF CHEVRON AMETHYST (DREAM AMETHYST):

Chevron Amethyst is a crystal that is good for general protection and enhances problem-solving. It is thought to be good for emotional, mental, and spiritual pain relief.

SPIRITUAL & EMOTIONAL INFLUENCE:

Chevron Amethyst is good for all psychic abilities. It cleanses the aura and aids in auric diagnosis. This crystal will also amplify the energies required for manifestation. It strengthens psychic abilities, visualization skills, intuitive guidance, and dream recall. It enhances spiritual healing.

Chevron Amethyst relieves tension. This stone has powerfully focused energy that helps to dissipate and repel negativity. It promotes self-growth and development, inspiring you to move towards spiritual growth and achieve your higher potential.

THE PHYSICAL CONNECTION:

Chevron Amethyst is said to have a strong energy field, that is believed to bring harmony to the organs of the body and stimulate the immune system. It is thought to help in detoxing. This stone is also thought to be good for the energy of the eyes, intestines, liver, lungs, immune system, pancreas, and thymus. It is also believed to be good for headaches, infectious diseases.

THE CHAKRAS CONNECTED TO CHEVRON AMETHYST (DREAM AMETHYST):

Crown Chakra, Third Eye (Brow) Chakra. Chevron Amethyst is one of the Third Eye stimulators that enhances inner, intuitive vision, spiritual work, outer physical

vision, and shamanic journeying.

ASTROLOGICAL SIGNS:

Aries, Taurus, Gemini, Cancer, Leo, Virgo, Libra, Scorpio, Sagittarius, Capricorn, Aquarius, and Pisces.

LOCATIONS FOUND & HISTORY:

Bolivia, India, Russia, and Zambia.

RARITY, VALUE & VARIATIONS:

Crystals and masses of lavender purple with white banding in a chevron pattern. May also include yellow, orange, and rusty red.

HOW TO USE CHEVRON AMETHYST (DREAM AMETHYST):

Chevron Amethyst is a good stone for creative spaces. Place a piece of Chevron Amethyst in your workspace to help enhance creativity if you love to draw, create, paint, or write. Hold or place Chevron Amethyst on the body as appropriate.



Chiastolite



POWER & BENEFITS OF CHIASTOLITE (ANDALUSITE):

Chiastolite is good for devotion, change, problem-solving, creativity, and practicality. It helps you to be strong in difficult situations. Traditionally a sign of the Cross. It transmutes dissension and conflict into harmony. It dispels negative thoughts and feelings, and releases outworn patterns. It maintains spirituality during illness or trauma, invoking protective forces.

SPIRITUAL & EMOTIONAL INFLUENCE:

Chiastolite aids in problem-solving and practicality but is also good for creative thinking. It helps in understanding death and the cycle of life. Clears feelings of guilt and shame. Beneficial for times of change and transformation.

It is a very protective and balancing stone that grounds spiritual energy. It is good for rebirth and astral travel.

THE PHYSICAL CONNECTION:

Chiastolite is thought to relieve fever, gout, and rheumatism. It is said to stimulate lactation in mothers and aids in working with those with chromosome damage.

THE CHAKRAS CONNECTED TO CHIASTOLITE (ANDALUSITE):

Sacral Chakra and the Heart Chakra.

ASTROLOGICAL SIGNS:

Libra.

LOCATIONS FOUND & HISTORY:

Found in Chile, Russia, China, and Spain. First described in 1754 by a Spanish author and paleontologist José Torrubia and was published in his book. It has been used throughout the years as a protective talisman to ward off evil and ill wishes. It was used to ward off curses in ancient times.

RARITY, VALUE & VARIATIONS:

Chiastolite is a variety of Andalusite that forms crystals with a cross on them. It is usually found in metamorphic rocks, where Ruby, Sapphire, and Kyanite also form. Occasionally it can also form in igneous rocks mainly in Granite. The cross in the center of these stones is formed by graphite which gives it that deep greyish black color.

These stones are usually sold natural, enhanced by tumbling, cutting, and polishing. They are always cut in a cross-section to show the cross. Chiastolite is fairly affordable and can be found not only as tumbled stones but also in jewelry.

HOW TO USE CHIASTOLITE (ANDALUSITE):

Use this stone when adapting to change or when you're looking into making a change. It can also be used when clearing out emotions that no longer serve you. Hold Chiastolite or keep it close to you when you need protection.



Chlorite



POWER & BENEFITS OF CHLORITE:

Chlorite is a stone of protection. It is beneficial for the environmental or personal energy field. It helps in finding answers. It is also great for bringing in more positivity and releasing negativity.

SPIRITUAL & EMOTIONAL INFLUENCE:

Chlorite when combined with Amethyst is useful for removing energy implants and for warding off psychic attacks.

IT HELPS EXPRESS AND RELEASE ANGER AND RESENTMENTS.

The Physical Connection:

Chlorite is thought to be excellent for the absorption of calcium, vitamin E and vitamin A, Magnesium, and Iron. It is said to help the liver and detox. It is believed to assist in the production of good bacteria and help with allergies. It is also thought to provide relief from bloating, gas, and pain.

THE CHAKRAS CONNECTED TO CHLORITE:

Heart Chakra.

ASTROLOGICAL SIGNS:

Sagittarius.

LOCATIONS FOUND & HISTORY:

Brazil, Germany, the United States, and Russia. Chlorite minerals are found in rocky areas where there is heat, pressure, and chemical activity present within a

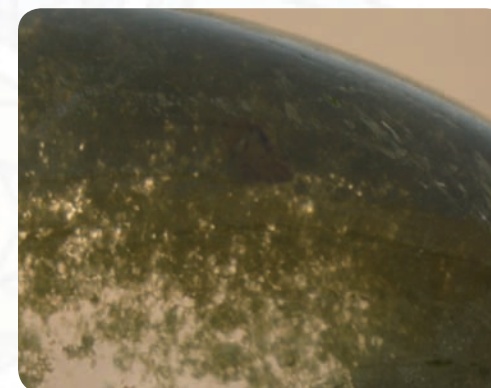
couple of miles from the Earth's surface. It can be found on or within many rocks and crystals.

RARITY, VALUE & VARIATIONS:

Chlorite is very common either found on its own or covering other minerals or included inside crystals like Clear Quartz. It is the name for a group of sheet silicate minerals that are mostly green including Clinocllore which is also known as Serpentine. They are also found as floating phantoms in Clear Quartz Crystals or growing on rocks and crystals as seen in the photo here. It rates at a hardness of 2 to 2.5 on the Mohs hardness scale making it very fragile. It has a Mohs hardness of 1-4.

HOW TO USE CHLORITE:

Chlorite can be used to ward off emotional or psychic attacks and to protect you from harm. Use in crystal grids or place on your body wherever needed. Use with Amethyst for attacks, and use with Ruby or Carnelian to ward off spirits. Use in meditation.



Chrysanthemum



POWER & BENEFITS OF CHRYSANTHEMUM STONE:

Chrysanthemum Stone awakens your true purpose in life. It radiates harmony, integrates change, and shows how the past and present work together. It helps you to seize the moment. It is good for change or starting on a new path, such as a new career, job, or relationship.

SPIRITUAL & EMOTIONAL INFLUENCE:

Chrysanthemum Stone brings balance to your physical and spiritual self and helps to keep you in the present. Chrysanthemum Stone promotes dreams, goals, and ideals, and keeps you grounded while you chase your goals and follow your dreams. It helps you to seize opportunities that arise.

THE PHYSICAL CONNECTION:

It is thought that Chrysanthemum Stone is good for the female reproductive system, cystitis, fertility, and fibroids. It is said to help women with the negative effects of the menstrual cycle. It is also thought to be an effective fertility stone for women and a great gift for childbirth and pregnancy.

THE CHAKRAS CONNECTED TO CHRYSANTHEMUM STONE:

Base Chakra, and Crown Chakra

ASTROLOGICAL SIGNS:

Aquarius, Taurus

LOCATIONS FOUND & HISTORY:

China, Canada, Japan, and the USA.

RARITY, VALUE & VARIATIONS:

Chrysanthemum Stone is a black stone of dolomite, gypsum bearing clay, limestone, or porphyry with calcite or celestite growing in unique patterns that chrysanthemum flowers.

HOW TO USE CHRYSANTHEMUM STONE:

Use Chrysanthemum Stone for meditation to help you find the answers to some of life's problems when you are feeling stuck. For meditation, it will help allow your mind to stay still and drift. Place a Chrysanthemum Stone under your pillow while you sleep and allow its vibrations to benefit you. Put it in your pocket and carry it with you all day. After doing this for a few days, you will realize that you always wake up feeling happy and joyful. Wear it to encourage abundance and manifestation, as well as good luck, joy, and increased synchronicities. It will help you live your dreams to the fullest and achieve your full potential.



Chrysoberyl



POWER & BENEFITS OF CHRYSOBERYL:

Chrysoberyl is a stone of new beginnings, bringing compassion, confidence, forgiveness, and generosity. This crystal helps you to see both sides of an argument, the best in any situation. It helps you to break repetitive cycles.

SPIRITUAL & EMOTIONAL INFLUENCE:

Chrysoberyl helps with personal spirituality. It helps with coming to terms and understanding illness. A crystal that encourages forgiveness, kindness to self, clearer thinking, self-confidence, and peace of mind. It is a good stone for creativity. Chrysoberyl is associated with self-control and discipline, promoting concentration and the ability to learn. It is thought to help the wearer strive for excellence.

THE PHYSICAL CONNECTION:

Chrysoberyl is thought to be good for the kidneys, liver, and pancreas. It is believed to help with cholesterol problems and with infections. It is thought to balance adrenaline and cholesterol, fortifies the chest and liver, and supports overall wellbeing.

THE CHAKRAS CONNECTED TO CHRYSOBERYL :

Sacral Chakra. It aligns the Solar Plexus and the Crown Chakras. It opens the Crown Chakra which increases both spiritual and personal power.

ASTROLOGICAL SIGNS:

Leo

LOCATIONS FOUND & HISTORY:

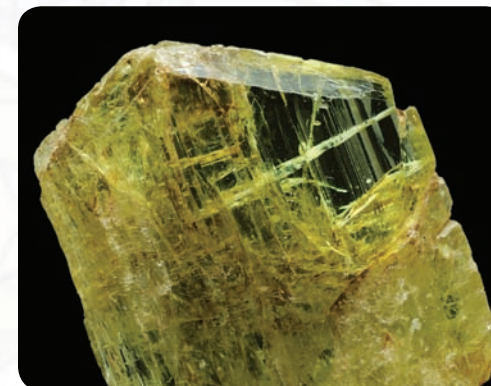
Australia, Brazil, Canada, Ghana, Myanmar, Norway, Pakistan, Russia, United States, and Zimbabwe. Chrysoberyl was discovered in 1789 and described and named by German geologist, Abraham Gottlob Werner. Chrysoberyl was once a popular gemstone used for jewelry during the Edwardian and Victorian times, but as the stone became scarcer its popularity declined.

RARITY, VALUE & VARIATIONS:

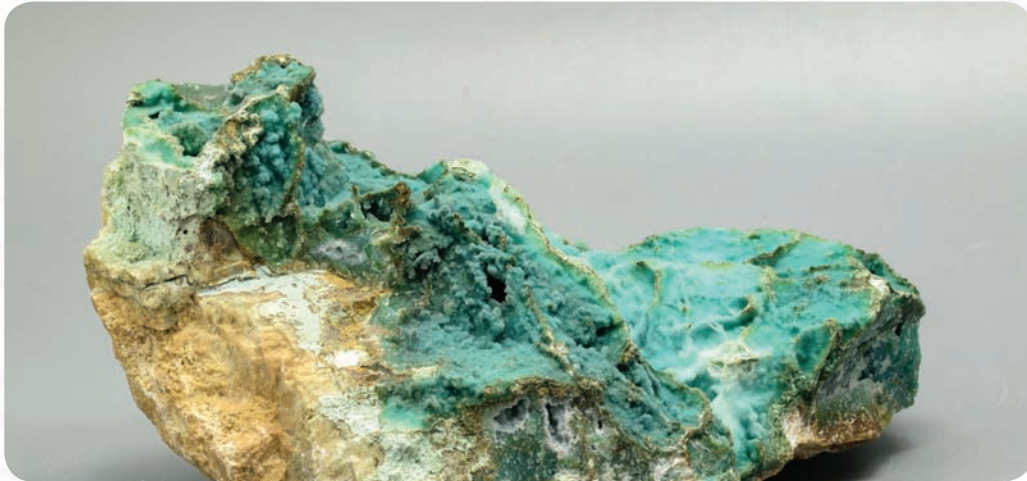
Chrysoberyl is tabular, hexagonal transparent yellow crystals. The green variety of Chrysoberyl is called Alexandrite and looks red in artificial light. Chrysoberyl is a really hard gem, with a rating of 8.5 on the Mohs scale.

HOW TO USE ANHYDRITE:

When used with other crystals, it highlights the cause of disease. When used for jewelry, fine faceted Chrysoberyl is considered to be a good alternative to the more expensive yellow Sapphire.



Chrysocolla



POWER & BENEFITS OF CHRYSOCOLLA:

Chrysocolla is a soothing, peaceful crystal that brings comfort in times of change, stress, and transition. It helps to promote clear communication and self-expression and increases your capacity to love. It is a useful stone for creativity.

SPIRITUAL & EMOTIONAL INFLUENCE:

Chrysocolla is an excellent auric cleanser and powerful energy conduit, useful for meditation and communication.

It is good for guilt, phobia, stress, and tension. It helps to heal the planet by rebalancing the natural energy of the Earth. It heals heartache and increases the capacity to love. It improves communication and helps you to know when to keep silent. It draws away negative energies of all kinds.

THE PHYSICAL CONNECTION:

Chrysocolla is thought to be good for digestion and metabolism, the thyroid, joints, hips, muscles, and lungs. It is said to help treat arthritis, muscle spasms, bone disease, ulcers, blood disorders, and lung problems such as asthma, bronchitis, and emphysema. It is a crystal that is believed to help detoxify the liver, intestines, and kidneys. It is also thought to strengthen the muscles and alleviates muscle cramps. It is said to be an excellent stone for women helping to relieve menstrual cramps and premenstrual syndrome (PMS).

THE CHAKRAS CONNECTED TO CHRYSOCOLLA:

Heart Chakra. It calms, cleanses, and re-energizes All Chakras, and aligns with the divine.

ASTROLOGICAL SIGNS:

Taurus, Gemini, Virgo.

LOCATIONS FOUND & HISTORY:

Britain, Chile, Mexico, Peru, Russia, United Kingdom, USA, Zaire. The name Chrysocolla comes from the Ancient Greek word Chrysos, meaning gold, and Kolla meaning glue. This is an ancient reference to the name of a material used to solder gold in 300 BC.

RARITY, VALUE & VARIATIONS:

Blue, green, turquoise. Chrysocolla occurs in layers, botryoidal structures, masses, and druses. Opaque, often with bands or inclusions in all sizes. Common. It has a Mohs hardness of 2-4.

HOW TO USE CHRYSOCOLLA:

Place the crystal as appropriate on the skin or Third Eye (Brow) Chakra. Placed in the home to help draw off negative energies of all kinds, and maintain happiness in the home.



Chrysoprase



POWER & BENEFITS OF CHRYSOPRASE:

Chrysoprase is a crystal that encourages happiness, joy, and optimism, activating and opening your heart chakra. It reminds you to allow yourself to receive with an open heart. It is considered the feel better stone. It is beneficial for yin/yang balance, self-acceptance, balance, and acceptance of others.

SPIRITUAL & EMOTIONAL INFLUENCE:

Chrysoprase imparts a sense of being a part of the divine whole. It is good for general wellbeing, helping you to see through the mental fog. Also good for dexterity. It helps with anxiety, depression, guilt, promotes truth-telling, broken heart, fear, neurotic patterns, inferiority, and judgmental attitudes. It is excellent for peaceful sleep and relaxation. It is said to heal your inner child.

THE PHYSICAL CONNECTION:

Chrysoprase is thought to have a strong detoxifying action. It is said to help to mobilize heavy metals out of the body and stimulate liver function. It is believed to be good for fertility and the heart and spleen. It is also thought to help scurvy and schizophrenia.

THE CHAKRAS CONNECTED TO CHRYSOPRASE:

Heart Chakra and Sacral Chakra. At the Third Eye (Brow) Chakra, the stone opens psychic vision. It resonates with the Sacral Chakra and Heart Chakras, bringing universal energy into the physical body.

ASTROLOGICAL SIGNS:

Libra.

LOCATIONS FOUND & HISTORY:

Australia, Brazil, Poland, Russia, Tanzania, and United States. Chrysoprase used to be referred to as the stone of Venus. It was often used by the Greeks, Egyptians, and Romans to make jewelry, seals, signets, and other ornamental objects because of its beautiful, vivid green color. It is also said to have been the favorite gemstone of Alexander the Great.

RARITY, VALUE & VARIATIONS:

Apple green or lemon yellow variety of chalcedony. Opaque, flecked, and often small. Common stone. It has a Mohs hardness of 7.

HOW TO USE CHRYSOPRASE:

Wear or place Chrysoprase as appropriate for what you need. In acute cases, use it as an elixir. Carry the stone for long periods to help attune it to the devic realm.



Chrysotile



POWER & BENEFITS OF CHRYSOTILE SERPENTINE:

Chrysotile Serpentine is a crystal that helps you learn from the past. It is considered the stone of life and holds the energies that help you connect with past lives and the history all around them. It carries great strength and power.

SPIRITUAL & EMOTIONAL INFLUENCE:

It helps you to let go of unhelpful behavior patterns from past lives. It connects to the Reiki energy.

Chrysotile Serpentine helps you to let go of old, unhelpful behavior patterns from childhood or past lives. It releases past hurts. It is used for protecting your well-being, calms your spirit, and preserves your beliefs.

THE PHYSICAL CONNECTION:

Chrysotile Serpentine is thought to be good for eyesight and blood vessels.

THE CHAKRAS CONNECTED TO CHRYSOTILE SERPENTINE:

Crown Chakra, and Heart Chakra

ASTROLOGICAL SIGNS:

Gemini.

LOCATIONS FOUND & HISTORY:

Canada, Poland. Commonly known as green zebra jasper (it is not Jasper and dragons scale stone. It is one of the most historically used crystals for detecting evil and protecting against both bad luck and intentional malicious behavior.

RARITY, VALUE & VARIATIONS:

This stone has green and white bands of serpentine and chrysotile.

HOW TO USE CHRYSOTILE SERPENTINE:

Chrysotile Serpentine is an outstanding meditation aid. It will help you calm your spirit and ease your passage through the hectic days ahead. Do not use for elixirs. Make sure to wash hands after handling and do not lick, smell or sniff. Do not ingest. Wear it as a necklace for good luck. Meditate with a piece of the stone or jewelry with a specific goal in mind, then every time you put that piece of jewelry on, you will find yourself being focused on that goal and inspired to take the next steps towards achieving it. Use a stone in your office or home to help promote positive feelings.



Citrine



POWER & BENEFITS OF CITRINE :

Citrine with its golden hue instantly elicits happiness and joy. It's like a ray of welcome sunshine bringing warmth, vitality, and positivity to whoever sees or holds it. It gets this yellow color from the heat of volcanos, and it's also known to bring prosperity.

SPIRITUAL & EMOTIONAL INFLUENCE:

Citrine is wonderful for self-esteem and confidence, it helps you in protecting yourself from things that aren't in your best interest. It also helps you in standing up for yourself and what you believe in while giving you the boost you need to speak your truth. Since it's a very energizing stone, it also helps you get motivated and enhances creativity and problem-solving. It promotes joy and helps to release fear or anger allowing more positivity to enter into your life. It will also help you in getting in touch with your emotions so that you can healthily express them.

THE PHYSICAL CONNECTION:

Citrine is thought to be a very energizing stone, helping to bring energy and vitality to all areas. It is thought to aid in digestion and help the spleen and pancreas. It is considered an excellent stone for getting things moving through your digestive system to relieve constipation or to detox your body. It is also thought to help with kidney and bladder infections as well. It is said to activate the thymus and helps to balance the thyroid and hormones. It is also thought to increase circulation and detoxify the blood, calm, and soothe the nervous system and endocrine system.

THE CHAKRAS CONNECTED TO CITRINE:

Root (Base) Chakra, Sacral Chakra, Solar Plexus Chakra, Heart Chakra, Throat Chakra, Third Eye (Brow) Chakra, and Crown Chakra. Cleanses and reenergizes All Chakras.

ASTROLOGICAL SIGNS:

Gemini, Libra, Aries, and Leo.

LOCATIONS FOUND & HISTORY:

Brazil, Russia, France, Madagascar, UK, USA (may be heat-treated Amethyst). Natural Citrine can be found in the Ural Mountains of Russia, as well as in the United States, Britain, France, and Madagascar. Citrine has been used in jewelry and as decoration for thousands of years. For example, in Greece during 300 BC and 150 BC, it was used ornamentally, and in Scotland during the 17th century, it was used to adorn their swords. It was called Yellow Quartz until 1556 when it got its name, Citrine because of its yellow hue which is much like citrus fruits lemons, and oranges. It became very popular during World War I and World War II when many women including famous movie stars like Greta Garbo would wear jewelry with Citrine jewels in an Art Deco style.



RARITY, VALUE & VARIATIONS:

The clear, darker-colored Citrine with an amber color are some of the most valuable types of Citrine and the rarest. Citrine a hard gemstone and is rated a 7 out of 10 on the Mohs scale. Natural citrine is very rare, but a lot of the citrine that is found for sale is heated amethyst since the properties of amethyst and citrine are so similar. The main difference between citrine and amethyst is the oxidation state of iron impurities. You can tell if you're looking at a heat-treated amethyst by the reddish color it will have.

HOW TO USE CITRINE:

Bring Citrine into your life when you feel like you need more joy and positivity. You can wear or carry the crystal to keep the good vibes flowing. Place a piece of Citrine in the wealth corner of your home which is the far left corner of your home when you're facing the front door. Or you can place some Citrine in your wallet or purse.

Clear Fluorite



POWER & BENEFITS OF CLEAR FLUORITE:

Clear Fluorite is said to be a stone of mental clarity and inspiration.

SPIRITUAL & EMOTIONAL INFLUENCE:

Clear Fluorite stimulates intuition and clear thinking. It links the emotional and spiritual with the physical. It energizes the aura and harmonizes the intellect with the spirit.

This stone also harmonizes emotions and helps you feel relaxed and at ease.

THE PHYSICAL CONNECTION:

It is thought that Clear Fluorite will enhance the energy of other crystals when used for energy balancing. It is said to be a stone that's good for the eyes and eye issues and diseases.

THE CHAKRAS CONNECTED TO CLEAR FLUORITE:

All Chakras, especially the Crown Chakra. It aligns all the Chakras, bringing universal energy into the physical body. It stimulates the Crown Chakra.

ASTROLOGICAL SIGNS:

Capricorn, and Pisces.

LOCATIONS FOUND & HISTORY:

China and the United Kingdom. Fluorite crystals were some of the first crystals that were examined for their fluorescence which is how the phenomenon got its name.

RARITY, VALUE & VARIATIONS:

Clear Fluorite is transparent to translucent with a vitreous luster and usually comes in isometric cubes or clusters. It's often associated with Barite, Quartz, and Calcite and it can be found within Marble, Granite, Dolostone, and Limestone. It can also be worked into jewelry.

HOW TO USE CLEAR FLUORITE:

Have this stone with you to bring in clear thinking or to clear your mind. Helpful to use in meditation or even in brainstorming ideas. Keep a piece by your computer or electronics to diffuse some of the electromagnetic interference they can cause. It enhances the effect of other crystals.



Clear Quartz



POWER & BENEFITS OF CLEAR QUARTZ:

Clear Quartz is considered a master healer for any condition. It has many incredible balancing properties. It's an excellent crystal for positivity and clearing out any negativity or stagnant energy. If you have trouble with negative belief patterns, it purifies these thoughts to bring in positive self-talk. It is excellent for mental and emotional clarity and focus.

SPIRITUAL & EMOTIONAL INFLUENCE:

Clear Quartz works on multidimensional levels of being. It is a deep soul cleanser and connects the physical dimension with the mind. It enhances metaphysical abilities and attunes to spiritual purpose. It is thought to indicate, and treat, areas of blockage or weakness in the physical body or the aura.

THE PHYSICAL CONNECTION:

Clear Quartz is considered an extremely powerful healing and energy amplifier. It is said to invigorate and energize the mind and body making you feel good in all regards. It is said to help ear infections, hearing, tinnitus, balance, the spine, and nervous system, and Multiple Sclerosis. It is also thought to help with blood sugar levels, diabetes, anemia, pain, or discomfort anywhere in the body.

THE CHAKRAS CONNECTED TO CLEAR QUARTZ:

Root (Base) Chakra, Sacral Chakra, Solar Plexus Chakra, Heart Chakra, Throat Chakra, Third Eye (Brow) Chakra, Crown Chakra. Harmonizes All Chakras.

ASTROLOGICAL SIGNS:

Aries, Taurus, Gemini, Cancer, Leo, Virgo, Libra, Scorpio, Sagittarius, Capricorn, Aquarius, and Pisces.

LOCATIONS FOUND & HISTORY:

Worldwide. Especially United States, Brazil, China, South Africa, Tibet, Russia, and Madagascar. It's made in the Earth's crust, and it's been found that about 12% of the crust is made up of Clear Quartz. Throughout history, Clear Quartz has been considered sacred and powerful. Tribes in Australia and South America both talk about Quartz crystal in their creation stories. There are also legends of Atlantis and Lemuria who used quartz for solar energy refraction.

Some have used Clear Quartz for magical purposes in the form of scrying into crystal balls which dates back to the Greek and Roman periods. In ancient Rome, the wealthy would carry crystal balls during hot weather because they believed the stones had cooling properties. The Japanese have always called Clear Quartz Tama meaning perfect jewel, and it's also noted in Hindu legends for its purifying qualities. Tribes in North America have revered it as a powerful sacred stone and treated it with great respect as one of their talismans. First Nations call it the brain cells of Grandmother Earth.



The Maya people in Central America carved 13 skulls out of clear quartz, and they are hidden in different places to be found in the future. Nearly every culture used Quartz for medicinal energy. It has also been used to make cups, vases, and home decor, as well as lighting sacred fires with the sunlight. People also used it to make eyeglasses and even window panes.

RARITY, VALUE & VARIATIONS:

Clear Quartz is made up of silicon and oxygen also known as silicon dioxide. The clearer the stone is, the more valuable it is too. It is also known as Clear Quartz, Quartz Crystal, Rock Crystal. If it's milky in color, it tends to decrease in value. So a small clear quartz crystal that is clear could be worth more than opaque or milky quartz of a larger size.

When most people are talking about crystals, they are talking about Clear Quartz since it's one of the most abundant types of crystal in the world. It also has electrical properties and heat resistance which is why it's used in many electronic products and why it's also synthetically reproduced in labs. It has a Mohs hardness of 7.

HOW TO USE CLEAR QUARTZ:

Use Clear Quartz to purify, cleanse and amplify the energy of other crystals. Place Clear Quartz in each room to help balance and purify the energy of your home, release negative energy and bring in positive energy. Hold it in your hand during meditation or wear jewelry as protection. It generates electromagnetism and dispels static electricity.

You can program Clear Quartz crystals with different intentions by holding the crystal in your hands and saying an affirmation or a word that symbolizes that intention. Place Clear Quartz crystals out under the moonlight of the full moon to cleanse and charge with positive energy.

Cleavelandite



CLEAVELANDITE MEANING AND SPIRITUAL PROPERTIES

Power & Benefits of Cleavelandite:

Cleavelandite helps you fulfill your goals by creating a laser-sharp focus. It is good for relationships. It offers protection for travellers.

SPIRITUAL & EMOTIONAL INFLUENCE:

It creates focus to fulfill dreams and goals. It can also help to uncover your gifts and talents. It helps in focusing on the positive and coming out of challenging situations.

Cleavelandite is useful in balancing emotional wounds, abandonment, betrayal, and rejection. It helps you accept others for who they are and to see the truth. It is a good relationship stone.

THE PHYSICAL CONNECTION:

It is thought that Cleavelandite is good for blood vessels in the brain. It is said to help arteriosclerosis, strokes, heart disease, allergies, degenerative joint disease, skin conditions, disorders of cell membranes, and ulcerative colitis. It is also thought to help asthma.

THE CHAKRAS CONNECTED TO CLEAVELANDITE:

Crown Chakra.

ASTROLOGICAL SIGNS:

Libra.

LOCATIONS FOUND & HISTORY:

This stone can be found in the United States, Canada, Brazil, Madagascar, and Russia. Cleavelandite was named in 1823 by Henry J. Brooke in honor of Parker Cleaveland who was a professor of geology and mineralogy at Bowdoin College in Maine from 1805-1858. Cleaveland wrote the first mineralogy textbook in 1816. Cleavelandite was also described in 1817 by Johann Friedrich Ludwig Hausmann under the name Kieselspath.

RARITY, VALUE & VARIATIONS:

Cleavelandite minerals are usually white with a vitreous luster in reflected light and with perfect cleavage in one direction. The hardness is usually 6 to 6.5 on the Mohs scale. It can often be found to be infused with mica, lepidolite, and tourmaline. It's usually used as a crystal specimen and not much in jewelry.

HOW TO USE CLEAVELANDITE:

Use when traveling or moving for safe passage. Hold when communicating and relating to others. Keep with you when you need stress relief.



Clinochlore



POWER & BENEFITS OF CLINOCHLORE:

Clinochlore also called Seraphinite is a stone that is good for nurturing and relationships. It is good for connection with angels and guardians and spiritual love.

SPIRITUAL & EMOTIONAL INFLUENCE:

Clinochlore is a stone of spiritual enlightenment and is excellent for self-balance. It helps to make angelic connections for opening the crown and the higher crown chakras. The feathery wings of Clinochlore bring you to high spiritual vibration and are excellent for helping to make journeys out of the body, and protecting the physical body while you are gone.

Clinochlore assists with reviewing the progress of life and identifying the changes that are needed to put you on the path to fulfillment and peace.

THE PHYSICAL CONNECTION:

Clinochlore is thought to stabilize critical conditions. It is said to be useful for promoting weight loss and overcoming chills. It is also thought to activate the spinal cord and link to the etheric body, especially behind the heart, and can help release muscle tension up to the neck.

THE CHAKRAS CONNECTED TO CLINOCHLORE:

Root (Base) Chakra, and Heart Chakra. Clinochlore promotes living from the heart and has a gentle cleansing effect on the Heart Chakra, which opens to love.

ASTROLOGICAL SIGNS:

Taurus.

LOCATIONS FOUND & HISTORY:

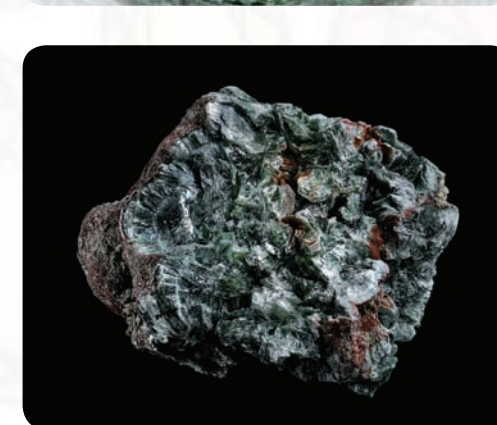
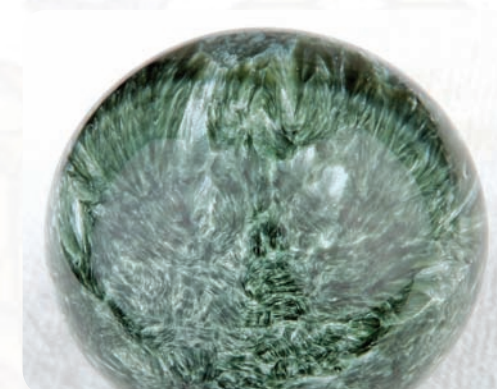
Siberia, Russia. Clinochlore was named in 1851 by William Phipps Blake from the Greek word Klinein which means to incline, in allusion to the inclined optic axes and the Greek Chloros, for green, its typical color.

RARITY, VALUE & VARIATIONS:

Clinochlore is a chlorite mineral that forms green/white, colorless, and yellow masses and occasionally, crystals. Green, silvery feathers within the darker stone, often small and polished. Available in specialist stores.

HOW TO USE CLINOCHLORE:

Place on the third eye for meditation. Place Clinochlore on the third eye or heart, under the pillow, or wear around the neck.



Cobaltoan



POWER & BENEFITS OF COBALTOAN:

Cobaltoan Calcite also called Cobaltocalcite is a crystal that symbolizes unconditional love and forgiveness. It can help in releasing buried emotions. It is good for self discovery, and motivation. It is an uplifting stone and encourages positive thinking and letting go of the negative feelings that you may be holding.

SPIRITUAL & EMOTIONAL INFLUENCE:

Cobaltoan Calcite encourages positivity and dispels negativity. It charges the auric bodies and helps to facilitate a deep and stable connection with the spirit world. It can also be used as a guide to past lives. It enhances all psychic abilities and helps to produce experiences that include contact with the spirit world, visions, and unusual manifestations.

Cobaltoan Calcite helps you to recognize and learn each life lesson, it also helps you to see the beauty in everyone and everything. It helps you to discover your inner truth and your life purpose. It makes emotional expression easier and draws out inner hurts and emotional pain. Cobaltoan Calcite is a calming stone that relieves anxiety and stress, fills the heart with love, soothes inner-child hurts, and overcomes the fear of nightmares. It has been used to help balance the yin/ yang energies.

THE PHYSICAL CONNECTION:

Cobaltoan Calcite is a crystal thought to be good in the treatment of age-related disorders. It is also thought to help inhibit the degeneration of cellular structures.

THE CHAKRAS CONNECTED TO COBALTOAN:

Heart Chakra, Throat Chakra, Third Eye (Brow), and Crown Chakra.

ASTROLOGICAL SIGNS:

Cancer.

LOCATIONS FOUND & HISTORY:

Australia, Europe, the Democratic Republic of Congo, Czech Republic, Belgium, Iceland, Peru, Germany, Romania, Morocco, United Kingdom, and the United States. Cobaltoan Calcite was named Kobald, or goblin by German miners as it was thought to be a mischievous and malicious stone.

RARITY, VALUE & VARIATIONS:

Pink drusy crusts, spherical masses, and rarely crystals. They are often found with or near Malachite. Mohs hardness of 3.

HOW TO USE COBALTOAN:

Cobaltoan Calcite is excellent for use in meditation. Wear it in jewelry.



Copal



POWER & BENEFITS OF COPAL:

Copal is associated with the fulfillment of dreams, goals, and ideals. It helps to remove emotional blockages. It is good for yin/yang balance, memory, calming, and intellect.

SPIRITUAL & EMOTIONAL INFLUENCE:

Draws out negative energy and cleanses it to bring in positive energy. It helps with depression and self-balancing. It also offers great protection from negative energy and outside influences. Copal and Amber are both wonderful manifestation tools as well. Promotes fertility and is also great for the birthing process: increases clarity, creative expression, and confidence.

THE PHYSICAL CONNECTION:

Copal is thought to help detoxify the body by supporting the liver, bladder, kidneys, and stomach as well as for kidney and bladder stones. It is also thought to be beneficial for throat issues like laryngitis, throat infections, and goiter.

THE CHAKRAS CONNECTED TO COPAL:

Solar Plexus Chakra.

ASTROLOGICAL SIGNS:

Leo, and Aquarius.

LOCATIONS FOUND & HISTORY:

Madagascar, Mexico, Central America, and Columbia. Copal has been found and used in Africa, especially in Madagascar but is only 1,000 - 10,000 years old.

The Copal found in Columbia is only 250 years old. Older tree resin from the Baltics was used as a form of currency for a very long time. This Amber dates back to 35 to 50 million years ago. There has also been Amber found in the Dominican Republic that is up to 40 million years old, and many contain fossils. Copal has been used as an incense in ceremonies for thousands of years as a way to purify the space and people, as well as to honor the gods and deities. Copal has been used as incense throughout history and has a rich, earthy scent much like Frankincense.

RARITY, VALUE & VARIATIONS:

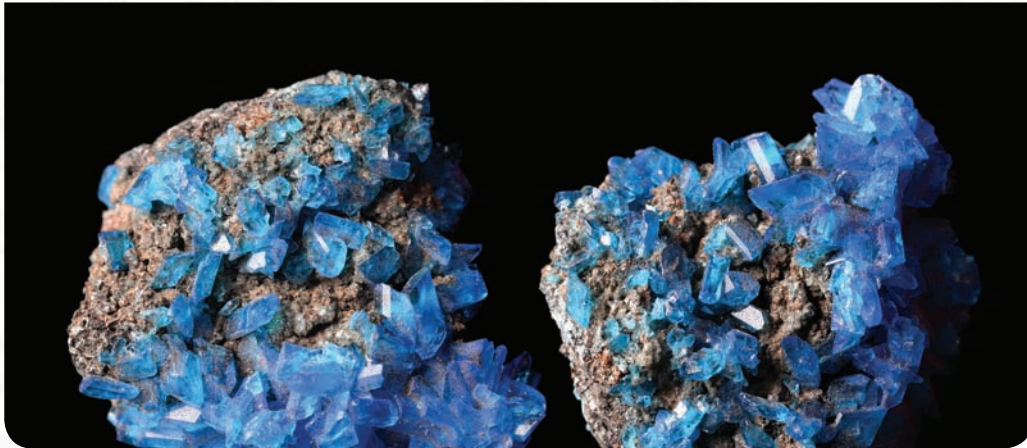
Copal is a fossilized tree resin that is amorphous meaning that there is no ordered crystal structure. It's made up of Carbon, Hydrogen, and Oxygen with a hardness of 2 - 2.5 on the Mohs hardness scale. It's usually golden, orange or white.

HOW TO USE COPAL:

You can keep Copal resin in your home to enjoy the positive energy it has to offer. You can also burn the resin in a safe container using a charcoal puck. You light the charcoal according to the instructions on the package using tongs then, once the charcoal is hot enough, you will place the resin on the charcoal which will cause it to heat up and disperse the aroma. You can also find Copal incense sticks which make it easier to use the incense. Use it in meditation or to clear your home or room doing a space clearing practice.



Covellite



POWER & BENEFITS OF COVELLITE:

Covellite is a great stone for inward reflection and making your dreams come true. It assists when you are feeling vulnerable and are easily influenced by others.

SPIRITUAL & EMOTIONAL INFLUENCE:

Covellite helps you turn your dreams into reality by focusing on the positives in your life. It has been known as the miracle stone because it helps miracles happen. It can also help you tune into the psychic or intuitive abilities that everybody has. It is great for lucid dreaming and dream recall. It opens a doorway to the wisdom that is acquired in other lives.

THE PHYSICAL CONNECTION:

It is thought that Covellite helps in the birthing process. It is said to help with issues of the ears, eyes, nose, throat, and mouth. It is also said to be helpful for those with cancer, as it is beneficial for detoxing the body.

THE CHAKRAS CONNECTED TO COVELLITE:

Third Eye Chakra and intuition.

ASTROLOGICAL SIGNS:

Sagittarius.

LOCATIONS FOUND & HISTORY:

The United States. It can also be found in Germany, Sardinia, Italy, Wales, Alaska, and Peru. A relatively new mineral to crystal collectors, Covellite was found to

be the first naturally occurring superconductor which is the ability to conduct electric current with almost zero resistance. It was named after Nicholas Covelli, who was the first one to find the mineral in Italy.

RARITY, VALUE & VARIATIONS:

Covellite can be an indigo blue to violet, dark blue to black, with purple, gold, or red shimmer and a metallic sheen to it. It's a very rare mineral that is difficult to cut and quite fragile since it can be scratched easily. They are mainly collector's items and are not made into jewelry. It has a very low hardness of 1.5 to 2 on the Mohs scale of hardness.

HOW TO USE COVELLITE:

Covellite can help release blockages in the area it's placed. So place the stone on the area you have a blockage or issue. Even though it's connected to the Third Eye Chakra and the spiritual aspect of self, it can also be a very grounding stone that connects with the Root Chakra too. It can also help you connect with your spirit guides and angels.

POWER & BENEFITS OF CRAZY LACE AGATE:



Crazy Lace Agate



True to its name, Crazy Lace Agate has crazy intricate patterns of lines and swirls within the stone. The stone represents vitality and life force energy because of the vibrant lines and patterns that look very similar to veins in the body. It is a wonderful stone for communication and speech.

SPIRITUAL & EMOTIONAL INFLUENCE:

Crazy Lace Agate dissipates fear and brings in self-confidence, courage, and strength to face any situation. It helps you accept love from others. It promotes self-acceptance and helps to understand what things are interfering with your well-being.

THE PHYSICAL CONNECTION:

Crazy Lace Agate is thought to be great for the heart, circulatory system, eyesight, and skin. It is believed to increase energy and vitality. It is also thought to help with tissue repair, blood vessel elasticity, and the prevention of varicose veins.

THE CHAKRAS CONNECTED TO CRAZY LACE AGATE:

Heart Chakra and the Root Chakra.

ASTROLOGICAL SIGNS:

Gemini, and Capricorn.

LOCATIONS FOUND & HISTORY:

Found in Mexico. This stone was first discovered in 1895 and then rediscovered in the 1950s by American geologists during the construction of a highway. Crazy Lace Agate was used by local prehispanic people as a spiritual gift to the Gods.

The lines in the stone reminded them of the veins and blood in our system which represented sacred life force energy to them.

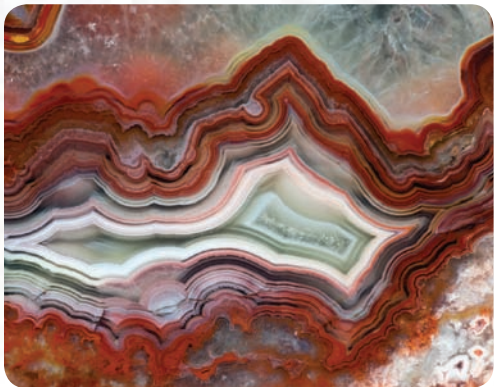
RARITY, VALUE & VARIATIONS:

It's also known as Mexican Agate because it's mainly found in Mexico. The colors range from brown, black, and grey with earthy reds, blue, pink, and orange. It's also known as Mexican Agate because it's mainly found in Mexico.

HOW TO USE CRAZY LACE AGATE:

Wear Crazy Lace Agate on or above your heart to promote the energy of the heart and soothing emotions. You can also carry it with you to help dissolve fears and to relieve cramping. It is believed you can rub the stone over varicose veins to soothe their effects. Keep with you when doing any public speaking or giving speeches.

POWER & BENEFITS OF CREEDITE:



Creedite



Creedite is a rare stone that expands awareness. It increases awareness giving you a more expansive perspective. It promotes expression, especially with spiritual ideas that may be difficult to explain. It helps discover blocks in your path and guiding you in the right direction.

SPIRITUAL & EMOTIONAL INFLUENCE:

Creedite is great for allowing you to sit back and observe a situation instead of reacting emotionally. It can also help you to accept things for how they are instead of how you wish they could be. To move in alignment and integrity to understand the lessons you are learning in life. The crystal serves as a powerful guardian of spiritual health and a facilitator in helping to understand and to access ancient knowledge.

THE PHYSICAL CONNECTION:

Creedite is thought to be good for broken and fractured bones, nerve damage, immune system, torn and pulled muscles, liver, detox, and heartbeat. It is also said to be beneficial for the heart and to assist the body in absorbing minerals and vitamins.

THE CHAKRAS CONNECTED TO CREEDITE:

Creedite connects with the Throat Chakra, Sacral Chakra, Third Eye (Brow) Chakra, and Crown Chakras.

ASTROLOGICAL SIGNS:

Virgo and Sagittarius.

LOCATIONS FOUND & HISTORY:

Creedite is found in Colorado, Nevada, California, and Arizona, Chihuahua, Mexico, Bolivia, Tajikistan, and Kazakhstan. It was named after where the stone was first discovered in 1916 at Creede Quadrangle, Mineral County in Colorado at the Colorado Fluorspar Company Mine at Wagon Wheel Gap. Later on, Creedite was also found in Nevada, Arizona, and California.

RARITY, VALUE & VARIATIONS:

Creedite is a calcium aluminum sulfate fluoro hydroxide mineral. It's usually colorless, white, brown, lavender, orange, yellow, or blue with prismatic crystals. It forms monoclinic prismatic crystals and often occurs as acicular radiating sprays of fine prisms. It rates a 3.5 to 4 on the Mohs hardness scale, and it's a product of the oxidation of ore deposits. It usually occurs with Fluorite, Calcite, and Quartz along with the form of Cyanotrichite, Carbonate, Spangolite, and Kaolinite. The less common Creedite crystal associations include Smithsonite, Limonite, Kaolinite, Hemimorphite, Hydrozincite, and Aurichalcite.

HOW TO USE CREEDITE:

Keep Creedite with you when you need some extra motivation or inspiration from life. Place Creedite in your home to help you stay objective in situations and to learn from your experiences. A useful aid in meditation because of its high vibrational frequency, helping to grow consciousness.



Dalmatian Stone



POWER & BENEFITS OF DALMATIAN:

Dalmatian Stone protects from physical danger. It is a good stone for learning and helping to achieve goals. It is good for relationships and letting go of the past.

SPIRITUAL & EMOTIONAL INFLUENCE:

Dalmatian Stone connects physical and spiritual energy. It is good for yin/yang balance. It can cleanse, energize and purify your auric field. Dalmatian Stone is calming. It brings devotion, happiness, and composure.

It helps negativity. It helps to remove negative thoughts and emotions that are preventing you from moving forward in your life. It makes you realize your strengths and weaknesses and use them to your advantage.

THE PHYSICAL CONNECTION:

It is thought that Dalmatian Stone is good for cartilage and physical stamina. It is said to help with cramps, nerves, and muscle sprains. It is thought to act as a cleanser and is good for the internal organs.

THE CHAKRAS CONNECTED TO RAINBOW FLUORITE:

Base Chakra.

ASTROLOGICAL SIGNS:

Gemini.

LOCATIONS FOUND & HISTORY:

Mexico. Dalmatian Stone is named after the Dalmatian breed of dog.

RARITY, VALUE & VARIATIONS:

Dalmatian Stone is a mixture of Quartz, Tourmaline, and Microcline. It is white with black dots. It is easily polished and can achieve a high luster. It is a semi-precious stone.

HOW TO USE DALMATIAN:

Dalmatian Stone is usually polished and used in beads, carvings, cabochons, and spheres. Carry a piece of the stone inside your purse or bag, or wear it as jewelry. Place a piece in the different corners of your home to invite more positive energies in. It is a good tool for meditation. Hold a piece in your hand and visualize your intentions. Clear, cleanse, and activate Dalmatian Stones often. You can gently rinse the crystal with water and place it outside under the sun or the full moon for several hours.



Diamond



POWER & BENEFITS OF DIAMONDS:

Diamonds are beneficial for enlightenment, clarity of mind, imagination, inventiveness, constancy, commitment, fidelity, fearlessness, invincibility, and fortitude. They have been a symbol of wealth for thousands of years and are one of the stones of manifestation, attracting abundance.

SPIRITUAL & EMOTIONAL INFLUENCE:

Diamonds heal holes in the aura and cleanse anything shrouding your inner light, encouraging the soul light to shine and facilitate spiritual evolution.

They assist in finding a balance between childhood issues and emotional pain. The diamond represents purity and will help to purify negative beliefs about yourself. It can help bring all facets of self together in harmonious balance. A symbol of loyalty and commitment which is why it is chosen as a gift for those in romantic relationships.

THE PHYSICAL CONNECTION:

Diamonds are thought to be useful for sight and in the treatment of glaucoma. In the past, it was said that Diamonds prevented poisoning or relieved poisoning. It is also thought that Diamonds balance the metabolism and relieve allergies. They are believed to be beneficial for detoxing and cleansing the entire system.

THE CHAKRAS CONNECTED TO DIAMONDS :

Crown Chakra. All Chakras. Activates the Crown Chakra, linking to divine light.

ASTROLOGICAL SIGNS:

Aries, Leo, Taurus.

LOCATIONS FOUND & HISTORY:

India, Brazil, United States, Canada, Africa, Australia, and Russia. The word Diamond is from the Greek word Adamas which means unconquerable. Diamonds contain Carbon and are formed under extreme heat and pressure resulting in one of the most brilliant gemstones on Earth. The first diamonds were in the 4th century BC in India, but the newest of these diamonds formed over 900 million years ago. These Diamonds were traded and transported via the Silk Road, and they were valued even back then. A symbol of purity and love since ancient Greece and said to enhance the love of a husband for his wife, Diamonds bond relationships.

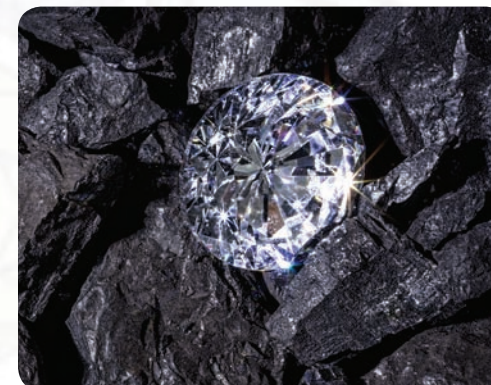
Throughout history, diamonds were also used medicinally to ward off infections and illness. The first Diamond engagement ring was made in 1477, but Diamonds were still reserved for the upper class. DeBeers created the slogan "A diamond is forever" in 1947 which made Diamonds the only choice for engagement rings. Even today more than 78% of engagement rings have Diamonds in them.

RARITY, VALUE & VARIATIONS:

Diamonds are quite similar to coal because they are composed of carbon, but with a Diamond, the carbon is arranged differently because they are created under pressure in the earth's lithosphere which is 90-240 miles below the surface of the earth. Red, blue, and pink Diamonds are the rarest Diamonds in the world. The 4 Cs are what determines the value of a diamond, and they are Colour, Cut, Clarity, and Carat. Diamonds have a Mohs hardness of 10.

HOW TO USE DIAMONDS:

Wear Diamonds on the skin in jewelry especially on the ears to prevent EMFs.



Diaspore



POWER & BENEFITS OF DIASPORE:

Diaspore gives an energetic boost or sedates, depending on what is needed. When viewed from different directions, the crystal changes colors which enables you to see things in a new light. It strengthens the mind and intuition.

SPIRITUAL & EMOTIONAL INFLUENCE:

This stone stimulates the mind and is great for studying or memorizing information. It helps you remember what is important and helps you focus. It has very soothing and calming energy which is great for relaxation. It will help you be more resilient in situations you may have feared in the past.

THE PHYSICAL CONNECTION:

It is thought that Diaspore is good for brain function and balance of the nervous system. It is said to be great for improving memory and relieving stress.

THE CHAKRAS CONNECTED TO DIASPORE:

Third Eye Chakra, Crown Chakra, Heart Chakra, and Solar Plexus Chakras. It opens the higher Crown Chakras, and grounds high-vibration energy to the Earth.

ASTROLOGICAL SIGNS:

Pisces.

LOCATIONS FOUND & HISTORY:

The main place Diaspore is found is in Turkey but it can also be found in the

United Kingdom, Russia, China, New Zealand, Hungary, Argentina, Brazil, and the United States. Diaspore comes from the Greek word meaning scatter. This is because the mineral scatters when it's heated up. In Turkey in the 1950s large Diaspore crystals were found in a Bauxite deposit. The deposit was originally called Zultanite Gems LLC, so they originally called the crystal Zultanite. Some of the Diaspore stones from Turkey still go by this name.

RARITY, VALUE & VARIATIONS:

This stone is usually found in Bauxite clay or Limestone in larger masses. Diaspore is one of the three minerals that make the aluminum ore Bauxite. It's also called Kayserite, Empholite, or Tanatarite, and there are trademarked stones from Turkey that are called Csarite and Zultanite. The interest in these gemstones increased when people realized they could be made into beautiful gemstones. It can be a variety of different colors including green, white, grey, brown, yellow, and colorless. There are also pearly stones with a nice pink, lilac, or purple sheen. These stones have a natural pleochroism which means they change color depending on the lighting. Its hardness is from 6.5 to 7 on the Mohs scale of hardness.

HOW TO USE DIASPORE:

Place on the forehead, it promotes lucid dreaming. Wear the crystal to enhance psychic connections when reading for other people. Placed on the solar plexus, the crystal fills the body with golden light. Great to have when you're getting older and want to remain youthful. Have Diaspore with you while you study or work to enhance memory and to stimulate the mind. If you're feeling stressed, keep a piece of Diaspore with you. Avoid water with this crystal.



Diopside



POWER & BENEFITS OF DIOPSIDE:

Diopside is a calming crystal and an all-around great energy balancing stone. It brings about a sense of contentment and well being. It is a stone that generates wealth and brings prosperity. It is an empowering crystal that is good for anyone who has a strong passion for taking care of the well being of the planet.

SPIRITUAL & EMOTIONAL INFLUENCE:

Diopside helps to balance emotions, yin/yang, raise consciousness and advance spiritual development. It releases trapped emotions and tears. It clears the mind. It contains a lot of Earthy energy. It is good for meditation and enhances psychic abilities.

Diopside brings peace and tranquility and clears the mind. It helps to balance emotions and releases trapped emotions and tears. It strengthens intellect and learning. It gives a competitive edge to all that you do and dissipates a victim mentality.

THE PHYSICAL CONNECTION:

Diopside is thought to be good for blood pressure, heart, lungs, ulcers, and upset stomach.

THE CHAKRAS CONNECTED TO DIOPSIDE:

Third Eye (Brow) Chakra, and Crown Chakra

ASTROLOGICAL SIGNS:

Virgo.

LOCATIONS FOUND & HISTORY:

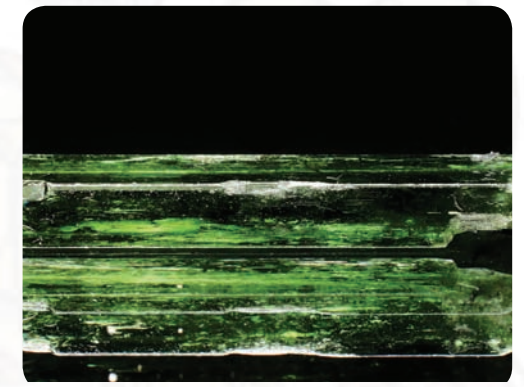
Afghanistan. The name Diopside is derived from the Greek words dis which means twice, and opse which means face. It means double appearance, which also refers to the way that the crystal's prism is orientated.

RARITY, VALUE & VARIATIONS:

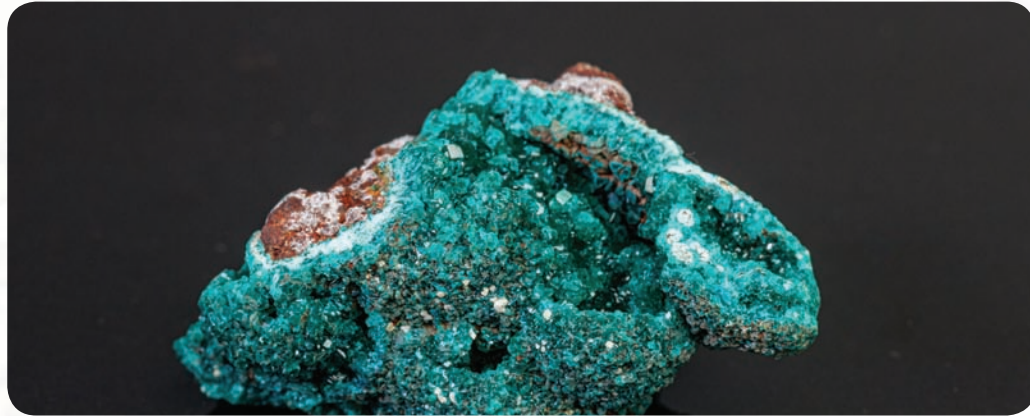
There are several varieties of Diopside. Chrome Diopside is one variety, which is also known as Siberian Emerald or Green Diopside, and another variety is the less common Black Star Diopside. Black Star Diopside is named so because it exhibits a star on the crystal. Diopside can be found as crystalline inclusions, massive form, and as prismatic crystals often with rhomboid terminations.

HOW TO USE DIOPSIDE:

Diopside is a good crystal for meditation. It is a good stone for calming distressed animals. It can be made into beautiful jewelry pieces and is good to wear on your chest as a pendant for it to be more effective. Keep a piece in your pocket, or put it under your pillow when you sleep.



Diopside



POWER & BENEFITS OF DIOPSIDE :

Diopside is considered an excellent energy conduit and is said to have a dramatic effect on the human energy field. It encourages you to live in the present moment. It has a considerable effect on the human energy field. It teaches that pain and difficulty in relationships mirror separation from one's Self.

SPIRITUAL & EMOTIONAL INFLUENCE:

Diopside is often used as a crystal for past life regression, relieving issues from a past life. It is beneficial for spiritual attunement, and metaphysical vision. It facilitates spiritual attunement.

It brings abundance, vitality, and balance. Helps initiate change, renew ideas, and being in the moment. It is a stone that supports a positive attitude towards life and works in all areas of life to turn negative into positive.

THE PHYSICAL CONNECTION:

Diopside is thought to be good for the lungs, immune system, circulation, heart, and stomach. It is said to lessen fatigue and helps to overcome shock. It is also thought to help alleviate pain and migraines. It is believed to help heart conditions. It is also thought to be good for the development of babies. It is said to help with nausea, ulcers, Meniere's disease, dizziness, Aids, varicose veins, and angina.

THE CHAKRAS CONNECTED TO DIOPSIDE :

Third Eye (Brow) Chakra, Heart Chakra. It brings All Chakras up to a greater level of functioning.

ASTROLOGICAL SIGNS:

Scorpio, Sagittarius.

LOCATIONS FOUND & HISTORY:

Chile, Iran, Democratic Republic of Congo, Namibia, Zaire, North Africa, Peru, Russia, USA. Diopside was a crystal used to highlight lime plaster statues discovered at Neolithic archaeological site, Ain Ghazal, Jordan. The ancient sculptures date back to about 7200 BC. Deposits of Diopside are found mostly in desert regions with high quantities of copper in the soil.

RARITY, VALUE & VARIATIONS:

Brilliant emerald green or deep blue-green. It is colored by copper deposits, which give the stone an intense emerald or blue-green color. Prismatic crystals, usually on a matrix, or non-crystalline mass. Quite rare and expensive. Transparent to translucent. It has a Mohs hardness of 5.

HOW TO USE DIOPSIDE :

Position Diopside over the higher Heart Chakra. It is excellent to use as a gem essence. The crystals are fairly fragile and should be handled delicately to prevent splitting.



Dravite



POWER & BENEFITS OF DRAVITE:

Dravite is a good stone for protection. It is a grounding stone that also helps the environment. It encourages community spirit and social commitment. It makes you feel comfortable in a large group, helps to balance dysfunctional family relations, and strengthens empathy. Dravite will infuse you with feelings of courage and joy especially when things are tough.

SPIRITUAL & EMOTIONAL INFLUENCE:

Dravite is good for the aura and connection to the earth. It is an excellent grounding stone, helping to clear and open the Earth Chakra and the grounding cord which holds the physical body in incarnation. It helps to clear the aura, aligns the etheric body, and protects it. It will help you descent from higher planes while connecting you strongly to the earth.

The stone has a soothing, relaxing, and reassuring effect on the body, along with the heart and mind. It will help to encourage a positive attitude, especially in situations where you need to start over.

THE PHYSICAL CONNECTION:

Dravite is thought to be good for the intestines. It is said to help acne and spots on the skin. It is also thought to stimulate regeneration in the whole body.

THE CHAKRAS CONNECTED TO DRAVITE:

Root (Base) Chakra .

ASTROLOGICAL SIGNS:

Aries.

LOCATIONS FOUND & HISTORY:

Australia, Brazil, Europe, Nepal. Dravite gets its name from the place where the stone was originally found, the Drava River in Styria, southeast Austria.

RARITY, VALUE & VARIATIONS:

A dark brown and almost black variety of Tourmaline.

HOW TO USE DRAVITE:

Wear Dravite in a necklace to gently balance and cleanse your chakras. Once the chakras are cleared, it will draw your energies down and anchor them firmly to the earth. Wear a necklace with a Dravite pendant to help cleanse your energies and assist you in letting go of emotional issues that are stopping you from achieving personal growth. Use for meditation as it will quickly help you reach deep meditative states.



Druzy Crystal



POWER & BENEFITS OF DRUZY CRYSTAL:

Druzy Crystal is a formation of tiny sparkling crystals on the surface of a larger crystal body. It acts as a mirror of the soul, helping to release lingering negative emotions, experiences or trauma stuck within your heart space. It is known as the stone of fairy or stardust.

SPIRITUAL & EMOTIONAL INFLUENCE:

Druzy Crystals boost creativity, imagination, and induce relaxation. It helps awaken positive self-love. It provides a balance in your life to avoid depression, fear, and sadness. The stone is thought to help reduce stress and uplift you emotionally. Druzy Crystal opens up blocked energies and helps you to find your inner light. Druzy Crystals are excellent for group meditations, spiritual workshops, and any other form of joint spiritual work. It strengthens the spirit. It will connect you to your higher powers.

THE PHYSICAL CONNECTION:

Druzy Crystals are thought to amplify and purify the body's natural energy. It is said to promote energy balance on a mental, physical, and spiritual level. The crystal is thought to boost the immune and reproductive systems, and treat infections.

THE CHAKRAS CONNECTED TO DRUZY CRYSTAL:

Heart Chakra

ASTROLOGICAL SIGNS:

Capricorn

LOCATIONS FOUND & HISTORY:

Worldwide. Especially in Africa, Brazil, Europe, South America, and the United States. The most common is Druzy Crystals within Agate. They have been around for a long time, but it is only in recent years that the crystal has become popular with jewel stone carvers.

RARITY, VALUE & VARIATIONS:

Druzy Crystal is a type of crystal that usually forms over another matrix. They can grow over Agate crystals or any other colored matrix. Minerals such as Calcite, Dolomite, Garnet, and Malachite, are also found in Druzy Crystals. They can be opaque, translucent, to transparent. They can be coated with vapors of metallic origin which will give the crystal iridescence. They are quite durable and not as expensive as larger counterparts. The most common colors are brown, orange, red, yellow, and white.

HOW TO USE DRUZY CRYSTAL:

Druzy Crystals are popular in jewelry production, especially for beads and pendants, because of their beautiful color and sparkle. Group meditations. Use whenever you need to harmonize a group of people and move towards a common spiritual goal. Use Druzy Crystals to charge your other crystals or stones, by placing the stones on top of your Druzy Crystal cluster overnight or for several days. Handle Druzy Crystals with care as they are sensitive to bangs and knocks. Clean with mild soap and a soft cloth.



Dumortierite



POWER & BENEFITS OF DUMORTIERITE:

Dumortierite is considered the stone of patience. It enhances your willpower when it comes to learning and helps you to speak your mind. It is beneficial for self-confidence, organizational abilities, stage fright, shyness, stress, phobias, insomnia, panic, fear, detachment, patience, self-discipline, and mental clarity. It is said to attract a soulmate.

SPIRITUAL & EMOTIONAL INFLUENCE:

Dumortierite is beneficial for clairaudience, and cellular memory healing. It opens the doors of insight and activating the Third Eye (Brow) Chakra. It takes you back to the beginning of your soul journey and breaks ties that are no longer useful.

It helps with excitability and stubbornness. It brings quiet confidence. It encourages stamina and patience. It is excellent for promoting a positive attitude to life and useful for dealing with crisis and trauma, calming, and focusing.

THE PHYSICAL CONNECTION:

Dumortierite is thought to be good for the ligaments and tendons. It is said to help you understand the cause of disease. It is said to be beneficial for headaches, nausea, vomiting, and cramping.

THE CHAKRAS CONNECTED TO DUMORTIERITE:

Third Eye (Brow) Chakra, Throat Chakra.

ASTROLOGICAL SIGNS:

Leo.

LOCATIONS FOUND & HISTORY:

Brazil, Canada, France, Italy, Madagascar, Namibia, Norway, Sri Lanka, USA. Dumortierite is a stone that was first described in 1881 and gets its name from the French paleontologist Eugene Dumortier. It is used to make jewelry. It is also used to make ceramics and porcelain because it turns pure white when it is exposed to fire or heat.

RARITY, VALUE & VARIATIONS:

In the form of blue, violet, reddish pink/reddish brown masses. Colors range from pale to dark blue. Most stones are opaque, but there are rare ones that are somewhat translucent. It has a Mohs hardness of 7.

HOW TO USE DUMORTIERITE:

Carry Dumortierite with you when you are traveling as it can help to ease travel sickness. Position on the body as appropriate. It can be worn in jewelry. It is used in ornamental carvings, such as small figurines and animal cameos.



Elbaite



POWER & BENEFITS OF ELBAITE:

Elbaite is a crystal that is good for new beginnings, creativity, enhanced imagination, and awareness. It promotes dreams, imagination, and imagery. It cleanses, purifies, and transforms dense energy into a lighter vibration.

SPIRITUAL & EMOTIONAL INFLUENCE:

Elbaite is good for spiritual love. It helps to provide a gateway into the inner self and higher spiritual realms. It grounds spiritual energy and helps to form a protective shield around the body. It brings the body, mind, spirit, and soul into wholeness, providing a gateway into the inner being and facilitating accessing the higher spiritual realms.

It has a strong affinity with the device energies and is especially beneficial for gardens and plants. Elbaite is good for love, mending a broken heart, and helping destructive behavior. Has the energy of mental balance, it balances the right and left sides of the brain. It gets rid of any feelings of being the victim and helps to attract compassion, inspiration, prosperity, and tolerance. It helps to release tension. It is good for the removal of blockages.

THE PHYSICAL CONNECTION:

Elbaite is thought to be good for the heart, lungs, skin, and hormone balance. It is said to help infirmity. It is also thought to be good for the immune system and your metabolism.

THE CHAKRAS CONNECTED TO ELBAITE:

Heart Chakra and Crown Chakra. It balances and clears All the Chakras,

ASTROLOGICAL SIGNS:

Libra and Gemini.

LOCATIONS FOUND & HISTORY:

Brazil, Sri Lanka, Africa, USA, Australia, Afghanistan, Germany, Italy Madagascar. Elbaite gets its name from the colored and colorless tourmalines that were found in 1913 on the island of Elba, off the western coast of Italy.

RARITY, VALUE & VARIATIONS:

Elbaite is a variety of Tourmaline. It carries the generic properties of Tourmaline and contains all colors. It has a Mohs hardness of 7-7.5.

HOW TO USE ELBAITE:

Place or wear Elbaite as appropriate. To help stimulate the meridians, place the crystal with the tip pointing in the same direction as the flow. It is excellent for gem essences to work quickly and efficiently. Use as a natural insecticide to keep pests at bay. Bury it in the soil to encourage the growth of your garden.



Emerald



POWER & BENEFITS OF EMERALD MEANING:

Emerald is the stone of the heart, symbolizing compassion, mercy, and universal love. It represents all that is good in the world and how they are all interconnected with love. It is good for inspiration and infinite patience.

SPIRITUAL & EMOTIONAL INFLUENCE:

Emerald enhances psychic abilities, opens clairvoyance, and helps to stimulate the gathering of wisdom from mental planes. It helps to foretell the future and protect from magical enchantments.

Emerald calms strong or upset emotions and creates positive energies that will help you remove blockages. It helps with a bad temper. Emerald strengthens the ability to enjoy life to its fullest. It may be helpful for claustrophobia.

THE PHYSICAL CONNECTION:

Emerald is thought to help with recovery after infectious illness. It is said to help with sinuses, heart, muscles, spine and regulates eye pressure. It is also thought to alleviate diabetes and rheumatism. It is said to be effective with epilepsy and multiple sclerosis.

THE CHAKRAS CONNECTED TO EMERALD MEANING:

Heart Chakra.

ASTROLOGICAL SIGNS:

Aries, Taurus, Gemini.

LOCATIONS FOUND & HISTORY:

Austria, Brazil (commercial grade), Columbia (gem-quality), Egypt, India, Tanzania, Zimbabwe. Emeralds were first mined in Egypt at locations on Mount Smaragdus in 1500 BCE. Mining in Egypt ceased with the discovery of the Colombian Emerald deposits. Today Columbia is the world's largest producer of emeralds, with Zambia being the world's second-biggest producer.

RARITY, VALUE & VARIATIONS:

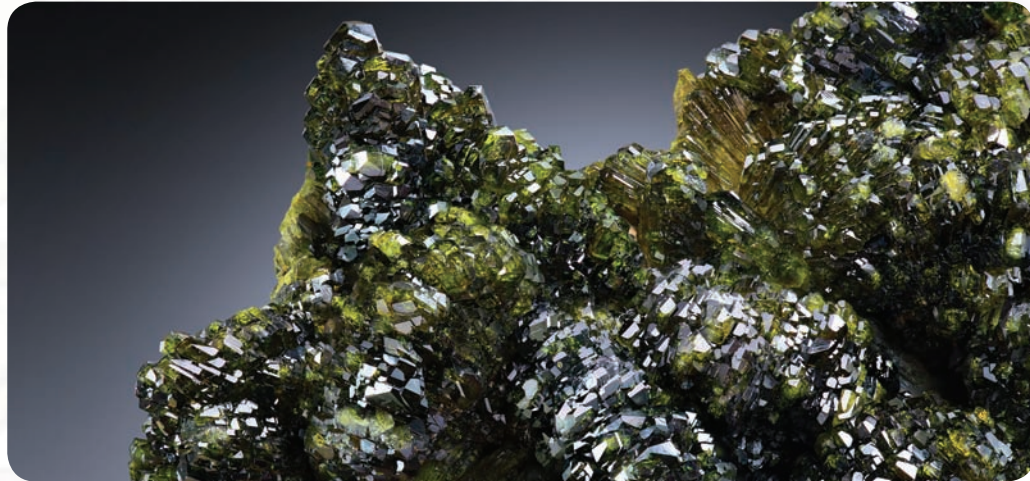
A green gem of Beryl. Small bright gem or cloudy larger crystal. Emeralds are one of the most beautiful green-colored semi-precious stones found in the world. Gem quality Emeralds are expensive. A high-quality emerald must possess a pure verdant green color along with a high degree of transparency to be considered a top gem. Unpolished emeralds are readily available. It has a Mohs hardness of 7.5-8.

HOW TO USE EMERALD:

Position as appropriate to help with any issue. It is a popular stone for jewelry. Wear jewelry over the heart, on the right arm, or the little finger. You do not want to wear Emerald constantly as it may trigger negative emotions.



Epidote



POWER & BENEFITS OF EPIDOTE:

Epidote is known to bring prosperity and to instill generosity connected with the heart and intuition. It is beneficial for anxiety, self-pity, and stamina. It can help you open to receiving help from people even if you are reluctant to accept assistance and usually do things on your own.

SPIRITUAL & EMOTIONAL INFLUENCE:

A great stone for perception and gaining awareness. It helps to clear stagnant energy and helps you to release your emotions and to move on from an experience.

THE PHYSICAL CONNECTION:

It is thought to be beneficial for the skin when used in an elixir. It is said to be great for the brain and the nervous system. Epidote is also thought to help the thyroid and those with Parkinson's disease.

THE CHAKRAS CONNECTED TO EPIDOTE:

Third Eye (Brow) Chakra and Heart Chakra.

ASTROLOGICAL SIGNS:

Gemini.

LOCATIONS FOUND & HISTORY:

Found in Brazil and Pakistan as well as Bulgaria, South Africa, Norway, Austria, France, Mexico, Russia, and the United States. The word Epidote comes from the Greek word for increase because the bottom of the crystal always has one

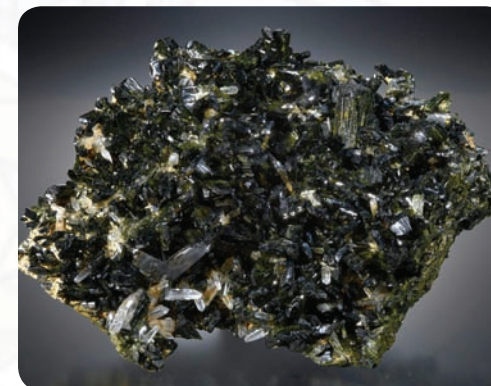
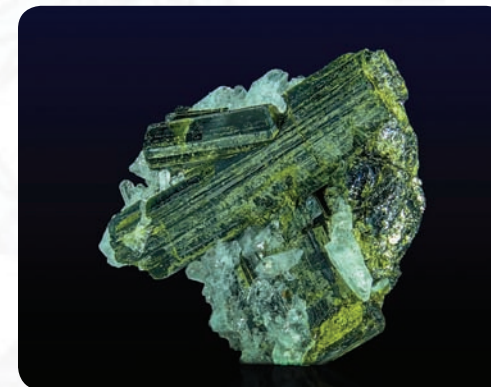
side that's longer than the other. It was named this in the 1800s by Rene Haüy, a mineralogist at the University of Natural History in Paris, France.

RARITY, VALUE & VARIATIONS:

Epidote is a mineral supergroup that includes many beautiful precious gemstones. Needle-like and prismatic crystals occasionally terminated masses, plates, and fibers. Many of these stones are fibrous and some have prismatic crystals. Various shades of green, yellow, red, gray, and black. The most valuable stones are rated on transparency, color, and size. Usually, the clearest, brightest, and largest stones are the most valuable. These stones form at low temperatures in metamorphic rocks. It has a Mohs hardness of 6-7.

HOW TO USE EPIDOTE:

Epidote can help you experience good in your life in many ways, so wear or hold the stone keeping it with you to experience more positivity.



Erythrite



POWER & BENEFITS OF ERYTHRITE :

Erythrite is good for communication and perspective.

SPIRITUAL & EMOTIONAL INFLUENCE:

Erythrite assists in allowing you to perceive the world around you and aids in personal development.

THE PHYSICAL CONNECTION:

Erythrite is thought to help create consistent and balanced energy levels. It is said to be great for skin and inflammation as well as bones, red blood cells, and the throat.

THE CHAKRAS CONNECTED TO ERYTHRITE :

Throat Chakra, Heart Chakra, Root (Base) Chakra.

ASTROLOGICAL SIGNS:

Capricorn, Virgo, Taurus.

LOCATIONS FOUND & HISTORY:

Canada, Morocco, England, Czech Republic, Australia, Mexico, and Idaho in the United States. Erythrite is a mineral named after the Greek word Erythros which means red because of its red color. It was designated a mineral species in 1832 and continues to be pretty rare.

RARITY, VALUE & VARIATIONS:

Erythrite is quite an uncommon and rare gemstone with a beautiful and unique appearance and color. It is used as an indicator mineral that helps find cobalt ores and cobalt-rich nickel and silver minerals. It's known and loved for its brilliant and vibrant pink and almost magenta color as well as for how rare it is. It has a hardness of 1.5 to 2.5 on the Mohs hardness scale with perfect cleavage in one direction. It's a secondary mineral that forms through the oxidation of cobalt-rich minerals and is associated with Hematite.

HOW TO USE ERYTHRITE :

Hold a piece of Erythrite while meditating or place on any body part that needs balancing energy. Also great to hold when you need to ground. No elixir.



Eudialyte



POWER & BENEFITS OF EUDIALYTE:

Eudialyte is a stone of the heart. Its color is a beautiful mix of purple, red, pink, and white. It's a stone that is very grounding and nourishing, that helps you focus on pursuing and achieving your goals. It's also wonderful for honing your power.

SPIRITUAL & EMOTIONAL INFLUENCE:

Eudialyte is a stone that brings love, harmony, and peace to your life. It is very good for all matters of the heart and emotions. This stone is also great for dispelling jealousy. It also helps you learn how to trust yourself and act on your truth. It also helps you to discern the actions of others and to protect yourself from toxic behavior. Helps you in releasing emotions and traumas from the past.

THE PHYSICAL CONNECTION:

It is thought that Eudialyte increases the beta and alpha brain waves. Beta brain waves help you have better judgment which can help with problem-solving. Alpha brain waves occur when you are in a meditative, creative, or daydreaming state. Since it's a stone of the heart, it is thought to help with heart disease. It is said to assist with bones and the skeletal system which can help broken bones and arthritis. Is also thought to be good for the eyes, thyroid, and pancreas.

THE CHAKRAS CONNECTED TO EUDIALYTE:

The stone connects with the Root Chakra and Heart Charka. Eudialyte aligns and activates all Chakras.

ASTROLOGICAL SIGNS:

Aries.

LOCATIONS FOUND & HISTORY:

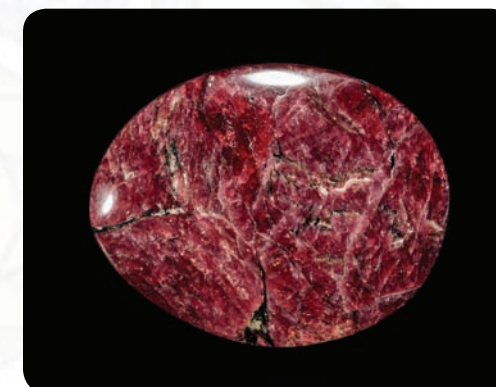
Greenland, Russia, Madagascar, Canada, and the United States. Eudialyte was first discovered in 1819 in Greenland in a district called Julianehaab. It's been a very popular mineral with collectors ever since because of its unique coloring. Its name comes from the Greek words eu and dialytos, meaning well decomposable because of its solubility in acid. Most of the Eudialyte on the market today is from the Kola Peninsula in Russia.

RARITY, VALUE & VARIATIONS:

Eudialyte is a variety of Pink Garnet that is often intermingled with other minerals. These stones can be red, pink, yellow, blue, and brown. When you're buying Fluorite gemstones, getting them loose instead of a pre-set in a ring, or other jewelry will ensure that you get the best value. You'll find overall that loose gemstones are less expensive and you can also really see what you're paying for. You also get to choose the color, cut, and shape of the stone. Eudialyte is a rare silicate mineral that is grown on a host rock rather than just on its own. It's considered to be a good source of zirconium, and it rates 5 to 6 on the Mohs scale of hardness.

HOW TO USE EUDIALYTE:

Use Eudialyte to help you focus on your goals and dreams. Bring it to work with you or set it on your desk to promote a good work attitude. Carry or wear the stone to help prevent worry and to alleviate stress.



Faden Quartz



POWER & BENEFITS OF FADEN QUARTZ:

Faden Quartz is a stone that brings connection. It supports the connective forces between self and others. It also helps to create and maintain an ethereal connection with others on this plane, other planes, and dimensions

SPIRITUAL & EMOTIONAL INFLUENCE:

Faden Quartz expands consciousness and unifies the self. It helps balance a damaged aura and balance the etheric body. It is good for Earth grounding and astral travel. It is excellent for transmitting energy and contains a wealth of information relating to Planet Earth. It aids people who are seeking the truth. It can also help enhance telepathic activities.

It balances all levels of being to include the physical, emotional, mental, and etheric fields. It can be used to cleanse the aura and stimulate the opening of the Chakras. Faden Quartz helps to connect people's energies. It is good for lovers and people working on the same creative or intellectual projects together. It attunes people to the same energy vibration.

THE PHYSICAL CONNECTION:

It is thought that Faden Quartz is good for bruises, cuts, broken or fractured bones, ligaments, muscle tears, and tendons.

THE CHAKRAS CONNECTED TO FADEN QUARTZ:

All Chakras. It stimulates the opening of All Chakras.

ASTROLOGICAL SIGNS:

Scorpio.

LOCATIONS FOUND & HISTORY:

Worldwide.

RARITY, VALUE & VARIATIONS:

Faden Quartz is a quartz crystal with white thread-like lines running from edge to edge.

HOW TO USE FADEN QUARTZ:

Faden Quartz can assist in achieving a deepened meditative state, which can bring great insights into the unknown. Meditating with the stone can facilitate attunement with the Earth's energies and help communication with higher realms. In crystal grids or crystal body layouts, it aligns the physical meridians and the nervous system. It is thought to give protection to travelers, especially those who are flying.



Fire Agate



POWER & BENEFITS OF FIRE AGATE:

Fire Agate is a grounding stone that promotes safety and security. It also helps you connect with the Earth, and it's an excellent stone for introspection. It is beneficial for fear, insecurity, self-confidence, and concentration. It has a deep connection to the Earth and its energy is calming, bringing security and safety.

SPIRITUAL & EMOTIONAL INFLUENCE:

Fire Agate enhances meditation. It instills spiritual fortitude and facilitates the evolution of consciousness. It clears etheric blockages and energizes the aura.

It ignites passion and the fire within to live your purpose. It helps with sexual expression, libido, and overall vitality. It brings a deep sense of protection and security which helps you feel secure and safe in life. It helps with inner issues that need resolution. It helps to resolve destructive patterns instilling more self-loving behaviors.

THE PHYSICAL CONNECTION:

Fire Agate is thought to bring warmth and heat to a cold body or settles heat in an overly warm body. It is said to increase energy levels. It is believed to be good for eyesight and even night vision. It is also thought to help the stomach, digestive system, endocrine system, and circulatory system.

THE CHAKRAS CONNECTED TO FIRE AGATE:

Third Eye (Brow) Chakra, Sacral Chakra, Root (Base) Chakra.

ASTROLOGICAL SIGNS:

Aries.

LOCATIONS FOUND & HISTORY:

Mexico, Brazil, the Czech Republic, India, Iceland, Africa, Morocco, and the United States. Fire agate was formed during the Tertiary Period millions of years ago. It is a rare type of layered Chalcedony Quartz crystal that has a fiery effect with natural luminosity. They were created by volcanic activity that caused hot water mixed with colloidal silica and iron oxide to sink beneath the Earth's surface. As the mixture cooled, the silicate and iron oxide grew layers of Chalcedony creating round formations. Iron oxide is also what gives Fire Agate its brown, orange, and white iridescence that looks like embers of a fire.

RARITY, VALUE & VARIATIONS:

The alternating layers in Fire Agate are created by limonite or goethite iron oxide and silica that usually comes in a round grape-like formation. It has a hardness rating of 6.5 to 7 on the Mohs scale and it's not overly expensive. The prices of different pieces may reflect the artistry rather than the stone itself. Agates that have more of an interesting pattern or landscape patterns are at a premium.

HOW TO USE FIRE AGATE :

Wear it for long periods and place it on the areas of the body that need balance. Place it on your desk to fuel your inner drive and passion.



Fire Opal



POWER & BENEFITS OF FIRE OPAL:

Fire Opal is a symbol of hope, an energy amplifier, and an enhancer of personal power, awakening the inner fire. It is a protector against danger. It is good for intuition, insight, and bringing change and progress to life. It facilitates change and progress.

SPIRITUAL & EMOTIONAL INFLUENCE:

Fire Opal is good for meditation, psychic abilities, and spiritual vitality. It will soothe your physical and auric bodies. It helps stress and prevents burn out. It is an excellent stone for reenergizing and warming.

It is a wonderful stone for people who are shy or lacking in self-confidence. It can help stir the fire in you and give you the boost of confidence that you need. It is an enhancer of personal power, and awakens your inner fire. It magnifies thoughts and feelings and returns them threefold. It is a good stone for letting go of the past.

THE PHYSICAL CONNECTION:

Fire Opal is thought to be good for the abdomen, lower back, central nervous system, energy, and eyesight. It is said to help emphysema. It is also thought to help the intestines and kidneys and balances the adrenal glands helping to prevent burnout.

THE CHAKRAS CONNECTED TO FIRE OPAL:

Third Eye (Brow) Chakra.

ASTROLOGICAL SIGNS:

Cancer, Leo, Libra, Pisces, and Sagittarius

LOCATIONS FOUND & HISTORY:

Australia, and Mexico.

RARITY, VALUE & VARIATIONS:

A variety of Opal that exhibits fire. A colorful, translucent to transparent Opal that has a background color of fire red, yellow, or orange.

HOW TO USE FIRE OPAL:

Do not touch Fire Opal with any oils or chemicals. It is also important to protect your crystal from any blows or scratches. Wearing Fire Opal will instigate happiness, hope, love and make you appreciate the love that you have in your life. It will purify your life and get rid of the negativities. Place a piece of Fire Opal in your place of business as a good way to attract customers.



Flint



POWER & BENEFITS OF FLINT:

Flint brings protection and safety. It is thought to bring physical protection. It helps you to read and understand body language. It helps shyness, lack of intimacy, and nightmares.

SPIRITUAL & EMOTIONAL INFLUENCE:

Flint harnesses your intuition and inner voice. It is good for telepathy, psychic surgery, ESP, and protecting houses from spirits.

It is thought to help with anger and arguments. It also helps to protect you from negativity.

THE PHYSICAL CONNECTION:

Flint is thought to benefit the lungs, calcification of bones, cuts, liver, joints, kidneys, and kidney stones. It is also thought to aid digestion. It is said to assist in the balancing of skin wounds and superficial growths.

THE CHAKRAS CONNECTED TO FLINT:

Crown Chakra.

ASTROLOGICAL SIGNS:

Scorpio, Aries.

LOCATIONS FOUND & HISTORY:

Worldwide. The precise origins of Flint are not clear. It's believed that this stone is created because of temperature changes in compressed sedimentary rock

during diagenesis. Some types of Flint stones contain marine flora fossils which are preserved inside. Flint was used in the Stone Age to create tools and blades. It has also been used as a building material as a stone or a mortar. Flint pebbles have also been used in ceramic making throughout history.

RARITY, VALUE & VARIATIONS:

Worldwide. Flint is very abundant, and it's found all over the world. It rates at 7 on the Mohs hardness scale making it a very hard and durable mineral. It's used in many items including building materials and jewelry. It is a form of Quartz and more specifically a type of Chalcedony. It's a fairly neutral-colored stone that is mainly grey, black or brown.

HOW TO USE FLINT:

Wear or carry Flint with you when you need to feel safe and protected. It is also beneficial in meditation.



Fluorite



POWER & BENEFITS OF FLUORITE:

Fluorite is a highly protective crystal, especially when used on a psychic level. It cleanses and stabilizes the aura and brings clarity of mind and heightens focus. It helps to bring order to chaos and restore balance.

SPIRITUAL & EMOTIONAL INFLUENCE:

Fluorite discerns when outside influences are at work and shut off psychic manipulation and undue mental influence. It grounds and integrates spiritual energies, promoting unbiased impartiality and heightens intuitive powers, making you aware of higher spiritual realities.

It has a stabilizing effect that helps you to understand the effect of the mind and emotions on your body. It is good for meditation. It helps with overexcitement and stress.

THE PHYSICAL CONNECTION:

Fluorite is thought to be beneficial for bronchitis, emphysema, pleurisy, pneumonia, antiviral, infections, teeth, cells, and bones. It is said to be a powerful stone against viruses, especially when used as an elixir. It is also thought to help alleviate arthritis symptoms, rheumatism, and spinal injuries. Fluorite is said to draw off negative energies and all kinds of stress.

THE CHAKRAS CONNECTED TO FLUORITE:

Third Eye (Brow) Chakra.

ASTROLOGICAL SIGNS:

Capricorn, Pisces.

LOCATIONS FOUND & HISTORY:

Africa, Australia, Brazil, Britain, Canada, China, England, Germany, Mexico, Norway, Peru, United States. Fluorite dates back to the ancient Chinese and Egyptians. It is often used as an ornamental stone and is a favorite of collectors. The largest single fluorite crystal cube was found in Russia and reportedly measured 7 feet across in size.

RARITY, VALUE & VARIATIONS:

Fluorite is a common crystal available in a variety of colors. Cubic or octahedral masses. It has a Mohs hardness of 4.

HOW TO USE FLUORITE:

Stroke across the body toward the heart to help with pain relief. An effective stone against computer and electromagnetic stress. Use as appropriate to block geopathic stress. Use for meditation.



Fuchsite



POWER & BENEFITS OF FUCHSITE:

Fuchsite often called the fairy crystal, has green and gold sparkling flecks, just like fairy dust. This stone encourages joyfulness, miracles, and relaxation, connecting you with your heart on a deeper level. Helps you to make the right choices.

SPIRITUAL & EMOTIONAL INFLUENCE:

Fuchsite is a good stone for calming. It helps with emotional recovery and unrequited love. It imparts resilience after emotional tension or trauma. Fuchsite helps to overcome codependency and emotional tension. It helps with thoughts and emotions that are no longer beneficial for you by eliminating them from your system.

This stone will help you achieve emotional, mental, and spiritual balance and to bounce back after physical or emotional challenges. It will make you strong again in body, heart, and mind.

THE PHYSICAL CONNECTION:

Fuchsite is thought to be good for the heart, muscles, and spine. It is said to help with skin conditions especially eczema and helps carpal tunnel syndrome. It is also thought to balance the red and white blood cell ratio. It is said to increase flexibility in the musculoskeletal system and helps aid in physical recovery.

THE CHAKRAS CONNECTED TO FUCHSITE:

Heart Chakra.

ASTROLOGICAL SIGNS:

Aquarius.

LOCATIONS FOUND & HISTORY:

Brazil, Switzerland, Russia, Austria, Czech Republic, New Mexico, Canada, India, Italy, Scotland, Germany, Austria, Madagascar, Finland, Afghanistan, and the Dominican Republic. . Fuchsite is named after a German chemist and mineralogist Johann Nepomuk von Fuchs.

RARITY, VALUE & VARIATIONS:

A form of mica with chromium inclusions that give it its green color. Plate-like and layered, masses and occasional tabular crystals. Available from specialty gem shops. Fuchsite has a Mohs hardness of 3.5-4.

HOW TO USE FUCHSITE:

Place Fuchsite as appropriate or hold during meditation. It is a great energy disperser. Place Fuchsite in any window so its energies will fill the rooms in your home. It carries the energy of strength, warmth, and vitality.



Fulgurite



POWER & BENEFITS OF FULGURITE:

Fulgurite is good for communication and concentration. It is a very special type of fused Quartz and glass that is created by lightning strikes in desert sand or sandy soil. It is also known as petrified lightning and also as Lechatelierite. It's a very fragile stone, but also very powerful because it holds the energy and power of lightning.

SPIRITUAL & EMOTIONAL INFLUENCE:

Fulgurite can help you access your inner power and help you to stand in your power to use it in a balanced way. It brings you empowerment that aids you in being your true, authentic self.

IT IS GOOD FOR PSYCHIC SKILLS, ESPECIALLY DOWSING.

The Physical Connection:

Fulgurite is thought to be beneficial for the throat, esophagus, ears, nose, intestines, and colon. It is said to help with cellular regeneration and balancing the electromagnetic field of the body. It is also thought to help to give protection from electromagnetic radiation and to balance energy in the body.

THE CHAKRAS CONNECTED TO FULGURITE:

Third Eye Chakra, Crown Chakra, and Heart chakra.

ASTROLOGICAL SIGNS:

Gemini and Virgo.

LOCATIONS FOUND & HISTORY:

This incredible stone is found in Lybia as well as the Sahara Desert, the Gobi Desert and other deserts in the world. The name Fulgurite comes from the Latin word Fulgur which means lightning.

RARITY, VALUE & VARIATIONS:

When the lightning hits the sand, there is a huge release of energy that melts the sand. This melted sand forms a glass tube surrounding the lightning strike. The stone can be either white or brown depending on the color of the sand and any impurities in it. They can measure anywhere from one inch to three inches long.

HOW TO USE FULGURITE:

You can use Fulgurite as a powerful meditation tool to tap into your power and intuition. It's also a powerful tool that can be used in manifesting. You can also program the stone with intentions, and those intentions will be magnified with the power of the stone.

Galena



POWER & BENEFITS OF GALENA:

Galena is a wonderful grounding stone, it helps to calm and center you. It's also known as the stone of harmony. It is good for expanding your mind and opening it to new ideas and possibilities.

SPIRITUAL & EMOTIONAL INFLUENCE:

Galena is thought to be good for beneficial for multidimensional cellular healing. It creates balance on all levels and harmonizes the physical, etheric, and spiritual planes. A grounding stone that anchors the soul into incarnation, assists in centering in oneself.

It dissolves self-limiting beliefs and makes you feel like anything is possible. It is also great for those in a balancing profession.

THE PHYSICAL CONNECTION:

Galena is thought to be good for the hair, skin, and nails. It is said to be good for the blood and circulation as well as the nervous system. It is also thought to be beneficial for reducing inflammation and for absorbing key nutrients like zinc and selenium.

THE CHAKRAS CONNECTED TO GALENA :

Root (Base) Chakra, Crown Chakra.

ASTROLOGICAL SIGNS:

Capricorn.

LOCATIONS FOUND & HISTORY:

United States, United Kingdom, and Russia. Since it's the most common mineral that contains lead, Galena has been very well-known throughout history. Lead was one of the first minerals to be discovered by humans and has been used since 3000 BC. It was used for making water pipes and as a way to make stained glass windows among a variety of other uses.

RARITY, VALUE & VARIATIONS:

Galena is one of the most abundant sulfide minerals. It crystallizes as cubic crystals which have octahedral forms. It's also often associated with popular minerals calcite and fluorite. Galena is very soft with a hardness of 2.5 or more on the Mohs scale of hardness. It will also create a black or grey streak when a streak test is performed. It comes in the form of silver cubic-shaped minerals. It's also called lead Glance, and it's the natural mineral form of lead sulfide. It is the primary ore of lead as well as an essential source of silver.

HOW TO USE GALENA::

For grounding, hold a piece of Galena in your hand as you sit and breathe deeply. Do not use this mineral for elixirs though as it will be toxic when consumed.



Garnet



POWER & BENEFITS OF GARNET:

Garnet brings courage, creative energy, vitality, abundance, flow, change, and awareness. It brings emotional balance. It dissolves ingrained behavior patterns and outworn ideas that no longer serve, it bypasses resistance or self-induced unconscious sabotage.

SPIRITUAL & EMOTIONAL INFLUENCE:

Garnet is good for magic and spiritual devotion. It has strong links to the pituitary gland, it stimulates expanded awareness, past-life recall, and out-of-body experiences.

It is excellent for emotional trauma and times of chaos and disruption. It will help you feel stable in times of trouble. It inspires devotion and unconditional love while releasing old wounds of the past. It is also beneficial for grounding and protection of the heart and emotions.

THE PHYSICAL CONNECTION:

Garnet is thought to produce invigorating energy and connecting you with your body. It is said to be is mainly connected with the heart and blood. It is believed to aid in detoxification of the blood, low and high blood pressure, and anemia. It is also thought to revitalize DNA, balance the sexual organs, and sex drive.

THE CHAKRAS CONNECTED TO GARNET:

Root (Base) Chakra, Heart Chakra. Purifies and energizes All Chakras.

ASTROLOGICAL SIGNS:

Leo, Virgo, Capricorn, Aquarius. Varies according to type.

LOCATIONS FOUND & HISTORY:

Europe, USA (Arizona, and New Mexico), South Africa, Australia. In ancient times red Garnets were often referred to as carbuncles which were thought to be one of the four precious stones that were given to King Solomon by God. Egyptian pharaohs wore necklaces adorned with Garnet stones and in Rome people used signet rings to stamp the wax seals on documents.

RARITY, VALUE & VARIATIONS:

Garnet stones come in all shapes and sizes. Garnet is not just one stone, but a group of several minerals including Almandine, Pyrope, Spessartite, Grossular, Andradite, and Uvarovite. The most popular form is a beautiful deep, dark red colored stone. Demantoid and Tsavorite Garnets are the smaller Garnets which makes them more valuable the larger they are. Almandine Garnet is more common to find in a larger size so the cost doesn't typically get as high unless they have a distinct clarity. It has a Mohs hardness of 6-7.5.

HOW TO USE GARNET:

Wear Garnet on the skin to promote balancing and carry with you when you need protection. Square cut Garnets bring success in business matters.



Goethite



POWER & BENEFITS OF GOETHITE:

Goethite is a stone that helps take the seriousness out of life so you can relax and have fun. It helps you to enjoy life.

SPIRITUAL & EMOTIONAL INFLUENCE:

Goethite is good for the development of psychic abilities. It assists in gaining a connection to the Earth. It opens your heart to compassion for others and to receiving love and compassion yourself.

It helps you to also have compassion for yourself as you go through life making it easier to forgive yourself for mistakes. It is good for expressing grief that is felt after a loved one passes away.

THE PHYSICAL CONNECTION:

Goethite is thought to be good for the eyes, ears, nose, throat, and digestive system. It is said to be beneficial for veins and blood circulation. It is also thought to be beneficial for anemia and heavy menstrual flow. It is also thought to be helpful for metabolism.

THE CHAKRAS CONNECTED TO GOETHITE:

Third Eye (Brow) Chakra.

ASTROLOGICAL SIGNS:

Aries.

LOCATIONS FOUND & HISTORY:

Found at the Alsace-Lorraine basin in France as well as the southern Appalachians, U.S, South Africa, Brazil, Russia, and Australia. Goethite was named in 1806 after J.W. von Goethe, who was a German poet and philosopher that had an interest in minerals. This name was first given to lepidocrocite though which is not as common as a mineral. Although they have similar composition but a different crystal structure.

RARITY, VALUE & VARIATIONS:

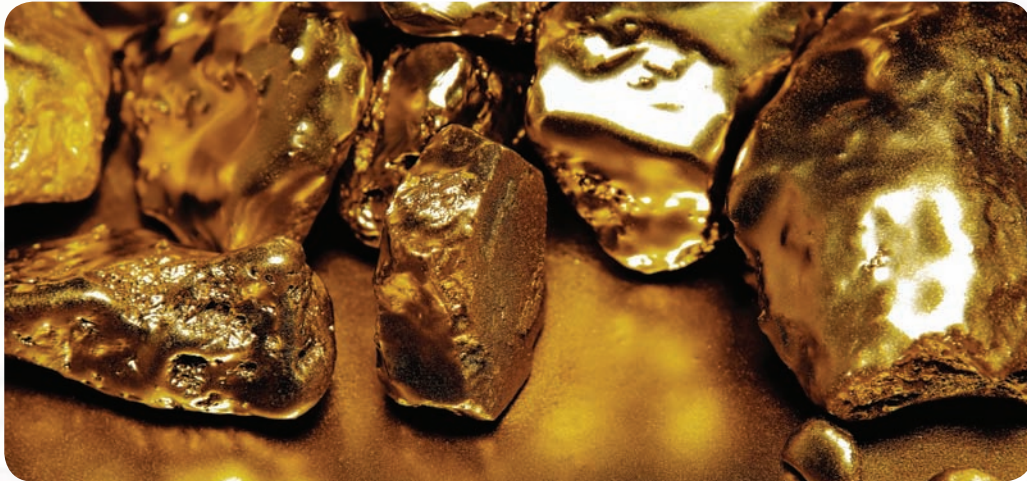
Goethite is found as fibers, scales, needle-like structures, masses, prismatic crystals, radial stalactites, and pipe organ structures. It may be yellow, orange, red, black, or brown.

HOW TO USE GOETHITE:

Hold Goethite to help you to release grief fully and to explore your deep emotions that accompany it. Keep with you during storms and other earth changes like earthquakes. Also great for writer's block so keep with you as you write for easy flow of communication.



Gold



POWER & BENEFITS OF GOLD:

Gold brings abundance, mental balance, vitality, and wealth. It helps learning and with the realization of self-potential. It will bring success, happiness, enthusiasm, and power. It will fill your life with comfort, kindness, and magic and make you more attuned to nature and the people around you.

SPIRITUAL & EMOTIONAL INFLUENCE:

Gold brings connection to the universe and its knowledge, natural energies, and wisdom. It symbolizes purity in a spiritual sense and the development of total understanding. It unlocks and activates the third eye and crown chakras.

Gold helps with anger, burdens, depression, ego, emotional stress, negativity, nightmares, tension, and trauma.

THE PHYSICAL CONNECTION:

Gold is thought to be good for the eyes, hormones, skin, spine, and circulatory, digestive, nervous, and respiratory systems. It is also thought to help with arthritis, autism, blood disorders, coordination, dyslexia, epilepsy, heart disease, hypothermia, vascular disease, paralysis, rheumatism, multiple sclerosis, tissue repair and rejuvenation, vitamin and mineral deficiencies.

THE CHAKRAS CONNECTED TO GOLD:

Heart Chakra.

ASTROLOGICAL SIGNS:

Leo.

LOCATIONS FOUND & HISTORY:

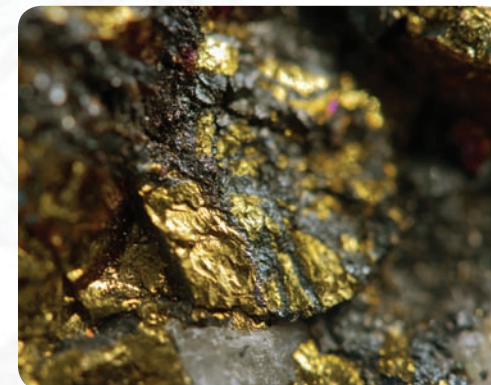
Australia, United States, South Africa. Gold is one of the most popular minerals found in the world because of its value and special properties. Gold Ore is often brown and contains very little Gold. To extract the Gold, Gold Ore is crushed and then separated from Ore using a variety of methods. Gold nuggets are the most popular form of Gold, especially with Gold collectors. Gold nuggets form when they are separated from rock because of erosion. It is one of the most resistant metals and will not tarnish, discolor, crumble, or be affected by most solvents.

RARITY, VALUE & VARIATIONS:

Dendrites, veins, flakes, nuggets, masses, and rarely cubic, octahedral, and crystals.

HOW TO USE GOLD:

Wear Gold every day if you want to invite good fortune and success and enhance your power. Wear a Gold ring on your left hand to experience spiritual growth. Wear Gold on your index finger if you are having problems concentrating, and on your middle finger when experiencing personal problems.



Golden Ray Calcite



POWER & BENEFITS OF GOLDEN RAY CALCITE:

Golden Ray Calcite, a stone that is also known as Golden Iceland Spar helps with communication and ideas. It is a powerful amplifier and cleanser of energy. It boosts mental energy and creativity. It is a crystal that helps with self-limiting beliefs. It stimulates the higher mind and the will.

SPIRITUAL & EMOTIONAL INFLUENCE:

Golden Ray Calcite is good for visualization and past-life recall. It is a spiritual stone that helps to facilitate the opening of higher awareness and psychic abilities.

It helps with channeling and out-of-body experiences. It accelerates spiritual development. It stimulates the reawakening and recognizing of those known and interacted with in past lives. It is good for divination.

Golden Ray Calcite helps the nerves. It is a stone that helps to ease transitions by releasing old beliefs and integrating new ones that better support your life. Use to discover the habits and beliefs that limit you, and the ability to release them.

THE PHYSICAL CONNECTION:

Golden Ray Calcite is thought to be good for the circulation of the endocrine glands, gallbladder, and liver. It is said to boost physical energy and helps at the start of infections. It is also thought to help remove stagnant energy from the body.

THE CHAKRAS CONNECTED TO GOLDEN RAY CALCITE:

Crown Chakra, Solar Plexus Chakra, and Sacral Chakra.

ASTROLOGICAL SIGNS:

Leo.

LOCATIONS FOUND & HISTORY:

China, and United States.

RARITY, VALUE & VARIATIONS:

Rhombohedral and scalenohedral crystals are also found in masses. Golden color.

HOW TO USE GOLDEN RAY CALCITE:

Makes a good Calcite elixir. When used as an elixir, its energy is uplifting. Place a piece of Golden Ray Calcite in a room to help clear negative energy from the environment and heighten your energy. It enhances meditation and induces a deep state of relaxation and spirituality.



Goshenite



POWER & BENEFITS OF GOSHENITE:

Goshenite is a wonderful stone to help stimulate creativity and will assist you in expressing yourself. It's also known to be the mother of crystals, related to motherhood, the moon, and the angels.

SPIRITUAL & EMOTIONAL INFLUENCE:

Goshenite helps you have practical thoughts when you're making important decisions. It is good for creativity and relationships, and in arguments to help the parties involved to see both sides of the story.

It also encourages truthfulness and honest communication. It helps promote self-control, communication, and understanding. It enables you to move forward.

THE PHYSICAL CONNECTION:

It is thought to be beneficial for the legs and cramping. It is said to help those with ADHD and autism. It is also thought to relieve headaches, allergies, and insomnia.

THE CHAKRAS CONNECTED TO GOSHENITE:

Third Eye Chakra.

ASTROLOGICAL SIGNS:

Libra, and Gemini.

LOCATIONS FOUND & HISTORY:

Can be found in North and South America, Canada, Russia, Mexico, China,

Colombia, Brazil, Africa, Northern Europe, and Asia. Goshenite gets its name from a small town called Goshen in Massachusetts, where it was first found. It was first used to make eyeglasses because of how transparent it is.

RARITY, VALUE & VARIATIONS:

Goshenite forms in prismatic crystals. The other Beryl stones are morganite, heliodor, aquamarine, emerald, and maxixe. It is transparent to translucent, with a vitreous luster, and it's said to be the purest form of Beryl because it contains fewer impurities than other types. Its gem value is fairly low but it is used as a source of beryllium a chemical element and metal alloy used to make tools. It's also used to make windows and x-ray equipment.

HOW TO USE GOSHENITE:

Carry a piece of Goshenite to relieve your stress easily. Meditate with the stone to open your crown chakra and third eye chakra to connect with the spirit realm and angels. Keep a piece beside you as you sleep to have a good influence over your dreams.



Green Calcite



POWER & BENEFITS OF GREEN CALCITE:

Green Calcite radiates soothing and calming energies to help restore balance to the mind, body, and spirit. This stone helps to dissolve old belief systems and energy patterns to bring in money and prosperity.

SPIRITUAL & EMOTIONAL INFLUENCE:

This stone is useful in your journey of self-discovery, it shows you how you can accept yourself wholly and embrace all of your imperfections. Green Calcite is a stone that calms emotions. It helps with anxiety and panic attacks. Considered a mental balancer, it dissolves rigid beliefs and restores balance to the mind.

THE PHYSICAL CONNECTION:

Green Calcite is thought to be good for the treatment and prevention of infection. This stone is said to be a powerful stimulator for the immune system and especially useful when used in crystal grids. It is thought to absorb negativity and get rid of bacterial infections. It is also said to be good for arthritis, muscles, and bone adjustments. It is believed to calm the adrenals, cool fevers, burns, and inflammation.

THE CHAKRAS CONNECTED TO GREEN CALCITE:

Heart Chakra, and Third Eye (Brow) Chakra.

ASTROLOGICAL SIGNS:

Cancer.

LOCATIONS FOUND & HISTORY:

USA, United Kingdom, Belgium, Czech Republic, Slovakia, Peru, Iceland,

Romania, Brazil, and Mexico. Green Calcite belongs to the mineral class of carbonate and is formed through sedimentation. It has a soothing and lovely shade of green, is opaque, and looks similar to washed beach glass.

RARITY, VALUE & VARIATIONS:

Green Calcite is found in masses that are a bright emerald to pale green. The beautiful green in the stone comes from the chlorite trapped in the stone during crystallization. It has a Mohs hardness of 3.

HOW TO USE GREEN CALCITE:

Place Green Calcite on the body to help absorb disease. When used regularly, you will experience a difference in your overall outlook. Make sure to clean the stone thoroughly after each use. Place it in the home or workplace as it will radiate calming and soothing energies, helping to remove any stagnant energy. Carry a piece of Green Calcite with you in your purse or pocket to keep its calming energies close to your vibrational fields.



Green Fluorite



POWER & BENEFITS OF GREEN FLUORITE:

Green Fluorite is a gentle stone, detoxifier, and energizer. It balances negative energy especially electromagnetic smog from computers and other electronics.

SPIRITUAL & EMOTIONAL INFLUENCE:

It absorbs negative energy from the environment. It brings up information from your subconscious mind to be processed.

Green Fluorite helps in staying focused on completing a task and can help you keep a clear mind. It enhances personal growth and insights.

THE PHYSICAL CONNECTION:

Green Fluorite is thought to boost the immune system, assist in cell regeneration, and absorbing vital nutrients. It is said to be great for the digestive system, stomach, intestines, and colon. It is also thought to be beneficial for those experiencing sore throats, stomach aches, heartburn, colitis, and nausea. It is said to be good for bones and teeth and eases arthritis pain.

THE CHAKRAS CONNECTED TO GREEN FLUORITE:

Heart Chakra.

ASTROLOGICAL SIGNS:

Pisces, and Capricorn.

LOCATIONS FOUND & HISTORY:

Mainly found in the United Kingdom and China. Fluorite goes back to ancient

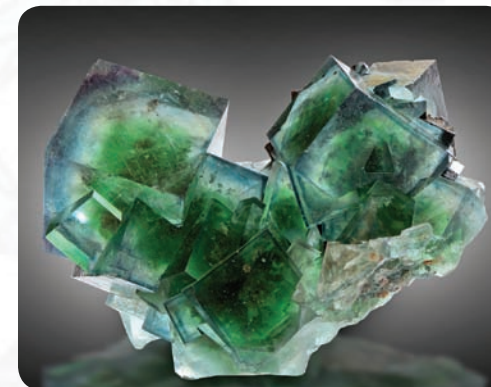
Egypt and China where it was used as an ornamental stone in carvings and jewelry. Fluorite began to be mined in 1933 for commercial purposes as it is used as a component of smelting and in glass and polymers. The largest fluorite crystal cube was found in Russia and measured 2.12 meters in size and weighed 16 tons.

RARITY, VALUE & VARIATIONS:

Some types of Fluorite demonstrate fluorescence in ultraviolet light. The word fluorescence was thought up in 1852 by George Gabriel Stokes in respect to fluorite. Depending on where the Fluorite is formed, different minerals included in the crystal will produce various colors. Fluorite is often found with Sphalerite, Galena, Barite, Quartz, and Calcite.

HOW TO USE GREEN FLUORITE:

Keep this crystal with you in times of emotional difficulty and when you're around electronic devices for a long time. You can place Green Fluorite in your garden to help in growing plants.



Green Mose



POWER & BENEFITS OF GREEN MOSS AGATE:

Green Moss Agate is considered a good stone for wealth. It helps with the growth of new crops. This stabilizing stone is connected to nature and is said to refresh the soul and allow you to see beauty all around you. It is a stone of wealth, attracting abundance.

SPIRITUAL & EMOTIONAL INFLUENCE:

Green Moss Agate is a stone of new beginnings and helps to release blockages or spiritual restraints. It helps with anxiety, stress, and tension by releasing trapped emotions.

Green Moss Agate crystal helps to improve self-esteem and assists intuitive people to channel their energy in practical ways. A powerful protective stone during a relationship breakup.

THE PHYSICAL CONNECTION:

Green Moss Agate is thought to be good for cleansing and detox. The stone is said to help speed up recovery and to counteract long-term illness. It is believed to be good for digestion, inflammation, circulatory, eyes, and immune system. It is also thought to help with cold and flu symptoms, lowers fever, fungal infection, and skin disorders. It is considered a birthing crystal, aiding midwives in their work, and thought to lessen pain and ensure a good delivery.

THE CHAKRAS CONNECTED TO GREEN MOSS AGATE:

Heart Chakra, Sacral Chakra, Throat Chakra.

ASTROLOGICAL SIGNS:

Virgo.

LOCATIONS FOUND & HISTORY:

Australia, India, United States. It is a form of Chalcedony formed from silicon dioxide. It includes minerals of a green color which form filaments and other patterns similar to moss.

RARITY, VALUE & VARIATIONS:

Found as masses of Agate. This semi-precious gemstone is transparent or translucent green, white, and clear with markings similar to a moss-like or foliage pattern. Green Moss Agate may also be blue, black, brown, yellow, and red. It is a common stone. It has a Mohs hardness of 6.

HOW TO USE GREEN MOSS AGATE:

Moss agate is a birthing crystal that is used by midwives in their work to help lessen pain and to ensure a good delivery. Place or hold Green Moss Agate on the body where balancing is needed. Make sure to make contact with the skin. Use as an elixir applied to the skin to help treat fungal and skin infections.



Green Opal



POWER & BENEFITS OF GREEN OPAL:

Green Opal is a grounding stone that helps to ground emotional and spiritual energy. It helps restore relationships.

SPIRITUAL & EMOTIONAL INFLUENCE:

Green opal is a great grounding stone that helps to ground emotional and spiritual energy. It helps to unburden the heart from past traumas and balances the emotions to gain stability.

It's great for emotional recovery and for restoring relationships. It also helps in filtering out the most important information to gain clarity in a confusing situation.

THE PHYSICAL CONNECTION:

It is thought that Opal can help to relieve fever, colds, flu, and infections. It is said to improve the immune system so the body can fight infection and disease. It is thought to help in detoxification and understanding what you need nutritionally.

THE CHAKRAS CONNECTED TO GREEN OPAL:

Heart Chakra.

ASTROLOGICAL SIGNS:

Aries, Sagittarius, and Cancer.

LOCATIONS FOUND & HISTORY:

Green Opal is found in Peru. The name Opal comes from the Sanskrit word

Upala which means precious stone and also the Greek word Opallios means a change in color because of the natural iridescence of the stone. Also known as Andean Opal because it's sourced in the Andes Mountains in Peru. Opals go way back in history and there are a lot of different myths surrounding it including that it was bad luck. It was also thought to help hair color from fading and make people invisible. None of those myths are true, but the stone was still prized by ancient Romans, Greeks, and other cultures around the world.

RARITY, VALUE & VARIATIONS:

Green opal is much like regular Opal but with more of a green hue. It's a fairly uncommon stone which makes it quite valuable. Green Opal is formed by a sedimentary process and contains silicic acid gel, with solidified iron and nickel which is what gives it its bright green color. It makes for a beautiful stone in jewelry including necklaces, bracelets, earrings, and rings.

HOW TO USE GREEN OPAL:

Use this gemstone to meditate on the truth of a situation and to understand it completely. This would also be a great stone to gift to someone you would like to restore your relationship with. Wear in jewelry or have a tumbled stone with you to receive the benefits.



Grey Banded Agate



POWER & BENEFITS OF GREY BANDED AGATE:

Grey Banded Agate is a stone that offers strength, protection, and solid grounding ability. It is good for the release of stored energy. If you are easily hurt, it teaches you to look to solutions rather than problems. It gives the broader picture and assists you to explore your own creativity while also paying attention to detail.

SPIRITUAL & EMOTIONAL INFLUENCE:

Grey Banded Agate protects the aura, its bands take you traveling into multidimensional realities. It harmonizes the physical body with the subtle bodies, removing dualities, and maintaining well-being.

It releases negative influences or jealous thoughts. Considered a soothing and calming stone, it works slowly to bring about strength. Its multiple layers can bring hidden information to light. It is beneficial for artistic expression, self-confidence, concentration, perception, analytical abilities, and negative energy transformation.

THE PHYSICAL CONNECTION:

Agate is thought to help relieve fatigue, malaise, and myalgic encephalomyelitis. It is said to be good for the release of stored energy. It is also thought to be beneficial for detoxification, depression, and the brain.

THE CHAKRAS CONNECTED TO GREY BANDED AGATE:

Sacral Chakra and Crown Chakra.

ASTROLOGICAL SIGNS:

Scorpio.

LOCATIONS FOUND & HISTORY:

USA, India, Morocco, Czech Republic, Brazil, Botswana, Africa.

RARITY, VALUE & VARIATIONS:

It is a grey and white banded or a patterned variety of Agate. It has a Mohs hardness of 6.

HOW TO USE GREY BANDED AGATE:

Hold or place Grey Banded Agate on the appropriate body location.



Grossularite



POWER & BENEFITS OF GROSSULARITE:

Grossularite is known to be a prosperity stone bringing success in both business and personal aspects. It helps you to relax more and respond instead of reacting.

SPIRITUAL & EMOTIONAL INFLUENCE:

Grossularite helps with any disputes and settles the energy between people. It can help soothe your emotions so you can come from a place of rationality and logical thinking so you can communicate with others. It assists you in expressing your feelings.

THE PHYSICAL CONNECTION:

It is thought to be a strong anti-inflammatory stone, making it a good stone for athletes or anyone with autoimmune disorders. It is said to be great to keep with you if you're recovering from surgery or any illness. It is also thought to be good for arthritis and rheumatism, mucous membranes, and the skin.

THE CHAKRAS CONNECTED TO GROSSULARITE:

Heart Chakra.

ASTROLOGICAL SIGNS:

Cancer.

LOCATIONS FOUND & HISTORY:

Found in Malawi as well as Kenya, and Tanzania. The Garnet family is large with the most popular type of Garnet known as almandite to the rare green tsavorite. Grossular Garnet is one of the other types along with Pyrope, Spessartite,

Uvarovite, and Andradite. Different types of garnet have been used throughout history for many purposes including in jewelry and other artifacts.

RARITY, VALUE & VARIATIONS:

Grossular comes from the botanical name for the gooseberry, which is grossularia. This is a group of crystals including grossularite, hessonite, leuco garnet, hydrogrossular, and tsavorite garnet. Grossularite garnet has a high refractive index which gives it intense brilliance. It can be from 6.5 to 7.5 on the Mohs hardness scale. Some of the most valuable grossularite stones can be mistaken for the demantoid garnet which is pricier.

HOW TO USE GROSSULARITE:

Keep this stone with you in any time of hardship or arguments with others. Meditate on finding the truth and your inner truth. Carry a piece of this stone with you in your purse or pocket, or wear it in jewelry to give you strength and determination. It will help you stay committed to your goals.



Hawk's Eye



POWER & BENEFITS OF HAWK'S EYE:

Hawk's Eye is good for focus, mental clarity, and deeper insight into your experiences, good and bad. It gives you the ability to see issues that might have been hard to see otherwise. It gives insight into your emotional issues and internal struggles.

SPIRITUAL & EMOTIONAL INFLUENCE:

Hawk's Eye is good for all psychic abilities. It is an excellent stone for the earth's energy and for grounding energy. Soaring above the earth, aids insight, vision, and psychic abilities such as clairvoyance. It helps to clear and energize the base chakra. It helps to bring to the surface locked in emotions and disease from past or present lives. It aids in traveling back to the source of emotional blockages.

It opens your aura and clears your thoughts so that you will be ready to accept universal truths. Hawk's Eye help disarray. It is good for dissolving negative and restrictive thought patterns and ingrained behavior. It brings perspective, improves pessimism, and blaming others for problems you made yourself. It is a highly soothing crystal that can reduce stress, anxieties, and increase calm and relaxation.

THE PHYSICAL CONNECTION:

It is thought to be good for the throat, peristalsis, laryngitis, and pharynx. It is said to invigorate and stimulate the physical body. It is said to improve the circulatory system, legs, and bowels.

THE CHAKRAS CONNECTED TO HAWK'S EYE:

Third Eye (Brow) Chakra, and Throat Chakra.

ASTROLOGICAL SIGNS:

Capricorn.

LOCATIONS FOUND & HISTORY:

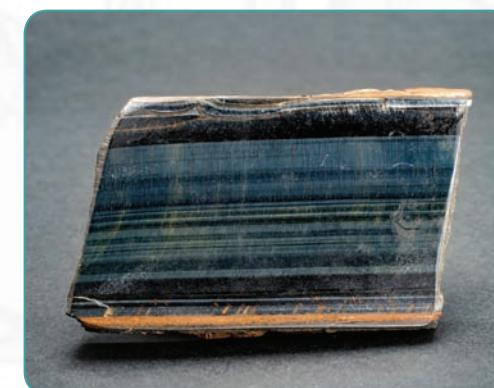
South Africa.

RARITY, VALUE & VARIATIONS:

Hawk's Eye is a blue variety of Tiger's Eye. It is a banded hawk-like form of Tigers Eye. Also called Rodusite and Falcon's Eye.

HOW TO USE HAWK'S EYE:

Place a piece of Hawk's Eye in the wealth corner of the room to attract abundance. Place or hold as appropriate.



Heliodor



POWER & BENEFITS OF HELIODOR:

Heliodor crystal helps with mental balance and communication and protecting things when you are away from them (your house, car, and family). Heliodor means gift of the sun in Greek because it radiates and holds the warmth of the sun. This stone is the yellow variety of Beryl, and it can range in color from light yellow to green and even brown.

SPIRITUAL & EMOTIONAL INFLUENCE:

Heliodor brings in hope and happiness, making it a very empowering stone. It brings about compassion and helps you in discerning between your feelings to sorting out what is true for you as an individual. This crystal supports those who have gone through abuse of any kind, teaching you to take back your power and develop your self-trust and confidence. It helps in decision making as well.

THE PHYSICAL CONNECTION:

It is thought that Heliodor is helpful for the immune system and protecting you from viruses such as the cold and flu. It has been said to assist the processes of the spleen, pancreas, liver, and kidneys. It is thought to be great for the digestive system and the heart, along with the skull and blood flow. It is thought to be beneficial for those who experience Seasonal Affective Disorder and depression.

THE CHAKRAS CONNECTED TO HELIODOR:

Solar Plexus Chakra, and Crown Chakra. The Solar Plexus is known to be the Power Chakra as it helps stimulate your power by increasing your confidence and self-esteem. The Crown Chakra relates to effective thinking. The combination of these Chakras leads to enhancing your life, and help to stimulate creativity and

creative thinking.

ASTROLOGICAL SIGNS::

Leo. Heliodor is connected with the Sun.

LOCATIONS FOUND & HISTORY:

Madagascar, Brazil, Namibia, and Connecticut. The Greeks thought the crystal carried the power of the sun and they named it after the sun because Heliodor means gift of the sun in Greek.

RARITY, VALUE & VARIATIONS:

Heliodor is from the Beryl family, and it's known for its beautiful range of yellow colors. A yellow/golden variety of Beryl that can be pale yellow, orangish-yellow, greenish-yellow, or a deep golden yellow or orange. Heliodor has a hardness of 6.5 to 7 on the Mohs scale of hardness, and it's an excellent stone to facet into gemstones used in jewelry.

HOW TO USE HELIODOR:

You can keep Heliodor in your home, or wear it to increase happiness, It's especially beneficial in the winter when the sun isn't out as much. It can also help you acclimate to colder temperatures. This is also a great protective stone against any emotional abuse.



Hematite



POWER & BENEFITS OF HEMATITE:

Hematite is known for its grounding and balancing energy. It instantly calms you down when you touch it to your skin or hold it in your hand. This makes it the perfect stone for those suffering from anxiety, worry, stress and nervousness. It is beneficial for self-esteem, willpower, compulsions, and courage.

SPIRITUAL & EMOTIONAL INFLUENCE:

Hematite is effective for grounding and feeling secure. It harmonizes body, mind, and spirit. During out-of-body journeying, it protects the soul and guides it back into the body.

It helps gain strength and resilience. It's said to absorb negative energy and balance emotions bringing a state of calm.

THE PHYSICAL CONNECTION:

Hematite is thought to help the blood and circulation as well as anemia and blood clots. It is said to be beneficial for back pain and the vertebrae that make up the spine. It is believed to be excellent for travel sickness and jet lag as well as insomnia and muscle cramps. It is also thought to help the body absorb iron and to form red blood cells.

THE CHAKRAS CONNECTED TO HEMATITE:

Root (Base) Chakra.

ASTROLOGICAL SIGNS:

Aquarius, Aries.

LOCATIONS FOUND & HISTORY:

United Kingdom, Morocco, Italy, Brazil, Switzerland, Sweden, and Venezuela. The ancient Greeks used powdered Hematite to make a red pigment because it has a high iron content. When it was mixed into water, it looked like blood and took the name Haima which means blood in Latin. Hematite has a long history, and because of its high sheen, they have been used in mirrors. It was also used to make seals from 2500 BC to 500 BC. Hematite pigmented paint was used to paint petroglyphs in ancient caves, and it was also used by the Egyptians on the tombs of pharaohs, and also by Native Americans as war paint. It's still used as a polishing powder known as jeweler's rouge.

RARITY, VALUE & VARIATIONS:

Hematite is dark with a metallic blackish gray color. It's opaque and has an extremely high brilliance. Hematite rates a 5.5-6.5 on the Mohs hardness scale. Thicker Hematite pieces can be cut into gemstones. It's lovely in jewelry, but it can be heavy. It can also be engraved and is popular in intaglio pieces. Hematite has a low value, but the highly detailed engraved pieces are more valuable.

HOW TO USE HEMATITE:

Place one Hematite stone at the top and then at the base of the spine to facilitate alignment. Hold a piece of hematite if you're feeling anxious or worried and place a piece by your bed to rest easy.



Hemimorphite



POWER & BENEFITS OF HEMIMORPHITE:

Hemimorphite is a grounding crystal that leaves you feeling more balanced, centered, and calm. It eliminates negativity from your body, drawing it into the stone itself. It is a feel better stone that also brings creativity and luck.

SPIRITUAL & EMOTIONAL INFLUENCE:

Hemimorphite is effective in meditation and helps to attune you to your spiritual growth. It can also help you on your path to enlightenment, by thinking less of your ego.

Hemimorphite brings about self-confidence. It helps with anger, ego, and selfishness.

THE PHYSICAL CONNECTION:

Hemimorphite is thought to help with pain, poisoning, vomiting, and venereal disease. It is said to help maintain balance, blood, and assists in dieting and weight loss because it gives you a lot of energy. It is also thought to alleviate hormonal headaches, as well as ulcer-related pains.

THE CHAKRAS CONNECTED TO HEMIMORPHITE:

Throat Chakra.

ASTROLOGICAL SIGNS:

Libra.

LOCATIONS FOUND & HISTORY:

China. Hemimorphite is a rare form of Zinc Silicate. When the stone is cut and

polished, it can have a beautiful, glassy luster that looks similar to a diamond. This crystal's name is derived from the Greek words Hemi and morph, which translates roughly to mean half shape.

RARITY, VALUE & VARIATIONS:

Tabular crystals, masses, and botryoidal formations. Hemimorphite can occur in various shades of blue and green. It may also sometimes be white, gray, or colorless. This stone often exhibits blue bands and white streaks, with a scattering of a dark matrix.

HOW TO USE HEMIMORPHITE:

Hemimorphite is an excellent meditation tool that helps you tune out the rest of the world and quietly listen to what your body, heart, and mind are telling you. Wear it daily so you can more freely express your thoughts. The more that you use it, the more powerful the crystal becomes. Place a piece of Hemimorphite in the north of your home to attract good energy to help you achieve your goals.



Herkimir Diamond



POWER & BENEFITS OF HERKIMER DIAMONDS:

Herkimer Diamond encourages spontaneity. It is good for memory and new beginnings. It is good for relaxation, being mindful, and living in the present moment.

SPIRITUAL & EMOTIONAL INFLUENCE:

Herkimer Diamond is good for psychic abilities. It is beneficial for inner vision, telepathy, soul healing, multidimensional cellular healing, recall of past life injuries, and disease that affect the present. It facilitates soul retrieval and core soul healing, creating a powerful soul shield when journeying or undertaking spiritual work.

It relaxes the mind and soothes anxiety and nervousness. It promotes creativity and stimulates imagination.

THE PHYSICAL CONNECTION:

Herkimer Diamond is thought to be excellent for detoxing and cleansing. It is said to be useful for reducing the effects of radiation and electromagnetic pollution. It is believed to balance metabolism and aids in cellular disorders. It is also thought to relieve symptoms of stress and anxiety in the body bringing relaxation.

THE CHAKRAS CONNECTED TO HERKIMER DIAMONDS:

Third Eye (Brow) Chakra, Crown Chakra. It purifies All Chakras.

ASTROLOGICAL SIGNS:

Sagittarius.

LOCATIONS FOUND & HISTORY:

Herkimer County, New York State, USA. Herkimer Diamond was first found while excavating in the 18th Century in Herkimer County, New York in the Mohawk River Valley. Much like diamonds, Herkimer Diamonds started forming more than 500 million years ago in Dolostone which covered Herkimer County, New York in the Cambrian Age which is also where it gets its name from.

RARITY, VALUE & VARIATIONS:

Herkimer diamonds are double-terminated crystals with a diamond shape. They are bright, clear, colorless, contain air bubbles, rainbow inclusions, and even black carbon deposits. Herkimer Diamonds, although they are just as beautiful as these gemstones, are not diamonds at all, but a type of Quartz. The prices and quality of diamonds and Herkimer diamonds are entirely different making Herkimer diamonds are more affordable.

Their value is determined by their color, clarity, cut, and carat weight much like natural diamonds, and the value is documented in a GIA certificate. The clearer and larger the Herkimer Diamond, the more valuable it is. It has a Mohs hardness of 7.

HOW TO USE HERKIMER DIAMONDS :

Wear Herkimer Diamonds in jewelry for short periods. Place by a computer or any other electronics to reduce electromagnetic pollution or radioactivity. Make a room spray by putting the Herkimer Diamond in some distilled water in a spray bottle and spraying as needed. It is excellent gridded around a house or bed, for which the large stones should be used. Position between you and the source of electromagnetic smog.



Hessonite



POWER & BENEFITS OF HESSONITE:

Hessonite is a stone that is good for courage and new challenges. It is also beneficial for clarity of mind, releasing your fears, and more confidence in your actions, thoughts, and words. It imparts self-respect, eliminating feelings of guilt and inferiority and encouraging service to others.

SPIRITUAL & EMOTIONAL INFLUENCE:

Hessonite Garnet helps to open intuition and psychic abilities. Can be used for out-of-body journeys. It will help guide you in finding your path to divinity and spirituality by releasing you from material desires and limitations. It is considered a powerful talisman that can illuminate the night and dispel evil spirits and bad energies. Hessonite imparts self-respect, eliminating feelings of guilt and inferiority, and encourages service.

THE PHYSICAL CONNECTION:

Hessonite is thought to help regulate hormone production, reduce impotence and infertility. Its believed to help the olfactory system and lymphatic systems and removes the negative influences and aids in detox. It is also thought to help with colic.

THE CHAKRAS CONNECTED TO HESSONITE:

Sacral Chakra, Solar Plexus Chakra, Root (Base) Chakra, Heart Chakra.

ASTROLOGICAL SIGNS:

Aries.

LOCATIONS FOUND & HISTORY:

Madagascar, Hessonite gets its name from the Greek word Hesson, which means inferior. It does not mean that Hessonite is an inferior stone but rather the density and hardness of this stone are lower than most other Garnet stones.

RARITY, VALUE & VARIATIONS:

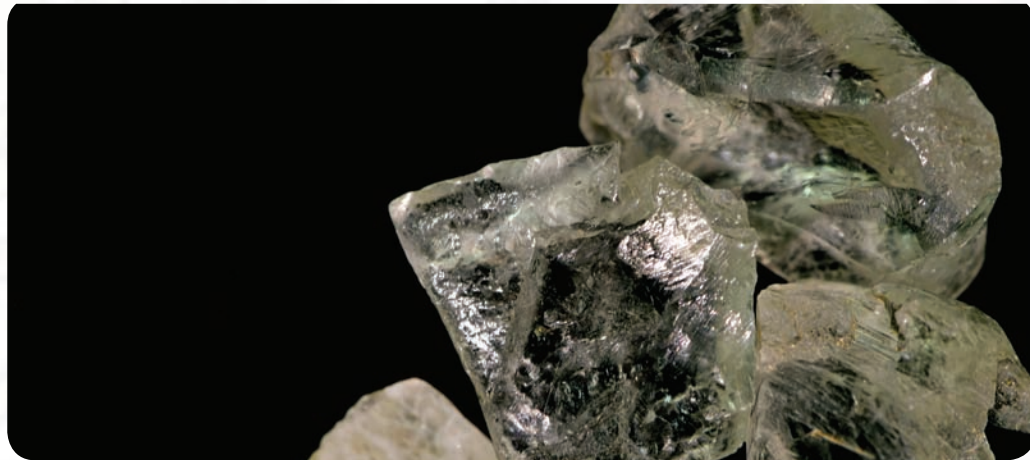
Brown or cinnamon, a yellow form of grossular garnet. Hessonite Garnet is known for its warm yellow to reddish tones. It can exhibit colors such as orange, reddish brown and dark brown-orange. It also occurs in colors like pink and green but is most known for its cinnamon-like colors. It has a Mohs hardness of 6-7.5.

HOW TO USE HESSONITE:

Hessonite is a good stone for meditation helping you get to the next level. Wear it as a stone for protection and to attract wealth, abundance, joy, and balance. Place a piece of the crystal in the south of your house to enhance its energy and to boost your personal and professional relationships.



Hiddenite (Spodumene)



POWER & BENEFITS OF HIDDENITE (SPODUMENE):

Hiddenite crystal encourages growth and nurturing with very grounding energy. It is good for the intellect and study. It aids in spiritual understanding. It gently releases feelings of failure and helps people to receive comfort and support from others, and the universe.

SPIRITUAL & EMOTIONAL INFLUENCE:

Hiddenite brings understanding to situations and helps to smooth over heavy emotions while they are being expressed. It is also great for those who have difficulty expressing their emotions by helping them to feel safe to do so. Hiddenite helps you to accept yourself exactly as you are. It can also help you to feel and express gratitude.

THE PHYSICAL CONNECTION:

Hiddenite is thought to help uncover any imbalance in the body. It is also said to boost the energy of herbs, homeopathic remedies, vitamins, and essential oils to help the body in natural ways. It is thought to benefit the circulatory system and the heart. It is also said to be helpful for joint pain, toothaches, balancing the two hemispheres of the brain, and balancing fluids in the body.

THE CHAKRAS CONNECTED TO HIDDENITE (SPODUMENE):

Hiddenite is connected with the Heart Chakra and emotional expression as well as the Third Eye (Brow) Chakra. It heals the aura. To stimulate spiritual insight, place Hiddenite on the Third Eye Chakra.

ASTROLOGICAL SIGNS:

Gemini, Scorpio, and Taurus.

LOCATIONS FOUND & HISTORY:

A common source for Hiddenite is Pakistan. It is also found in Afghanistan and the United States. This stone was named after William Earl Hidden who discovered it in 1879. He first discovered the stone in Alexander County, North Carolina, and the town was renamed Hiddenite, for the mineral. The mines in the town and area continue to be active today.

RARITY, VALUE & VARIATIONS:

Hiddenite is a green variety of Kunzite and is also known as Lithia Emerald. It has glassy transparency and can even shift in color from almost colorless to be pale green, yellow-green, or emerald green. Even though it can be difficult to cut, the cut stones make beautiful gems. It rates 6.5 - 7 on the Mohs scale but can crack under pressure. That's why most jewelry settings will be protective to keep the stones safe. Hiddenite is a green type of Spodumene. The green is emerald green and sometimes aqua greenish-blue.

HOW TO USE HIDDENITE (SPODUMENE):

Hold Hiddenite when you're working on releasing and resolving traumas and pain. You can also have or hold a stone when you're experiencing anxiety or stress. This is a lovely stone to give to a loved one to rekindle your relationship. Keep Hiddenite away from water.



Honey Calcite



POWER & BENEFITS OF HONEY CALCITE:

Honey Calcite brings about balance and stability. It curbs fear, stress, and overenthusiasm. The stone slows everything down a bit so you have time to pursue the things that are important in life. It will bring more hope, inspiration, and motivation to your life.

SPIRITUAL & EMOTIONAL INFLUENCE:

Honey Calcite is good for yin/yang balance. It is good for grounding and astral traveling. It is a powerful cleanser and amplifier of energies. It speeds up your spiritual growth. Honey Calcite brings about balance and stability. It curbs fear, overenthusiasm, and stress. It is good for balance. It is good for calming emotions that may be preventing success, pregnancy, or ventures. It supports determination and persistence. It encourages you to try new experiences that develop your character and add to your wisdom.

THE PHYSICAL CONNECTION:

Honey Calcite is thought to be good for bone growth, calcium deficiency, fertility, female and male reproductive systems. It is said to be helpful for bladder and kidney issues. It is also thought to support the immune system.

THE CHAKRAS CONNECTED TO HONEY CALCITE:

Base Chakra, and Sacral Chakra.

ASTROLOGICAL SIGNS:

Cancer

LOCATIONS FOUND & HISTORY:

Mexico.

RARITY, VALUE & VARIATIONS:

Honey Calcite is found as both masses and rhombohedral crystals.

HOW TO USE HONEY CALCITE:

To use, place, or keep a piece of Honey Calcite where you want to clear away any negative energies. The stone will help to dispel negative and toxic energies from both your environment and body. Keep a piece of Honey Calcite in your room to clean all the toxic vibrations and boost your home's energy levels. It will also remove any stagnant energy and speed up your emotional, intellectual, physical, and spiritual growth.



Howlite



POWER & BENEFITS OF HOWLITE:

Howlite is a good stone for action, calm communication, discernment, memory, and study. It helps you to reach your goals. A stone to help combat boisterousness, selfishness, and vulgarity.

SPIRITUAL & EMOTIONAL INFLUENCE:

Howlite helps with ambitions, both material and spiritual, and aids in achieving them. It links into the spiritual dimensions, opening attunement and helping the mind to receive insights and wisdom. It assists in accessing past lives and journeys out of the body.

Howlite helps with anger and stress. It is good for emotional expression. Howlite is a calming stone. It teaches patience and can help calm turbulent emotions. It strengthens memory and stimulates a desire for knowledge.

THE PHYSICAL CONNECTION:

Howlite is thought to be good for the bones, teeth, circulation, and immune system. It is said to help with physical pain.

THE CHAKRAS CONNECTED TO HOWLITE:

Crown Chakra and Third Eye (Brow) Chakra.

ASTROLOGICAL SIGNS:

Gemini.

LOCATIONS FOUND & HISTORY:

The United States. It is often dyed and used to imitate more expensive stones.

RARITY, VALUE & VARIATIONS:

Green, blue and white. It occurs in the form of nodules, masses, and rarely crystals. Often artificially colored. A marbled stone that is often tumbled. Available in all sizes. Easily obtained. It has a Mohs hardness of 3.5.

HOW TO USE HOWLITE:

Place Howlite as appropriate or hold the stone during meditation or to help reduce anger. Use Howlite in grids around the bed or a piece under the pillow to help aid insomnia. Keep a piece of Howlite in your pocket to absorb any negativity. Use Howlite as an elixir and sip about an hour before going to bed to help with an overreactive mind when trying to go to sleep. Placed on the Third Eye, it opens memories of other lives to include those who are in the between life state and the spiritual dimensions.



Iceland Spa



Iceland Spa Meaning and Healing Properties

Iceland Spa is a beautiful clear crystal that is good for decision making and clear thinking. It has many uses, in everything from LCD screens to precision optical instruments.

Physical Healing Properties: Iceland Spar amplifies images and helps to heal the eyes. It aids in detox. It has been associated with the bones and joints and helps to balance the calcium in the body. It can also help to improve the body's absorption of vitamins and minerals.

Emotional Healing Properties: It can aid in seeing the double meaning that is hidden behind words. It helps to reduce the tension that causes headaches. It calms the mind, helps to cope with mind games and lets you see both sides of an argument.

Spiritual Healing Properties: Iceland Spar is an excellent cleanser of the subtle bodies.

Chakras: All

Astrological signs: Gemini, Cancer

History: Over 1,000 years ago, the Vikings sailed their ships from Scandinavia to America without the use of magnetic compasses, maps, astrolabes or any other known devices. They still managed to find their way in spite of the fog, clouds, and long summer twilights that were characteristic of near Polar Regions. Viking legends attribute their navigational success to the use of mysterious, glowing

sunstones to help find the position of the sun and set the ship's course even on cloudy days. Many researchers believe that these magical sunstones were, in fact, Iceland spar. Iceland Spar is also known as Optical Calcite. It is best known for exhibiting the optical property of double refraction so that anything viewed through the crystal appears double.

Source: Mexico

Variations, Rarity and Value: Clear rhombohedral crystals that show double refraction. Iceland spar is a clear, transparent, colorless crystallized variety of calcite. Large pieces of Iceland Spar are split along the natural cleavage planes to form natural rhombs. Perfect, flawless, colorless Iceland Spar that is used in optical instruments is quite expensive.

How to use it: Use it to relieve the tension that causes migraines.



Idocrase (Vesuvianite)



POWER & BENEFITS OF IDOCRASE (VESUVIANITE):

Idocrase is thought to open the mind and clear negative thought patterns so the mind can function clearly. It is good for protection, courage, discovery, awareness of danger, and invention.

SPIRITUAL & EMOTIONAL INFLUENCE:

Idocrase is great for empathy, either to enhance it or dial it down for those who are highly sensitive. It's said to provide strength and courage and to help ease depression or get to the root cause of our feelings.

THE PHYSICAL CONNECTION:

Idocrase is thought to be a great stone for teeth as it restores the enamel on the tooth. It's also thought to be good for restoring a sense of smell. It is believed to help diverticulitis and digestive issues and the absorption of nutrients and minerals. It is thought to help skin issues like eczema or acne.

THE CHAKRAS CONNECTED TO IDOCRASE (VESUVIANITE):

Connected with the Heart Chakra.

ASTROLOGICAL SIGNS:

Capricorn and Sagittarius.

LOCATIONS FOUND & HISTORY:

Found in Italy and the United States. The name Vesuvianite which is the stone's other popular name came from where it was first discovered at Mount Vesuvius. Idocrase is the name it's called when it's a polished gemstone while Vesuvianite

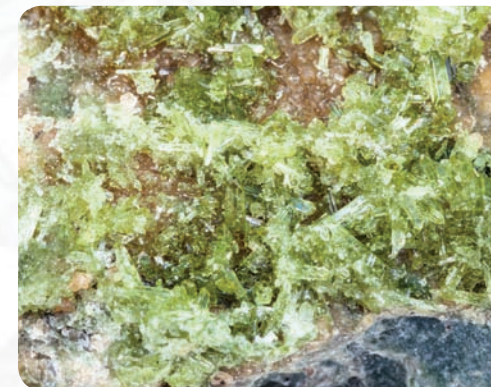
is the name it has when it's rough. The name Idocrase was first found in 1795 by geologist Abraham Gottlob Werner who was also the first to find chrysoberyl. He was also the mentor of Friedrich Mohs, who created the Mohs scale of hardness which is still used today to rate the hardness of gemstones.

RARITY, VALUE & VARIATIONS:

Idocrase is a very popular stone among collectors. It is a very rare gemstone, that is often mistaken for Jade because of how similar it can look to this stone. It is a combination of metals, oxygen, hydrogen, and fluoride, which is called a calcium aluminum silicate. It rates a 6.5 on the Mohs scale of hardness and they form in a tetragonal structure. It's quite rare though and can be hard to find perfect pieces.

HOW TO USE IDOCRASE (VESUVIANITE):

Use Idocrase when you are feeling overwhelmed and need to rebuild your strength and courage. Wear it or hold it close to your heart to balance emotions.



Indicolite



POWER & BENEFITS OF INDICOLITE:

Indicolite is good for environmental issues and saving the planet. It encourages peace, dissolves sadness, and assists in developing an inner sense of responsibility.

SPIRITUAL & EMOTIONAL INFLUENCE:

Indicolite is good for all psychic abilities. It helps with intuition. It activates the throat and the third eye chakra. It stimulates clarity of self-expression and the urge for spiritual freedom. It promotes visions and aids psychic awareness. It will help make contact with your spirit guides and guardian angels.

Indicolite helps with communication, creativity, ideas, and thoughts. It will help you to overcome your shyness and coax you out of your shell. The energies in the crystal will bring harmony to your relationships. It can improve your communication by allowing you to speak truthfully from the heart.

THE PHYSICAL CONNECTION:

It is thought that Indicolite is good for the brain, esophagus, eyes, larynx, lungs, throat, thymus, and thyroid. It is said to be a useful diagnostic tool and helps to identify the underlying causes of disease. It is said to help the immune and pulmonary systems, kidneys and bladder, and chronic sore throats. It is also said to be helpful for bacterial infections, insomnia, night sweats, and sinusitis.

THE CHAKRAS CONNECTED TO INDICOLITE:

Third Eye (Brow) Chakra, and Throat Chakra

ASTROLOGICAL SIGNS:

Libra, and Taurus.

LOCATIONS FOUND & HISTORY:

Brazil, and Pakistan.

RARITY, VALUE & VARIATIONS:

Indicolite is a variety of Blue Tourmaline.

HOW TO USE INDICOLITE:

Place anywhere there is disease congestion. Carry Indicolite with you to help overcome speech impediments. Place a piece in your office or home where there are electrical appliances and electronic gadgets. Its energies will counteract the effect of harmful electromagnetic fields that your computers and smartphones emit. Place a piece of the crystal in the north area of your room or home to boost your career and life path. Use Indicolite on your Third Eye Chakra, to help grow your psychic abilities and enhance your intuition.



Iolite



POWER & BENEFITS OF IOLITE:

Iolite is a vision stone, not only of the physical eyes but of our Third Eye which is connected to our intuition. It stimulates intuitive insight, inner knowing, and a connection to oneself. It is also known as the Compass Stone or the Viking Compass Stone because it helped Vikings locate the sun on cloudy days.

SPIRITUAL & EMOTIONAL INFLUENCE:

Iolite is beneficial for understanding attachments, addictions, and codependency. It helps you in freeing yourself from the expectations of others so you can live your life and stay true to yourself. It assists you in taking responsibility for yourself alone without taking on responsibility for others or the world's problems.

THE PHYSICAL CONNECTION:

Iolite is thought to be good for the liver and detoxification of the body. It is thought to help prevent illness and boost the immune system. It is said to reduce fat deposits in the body and balance metabolism. It is also said to lessen the negative effects of alcohol. It is thought to help in the treatment of fevers and malaria.

THE CHAKRAS CONNECTED TO IOLITE:

Third Eye Chakra.

ASTROLOGICAL SIGNS:

Libra, Taurus, and Sagittarius.

LOCATIONS FOUND & HISTORY:

United States, Australia, Brazil, Myanmar (Burma), India, Canada, Madagascar,

Sri Lanka, and Namibia. The stone has also been called the Viking Compass Stone throughout history because the Vikings used thin, polished pieces of Iolite to reduce glare and to find the sun in the sky even when it was stormy so they could know their location and find their way. The name comes from the Greek word ios which means violet. It's also known to be the gemstone for a twenty-first wedding anniversary.

RARITY, VALUE & VARIATIONS:

Can be found in raw, unpolished form to have as a collectible stone. Or as a polished and cut gemstone to use in jewelry. It's one of the readily available and affordable blue gemstones. Some of the best Iolite stones can be just as good, if not better than AAA tanzanite in their deep, violet-blue color. It's a 7 to 7.5 on the Mohs hardness scale which makes it great for cutting into shapes for jewelry.

HOW TO USE IOLITE:

Place on the Third Eye chakra if all other chakras are aligned. You can also use this stone in meditation to gain access to inner wisdom and your truth. Also a great stone for lucid dreaming and astral travel. Use it to stimulate your imagination and creativity.





POWER & BENEFITS OF JADE:

Jade has long been a prized stone in the East, treasured for centuries it has always been considered a stone of good luck and fortune. It welcomes abundance and positivity. It is beneficial for longevity, and self-sufficiency. It is a symbol of purity, serenity, and nurturing.

SPIRITUAL & EMOTIONAL INFLUENCE:

Jade helps in recalling dreams and understanding their messages. It carries ancient wisdom that can be passed on. It encourages you to become who you are, recognizing yourself as a spiritual being on a human journey.

It brings confidence and emotional balance. It stimulates creativity and ideas to solve problems and come up with new solutions.

THE PHYSICAL CONNECTION:

Jade is thought to be great for the skin, and there are even Jade facial rollers that roll over the skin to relax and smooth skin and muscles. It is said to help with fertility and pregnancy as well as the menstrual cycle. It is also thought to treat the kidneys and adrenals reducing any adrenal fatigue or burnout. It is believed to balance fluids within the body and creates an alkaline system.

THE CHAKRAS CONNECTED TO JADE:

Heart chakra.

ASTROLOGICAL SIGNS:

Gemini, Taurus and Aries.

LOCATIONS FOUND & HISTORY:

Canada, China, Myanmar, Italy, Myanmar, Middle East, the United States, and Russia. People all around the world have revered jade as one of their prized gemstones. Indigenous tribes in New Zealand and parts of North America used jade, and in China, it has been used in traditional art and sculpture for well over 3,000 years. It was also used by the Mayans and the Aztecs for medicinal purposes, jewelry, and religious artifacts. Jade comes from the saying "piedra de ijada" which means "stone of the pain in the side." Explorers from Spain saw the locals holding jade to their sides to alleviate their pain.

RARITY, VALUE & VARIATIONS:

Jade has a rich heritage and a beautiful appearance that draws people to it. It can come in a variety of colors, but green jade is the most popular. The price of jade has increased significantly over the past decade. It's \$3000 an ounce which makes it even more valuable than gold.

Two different minerals are referred to as jade including Nephrite, which is the milky or greenish-white jade from China. There is then Jadeite, which is a deep emerald green coming from Burma. The price and value of jade have increased because investors are looking for ways to put their money into portable, non-traceable assets. This means that even smaller pieces of genuine jade will be more expensive than ever. It has a Mohs hardness of 6.

HOW TO USE JADE:

Wearing jade in a pendant, a bracelet or earrings will help you receive the balancing benefits of this stone. It's also a lovely stone to have in your home in the form of a polished or raw crystal or a carving.



Jasper



POWER & BENEFITS OF JASPER:

Jasper alleviates loneliness and reminds you that you are not alone in the universe. It encourages honesty and the strength to get through times of hardship.

SPIRITUAL & EMOTIONAL INFLUENCE:

Jasper puts ideas into action and aids in staying organized. It supports you in stressful times and provides nurturing energy.

THE PHYSICAL CONNECTION:

Jasper is thought to be great for minor illnesses such as colds and flu. It is said to be beneficial to the stomach, bladder, spleen, kidneys, and liver. It is also thought to be good for calming nerves and balancing the neurological system because it doesn't overstimulate the body. It is believed to help the lungs and bronchitis, and reduce the effects of electromagnetic radiation and pollution.

THE CHAKRAS CONNECTED TO JASPER:

Root (Base) Chakra, Sacral Chakra, Solar Plexus Chakra. Depend on color. Red Jasper correlates to the Root (Base) Chakra, Orange Jasper to the Sacral Chakra, Yellow Jasper to the Solar Plexus Chakra, and so on.

ASTROLOGICAL SIGNS:

Leo.

LOCATIONS FOUND & HISTORY:

Jasper is found all over the world in sedimentary and metamorphic rocks. Found mainly in North Africa, Sicily, and Germany. The name Jasper means spotted

rock, and it has been mentioned in the bible. In the 4th and 5th century jasper was used in making bow drills. It was also used to make seals in Knossos on Minoan Crete back in 1800 BC. Black Jasper was used in testing gold-silver alloys to see how much gold was in them. They would rub the composite on the jasper stone called a touchstone and the streak left behind would determine how much gold was in the alloy.

RARITY, VALUE & VARIATIONS:

Most of the Jasper on the market is natural and they are not enhanced in any way. Sometimes Jasper is dyed to bring out the natural colors. It has a vitreous luster and rates a 6.5 to 7 on the Moh's hardness scale. Usually listed as opaque but when held up to the light it can be translucent.

Patterned stones are generally the most valued and these patterns are caused by water and wind mixing with sediment and volcanic ash. The colors depend on where the stones are located. Other types of Jasper including Mookaite, Orbicular Jasper, Starry Jasper, Picture Jasper, and Brecciated Jasper.

HOW TO USE JASPER:

Wear jewelry over long periods as it works slowly to assimilate into your system. Place Jasper in your home to absorb negative energy. Place on different Chakras or areas of the body.



Jeremejevite



POWER & BENEFITS OF JEREMEJEVITE:

Jeremejevite is great for self-acceptance and self-love that comes with knowing you are perfect exactly as you are. It is a stone to have with you when you are grieving the loss of a loved one or when you are feeling grief surrounding another life event.

SPIRITUAL & EMOTIONAL INFLUENCE:

Jeremejevite is a lovely stone that can help to lessen grief and to help you accept any changes that are happening in your life. It can help you make decisions about your future to take the next steps forward in your life once you have gone through the grieving process and release the past. You can uncover some of your innate intuitive abilities with this stone too.

THE PHYSICAL CONNECTION:

The energy of Jeremejevite is said to help you with unexpected physical challenges and to make changes in your life to support your overall wellness. The stone is thought to also help with disorganized cellular growth. It is said to help with colon issues, frostbite, and poor circulation.

THE CHAKRAS CONNECTED TO JEREMEJEVITE:

Throat Chakra, and Third Eye Chakra.

ASTROLOGICAL SIGNS:

Aquarius.

LOCATIONS FOUND & HISTORY:

There are only about seven sources for Jeremejevite worldwide, with six of those

in Germany. The best sources are in the Erongo Region in Namibia, Southern Africa. Then there is a place called Ameib, near Usakos, Namibia that yields nice Jeremejevite crystals. The crystal was first found by French mineralogist Augustin Alexis Damour in 1883 who named the stone after the renowned mineralogist Pawel Wladimirowich Jeremejew. The location the crystal was first found was at Mt. Sektuj in Russia.

RARITY, VALUE & VARIATIONS:

Jeremejevite is one of the rarest minerals on Earth, but it's easy enough to find if you want it. Jeremejevite is a very rare stone from the Borate group. It's a beautiful, most commonly blue stone that is great in jewelry, but since it's so rare, it's not often found. It's quite hard and solid which makes it wonderful for making into jewelry. Although, it's so rare that you may not find it in many jewelry stores. It has a Mohs hardness of 6.5 to 7.5, and it emulates the color of other blue stones which could be confused.

HOW TO USE JEREMEJEVITE:

Jeremejevite is a stone to have with you when you are grieving the loss of a loved one or when you are feeling grief surrounding another life event. Use this stone in meditation to help you develop your intuition and your ability to understand how things could play out in the future.



Abalone Shell



POWER & BENEFITS OF JET:

Jet is good for wealth and sexual energy. It promotes taking control of life. It helps to stabilize businesses and protect businesses. It brings energy that is grounded in calmness.

SPIRITUAL & EMOTIONAL INFLUENCE:

Jet is good for yin/yang balance, protection against violence, and witchcraft (when used together with Red Jasper). It cleanses the Base Chakra and stimulates the rise of the kundalini force. It protects during spiritual journeying.

It is said that people who are attracted to this stone are old souls who have a long experience on earth of being incarnated. It can help open psychic experiences to assist in spiritual enlightenment. Jet is thought to help alleviate depression and feelings of fear. It brings calm energy. It draws out negative energy and helps to alleviate unreasonable fears.

THE PHYSICAL CONNECTION:

It is thought that Jet treats epilepsy, colds, stomach aches, migraines, and swollen glands. It is said to be good for menstrual cramps.

THE CHAKRAS CONNECTED TO JET:

Base Chakra.

ASTROLOGICAL SIGNS:

Capricorn.

LOCATIONS FOUND & HISTORY:

Worldwide, especially in Canada, the United Kingdom, and the United States. Jet is formed from fossilized wood and looks like coal. It has been used as a talisman since the Stone Age times. It was used in ancient times to protect from entities of darkness.

RARITY, VALUE & VARIATIONS:

Jet is the fossilized remains of trees. It is coal-like and usually small and polished. Readily available.

HOW TO USE JET:

Position anywhere. Wear as jewelry, and usually set in silver. Place on the chest to direct the kundalini force toward the Crown Chakra. Wear around the neck, as a stone of protection. When used it should be thoroughly cleansed after each use. Place in a cash box or the wealth corner of your house or business.



Kambaba Jasper



POWER & BENEFITS OF KAMBABA JASPER:

Kambaba Jasper is a stone that provides you with the courage and inspiration to confront your fears head-on. It also helps to alleviate stress and restore balance to your body, mind, and spirit. It is beneficial for optimum well-being.

SPIRITUAL & EMOTIONAL INFLUENCE:

Kambaba Jasper is a stone of spiritual confidence, drawing on the wisdom of ancestral energies that are held within its layers. It is an excellent grounding stone for use in ancient places, and for connecting to those who once lived there. It is a highly protective stone against psychic danger or negative entities. It helps to balance out the yin/yang energies. It is said to stimulate kundalini rise.

It is a stone that encourages happiness and attracts prosperity and abundance into your life. Kambaba Jasper inspires a new mental outlook and helps you to become aware of hidden capabilities and talents that you didn't know you had. It can transform your life if you embrace the direction it points you. It brings about a sense of peace and tranquillity. It is perfect for opening up the Heart Chakra to many forms of love.

THE PHYSICAL CONNECTION:

Kambaba Jasper is thought to aid in growth and renewal, boosting cellular growth and the immune system. It is believed to support the digestive system and the assimilation of vitamins and minerals. It is also thought to help cleanse the body of toxins, and may also be used to improve the hair, skin, and nails. It is said to benefit the jaw and teeth, and assists in the wisdom teeth and all dental work.

THE CHAKRAS CONNECTED TO KAMBABA JASPER:

Root (Base) Chakra, Heart Chakra. Energizes and protects All Chakras.

ASTROLOGICAL SIGNS:

Libra, Scorpio, Pisces.

LOCATIONS FOUND & HISTORY:

Madagascar. Jasper gets its name from the Greek term *laspis* which means spotted stone. A fossilized stone, Kambaba Jasper is over three billion years old.

RARITY, VALUE & VARIATIONS:

A solid stone dark in hue with deep green spirals scattered throughout. It is comprised of microcrystalline Quartz. It has a Mohs hardness of 6.5-7.

HOW TO USE KAMBABA JASPER:

Use Kambaba Jasper for meditation. It protects against electromagnetic and other pollution.



Kunzite



POWER & BENEFITS OF KUNZITE:

Kunzite is a heart-based crystal that helps to fill your life with the energy of love. It is also a crystal for relieving anxiety, stress, and sleep issues such as insomnia. It is a feel better stone that is good for expression and flow by removing obstacles from your path.

SPIRITUAL & EMOTIONAL INFLUENCE:

Kunzite is a spiritual stone with a high vibration. It awakens the heart center and unconditional love and will prompt you to think loving thoughts and do loving actions. It helps to activate the heart chakra and aligns it with the third eye and throat.

Kunzite helps to bring calm. It is good for centering, meditation, and self-esteem. It can be used to help clear emotional debris and to free up emotions, resolving heartache, especially those carried forward from other lives. It is beneficial for alleviating panic attacks.

THE PHYSICAL CONNECTION:

Kunzite is a stone that is thought to strengthen the heart muscles and boost your circulatory system. It is also thought to be helpful to the skeletal and muscular systems. It is said to block geopathic stress.

THE CHAKRAS CONNECTED TO RAINBOW FLUORITE:

Heart Chakra.

ASTROLOGICAL SIGNS:

Aries, Taurus, Leo, Libra, and Scorpio.

LOCATIONS FOUND & HISTORY:

Afghanistan, Brazil, Madagascar, Myanmar. Kunzite was discovered in 1902 by gemstone specialist and jeweler George Frederick Kunz. It was discovered in San Diego County, California.

RARITY, VALUE & VARIATIONS:

A pink variety of spodumene that forms flattened prismatic crystals that have vertical striations. Transparent or translucent it may also be clear, blue, green hiddenite, lilac, or yellow. Crystals may include two or three different colors. It's a gemstone that is pink to violet in color, and sometimes even colorless. The crystals are becoming more and more readily available.

HOW TO USE KUNZITE:

Hold or place Kunzite as appropriate for the area that needs attention. Use as an elixir. Wear the crystal as a pendant or tape a piece to a mobile phone or computer. Hold the stone on the solar plexus to alleviate panic. Keep out of sunlight, or the stone will fade.



Kyanite



POWER & BENEFITS OF KYANITE:

Kyanite clears meridians and is thought to restore Qi to the body. It encourages speaking one's truth, cutting through fears, blockages, and ignorance. It slices through confusion and dispels blockages, illusion, and anger. It releases frustration and stress.

SPIRITUAL & EMOTIONAL INFLUENCE:

Kyanite assists in grounding spiritual energies and connecting with spirit guides. It is excellent for attunement and meditation, and a powerful transmitter and amplifier of high-frequency energies. It opens to spiritual and psychological truth.

It brings clarity and tranquillity. It is a very calming stone that can be perfect in times of stress or when you're anxious. It balances emotions and brings a clear mind so that you can work through your problems rationally. It helps in breaking through perceived blockages and negative belief patterns.

THE PHYSICAL CONNECTION:

Kyanite is thought to help the thyroid and parathyroid as well as any other throat issues. It is said to help the nervous system because of its calming effects and its ability to balance the biomagnetic field. It's also thought to be beneficial for the adrenals, adrenal fatigue, infections, and lowering high blood pressure.

THE CHAKRAS CONNECTED TO KYANITE:

Throat Chakra. It opens the Throat Chakra and aligns All Chakras with aura.

ASTROLOGICAL SIGNS:

Libra, Taurus and Aries.

LOCATIONS FOUND & HISTORY:

USA, Brazil, Switzerland, Austria, Italy, India. Kyanite is an aluminum-rich silicate mineral that was named after the Greek word Kyanos which means deep blue. Abraham Gottlob Werner identified this mineral in a mineral identification manual in the late 1700s. Before that, Kyanite was known as Blue Talc, and some even saw it to be similar to Sapphire. Even though it's beautiful, kyanite isn't typically used as a gemstone because it breaks very easily. Because kyanite is formed in high-pressure rocks, it is the perfect mineral to use to estimate the temperature, pressure, and depth the other rocks were formed under.

RARITY, VALUE & VARIATIONS:

Kyanite is very rarely created into a multifaceted gemstone, and there are seldom kyanite stones that are free from flaws or inclusions. There are a few Catseye kyanites known to exist, but they are scarce which makes them valuable. You can find kyanite in some jewelry though, but usually, it's blue kyanite that is used in jewelry making. It can also come in green, white, blue, gray, and black. It has a Mohs hardness of 5.5-7.

HOW TO USE KYANITE:

Since Kyanite corresponds with the Throat Chakra, it's great to wear it on a pendant close to your throat. You can also hold it on your throat area or keep it in your hand during meditation to balance all Chakras instantly. It never needs cleaning.



Labradorite



POWER & BENEFITS OF LABRADORITE:

Labradorite is a stone of transformation. It is often compared to the Aurora Borealis because of how different colors shine when it's placed under light. It is a very mystical and protective stone that prevents energy leakage and acts as a barrier to negative energy. It is a useful companion through change, imparting strength and perseverance.

SPIRITUAL & EMOTIONAL INFLUENCE:

Labradorite prepares body and soul for the ascension process. It raises consciousness and deflects unwanted energies from the aura, preventing energy leakage. It holds esoteric knowledge, taking you into another world or other lives.

It protects you from projections and judgments coming from others. It gives you strength and wisdom through transformational periods and balances emotions. It is beneficial for patience, and stress.

THE PHYSICAL CONNECTION:

Labradorite is thought to help balance warts, colds, and gout. It is said to treat eye disorders and brain disorders. It is also thought to help in figuring out the root causes of a disease or disorder, balance hormones, metabolism, and alleviate stress and anxiety.

THE CHAKRAS CONNECTED TO LABRADORITE:

Third Eye (Brow) Chakra, Crown Chakra.

ASTROLOGICAL SIGNS:

Sagittarius, Scorpio, Leo.

LOCATIONS FOUND & HISTORY:

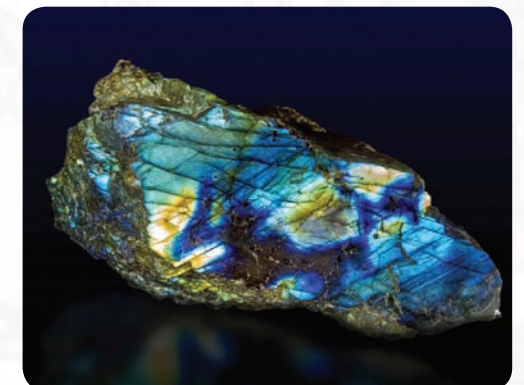
Canada, Norway, Madagascar, Finland, Russia, Italy, Greenland, and Scandinavia. Labradorite was found in the Isle of Paul in 1770 and was named after Labrador in Canada. As time went on, people called the special optical effect it shows labradorescence. Inuit legends say that the Northern Lights have been encapsulated in these stones to shine forever. It's also said to bring a person light so that they can hear their inner voice.

RARITY, VALUE & VARIATIONS:

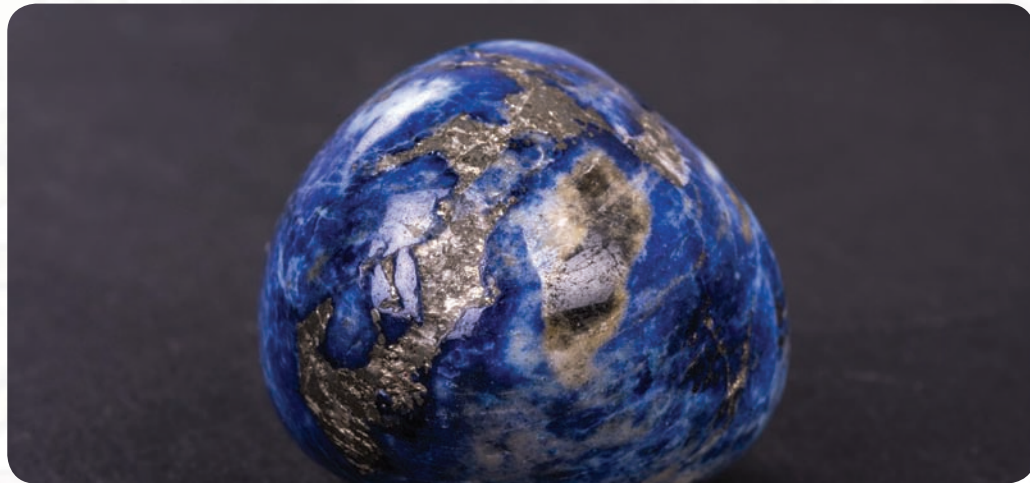
Labradorite with the highest value will have a full spectrum of color in its labradorescence. A crystal with a beautiful, iridescent bluish-grey Feldspar with hints of gold, green, purple, and white. Larger slices of Labradorite are even used in architecture and as countertops in kitchens and bathrooms while smaller, rarer pieces are used in fine and expensive jewelry. The more inexpensive pieces of Labradorite still have labradorescence but just not as vivid as the more valuable pieces and they are used in pendants, rings, bracelets, and as tumbled stones and carvings. It has a Mohs hardness of 5-6.

HOW TO USE LABRADORITE:

Wear Labradorite as a pendant to keep your aura cleansed and protected. You can also place Labradorite in your home for protection. Place it on your Third Eye (Brow) Chakra or Crown Chakra to activate these energy centers.



Lapis Lazuli



POWER & BENEFITS OF LAPIS LAZULI:

Lapis Lazuli aids in taking charge of your life. It brings honesty, compassion, and uprightness to the personality. It is a bonding stone in love and friendship, it dissolves cruelty, suffering, and emotional bondage. It is beneficial for objectivity, stress, clarity, self-awareness, self-expression, and anxiety.

SPIRITUAL & EMOTIONAL INFLUENCE:

Lapis Lazuli is excellent for gaining spiritual insight and wisdom, activating personal power and inner truth. It also blocks any attacks and promotes protection and safety. It enhances dream work and metaphysical abilities, facilitating spiritual journeying and stimulates personal and spiritual power.

It helps ease depression and anxiety because it harmonizes all aspects of self. It releases stress and brings deep peace as well as great sleep. It

THE PHYSICAL CONNECTION:

Lapis Lazuli is thought to boost the immune system helping to prevent illness, and beneficial for the ears and hearing. It's also believed to help repair muscles and the skeletal system. It is also thought to help ease migraines, and great for the throat area and thymus gland.

THE CHAKRAS CONNECTED TO LAPIS LAZULI:

Third Eye (Brow), Throat Chakra, Crown Chakra.

ASTROLOGICAL SIGNS:

Sagittarius .

LOCATIONS FOUND & HISTORY:

Afghanistan, Chile, Italy, Russia, Middle East, and USA. The history of Lapis Lazuli goes back over 6,500 years and was found and held sacred by cultures in Egypt, China, Mesopotamia, Greece, and Rome along with other blue gems like sapphire and turquoise. The name Lapis Lazuli comes from the Persian word Lazuward, meaning blue.

Lapis Lazuli was mainly found in Badakshan, Afghanistan as far back as 700 BC when the area was called Bactria. These same mines are still producing Lapis Lazuli today, and it's the oldest commercial source for crystals and gems. It has always been used in jewelry, but it was also used to make practical items like bowls and combs. It was also used as a paint pigment when crushed up which is why older paintings are known for the bright blue pigment that doesn't seem to fade with time.

RARITY, VALUE & VARIATIONS:

For the most part, Lapis Lazuli is not that expensive of a stone, but the most expensive Lapis will be an intense, deep blue with tiny flecks of Pyrite with little to no white calcite veins. Lapis lazuli stones that have too much Calcite or Pyrite aren't as valuable as those that have less. Lower grades of this stone could sell for \$1 per carat or less. The higher quality stones will be more around the price of \$100 or more per carat. It has a Moh's hardness of 5-6.

HOW TO USE LAPIS LAZULI:

Place on Lapis Lazuli on the Throat Chakra or the Third Eye Chakra or wear a pendant over the throat.



Larimar



POWER & BENEFITS OF LARIMAR:

Larimar is deeply nurturing, radiating love as, and harmonizing the body and soul to new vibrations. It awakens inner wisdom and the ability to manifest. It connects to the energy of the Earth goddess and is excellent for Earth evolution and healing. The beautiful colored stone reminds you of the ocean and far-off sands.

SPIRITUAL & EMOTIONAL INFLUENCE:

Larimar's loving energy helps to restore your strength after extended spiritual work. It induces a deeply meditative state and guides the soul on its true pathway. It draws a soulmate to you, healing relationship karma or heart trauma.

It has a very soft, comforting, and soothing energy this stone helps shame and guilt. It treats emotional trauma and wounding, restoring a sense of self-love and confidence. It helps work through self-sabotaging behaviors and address how to move past them to be your best self.

THE PHYSICAL CONNECTION:

Larimar is thought to assist in the growth of hair. It is said to be great for the feet and joints. It is believed that when placed on an area in the body that's in pain, it can draw out the pain. It is also thought that when used on the feet in reflexology it will clear any blockages and discover any possible disease or illness in the body.

THE CHAKRAS CONNECTED TO LARIMAR:

Heart Chakra, Throat Chakra, Third Eye (Brow) Chakra, Solar Plexus Chakra, Crown Chakra.

ASTROLOGICAL SIGNS:

Leo, Aquarius.

LOCATIONS FOUND & HISTORY:

Dominican Republic, Bahamas. Used in ancient times in the Dominican the more recent discoveries of Larimar started back in 1916 but it wasn't made an official mineral until 1974. Norman Rilling and Miguel Mendez found small pieces of Larimar on the beach in the Dominican. It was named after Miguel's daughter Larissa and the Spanish word for the sea which is Mar. Many say that Larimar is made from the sea or volcanic movements. They mainly exist where they are formed but through soil erosion pieces have broken off and then find their way to the seashore.

RARITY, VALUE & VARIATIONS:

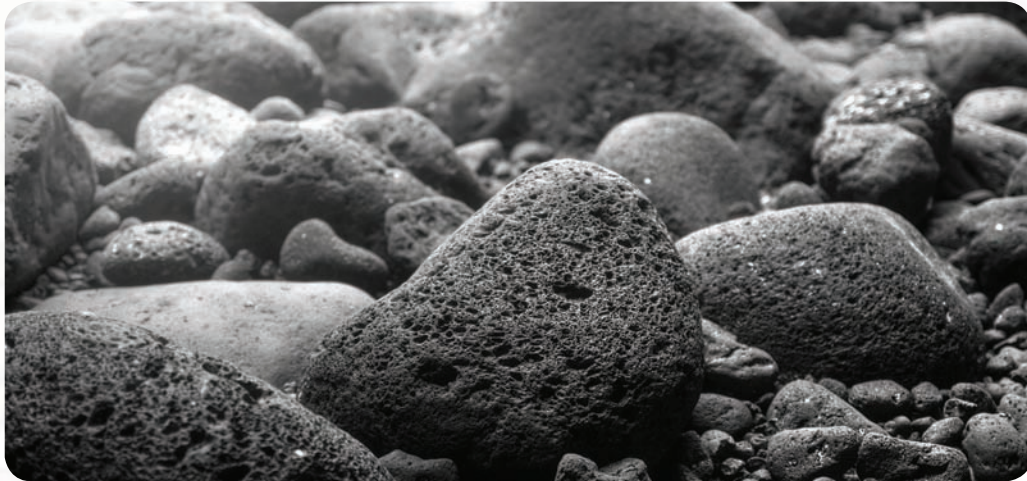
Larimar, which is also known as Blue Pectolite is a relatively new and very rare gemstone. It's only been found in one area of Barahona in the Dominican Republic. A lovely, light blue with white which looks like the Caribbean sea. Larimar is formed when hot gases push minerals through pathways in volcanoes. Mining means finding the pathways and then digging even deeper into the older volcanoes. Used to make jewelry and other items this stone is very popular yet rare. It has a Mohs hardness of 5.

HOW TO USE LARIMAR:

Use Larimar on feet with reflexology or hold for long periods or during meditation.



Lava Stone



POWER & BENEFITS OF LAVA STONE:

Lava Stone is formed from magma erupted from volcanoes. The effect of the stone is like a phoenix rising from the ashes. It is a stone of balance, courage, and strength. It contains the power of fire and works to rekindle the flames of passion in your spirit.

SPIRITUAL & EMOTIONAL INFLUENCE:

Lava Stone dispels anger, fear, and negativity. It is thought to burn away remnants of the past that may be holding you back, and facilitate new beginnings and starting over. It is a grounding stone especially when success beckons. It is thought to relieve homesickness and is good for travelers to feel connected to home. It is a good stone when you are in a social setting because it helps you to be mindful of your words.

It helps to keep you mentally stable and bounce back from any circumstance encountered and guide you to a place of understanding. It helps to dissipate anger and encourages positive change in areas where it is needed most. Lava Stone will elevate your vibrational fields by lighting the wick of spiritual enlightenment. It contains a lot of Earth energy. It has a high vibrational force that helps you connect at a higher level with the people around you. It is, in essence, a solid form of fire and is often associated with rebirth and the Phoenix.

THE PHYSICAL CONNECTION:

Lava stone is thought to be good for the feet to include bunions, corns, sore feet, toes, and verrucas. It is said to be an excellent stone to aid in energy balance, helping when you are feeling depressed or lacking energy and vitality.

THE CHAKRAS CONNECTED TO RAINBOW FLUORITE:

Base Chakra

ASTROLOGICAL SIGNS:

Cancer, Taurus.

LOCATIONS FOUND & HISTORY:

Worldwide. Past and present volcanoes from around the world.

RARITY, VALUE & VARIATIONS:

Common. It is formed from molten lava that solidifies under intense heat and pressure. Little pockets of gas bubbles trapped within the stone, create holes in the stone and give it a porous surface.

HOW TO USE LAVA STONE:

Lava Stone is a good crystal for meditation, as it will help guide your thoughts towards light and love. Wear Lava Stone to help succeed in hopeless situations. Wearing the stone also helps you to become more in tune with Mother Earth.



Lazulite



POWER & BENEFITS OF LAZULITE:

Lazulite is considered the worry stone. It increases focus and concentration and infuses you with positive, uplifting spiritual energies.

SPIRITUAL & EMOTIONAL INFLUENCE:

Lazulite is good for connecting to ancient wisdom, past lives, and Akashic records. It enhances psychic abilities.

It is good for anxiety, panic attacks, OCD, and stress. It brings calm, clarity, and stillness. It helps with insight and finding the answers that you seek about life and love.

THE PHYSICAL CONNECTION:

It is thought that Lazulite is good for the liver, glands, broken and diseased bones, and teeth. It is said to help relieve photosensitivity (sun allergy).

THE CHAKRAS CONNECTED TO LAZULITE:

Third Eye (Brow) Chakra. It helps to balance the Third Eye (Brow) Chakra.

ASTROLOGICAL SIGNS:

Gemini, and Sagittarius.

LOCATIONS FOUND & HISTORY:

Afghanistan. Lazulite looks similar to Lazurite and comes from the same region in the world. It gets its name from the Arabic word Lazaward, which means heaven. Other names for Lazulite include Azure Spar, Blue Spar, and Klaprothine.

RARITY, VALUE & VARIATIONS:

It is found as masses, grains, pyramidal, and tabular crystals in several shades of blue. It is usually embedded as granular, compact masses and in a matrix. Its color is usually white with different shades of blue and green.

HOW TO USE LAZULITE:

A useful stone for meditation helping to settle your mind.



Lemurian Seed Quartz



POWER & BENEFITS OF LEMURIAN SEED QUARTZ:

A crystal of the New Age, Lemurian Seed Quartz is said to contain ancient wisdom from the lost land of Lemuria. The crystals are clear Quartz with many lines and grooves in them that some believe share sacred messages. It boosts vivacity, focusing the mind, opening the heart, dispelling negativity, and improving the quality of life.

SPIRITUAL & EMOTIONAL INFLUENCE:

Lemurian Seed Quartz helps you in connecting with your soul and your intuitive sense, unlocking inner wisdom and allowing you to absorb ancient wisdom. Enables you to believe in something beyond the physical realm and attunes you to the spirit realm.

It brings in emotional support when you need it. It acts as a soothing and loving guide to assist you in your life.

THE PHYSICAL CONNECTION:

Lemurian Seed Quartz is thought to soothe the entire body and relieve common illnesses. It is said to be helpful for circulatory issues and restoring the arteries and veins. It is also thought to be beneficial for the heart and the nervous system.

THE CHAKRAS CONNECTED TO LEMURIAN SEED QUARTZ:

Root (Base) Chakra, Sacral Chakra, Solar Plexus Chakra, Heart Chakra, Third Eye (Brow) Chakra, Crown Chakra.

ASTROLOGICAL SIGNS:

Aries, Taurus, Gemini, Cancer, Leo, Virgo, Libra, Scorpio, Sagittarius, Capricorn, Aquarius, and Pisces.

LOCATIONS FOUND & HISTORY:

Brazil, Columbia, Russia. These special Clear Quartz crystals are believed to have belonged to and remain connected with the lost and sacred land of Lemuria which may have existed millions of years ago. While there is no concrete proof of Lemuria, there are many legends and books written on the subject. Lemuria was another island like Atlantis that sank beneath the sea. So these stones are said to be programmed with all of the information that is linked to this lost or mythological civilization.

RARITY, VALUE & VARIATIONS:

A fairly rare crystal. They are distinguished by their somewhat cloudy appearance with lines etched into the crystal in levels like a ladder. They usually have a hardness of around 7, and they are rarely entirely transparent. Since they are so rare and highly valued in the New Age spiritual community, they are priced higher than regular types of quartz. You will mainly find them on their own and sometimes in jewelry but rarely taken from their regular shape.

HOW TO USE LEMURIAN SEED QUARTZ:

Hold the Lemurian Seed crystal in your hand and allow its messages to come through to you. You can meditate with it to allow it to help balance on all levels and to expand your consciousness.



Lepidolite



POWER & BENEFITS OF LEPIDOLITE:

Lepidolite is a crystal that fosters calming, peaceful, and tranquil energy. It is one of the best crystals for helping to relieve anxiety because it naturally contains lithium. Use this crystal and connect with this stone in times of stress and chaos.

SPIRITUAL & EMOTIONAL INFLUENCE:

Lepidolite is good for astral travel and rebirth. Helpful for transitions such as death/dying. This crystal is good for awareness, change, learning, and studying. It helps with depressions, distrust, and stress.

THE PHYSICAL CONNECTION:

Lepidolite is thought to be good for digestion and the nerves. It is said to help addictions, cramps, constipation, erratic heartbeat, and wrinkles. It is thought to help childbirth, relieve allergies, restructure DNA, enhance the generation of negative ions, and strengthen the immune system. It is also thought to be a good stone for menopause.

THE CHAKRAS CONNECTED TO LEPIDOLITE:

Heart Chakra, and Third Eye (Brow) Chakra.

ASTROLOGICAL SIGNS:

Libra.

LOCATIONS FOUND & HISTORY:

Brazil. Lepidolite was originally called Lilalite because of its lavender color and was later named lepidolite from the Greek word Lepidos which means scale because of the stones scaly appearance caused by the flakes of lithium.

RARITY, VALUE & VARIATIONS:

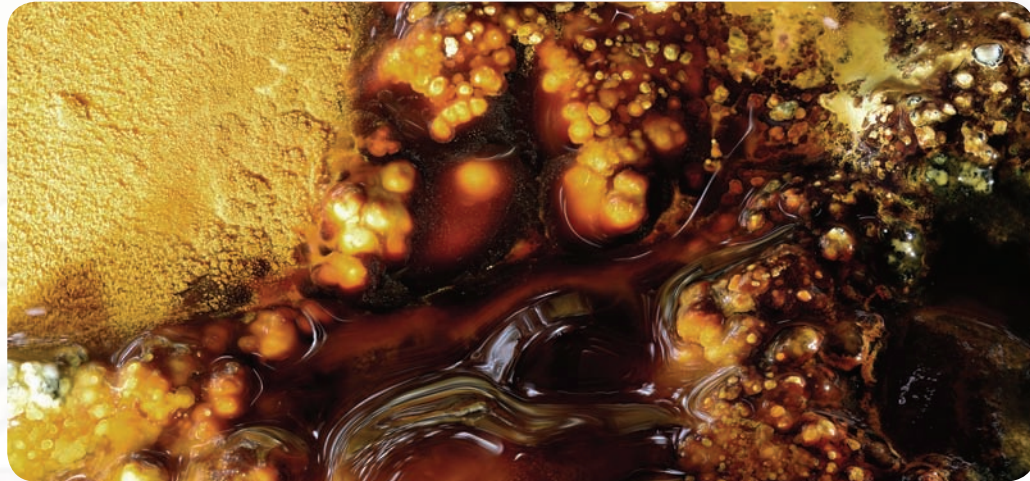
Lepidolite is found as masses and layered plates, tabular and short prismatic crystals. Available in slightly shiny or grainy masses in all sizes. Lepidolite can be difficult to find.

HOW TO USE LEPIDOLITE:

Place or wear Lepidolite as appropriate. Place the stone under your pillow for relief from sleep disturbances. It is a rather soft stone, and not ideal for many forms of jewelry. If you do choose to wear Lepidolite, it's best worn as a brooch or pendant. A pendant made of lepidolite makes a great pendulum and can help to answer your questions about divinity, spirituality, and your own emotions. Keep a piece of Lepidolite beside your bed for happier dreams and more lucid dreams. You'll wake up calmer and with a more optimistic perspective on the day to come.



Limonite (Iron Ore)



POWER & BENEFITS OF LIMONITE (IRON ORE):

Limonite promotes male qualities to include endurance, physical energy, single-mindedness, and strength. It is a grounding stone that gives clarity.

SPIRITUAL & EMOTIONAL INFLUENCE:

Limonite helps prevent psychic attacks. It may be used to enhance telepathy and improve intuitive accuracy. Limonite is a grounding crystal and directs the flow of your life toward stability and comfort through powerful, mindful manifestation. It encourages you to reach for your goals, providing uplifting energy that can help you out of depression.

It enhances male sexuality. It is good for bipolar disorder and other similar conditions. It stabilizes mood swings. It is a powerful mental balancer and helps to prevent detrimental thoughts, and impaired clarity.

THE PHYSICAL CONNECTION:

Limonite is thought to be good for hormones, the male reproductive system, and virility. It is also thought to be helpful in the treatment of disorders of the skeletal system, and assists in the assimilation of iron and calcium. It is said to dispel fever, treat liver disorders and jaundiced conditions.

THE CHAKRAS CONNECTED TO LIMONITE (IRON ORE):

Base Chakra.

ASTROLOGICAL SIGNS:

Virgo.

LOCATIONS FOUND & HISTORY:

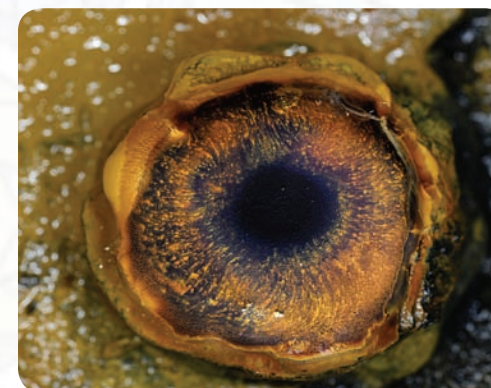
Worldwide, especially in Brazil and Namibia. Limonite is named after the Greek word leimons which means meadow and likely refers to the marshy areas where bog iron is found. Historically, it has been used as a pigment as raw umber, ocher, and sienna.

RARITY, VALUE & VARIATIONS:

Limonite is a generic term for hydroxides and iron oxides. It occurs as botryoidal formations, cubes, masses, and stalactites. Colors may include brown, orange, red, or yellow, depending on the iron content.

HOW TO USE LIMONITE (IRON ORE):

Limonite helps to protect the physical body during metaphysical activities.



Lingam



POWER & BENEFITS OF LINGAM:

Lingam crystal is said to be representative of masculine energy from the shape of the stone and of female energy from the patterns on the stone. No two Lingam stones are the same, and there is a special stone for every person on Earth. It helps to connect physical and spiritual energy.

SPIRITUAL & EMOTIONAL INFLUENCE:

Lingam crystal balances masculine and feminine energy and helps to initiate action. It represents the harmony between opposites and restores balance.

Lingam stones are thought to be helpful for balancing sexuality and sexual trauma. They help you to release and let go of that which you've outgrown so that you can welcome in your truth and your best life. It is good for spiritual detox and connection to the higher self.

THE PHYSICAL CONNECTION:

Lingam stones are thought to help balance the reproductive system. They are also thought to be beneficial for reproduction, menstruation, menopause, impotence, and the prostate gland. This stone is said to help balance the spine and relieve back pain.

THE CHAKRAS CONNECTED TO LINGAM:

This stone is connected with all of the Chakras and can help activate Kundalini energy which flows up from the Root (Base) Chakra activating all of the Chakras.

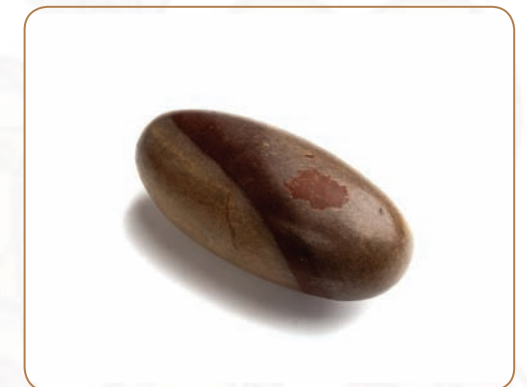
ASTROLOGICAL SIGNS:

Scorpio.

LOCATIONS FOUND & HISTORY:

Found in the Narmada River region in India at Onkar, Mandhata, one of India's seven sacred sites. Lingam stones have been revered as Holy Stones for thousands of years. It's said that they were first created by a meteorite hitting the Earth 14 million years ago and then the shape was formed by the rocks tumbling in the river over time. It is also known as Shiva Lingam or Narmadeshvara Lingam. These stones are a type Jasper found in rivers which naturally form the stones into an egg shape through the movement of the water.

In ancient times lingam was a symbol of Divine Energy or universal creative energy from which all things are created. The stone represents the two stages of creation Nadha which mean sound or name and Bhindhu which means form. Nadha is represented as a line, and Bhindhu is symbolized by a disk as seen on the Lingam stones. These stones are sacred to Shiva a deity in Hindu faith and the markings on Shiva's forehead. It's also believed that the first Lingam is the embodiment of Nature. It's also said that the sacred Sankara stone in Indiana Jones and the Temple of Doom was a lingam.



RARITY, VALUE & VARIATIONS:

Lingam stones are formed from sedimentary rock including layers of grey and red colored materials that are unique to the Narmada River. They are gathered for one day once every year at the start of monsoon season when the river is low. Only local people who have ancestral rights to the land go to collect the rocks by hand and then polish them. The prices of the stones usually reflect the size and quality of the stone.

HOW TO USE LINGAM:

Find your unique Lingam stone by feeling for the one stone that resonates with your soul energy. Once you have your stone, you can use it in meditation and balance your energy by following appropriate guided meditations. Keep it with you to remind yourself of your truth and your connection to the universe. In meditation, it helps you to reach peak experiences.

Lithium Quartz



POWER & BENEFITS OF LITHIUM QUARTZ:

Lithium Quartz is a crystal that promotes emotional peace, relaxation, and stress relief. It is a powerful yet gentle stone that helps to uplift your body, mind, and spirit. It brings calm and clarity of thought to help alleviate stress, depression, despair, anxiety, and unhelpful behavior patterns. The stone gets its pink color from the natural presence of lithium, which is often used in antianxiety and antidepressant medications.

SPIRITUAL & EMOTIONAL INFLUENCE:

Lithium Quartz can reach back into past lives to dissolve the roots of the emotional disease that is influencing the present life. It is a great cleanser for the Chakras. It is a powerful meditation stone that can assist you in understanding your dreams and trusting your instincts. It promotes renewal and rejuvenation and connects you to your dreams.

It is a good crystal for animals and plants. Lithium Quartz is thought to dispel fears and will lift you out of depression. It helps to neutralize ancient anger and grief. It has a grounding quality that will help to give you balance and light working on both an emotional and physical level.

THE PHYSICAL CONNECTION:

Lithium Quartz is thought to be a natural antidepressant. It is said to relieve pains and discomforts and boost your immune system. It is believed to help calm and relax you when you are having sleep problems. It's also thought to be an excellent stone for treating anorexia and other eating disorders. It is also said to help with ADD, ADHD, PTSD, Tourette's Syndrome, and panic attacks.

THE CHAKRAS CONNECTED TO LITHIUM QUARTZ:

Root (Base) Chakra, Sacral Chakra, Solar Plexus Chakra, Heart Chakra, Throat Chakra, Third Eye (Brow) Chakra, Crown Chakra.

ASTROLOGICAL SIGNS:

Aquarius.

LOCATIONS FOUND & HISTORY:

Worldwide, especially Brazil.

RARITY, VALUE & VARIATIONS:

Lithium Quartz is a naturally coated, spotted violet, lavender grey stone. It contains lithium, and may also contain other minerals. It is a silicon dioxide mineral, that is part of the Quartz family. Trade name for pink/purple translucent to opaque variety of Quartz. It has a Mohs hardness of 7.

HOW TO USE LITHIUM QUARTZ:

Use Lithium Quartz for deeper meditation. A good stone for visualization.



Magnetite (Lodestone)



POWER & BENEFITS OF MAGNETITE (LODESTONE):

Magnetite is a very grounding stone and was the first magnet known to humankind. The first compasses used Magnetite as far back as 300BC in China. It can be used in magnetic therapy a holistic treatment that works with the meridians and biomagnetic field of the body.

SPIRITUAL & EMOTIONAL INFLUENCE:

Magnetite attracts love, loyalty, and commitment. It helps with anger, grief, sadness, depression, and fear allowing you to feel and process these emotions and accept their presence within yourself.

It brings in endurance and tenacity reminding you that you are strong and can face anything.

THE PHYSICAL CONNECTION:

It is thought to be good for hair, bones, skin, teeth, and blood vessels. It is said to help ease nosebleeds and congestion. It is also thought to be good for any back pain or aching bones. It is also thought to be beneficial for those with asthma.

THE CHAKRAS CONNECTED TO MAGNETITE (LODESTONE):

It is related to the Root Chakra which is why it's such a great grounding and stabilizing stone.

ASTROLOGICAL SIGNS:

Virgo, Aries, Aquarius, and Capricorn.

LOCATIONS FOUND & HISTORY:

United States, Canada, Italy, Finland, Austria, Mexico, and India. Magnetite goes back to ancient Greece where a shepherd named Magnes is said to have been wandering through an area called Magnesia which would be modern-day Turkey. It's said that he came upon some beautiful black stones that were attracted to the iron on his walking stick. What he was witnessing were the stone's magnetic properties. So even though many people think of magnets being human-made they also occur in nature. And even though this might just be a myth, there is a lot of truth to it.

RARITY, VALUE & VARIATIONS:

This stone is a very common iron oxide mineral found in igneous, sedimentary, metamorphic, and rocks. It's not only the most common form of iron ore, but it also has the highest iron content at 72%. Magnetite is very easy to identify because it's easily attracted to a magnet. It's black, opaque, submetallic to metallic and it has a hardness between 5 and 6.5. It's used as a toner in electrophotography, in paint as a pigment, as a micronutrient in fertilizers, and as an aggregate in concrete.

HOW TO USE MAGNETITE (LODESTONE):

You can put this stone on the back of your neck or on your back to relieve an achy back or neck. You can also put it on your feet to relieve cramping or sore joints. Avoid water for cleansing.



Mahogany Obsidian



POWER & BENEFITS OF MAHOGANY OBSIDIAN:

Mahogany Obsidian brings vitality and strength in times of need. It helps you to meet your goals. It helps with the release of energy blocks and gives strength in times of need.

SPIRITUAL & EMOTIONAL INFLUENCE:

Mahogany Obsidian helps to release tension and any emotional patterns that affect your relationships. It will help you see how all behaviors add up to the larger picture and that it's the little things that count.

It will help you break harmful habits and patterns by giving you the will to work on them. A protective stone that helps you ground yourself and feel safe in the world. Helps you focus on your goals and purpose in life.

THE PHYSICAL CONNECTION:

Mahogany Obsidian is thought to relieve pain in the body and improve circulation. It is also thought to release built-up tension that's being held in the body. It is said to rid the body of free radicals and balances the kidneys and liver.

THE CHAKRAS CONNECTED TO MAHOGANY OBSIDIAN:

Root (Base) Chakra and Sacral Chakras. It helps balance and activates your Root Chakra and your Sacral Chakra to keep you grounded and safe.

ASTROLOGICAL SIGNS:

Libra.

LOCATIONS FOUND & HISTORY:

Found in Mexico, South America, Japan, Afghanistan, and the United States. Used since ancient times for decorative use and to create surgical blades and arrowheads. Stone Age, Indigenous American, and Canadian and Incan people made weapons from the stone as well as mirrors and masks. Obsidian gets its name from Obsuis, a Roman who first found the stone.

RARITY, VALUE & VARIATIONS:

Mahogany Obsidian is also known as Mountain Mahogany and can be found anywhere there had been volcanic activity. It is a brown and red type of Obsidian. It's a silica-rich volcanic rock containing Hematite or Magnetite giving the stone its mahogany or brick red color. It's a natural glass stone with iron inclusions which is what creates the red color. It rates a 5 to 5-1/2 on the Mohs hardness scale. The affordability and the striking appearance of the stone make it a wonderful stone to use in jewelry.

HOW TO USE MAHOGANY OBSIDIAN:

Use this stone to relieve pain and tension and to improve circulation. It can also be used while setting goals and to help break your habits. Meditate with Mahogany Obsidian or wear it in jewelry to receive the benefits.



Malachite



POWER & BENEFITS OF MALACHITE:

Malachite is thought to absorb negative energies and pollutants from the environment and the body, soaking up radiation and clearing electromagnetic smog. It is beneficial for shyness, transformation, and inhibitions.

SPIRITUAL & EMOTIONAL INFLUENCE:

Malachite is a very protective stone. It is reputed to protect against the Evil Eye, witchcraft, and evil spirits, and is best used by a qualified healer. It has a strong affinity with devic forces and heals the Earth.

It helps you investigate your deeper feelings to help you get to the root of an issue and helps you break unwanted patterns of behavior. It assists you in expressing your emotions and helps you understand others when they express their emotions. It relieves mental disturbances and encourages introspection.

THE PHYSICAL CONNECTION:

Malachite is thought to be helpful for many physical ailments and physical pain. It is said to be related to the female anatomy and help relieve cramps in the body including menstrual cramps. It is believed to assist in childbirth and has been known as the midwife stone. It's also thought to help asthma, lower blood pressure, arthritis, swelling, broken bones, inflammation, torn or strained muscles, and tumors. It is also believed to help travel sickness and vertigo.

THE CHAKRAS CONNECTED TO MALACHITE :

Heart Chakra, Solar Plexus Chakra, Root (Base) Chakra, Sacral Chakra.

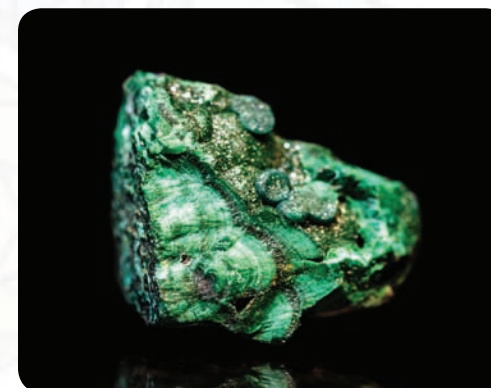
ASTROLOGICAL SIGNS:

Capricorn, Scorpio.

LOCATIONS FOUND & HISTORY:

Democratic Republic of Congo, United States (New Mexico), Australia, Zaire, France, Germany, Chile, Zambia, Romania, Russia, and the Middle East. The word Malachite comes from the Greek word Moloche which means mallow, like the plant because it's the same color as the mallow leaves. This gemstone has been used as a pigment for paints when crushed for thousands of years.

Ancient Egyptians made jewelry with Malachite in it, and they also used it to carve ornaments. It was mined as early as 4000 BC between Mt Sinai and the Suez. It's even found in Egyptian hieroglyphs describing the stone to be part of their deities, and it was thought to protect against evil spirits. In Greece and Rome, they made vases and other items out of Malachite, and in Russia, it was used as a decorative architectural feature.





RARITY, VALUE & VARIATIONS:

Malachite is a softer mineral that rates a 3.5 to 4 on the hardness scale. Pieces that have more of a distinctive pattern will be higher in value. Malachite is a very unique-looking stone with a vivid emerald green color. Different shades of green swirl together with black to create a beautiful pattern over the stone's surface. It's a secondary mineral of copper and is formed when carbonated water comes into contact with copper minerals or when a copper solution combines with limestone.

HOW TO USE MALACHITE:

Wear Malachite in rings or place on the Solar Plexus or Heart Chakras for balancing or on places on the body where there is pain or discomfort. It's an excellent stone to have in the home, with Malachite carvings being beneficial as well. Malachite is copper ore, which is toxic to humans if taken in sufficient quantities.

Manganoan Calcite



POWER & BENEFITS OF MANGANOAN:

Manganoan Calcite is a stone that will bring you peace and serenity. It is thought to help infuse you with energies of tranquillity and well-being. It is thought to be beneficial for self-worth, self-acceptance, tension, anxiety, nightmares, study, motivation, laziness, revitalization, and emotional stress. A stone of forgiveness, it brings unconditional love, releasing fear and grief that keep the heart trapped in the past.

SPIRITUAL & EMOTIONAL INFLUENCE:

Manganoan Calcite is a heart crystal in contact with the angelic realm. It relieves abuse, anxiety, nightmares, and trauma.

It brings calm, love, rest, and peace. It will bring you peace, well-being, tranquillity, and serenity.

THE PHYSICAL CONNECTION:

Manganoan Calcite is thought to be good for the nervous system and detoxing. It is said to be beneficial for trauma, pain, organs of elimination, calcium uptake in bones, skeleton, joints, intestinal conditions, skin, tissue healing, and immune system. It is also thought to help sleep. It is believed to be beneficial for overall health.

THE CHAKRAS CONNECTED TO MANGANOAN:

Heart Chakra.

ASTROLOGICAL SIGNS:

Cancer, Libra.

LOCATIONS FOUND & HISTORY:

Peru, USA, United Kingdom, Czech Republic, Slovakia, Iceland, Romania, and Brazil.

RARITY, VALUE & VARIATIONS:

Pink with white bands found in masses. Calcium carbonate, baby pink color with white inclusions. The pink in the crystal is due to the manganese content. It has a Mohs hardness of 3.

HOW TO USE MANGANOAN:

Place under the pillow to help prevent nightmares. Manganoan Calcite is an excellent stone to use for meditation, grounding you and creating a good balance in your body. It will help to clear your mind of unnecessary thoughts. It is a beneficial stone to help with trauma inflicted on the Heart Chakra. Keep it close to the Heart Chakra so that you will experience its balancing benefits.



Marcasite



POWER & BENEFITS OF MARCASITE:

Marcasite also known as White Pyrite inspires clarity, focus, reflection, relaxation, and spiritual development. It awakens ancient memories and encourages past-life recall. It is beneficial for yang energy, concentration, and memory.

SPIRITUAL & EMOTIONAL INFLUENCE:

Marcasite is considered the Stone of Soul Attraction, helping to awaken to the soul's needs and attractions, bringing forth a new dimension on life. It brings together souls that are similar in needs, dreams, hopes, and paths. It expands metaphysical abilities, especially those of spiritual awareness and clairvoyance. It provides a psychic shield that grounds in the everyday world.

It helps with ego, impatience, and personality.

THE PHYSICAL CONNECTION:

Marcasite is thought to be good for the skin, it helps moles and warts. It is believed to aid in the treatment of abnormalities of the red blood cells, especially in sickle cell anemia.

THE CHAKRAS CONNECTED TO MARCASITE:

Solar Plexus Chakra, Root (Base) Chakra.

ASTROLOGICAL SIGNS:

Leo.

LOCATIONS FOUND & HISTORY:

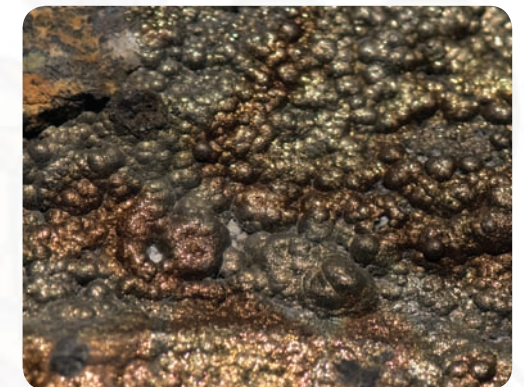
Europe, the United States. The earliest known use of Pyrite used as jewelry was during Incan rule in South America from about 1100 to 1500. Pyrite jewelry has been found in several burial sites across Peru. The Incas may have also used Marcasite on large surfaces for different rituals and customs. Pyrite was also thought to be a favorite stone of the ancient Greeks.

RARITY, VALUE & VARIATIONS:

Marcasite is a stone that is chemically the same as Pyrite, but the two stones differ by their crystalline structures. It is a pale yellow color to almost white and has a bright metallic luster. Marcasite tarnishes to yellowish or brownish color and gives a black streak. It has a Mohs hardness of 6-6.5.

HOW TO USE MARCASITE:

Use as appropriate. Marcasite is popular for use in jewelry. It is white iron Pyrite that is very breakable, so it is used in small pinpoints to help add sparkle to items of jewelry.



Metamorphosis Quartz



POWER & BENEFITS OF METAMORPHOSIS QUARTZ:

Metamorphosis Quartz is said to be the stone of transformation. It looks a lot like regular Quartz but with a different energy that is more harmonious with positive change.

SPIRITUAL & EMOTIONAL INFLUENCE:

Metamorphosis Quartz helps instill an optimistic mindset and bring positive thinking. It is also good for interrupting negative or judgmental thinking and attitudes.

The best crystal to bring in when you are going through change and transformation. It is also good for mental awareness.

THE PHYSICAL CONNECTION:

It is thought that Metamorphosis Quartz oxygenates the blood and detoxifies the system. It is said to energize and stimulate the mind.

THE CHAKRAS CONNECTED TO METAMORPHOSIS QUARTZ:

Connects and clears All Chakras.

ASTROLOGICAL SIGNS:

Scorpio.

LOCATIONS FOUND & HISTORY:

Found only in Minas Gerais, Brazil. Metamorphosis Quartz is a type of Quartz that has been in existence for thousands of years. It is only found in two mines

in Minas Gerais, Brazil so to be authentic Metaphorphosis Quartz it must come with a certificate of authenticity.

RARITY, VALUE & VARIATIONS:

Authentic Metamorphosis Quartz is described in the book "Love is in the Earth" by Melody and comes with her Certificate of Authenticity. According to Melody's brother Bob Jackson, this stone is obtained from one of two mines in Minas Gerais, Brazil. These special quartz crystals also contain small amounts of Barium, Copper, Nickel, Hafnium, Strontium, and Aluminum. It's similar in appearance to Girasol Opal Quartz which is from the same area in Brazil. Stones are usually about 1 to 1.5 inches

HOW TO USE METAMORPHOSIS QUARTZ:

For ongoing energy, you can carry Metamorphosis Quartz and it will energize you as needed. Also, use this stone during times of difficult change. You can even use it to enhance intimacy and emotional connection between you and your loved ones.



Meteorite



POWER & BENEFITS OF METEORITE:

Meteorite is a good stone for endurance. It assists with spatial conception and is useful for emigrating. It is good for connecting with distant friends and loved ones and contacting other worlds.

SPIRITUAL & EMOTIONAL INFLUENCE:

Meteorite helps with contacting other worlds. Considered a gift from another world, and many cultures consider them to be sacred and to have supernatural powers. Meteorite represents the energy of other worlds, and this allows for the access of special energy to the user. It can be used for balancing and aligning the energetic fields of the body.

It helps with homesickness, incoherence, and melancholy.

THE PHYSICAL CONNECTION:

Meteorites are thought to help with anemia and as a strengthener for the blood and tissues, incoherence, and melancholia. It is said to assist in understanding the physical body so that the body becomes one with the spirit. It is believed to offer strength and hope in the face of a long struggle or physical ailment.

THE CHAKRAS CONNECTED TO METEORITE:

Crown Chakra, Root (Base) Chakra.

ASTROLOGICAL SIGNS:

Aries, Taurus, Gemini, Cancer, Leo, Virgo, Libra, Scorpio, Sagittarius, Capricorn, Aquarius, and Pisces.

LOCATIONS FOUND & HISTORY:

Argentina, China, Namibia, Russia. Meteorite rocks come from space, and they are commonly 4.5 billion years to 13 billion years old. The stones come from other planets such as Mars and the Moon, the asteroid belt, the heads of comets, and debris from the big bang.

RARITY, VALUE & VARIATIONS:

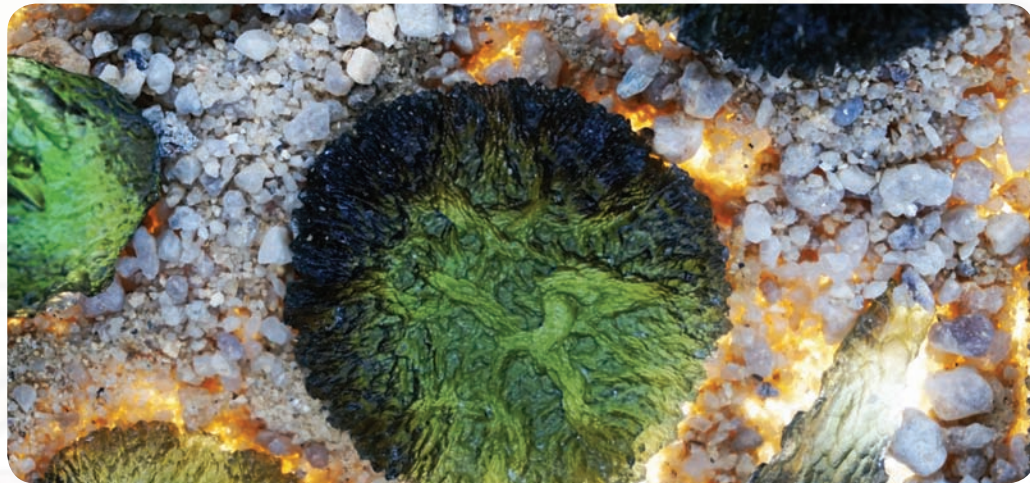
Meteorites are composed of minerals that are also found on earth, with the difference being that, unlike earth minerals, minerals from space don't have any air gaps between the molecules. The reason for this is that they are formed in the vacuum of space. They come in three classes to include iron, achondrites, and chondrites. Meteorites are usually black or brown, and can also be silver when polished.

HOW TO USE METEORITE:

Meteorite is a good stone for meditation. Do not use achondrites and chondrites for elixirs. Use in crystal body layouts or energy grids. It will stimulate the Third Eye (Brow) Chakra, and Crown Chakra preparing one for inner vision and spiritual awakening.



Moldavite



POWER & BENEFITS OF MOLDAVITE:

Moldavite fuses extraterrestrial energies with Mother Earth and takes you way beyond your limits and boundaries. It brings you into communication with your higher self and with extraterrestrials.

SPIRITUAL & EMOTIONAL INFLUENCE:

Moldavite is a stone that assists in raising spiritual awareness and uncovering hidden emotions. It has a cosmic connection that puts you in touch with Ascended Masters and cosmic messengers, facilitating the ascension process. It integrates the divine blueprint and accelerates spiritual growth by downloading information from the Akashic Record and the light body, which has to be processed and made conscious.

It is an excellent stone for those who are very sensitive and helps to process deep or heavy feelings and trauma. Brings you solutions to your problems and makes you more aware of how to navigate personal issues. Shows you your spiritual purpose and connects you with your higher self, spirit guides, and extraterrestrial energy.

THE PHYSICAL CONNECTION:

Moldavite is thought to provides a general sense of wellbeing to the body and make you aware of the root cause of an illness or disease.

THE CHAKRAS CONNECTED TO MOLDAVITE:

Root (Base) Chakra, Sacral Chakra, Solar Plexus Chakra, Heart Chakra, Throat Chakra, Third Eye (Brow) Chakra, and Crown Chakra.

ASTROLOGICAL SIGNS:

Aries, Taurus, Gemini, Cancer, Leo, Virgo, Libra, Scorpio, Sagittarius, Capricorn, Aquarius, and Pisces. Especially Scorpio.

LOCATIONS FOUND & HISTORY:

Czechoslovakia (which is where the comet hit millions of years ago), Bavaria, Moldavia. Moldavite is a fascinating stone with an interesting origin and story. It has been collected in Czechoslovakia since the mid 18th century and was highly valued. Moldavite is roughly around 14 million years old and was formed by the impact of a meteorite hitting the Earth in 1787 at the Moldau River in Czechoslovakia. The compressed air melted the Earth's surface in front of the meteorite, and then upon impact, the explosion caused tektites to form in a vacuum-type bubble which created the glass-like pieces of the comet. All of these pieces were strewn around and ended up landing in different places.

It has been used since the Stone Ages times as a talisman and amulet for good fortune and fertility.



RARITY, VALUE & VARIATIONS:

Moldavite is transparent to translucent and is usually olive or a glass bottle green. A green Tektite, Moldavite looks similar to green glass. It's exceptionally beautiful when light shines through it. It's a tektite, and all tektites are natural glasses created by melted silica sand through the impact of a meteorite. Since it is only found in one area, Moldavite is very rare which is why it tends to be expensive. A small piece less than 1 inch in size costs around \$20 or more depending on the quality. Many moldavite pieces are cut while most are left in their natural form to preserve the history behind this incredible stone. It has a Mohs hardness of 5.

HOW TO USE MOLDAVITE:

Moldavite can be used in meditation to access past lives or placed beside your bed as you sleep to gain spiritual wisdom. It helps connect you with your intuition and universal knowledge. It works to amplify the energy of other crystals and gemstones.

Molybdenite



POWER & BENEFITS OF MOLYBDENITE:

Molybdenite helps smooth the way to self-realization, by encouraging self-reflection and stimulating the creative thought process. It gives clarity and direction to creative thoughts, so your ideas become relatively easy to manifest.

SPIRITUAL & EMOTIONAL INFLUENCE:

Molybdenite gives confidence, reduces anxiety and friction. It encourages you to let go of old beliefs and thoughts that are no longer working for you. It helps you to stop repeating behavior or patterns and try new things. It is good for art, creativity, and writing. It is an excellent crystal for stimulating the intellect.

THE PHYSICAL CONNECTION:

It is thought that Molybdenite brings lubrication to the body, mind, and spirit. It is said to be good for the joints, synovial fluid, and other fluids in the body, blood, lymph, kidneys, and bladder. It is also thought to help to reduce fluid retention.

THE CHAKRAS CONNECTED TO MOLYBDENITE:

Sacral Chakra.

ASTROLOGICAL SIGNS:

Scorpio.

LOCATIONS FOUND & HISTORY:

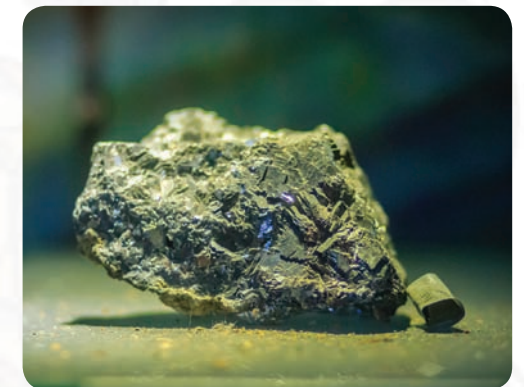
Australia, China, Germany, Mexico, Norway, United States. Molybdenite comes from the Greek word molybdos, which means lead and alludes to its resemblance to metallic lead. It was discovered by Carl Wilhelm Scheele in 1778.

RARITY, VALUE & VARIATIONS:

Molybdenite is a blueish silver hexagonal crystal. Very soft metallic stone in black, lead grey, or grey. It has been found on rare occasions in some meteorites. It is commonly found metamorphosed in limestone, granites, fine-grained igneous rock, and high-temperature hydrothermal vein deposits.

HOW TO USE MOLYBDENITE:

Use Molybdenite in meditation to receive inspiration.



Mookaite



POWER & BENEFITS OF MOOKAITE:

Mookaite is a stone that offers grounding, and protective energies. It encourages your sense of adventure and pushes you out of your comfort zone. It provides a balance between inner and outer experiences. It gives both a desire for new experiences and a calm to face them.

SPIRITUAL & EMOTIONAL INFLUENCE:

Mookaite is good for dreams, self-esteem, grounding, and moving forward in life. Mookaite is the stone of the here and now, making you appreciate what has passed, enjoy the present, and look forward to the future.

This stone is good for people who are making decisions and seeking creativity and new perceptions. It helps those who are dealing with children and loneliness. It gives general protection and also helps with communication. It helps with fear and depression.

THE PHYSICAL CONNECTION:

Mookaite is thought to be a physically stabilizing stone with an energy that strengthens the immune system, helps with wounds, and blood purification. It is considered a good stone for weight loss, and balance of the thyroid gland and stomach. It is also thought to help hernias, water retention, restoring tissues, and preventing the deterioration of the internal organs.

THE CHAKRAS CONNECTED TO MOOKAITE:

Root (Base) Chakra.

ASTROLOGICAL SIGNS:

Leo.

LOCATIONS FOUND & HISTORY:

Australia. Mookaite, a stone also known as Mookaite Jasper, is found in Western Australia. Found in the Kennedy Ranges near Mooka Creek for which the stone is named. In the traditional Aboriginal language, mooka means running waters.

RARITY, VALUE & VARIATIONS:

A patterned red and cream variety of Jasper. Also called Australian Jasper. Found in a variety of vibrant, earthy colors.

HOW TO USE MOOKAITE:

Use Mookaite for meditation. Wear or carry to help keep you safe from harm. Put Mookaite under your pillow when you sleep for energy balance or speed up recovery. Placing under your pillow will also help to give a good night's sleep makes you feel well-rested and refreshed the next day.



Moonstone



POWER & BENEFITS OF MOONSTONE:

Moonstone is a beautiful luminescent stone with a glow that is similar to the moon in the night sky. It is said to protect sailors at sea and travelers on water, it is more potent during a waxing moon and less so during the waning.

SPIRITUAL & EMOTIONAL INFLUENCE:

Moonstone is great for new beginnings and being connected with your intuition. Keeps you in balance through life's changes. It encourages lucid dreaming, especially at full moon, and has traditionally been used to enhance metaphysical abilities and to develop clairvoyance.

It soothes your emotions, improves emotional intelligence, and promotes deep empathy. It can also be used to help break negative beliefs and patterns so that the true essence of who you are can shine through.

THE PHYSICAL CONNECTION:

Moonstone is thought to be connected with the female reproductive system and the menstrual cycle which is often referred to as the moon cycle. It is said to be excellent for conception, pregnancy, birth, and breastfeeding. It is also thought to help in digestion and is great for circulation and skin.

THE CHAKRAS CONNECTED TO MOONSTONE:

Sacral Chakra, Solar Plexus Chakra, and Third Eye (Brow) Chakra. Placed on the Solar Plexus Chakra it draws out old emotional patterning.

ASTROLOGICAL SIGNS:

Scorpio, Libra and Cancer.

LOCATIONS FOUND & HISTORY:

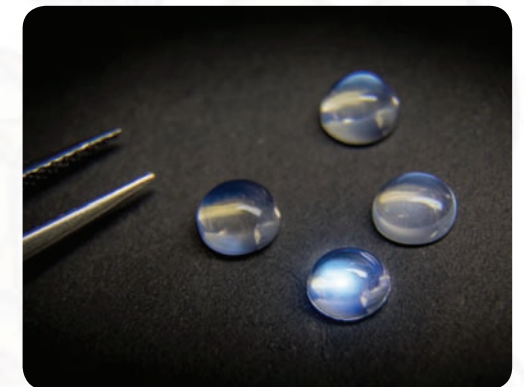
India, Australia, and Sri Lanka. In ancient Rome, Moonstone was believed to be solidified moonbeams and it was also thought that within the stone Diana, the goddess of the moon, could be seen. Moonstone was a very popular stone for jewelry and it was thought to bestow love on the wearer. It's also known in India as a lover's stone given as a traditional wedding gift. Moonstone is also the Traveler's Stone that protects travelers on their journeys. It's been used throughout history to make an elixir to prevent sleepwalking.

RARITY, VALUE & VARIATIONS:

Moonstone is prized for the appearance of an optical phenomenon known as adularescence which is what creates the moonlit sheen. It is a type of feldspar which is an abundant rock-forming mineral. The more transparent and blue in the stone, the higher in value it will be. Many of these stones are being passed from dealer to dealer which increases the price even more. It has a Mohs hardness of 6.

HOW TO USE MOONSTONE:

Wear Moonstone on the hands in a ring or place on the body where balance is needed.



Morganite



MORGANITE MEANING AND SPIRITUAL PROPERTIES

Power & Benefits of Morganite:

Morganite is a love attractor that encourages loving thoughts and actions and creates space to enjoy life. It opens the heart to receive unconditional love. It helps with self-love and acceptance of self. It keeps the emotional aspect of the self safe while psychological changes take place.

SPIRITUAL & EMOTIONAL INFLUENCE:

Morganite is beneficial for soul retrieval, realigning body, and soul. It releases karmic emotional pain. It brings awareness of unfulfilled emotional and soul needs and unexpressed feelings. It holds the emotional body stable during psychosomatic change.

It eases stress in a stressful life and helps to express emotions. It also helps you see your unmet needs and where you can be kinder to yourself.

THE PHYSICAL CONNECTION:

Morganite is thought to be beneficial for relieving symptoms of asthma, tuberculosis, and emphysema. It is said to be good for the circulatory system, the oxygenation of the blood, the lungs, and vertigo.

THE CHAKRAS CONNECTED TO MORGANITE :

Heart Chakra.

ASTROLOGICAL SIGNS:

Libra.

LOCATIONS FOUND & HISTORY:

USA, China, Ireland, Switzerland, Australia, Czech Republic, France, and Norway. Morganite was very first found in Madagascar in 1910. It was named after American financier and philanthropist J.P. Morgan by the New York Academy of Sciences. The most significant piece of morganite was found on October 7th, 1989 in the Bennet Quarry of Buckfield, Maine. It was pinkish-orange and measured 23 cm long and 30 cm across and weighed in at 50 pounds. They named this particular piece of Morganite The Rose of Maine. Also called Pink Beryl.

RARITY, VALUE & VARIATIONS:

Morganite is a rare form of Beryl that is pink in color. All Beryl gemstones are beryllium aluminum silicates, and their different colors are caused by various trace elements. Morganite gets its pink or peach color from manganese. It has a Mohs hardness rating of 7.5 to 8.0. It tends to have fewer inclusions than emerald and clean pieces are typical. Medium pink stones with high clarity that are custom cut are the most valuable.

HOW TO USE MORGANITE:

Wear Morganite in jewelry to receive the energy balancing benefits. Also, a beautiful jewel to gift to a loved one.



Muscovite



POWER & BENEFITS OF MUSCOVITE:

Muscovite is a good stone for problem-solving, thought, and major life decisions. It can be helpful if you are worried about how life situations will impact yourself and those who rely on you. It aids in changing the image presented to the world.

SPIRITUAL & EMOTIONAL INFLUENCE:

Muscovite is good for meditation and shamanic visions. It helps you to access your higher self and listen to your intuition. It is a mystical stone that has strong angelic contact and stimulates awareness of the higher self. When used in scrying, it links to the highest spiritual realms. It stimulates the Heart Chakra, facilitates astral travel, and helps with psychic vision.

It helps anger, excess nervous energy, insecurity, past issues, painful emotions, self-doubt, and tantrums. It is good for emotional expression and mediation.

THE PHYSICAL CONNECTION:

Muscovite is thought to help with allergies, dehydration, diabetes, hunger, insomnia, and mononucleosis. It is said to balance sleep patterns. It is believed to help control blood sugar, alleviate dehydration, and prevent hunger when fasting. It is also thought to aid in problem-solving and stimulate quick-wittedness. It is said to release tension in the physical body and align the subtle bodies and meridians in the body which helps to bring more balance.

THE CHAKRAS CONNECTED TO MUSCOVITE:

Heart Chakra.

ASTROLOGICAL SIGNS:

Aquarius, Leo.

LOCATIONS FOUND & HISTORY:

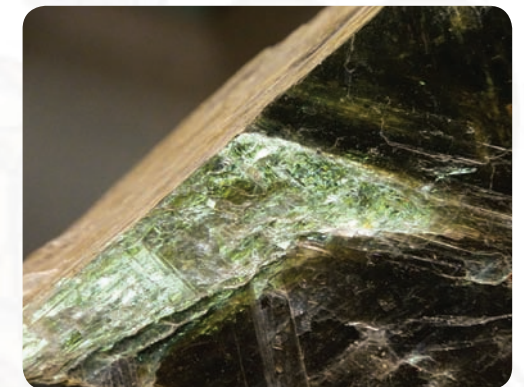
Austria, Brazil, Czech Republic, New Mexico, Switzerland, Russia, Canada, India, Italy, Scotland, Germany, Finland, Madagascar, Afghanistan, Dominican Republic, and United States (New Mexico). Muscovite gets its name from Muscovy-glass, which was given to the stone in Elizabethan England because of its use in medieval Russia as a cheaper alternative to the glass used in windows.

RARITY, VALUE & VARIATIONS:

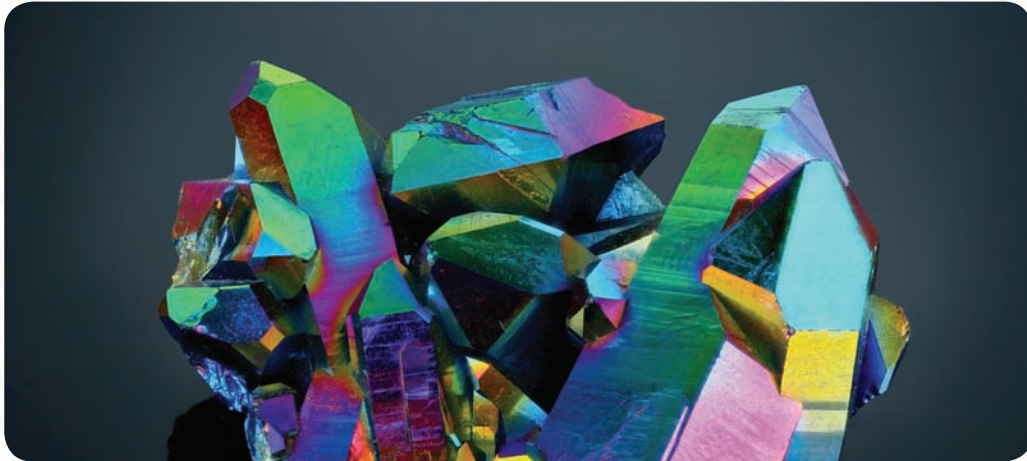
Muscovite is the most common form of mica. A variety of pearl-like Mica in layered plates, masses, scales, and other crystalline forms. Colors can include brown, green, grey, red, pink, violet, white or yellow. It has a Mohs hardness of 2-3.5.

HOW TO USE MUSCOVITE:

Carry or hold Muscovite. Use as wrist support when typing.



Mystic Quartz



POWER & BENEFITS OF MYSTIC QUARTZ:

Mystic Quartz helps to balance any energy. It is great support for times when you are feeling alone in your experiences. The crystal is just as magical-looking as it sounds, it's a regular Quartz crystal that has been treated with titanium to give it a beautiful iridescent color and sheen.

SPIRITUAL & EMOTIONAL INFLUENCE:

Mystic Quartz reduces and rids you of negativity to fill the space and mind with positivity.

THE PHYSICAL CONNECTION:

Because Quartz crystals are known to be very balancing and purifying, Mystic Quartz is no different. This crystal can be said to soothe illness in the body. It is thought to stabilize and balance all body systems.

THE CHAKRAS CONNECTED TO MYSTIC QUARTZ:

Mystic Quartz is associated with the Crown Chakra and higher consciousness.

ASTROLOGICAL SIGNS:

All astrological signs.

LOCATIONS FOUND & HISTORY:

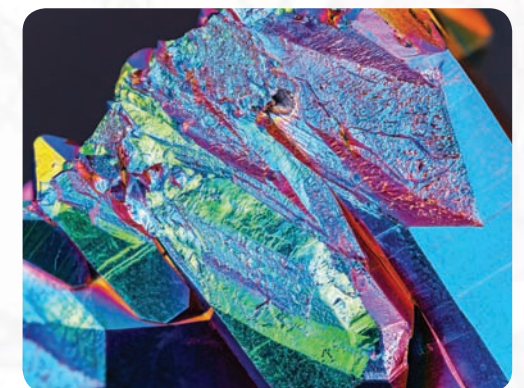
Quartz stones can be found all over the world and the treatment can be done pretty much anywhere too. Even though Quartz has been around for thousands of years this Mystic Quartz has only been around since the late 90s. The titanium treatment wasn't developed until more recently which is why it's a fairly new stone still.

RARITY, VALUE & VARIATIONS:

With a name like Mystic Quartz, you know that this is a pretty outstanding stone. It's been coated using Titanium and then heat-treated to give it mystical colors and iridescence. It needs to be taken care of really well though as the coating can chip off over time. It can come in a darker iridescence or a lighter, more pastel one. Lately, it's been a popular stone to see in rings and earrings. The stone has a hardness of 7 on the Mohs hardness scale. It's also used in making radio, watches, circuit boards, and chips making Quartz as valuable as a diamond in some ways. It's a lot like Titanium Quartz, but Mystic Quartz is used as a gemstone more often.

HOW TO USE MYSTIC QUARTZ:

Use Mystic Quartz to balance your energy and to uplift your mood. Use this stone just as you would use regular clear Quartz.



Nebula Stone



POWER & BENEFITS OF NEBULA STONE:

Nebula Stone brings in inspiration and appreciation. It is good for self-reflection and introspection as well as knowing your innate self-worth. It is beneficial for self-esteem, integrity, sensitivity, and focusing goals.

SPIRITUAL & EMOTIONAL INFLUENCE:

Nebula Stone accesses the Akashic Record and facilitates aura readings. It is said to have unique metaphysical properties.

It is a crystal of oneness and enlightenment. Looking at a Nebula Stone can make you feel like you're looking into the universe and seeing different galaxies and nebulae. Reminding you of the infinite possibility in life.

THE PHYSICAL CONNECTION:

Nebula Stone is thought to help with cellular issues like STIs and AIDS. It is said to be an excellent stone for detoxing and purification.

THE CHAKRAS CONNECTED TO NEBULA STONE:

Root (Base) Chakra, Sacral Chakra, Solar Plexus Chakra, Heart Chakra, Throat Chakra, Third Eye (Brow) Chakra, and Crown Chakra.

ASTROLOGICAL SIGNS:

Scorpio, and Pisces.

LOCATIONS FOUND & HISTORY:

The United States. Nebula stone was first discovered by Karen and Ron on their

travels in Mexico, Belize, and Guatemala. A relatively new stone, Nebula Stone has a lot of interesting metaphysical qualities that are still being uncovered. It's a combination of Aegirine, Potassium Feldspar, Epidote, and Quartz. These crystals fuse creating a deep green stone with white dots that look like little nebulae in the night sky.

It can also be found in the United States in the Southwest. It is still being researched by scientists. It has been analyzed by many noted scientists, but they can't come up with a similar conclusion as to precisely what type of rock it is.

RARITY, VALUE & VARIATIONS:

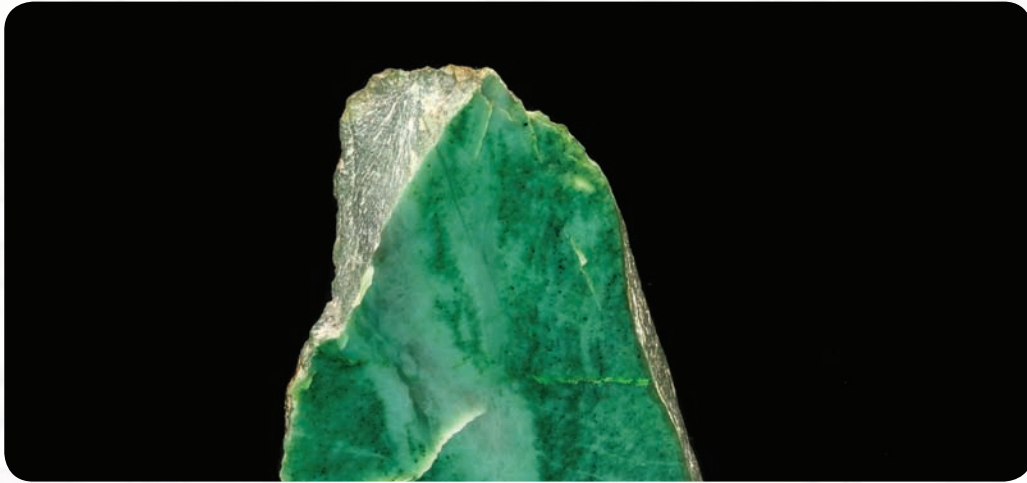
These stones are becoming more popular as time goes on and you can find larger pieces. The pieces that are higher in value tend to be the larger ones with distinct nebula markings. It has a Mohs hardness of 6-7.

HOW TO USE NEBULA STONE:

Hold this stone in meditation or gaze into it as a mediation to uncover some wisdom from the universe. Use as an elixir to soften the skin.



Nephrite



POWER & BENEFITS OF NEPHRITE:

Nephrite is good for protection, and yin/yang balance. It instills a sense of stillness and quiet in the mind and heart. It allows you to appreciate life and express gratitude.

SPIRITUAL & EMOTIONAL INFLUENCE:

Nephrite is thought to be a great stone for protection and to remember to practice good boundaries. It can even help you see what you have the potential to do in your life.

THE PHYSICAL CONNECTION:

It is thought to help relieve bacterial and viral infections. It is said to boost the immune system and the adrenal glands. It is also thought to be good for the effects that stress has on the body. It is considered to be a good stone to have on hand to prevent illnesses.

THE CHAKRAS CONNECTED TO NEPHRITE:

Heart Chakra.

ASTROLOGICAL SIGNS:

Libra.

LOCATIONS FOUND & HISTORY:

Canada, China, and the United States. Nephrite Jade first came from the Kunlun Mountains of northwest China, from 5000 BC to the 1700s and it continues to be sourced there as well as in the United States and Canada. Nephrite was

used throughout history for weapons, and then later for carvings and special ornaments. It's known as the oldest and true Chinese jade. Nephrite and Jadeite were once considered the same, and while they do look similar and have similar properties there are slight differences between the two which were noted in 1863. Jadeite is harder than Nephrite and it also comes in pretty much every color while Nephrite only comes in several different colors.

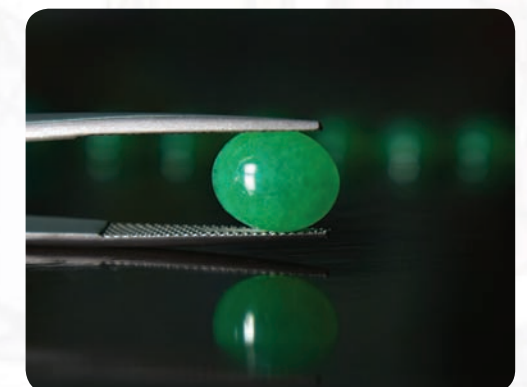
Nephrite is older than Jadeite though which means that any Chinese carving that's older than 230 years old is Nephrite because Jadeite wasn't known until 1740. Back then, Nephrite was known as Yu stone, or the Stone of Heaven, and people were often buried with six specific nephrite jade figures which would ensure their soul's passage to heaven. It's not only popular with Chinese culture, it's also been a part of Russian history, Indigenous North American history, and the history of the Maori from New Zealand.

RARITY, VALUE & VARIATIONS:

Nephrite is a type of Jade with Actinolite in it also called Greenstone. It is a form of amphibole a fibrous rock. It is one of the strongest natural stones. It's not able to be carved by chiseling but has to be ground down.

HOW TO USE NEPHRITE:

Keep this stone with you for protection and to help restore balance in yourself and your emotions.



Obsidian



POWER & BENEFITS OF OBSIDIAN:

Obsidian is molten lava that has cooled so quickly that it didn't have time to crystallize. Because of this, the stone works extremely fast and with great power. It is a stone without boundaries or limitations. This volcanic glass is a grounding and protecting stone, that brings wisdom. It is good for learning. It a truth-enhancing stone that has reflective qualities that are unforgiving at exposing blockages, flaws, and weaknesses. Nothing can be hidden from the Obsidian stone. It is good for people who are sensitive, suffer social anxiety, and who are empathic. It is a grounding stone that helps to absorb any negative energy around you.

SPIRITUAL & EMOTIONAL INFLUENCE:

Obsidian provides deep soul balancing and can help facilitate going back into past lives to heal any trauma or festering emotions that may have carried forward into your present life. It helps block a psychic attack and removes negative spiritual influences. It acts as a mirror of the soul and lets you take a good long look at yourself and be able to smile at yourself. It vitalizes your soul's purpose. The stone eliminates blockages and helps to relieve tension. It helps to anchor the spirit into the body.

It is a grounding stone that impels you to grow and will offer its support when you choose to do so. It helps with subconscious blockages and self-defeating patterns. It helps you to recognize your dark side. It is a stone that needs to be carefully handled, and it is best used with the guidance of a qualified therapist as the stone can bring about negative emotions and unpleasant truths. It is a protective stone that helps to guard against negativity. It is a good stone for highly sensitive people.

THE PHYSICAL CONNECTION:

Obsidian is thought to be good for digestion, and nausea. It is said to detoxify and dissolve blockages and tensions in the body. It is also thought to help with arthritis, cramps, joint problems, and injuries. Use Obsidian as an elixir as it is thought to help with shock. It is believed to help alleviate pain and stops bleeding. It is a stone that is said to help you recognize the cause of disease.

THE CHAKRAS CONNECTED TO OBSIDIAN:

Root (Base) Chakra.

ASTROLOGICAL SIGNS:

Aries, Capricorn, Sagittarius, Scorpio.

LOCATIONS FOUND & HISTORY:

Mexico, United States, volcanic regions.





RARITY, VALUE & VARIATIONS:

Black, brown, brown/black, blue, green, gold-sheen, mahogany, rainbow, red/black, silver, black and white snowflake patterns, translucent black and brown nodules (Apache Tears). Obsidian stone that is natural and uncut is very reflective with sharp edges and very smooth. It has a Mohs hardness of 5-5.5.

HOW TO USE OBSIDIAN:

A large piece of Obsidian can help block geopathic stress or soak up any environmental pollution. Place under the bed or pillow to draw out any mental stress and tension, which may help to have a calming effect. While it draws out these tensions, it can also bring up the reasons for the stress, which must be confronted before peace can return. If you aren't quite ready to deal with that stress, you might want to wait to use Obsidian until you are. This stone is so effective at soaking up any negative energies that it is important to clean the stone under running water each time you use it for this purpose. Use as a ball or as a mirror for scrying.

Okenite



POWER & BENEFITS OF OKENITE:

Okenite is a very interesting looking crystal that has formations that look almost like snowballs or cotton balls. It has a soft and fuzzy energy and it looks as though it would be soft when you touch it, but touching it can harm the crystal and break it, as it is very fragile.

SPIRITUAL & EMOTIONAL INFLUENCE:

Okenite has an energy similar to getting a big hug. It's a very comforting stone that soothes you and makes you feel like you're not alone. It helps with self-confidence by relieving self-doubt and also gets people out of denial. It brings in self-forgiveness. It clears obstacles from your journey in life.

It facilitates deep karmic healing on all levels. It can be used to prepare for channeling.

THE PHYSICAL CONNECTION:

It is thought that Okenite stimulates the circulation in the body and increases blood flow. It is said to increase milk production. It is also thought to help slow aging and keep a youthful appearance. It is thought to calm fever, vomiting, and diarrhea.

THE CHAKRAS CONNECTED TO OKENITE:

It purifies the Chakras and the physical and subtle bodies.

ASTROLOGICAL SIGNS:

Sagittarius, and Virgo.

LOCATIONS FOUND & HISTORY:

Okenite can be found in many places around the world including India, Bulla Island, New Zealand, Chile, Ireland, and the Faroe Islands. First found in 1828 in the town of Ile Disko in Greenland. It was named after German naturalist Lorenz Oken.

RARITY, VALUE & VARIATIONS:

Okenite is most often found in cotton ball formations within Basalt geodes. It has a hardness of 4.5 to 5 on the Mohs scale of hardness. It's mainly found in clusters and isn't usually used in jewelry. Nice pieces of this stone tend to be expensive because of how rare they are to find a large piece.

HOW TO USE OKENITE:

Use Okenite as you meditate and to help you see through illusions. Also useful for exploring Karmic cycles and understanding patterns so you can break habits or patterns.



Onyx



POWER & BENEFITS OF ONYX:

Onyx is a stone that gives strength and courage. It provides support under challenging conditions and clears up confusion so you can see things with clarity. Brings in stability and strength. It is beneficial for making wide decisions, self-confidence, centering, vigor, grief, overwhelming fears, and balancing yin and yang. It is considered a protective strength-giving stone that is protective for dark nights and lonely places.

SPIRITUAL & EMOTIONAL INFLUENCE:

Onyx is effective in past-life work for healing old injuries and physical trauma affecting the present life, it anchors the flighty into a stable way of life and imparts self-control.

It is a grounding stone that helps you take control of yourself and your life. It assists in taking charge in situations so you can determine what is best for you or not.

THE PHYSICAL CONNECTION:

Onyx is thought to be great for bones, teeth, bone marrow, and blood disorders. It is also thought to be helpful for the feet.

THE CHAKRAS CONNECTED TO ONYX:

Root (Base) Chakra.

ASTROLOGICAL SIGNS:

Leo and Capricorn.

LOCATIONS FOUND & HISTORY:

Brazil, California, India, Italy, Mexico, USA, Russia, South Africa. and Uruguay. The name Onyx comes from the Greek word Onyx meaning the nail of a finger or a claw. Legend has it that while Greek goddess Venus was sleeping Eros or Cupid would trim her fingernails which they later turned into onyx so she would live on forever in the stone. In ancient times Onyx was believed to have a demon imprisoned within that would awaken at night, sowing discord, especially between lovers.

RARITY, VALUE & VARIATIONS:

Usually black, Onyx can also have bands of white, brown, grey, yellow, or orange with light shades of blue. Onyx that is reddish-brown with bands is called sardonyx. It has a Mohs hardness of 7, making it an excellent stone for carving and jewelry. Most of the Black Onyx today is treated or dyed to intensify the color.

HOW TO USE ONYX:

Wear Onyx on the left side of the body or around the neck.



Opal Aura



POWER & BENEFITS OF OPAL AURA QUARTZ:

Opal Aura Quartz is said to be like a rainbow signifying hope and optimism, it is a crystal of joy. It brings out the beauty within and enhances the beauty of the world around you. It makes you feel hopeful and optimistic.

SPIRITUAL & EMOTIONAL INFLUENCE:

Opal Aura Quartz creates a strong connection between the body, mind, and spirit which results in contact with spirit guides and angels. It brings about a state of total union with the divine and cosmic consciousness. It integrates the light body into the physical dimensions and opens a deep state of meditative awareness, grounding the information received in the physical body.

It is highly rejuvenating and creates a sense of peace and being at ease.

THE PHYSICAL CONNECTION:

Opal Aura Quartz is thought to help addictions and disorders to restore balance in the body. It is also thought to help with digestive disorders and eye disorders.

THE CHAKRAS CONNECTED TO OPAL AURA QUARTZ:

Solar Plexus Chakra. It purifies and balances the Root (Base) Chakra, Sacra Chakra, Heart Chakra, Throat Chakra, Third Eye (Brow) Chakra, and Crown Chakra.

ASTROLOGICAL SIGNS:

Aries, Taurus, Gemini, Cancer, Leo, Virgo, Libra, Scorpio, Sagittarius, Capricorn, Aquarius, and Pisces.

LOCATIONS FOUND & HISTORY:

Worldwide. Opal Aura Quartz is a very new stone.

RARITY, VALUE & VARIATIONS:

Opal Aura Quartz is a paler more pastel version of Rainbow Aura Quartz. While rainbow Aura Quartz has black undertones, Opal Aura Quartz has white undertones which make it look a lot like opal. It's created in a laboratory using Clear Quartz and coating it with a platinum-based coating that is sprayed on at high temperatures. This coating also gives the crustal a metallic sheen that is permanently ingrained in the lattice of the crystal. Opal Aura and Angel Aura are very similar in appearance.

It's a Silicate in the Quartz Group of hexagonal, rhombohedral terminations, much like Clear Quartz crystals since they begin as Quartz crystals, they are found in clusters, points, drusy aggregates, geodes, and as rounded polished stones. These crystals have a hardness of 7 on the Mohs hardness scale, and they are vitreous and translucent to transparent with no cleavage.

HOW TO USE OPAL AURA QUARTZ:

Hold Opal Aura Quartz crystal while meditating or place it beside your bed when you are sleeping. Place it on areas of the body that need balancing and hold it to balance all Chakras.



Opal



POWER & BENEFITS OF OPAL:

Opal has an iridescent tone caused by the diffraction of light within the stone itself. It's a very delicate crystal that is associated with passion and love. It is beneficial for self-worth intuition, fear, loyalty, spontaneity, and Earth healing. It is absorbent and reflective, it picks up thoughts and feelings, amplifies them, and returns them.

SPIRITUAL & EMOTIONAL INFLUENCE:

Opal is a karmic stone, it teaches that what you put out comes back. It heals the Earth's energy field, repairing depletions and reenergizing and stabilizing the grid.

It will help you discover your true potential and your purpose in life. It shows you how to identify your feelings, how to acknowledge and accept them. It's also said to bring loyalty in the form of being loyal and attracting other loyal people.

THE PHYSICAL CONNECTION:

Opal is thought to be helpful for Parkinson's disease, better vision, and eyes. It has been said to help with memory and cognition. It is also thought to be great for detoxification.

THE CHAKRAS CONNECTED TO OPAL:

Heart Chakra, Throat Chakra, Crown Chakra, Sacral Chakra. Varies according to color.

ASTROLOGICAL SIGNS:

Pisces, Scorpio, Cancer and Libra

LOCATIONS FOUND & HISTORY:

Australia (more than 90 percent of the global output), Canada, United States, United Kingdom, Honduras, Slovakia, Zambia, Ethiopia, Tanzania, Iceland, Guatemala, Poland, Peru, New Zealand, Indonesia, Mexico, and Brazil. The oldest Opal to be uncovered came from around 4000 B.C from Ethiopia. In ancient Hungary, they mined Opal to sell to Europe and the Middle East.

Ancient Rome was the first civilization to buy and sell Opal and the wealthy loved collecting these beautiful stones amongst others. In the Middle Ages, it was known as the eye stone and was thought to bring good eyesight and help with eye issues. Opal comes from the Sanskrit word Upala, which means precious stone as well as the Greek word Opallios which means a color change.

RARITY, VALUE & VARIATIONS:

Darker colored opals are more valuable than white opals and a black can be worth as much as \$15,000 a carat in Australian Dollars.

HOW TO USE OPAL:

Place Opal on the heart or wherever needed. Beautiful and powerful in jewelry.



Opalite (Merlinite)



POWER & BENEFITS OF OPALITE (MERLINITE):

Opalite (Merlinite) is an intuitive, magical, and spiritual stone that's great for meditation and connecting to the spiritual realm. Its energy grabs you and helps to pull your energy down toward the earth's core, so you can stay focused to overcome distractions. It is attuned to the four elements of Earth, air, fire, and water. It is beneficial for intellect and intuition.

SPIRITUAL & EMOTIONAL INFLUENCE:

Opalite is a magical stone that is good for all psychic abilities, flow, magic, yin/yang balance, and accessing Akashic Records. It holds the imprint of the combined knowledge of alchemists, shamans, and other workers of magic. It attracts teachers, visitors, and other clear messages into your dreams and meditations, making it an excellent stone for intuitive learning and connecting with higher consciousness.

It forces you to recall memories and patterns that you have kept hidden. Opalite is calming and helps to develop patience. It helps you to realize that your desires don't always match your needs, but that the universe will provide you with the people, experiences, and lessons you need.

THE PHYSICAL CONNECTION:

Opalite is thought to be good for survival instincts and sexual energy. Its energy is said to help address illnesses and conditions that are related to the heart and the intestines. It is also thought to give relief to headaches, stabilize the nervous system, and is especially helpful with the circulatory and respiratory systems.

THE CHAKRAS CONNECTED TO OPALITE (MERLINITE):

Third Eye (Brow) Chakra.

ASTROLOGICAL SIGNS:

Pisces and Gemini.

LOCATIONS FOUND & HISTORY:

India, New Mexico in the United States. Opalite (Merlinite) is named after the wizard Merlin because of its ability to attract magical and mystical experiences to anyone who wears it.

RARITY, VALUE & VARIATIONS:

Black and white Moss Opal. Two distinct opaque colors, usually small. Its black colors can vary in shade from deep grey to bluish-black colors. Becoming more readily available. It has a Mohs hardness of 7.

HOW TO USE OPALITE (MERLINITE):

Wear Opalite around the neck or place the stone behind the ear to help access past lives.



Orange Calcite



POWER & BENEFITS OF ORANGE CALCITE:

Orange Calcite is an energizing stone that is thought to help get positive energy moving throughout the body, especially for creativity and sexuality. It brings inspiration and vitality. It is beneficial for study, motivation, and emotional stress.

SPIRITUAL & EMOTIONAL INFLUENCE:

It will help enhance your intuition and psychic abilities. Orange Calcite will heighten your mental abilities and boost your memory. Orange Calcite brings calm, removes fear, overcomes depression, and helps to balance emotions and energy. It helps with aggression and belligerence.

It helps to dissolve problems and maximize potential. It is a highly cleansing and energizing stone, especially when used for the lower Chakras. Orange Calcite will stimulate your mind so that you will remain focused and creative.

THE PHYSICAL CONNECTION:

Orange Calcite is thought to help the reproductive system, intestinal disorders, gallbladder and removes mucus from the system. It is also thought to be beneficial for tissue healing, and the immune system.

THE CHAKRAS CONNECTED TO ORANGE CALCITE:

Root (Base) Chakra, Sacral Chakra. It is an energizing stone, best used on the Sacral Chakra when you need a boost of energy or something that will help calm your temperament.

ASTROLOGICAL SIGNS:

Cancer, Leo.

LOCATIONS FOUND & HISTORY:

Mexico. The name Calcite comes from the Greek word Chalix, meaning lime. The best Orange Calcite comes from Mexico.

RARITY, VALUE & VARIATIONS:

Orange Calcite is translucent and waxy and often banded. It is bright to pale orange in rock masses. It is an abundant mineral made up of calcium carbonate formed in many geological environments. It is one of the easiest stones to make into jewelry and other gemstone decorations. It has a Mohs hardness of 3.

HOW TO USE ORANGE CALCITE:

Carry Orange Calcite with you whenever embarking on a new journey or endeavor. Hold a piece of Orange Calcite in your hands when you are feeling depressed, disillusioned, or unsure. Place a piece under your pillow to help ward off nightmares and prevent night terrors.



Orbicular Jasper



POWER & BENEFITS OF ORBICULAR JASPER:

Orbicular Jasper also known as Ocean Jasper is a great crystal for lifting your spirits, calming the body, mind, and spirit, and allowing you to find happiness and create a constant state of bliss. It is also a good stone for patience and responsibility.

SPIRITUAL & EMOTIONAL INFLUENCE:

Orbicular Jasper has balancing properties that are excellent for soothing past sorrows. It will give you the strength to forget your mistakes and the wisdom to remember the lesson. This stone teaches compassion, reminding you that when you light a lamp for someone, it also helps to brighten your own path. It helps emotional stress.

It is a stone that supports service, instills patience, and assists in accepting responsibility. Because of the stone's close connections to nature and the beautiful inclusions that give Orbicular Jasper its calming appearance, it can help to support you in your interactions with the world.

THE PHYSICAL CONNECTION:

Orbicular Jasper is thought to be good for digestion, detoxing, and the prevention of disease. It is said to be highly restorative when it comes to the internal organ tissues. It is also thought to help drain the lymphatic system and will help in the body's absorption of vitamins and minerals. It is believed to help to balance iodine and sodium levels and may help to relieve water retention and maximize the benefits of hydrotherapy and salt baths.

THE CHAKRAS CONNECTED TO ORBICULAR JASPER:

Heart Chakra.

ASTROLOGICAL SIGNS:

Capricorn.

LOCATIONS FOUND & HISTORY:

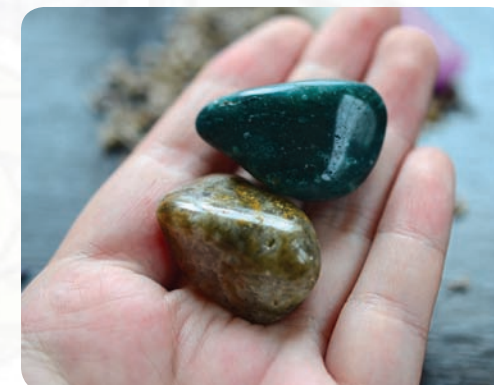
Madagascar.

RARITY, VALUE & VARIATIONS:

A green, brown, and cream variety of opaque Chalcedony. The stone is characterized by its small circular patterns. Rare.

HOW TO USE ORBICULAR JASPER:

Use Orbicular Jasper for meditation and circular breathing. Place a piece in your home or workplace to ensure a smooth flow of energy and a high level of productivity. Orbicular Jasper is a popular stone for use in jewelry and wearing it every day will help to lift your spirits and change your mood for the better.



Orpiment



POWER & BENEFITS OF ORPIMENT:

Orpiment is a protective stone. It stimulates intellect and understanding of both the self and others. It stimulates growth and provides insights into what needs to be done.

SPIRITUAL & EMOTIONAL INFLUENCE:

Orpiment promotes dreams and dream recall. Orpiment promotes the development of ideas, innocence, intimacy, investigations, and purity. It helps to aid in understanding and removing mental blocks. It eases the impact and change of death and the dying process.

THE PHYSICAL CONNECTION:

It is thought that Orpiment helps to speed up recovery from disease and injury.

THE CHAKRAS CONNECTED TO ORPIMENT:

Solar Plexus Chakra.

ASTROLOGICAL SIGNS:

Leo.

LOCATIONS FOUND & HISTORY:

Worldwide. Especially Australia, Canada, China, Czech Republic, Hungary, Italy, Japan, Mexico, Peru, Russia, and the United States. Orpiment has been known since antiquity when used as a yellow-orange pigment. It gets its name from the Latin auripigmentum, which means gold-colored. Until the early 20th century, the stone was widely used in medicine as a purgative and to help treat infections.

RARITY, VALUE & VARIATIONS:

Orpiment is an orange-yellow to lemon yellow botryoidal or reniform mineral. It can be found in foliated columnar form or as granular powders, fibrous aggregates, and rarely as prismatic crystals. It is an arsenic sulfide mineral that forms in low-temperature hydrothermal veins and volcanic hot springs.

HOW TO USE ORPIMENT:

Do not use Orpiment as an elixir. Wash hands after handling the stone. Do not smell, sniff, or lick. Do not ingest. It is photosensitive and should be kept from direct sunlight and stored in dry light-proof containers.



Pearl



POWER & BENEFITS OF PEARL:

Pearl helps to focus the mind and bring about wisdom. It is good for chastity and purity. Pearl assists in calming and centering, along with nurturing your faith, integrity, loyalty, and purity.

SPIRITUAL & EMOTIONAL INFLUENCE:

Pearl is good for emotional control. It helps with anti-social behavior and irritability.

Pearls are strong symbols of femininity, helping women to connect with their inner goddesses and obtain the ultimate feminine energy.

THE PHYSICAL CONNECTION:

Pearls are thought to be good for childbirth, fertility, digestion, and feminine sexuality and qualities. They are believed to help combat bloating. Pearls have been used throughout history as they are thought to help treat muscular systems, the digestive tract, and the skin. Pearls are said to have specific frequencies of energy vibrations that can help to rebalance deficiencies in the human body when they are worn.

THE CHAKRAS CONNECTED TO PEARL:

Sacral Chakra.

ASTROLOGICAL SIGNS:

Gemini, Cancer.

LOCATIONS FOUND & HISTORY:

Japan and China. The pearl is the oldest known gem in existence. For hundreds of years, the pearl has been considered one of the most valuable gems. According to ancient records, the oldest pearl was worn by a Persian queen in 4300 BC. Unlike all of the other gemstones, pearls and pearl jewelry originate from organic matter that comes from a living creature to include oysters and mollusks.

RARITY, VALUE & VARIATIONS:

Pearls are round stones that are formed inside of oyster shells. They may be white, grey, black, pinkish, or yellowish.

HOW TO USE PEARL:

Pearl is a popular addition to jewelry to include necklaces and rings. Pearl powder is held to be one of the top herbal tonics for beauty. It has been used in Asia for centuries to prevent the development of melanin, which is what causes dark skin pigmentation due to age and sun exposure. Pearls are good for meditation and energy cleansing.



Peridot



POWER & BENEFITS OF PERIDOT:

Peridot helps lessen sadness, depression, jealousy, anger, and laziness. It also helps reduce feelings of guilt and burdens. It assists in learning how to be your primary source of validation instead of seeking validation externally. It is a visionary crystal that helps you understand your destiny and spiritual purpose.

SPIRITUAL & EMOTIONAL INFLUENCE:

Peridot is a protective stone for the aura and a powerful cleanser. It purifies the subtle and physical bodies and the mind.

It helps move forward and releases negative self-sabotaging behaviors. Shows you how to take responsibility for your life and learn from your mistakes.

THE PHYSICAL CONNECTION:

Peridot is thought to help the spleen, heart, lungs, thymus, gallbladder, pancreas, liver, intestines, and stomach. It is said to help with ulcers, digestive problems, Crohn's disease, detoxification, intestinal tract, and irritable bowel syndrome. It is also thought to assist in childbirth and detoxing.

THE CHAKRAS CONNECTED TO PERIDOT:

Heart chakra, Solar Plexus Chakra.

ASTROLOGICAL SIGNS:

Virgo, Leo, Sagittarius and Scorpio.

LOCATIONS FOUND & HISTORY:

Afghanistan, Brazil, Canada, Canary Islands, Egypt, Ireland, Italy, Pakistan, Russia,

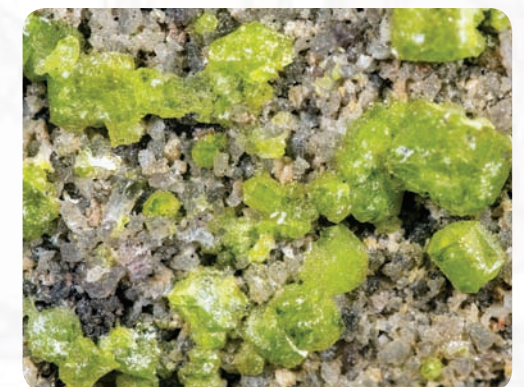
Sri Lanka, USA. First found on Topazos Island which is now known as Zabargad or St. John's Island, which is located in the Egyptian Red Sea. Peridot is one of the oldest known gemstones going back as far as 1500 BC. It has roots in Ancient Egypt, and it's believed by some that what were thought to be Emeralds belonging to Cleopatra were Peridot gemstones. Found on Topazos Island, it was also first called Topaz before Topaz gemstones were even discovered. Peridot has been mined there for over 3,500 years. It was believed in ancient times to keep away evil spirits.

RARITY, VALUE & VARIATIONS:

While many gemstones are formed within the Earth's crust, peridot is formed more buried within the Earth in the mantle. The only other gem that is created this deep is Diamonds that are formed even deeper. Peridot is made in magma that is 20 to 55 miles deep and then it's brought up to the surface of the Earth because of active volcanoes or tectonic shifts. It has a Mohs hardness of 6.5-7.

HOW TO USE PERIDOT:

Place Peridot on the area of your body over the organ or area that needs balancing energy. Wear it in jewelry especially over the throat and the heart or on the fingers.



Petalite



POWER & BENEFITS OF PETALITE:

Petalite gives courage to convictions. It combats clumsiness. It is considered a stone of the New Age and is sometimes called the Angel Stone because it enhances angelic connection. It is thought to dissolve feelings of abandonment and alienation. It is good for the aura, yin/yang balance, and all psychic abilities.

SPIRITUAL & EMOTIONAL INFLUENCE:

Petalite has a high, pure vibration that opens to cosmic consciousness. It is a protective stone that enhances meditation and attunement and aids in spiritual purification. It is a shamanic stone, useful for vision quests, and provides a safe environment for spiritual contact. It accelerates spiritual evolution, to access downloads of cosmic consciousness.

Petalite brings peace of mind. Pink Petalite strengthens the emotional body, and releases fear and worry. Clear Petalite removes negative energies.

THE PHYSICAL CONNECTION:

It is thought that Petalite is good for the eyelids, eyebrows, cells, lungs, intestines, muscle, and joint flexibility. It is said to aid detox. It is also thought to help cancer, and chronic fatigue syndrome.

THE CHAKRAS CONNECTED TO PETALITE:

Third Eye (Brow), Throat Chakra and Crown Chakra. It calms the aura and opens the higher Crown Chakra and Throat Chakra.

ASTROLOGICAL SIGNS:

Leo.

LOCATIONS FOUND & HISTORY:

Australia, Brazil, Namibia, Madagascar, Zimbabwe, and Manitoba (Canada).

RARITY, VALUE & VARIATIONS:

Petalite occurs in clear, white, pink, grey, green/white, and red/white masses. Quartz-like, striated, usually small, slightly iridescent.

HOW TO USE PETALITE:

Wear Petalite in jewelry or place the stone as appropriate, especially the Third Eye. When carried or worn on the body it energizes and activates all of the energy centers at every level. It energizes and enhances the environment that it is placed. It is a good stone for meditation as it helps you to stay grounded. Use as an elixir to help release negative karma and clear entities from the aura or the mental body.



Petrified Wood



POWER & BENEFITS OF PETRIFIED WOOD:

Petrified Wood is good for longevity and mental balance. It is a grounding stone that provides emotional comfort and sustenance. It is excellent for all Earth-healing work.

SPIRITUAL & EMOTIONAL INFLUENCE:

Petrified Wood helps to access past lives. Its ancient energies help lead to enhanced past-life work. It will allow you to have the patience to evolve at a steady rate spiritually. It offers support during spiritual growth and the work necessary to evolve.

It teaches you to be patient and helps you understand how to let life evolve in perfection. Petrified Wood helps to soothe emotions, and relieve stress. It is good for grounding. It reminds you to respect and care for the environment, find ways to live in simplicity and harmony with the spirit of the earth.

THE PHYSICAL CONNECTION:

Petrified Wood is thought to help with allergies, arthritis, hay fever, and infection. It is believed to benefit arterial sclerosis, arthritis, blood clots, and rheumatism. It is said to support your general physical stability and balance. It is also thought to offers strength and support to your body and helps with skeletal and spine issues.

THE CHAKRAS CONNECTED TO PETRIFIED WOOD:

Root (Base) Chakra, Sacral Chakra, Solar Plexus Chakra. It works with the Root (Base) Chakra to give you positive energies for both physical and emotional problems.

ASTROLOGICAL SIGNS:

Leo.

LOCATIONS FOUND & HISTORY:

The United States. Petrified Wood gets its name from the Greek root petro, which means rock or stone, meaning wood turned into stone.

RARITY, VALUE & VARIATIONS:

Petrified Wood comes from fossilized trees in which the organic material is replaced by one or more minerals to include agate, chalcedony, or quartz (there may also be other minerals present). Colors may include brown, usually wood colors or colors of agate, chalcedony, or opal.

HOW TO USE PETRIFIED WOOD:

Athletes are advised to bring along a piece of Petrified Wood with them and use it for crystal grid layouts. It is helpful for meditation, taking you back to a time when your spirit was protected by nature. It is said to help combat pollution.



Phantom Quartz



POWER & BENEFITS OF PHANTOM QUARTZ:

Phantom Quartz is a crystal that occurs when the growth of the crystal is interrupted. The crystal then begins to grow again. Each mineral deposit appears like a ghost, or another crystal within the main crystal, showing the life story and evolution of the crystal. It symbolizes universal awareness, whose purpose is to stimulate the balancing of the planet and abilities in individuals.

SPIRITUAL & EMOTIONAL INFLUENCE:

Phantom Quartz connects you to your spiritual guide and helps to enhance meditation. It facilitates accessing the Akashic Record, helping to read past lives and recover repressed memories which help you to understand past issues. It opens clairaudience. It can take you between-lives state. It is an effective aura cleanser, dispelling the negative energies that linger in your auric fields.

It helps you to see the hidden answers, making it good for emotional cleansing and the inner self. Its balancing energies will give you clarity, inspiration, and strength. It will provide you with support and insight and help you stay grounded during high-pressure situations, and when you are experiencing chaotic energies around you.

THE PHYSICAL CONNECTION:

Phantom Quartz is thought to treat hearing disorders

THE CHAKRAS CONNECTED TO PHANTOM QUARTZ:

Heart Chakra, Crown Chakra. Varies according to the color.

ASTROLOGICAL SIGNS:

Aries, Taurus, Gemini, Cancer, Leo, Virgo, Libra, Scorpio, Sagittarius, Capricorn, Aquarius, and Pisces.

LOCATIONS FOUND & HISTORY:

Worldwide. Austria, Switzerland, Brazil, Madagascar, USA. Phantom Quartz is named from the particular structure of the Phantom Crystal's crystallization.

RARITY, VALUE & VARIATIONS:

A variety of Quartz with ghost-like inclusions. Small white or colored crystals encompassed within the main quartz crystal. Each phantom quartz crystal has the outlines of many other smaller crystals, which are called phantoms. Easily obtained. It has a Mohs hardness of 7.

HOW TO USE PHANTOM QUARTZ:

Carry Phantom Quartz close to your body, in your pocket, or inside your purse. Wear Phantom Quartz jewelry to keep its energies close to your chakras. Place a piece of the crystal in your home or office to help enhance the room's energies and to drive negative energies away.



Phenacite



POWER & BENEFITS OF PHENACITE:

Phenacite is said to have one of the highest vibrations of any crystal. It provides integration which brings spiritual energy down to earth. It also helps you to raise your vibration and connect with higher realms.

SPIRITUAL & EMOTIONAL INFLUENCE:

The energy of Phenacite can be quite intense and it can stir up emotions. It can also help those who are more cautious to be more spontaneous. Great for athletes and dancers in unleashing their highest potential. Also good for cleansing energy from a space and great for meditation.

It stimulates spiritual contact, activating the light body, and enhances inner knowing.

THE PHYSICAL CONNECTION:

It is thought to clear energy pathways and meridians. It is said to be useful when working with brain imbalances, nerve damage, and improving general brain function.

THE CHAKRAS CONNECTED TO PHENACITE:

Connects and stimulates All Chakras particularly the Crown and Third Eye Chakras.

ASTROLOGICAL SIGNS:

Gemini.

LOCATIONS FOUND & HISTORY:

First mentioned in mineral books from 1834 by N. Nordenskoild. Since it had been compared and mistaken for other crystals it was named Phenacite after the Greek word that meant deceive. It was often thought to be clear quartz and still is sometimes. It didn't get much recognition until it sparked the interest of New Age spiritualists in the 1990s for its mystical properties.

LOCATIONS FOUND & HISTORY:

Found in the United States, Brazil, Madagascar, and Russia.

RARITY, VALUE & VARIATIONS:

Phenacite stones can be clear, pale yellow, pink, and brown. The clear is the most popular. It has a great hardness of 7.5 to 8 on the Mohs hardness scale and it makes a unique stone for jewelry. Synthesized versions of the stone have also been created in labs with a seed of Willemite.

HOW TO USE PHENACITE:

Wear Phenacite to uplift your energy and to charge your aura. Use meditation to energize your Chakras and to bring in higher awareness. You can also use this super-powered crystal in a crystal grid to work on manifestations.



Picture Jasper



POWER & BENEFITS OF PICTURE JASPER:

Picture Jasper deepens your connection to the Earth. It is a stone that allows you to see the bigger picture. It is good for creative visualization. It is full of landscape patterns that are believed to carry messages from ancient civilizations. It is good for setting up your own business.

SPIRITUAL & EMOTIONAL INFLUENCE:

Picture Jasper contains a message from the past within its pictures for anyone who can read it. It releases fear and deep hidden grief. It brings to the surface hidden feelings of envy, guilt, hatred and love, and thoughts that are often pushed aside, whether they are from the present or past lives. It instills a sense of harmony and proportion. It is a nurturing and protective stone that brings comfort by alleviating fear, anxiety, and stress.

THE PHYSICAL CONNECTION:

Picture Jasper is thought to be good for the immune system, kidneys, and skin.

THE CHAKRAS CONNECTED TO PICTURE JASPER:

Third Eye (Brow) Chakra.

ASTROLOGICAL SIGNS:

Leo.

LOCATIONS FOUND & HISTORY:

Republic of South Africa, United States. In many cultures around the world, Picture Jasper is valued for its deep connection to the Earth.

RARITY, VALUE & VARIATIONS:

A brown or tan variety of Jasper Stone, with markings that look like ancient pictures.

HOW TO USE PICTURE JASPER:

Picture Stone is widely used in meditation to merge with the consciousness of the Earth and help you to connect with the Earth's joyful and grounding energies. It stimulates the root chakra, filling your body with grounding, spiritual energy. It helps to enliven and awaken your creativity and initiative, making it a great stone for overcoming writer's or artist's block.

Use as a personal talisman, especially for protection and for living in the now. Carry Picture Jasper with you to inspire creativity, confidence, and luck in all business pursuits. It is believed to be especially protective during childbirth, making it a great stone for expectant mothers.



Pietersite



POWER & BENEFITS OF PIETERSITE:

Pietersite is known as the Tempest Stone because of its connection to the storm element. It signifies the storm that can rage within you, and the cleansing and the renewal that it can bring after the storm has passed. It is good for creativity and sex. It is a stone that allows you to see the beauty in everything.

SPIRITUAL & EMOTIONAL INFLUENCE:

Pietersite is a stone of vision and can be used for vision quests or shamanic journeys. It links the everyday consciousness to the spiritual and reminds you that you are a spiritual being having a human journey. It gives access to the Akashic records and insights on your incarnations. It helps to stimulate the third eye and the pineal gland, helping to access intuition and promote profound precognition and spiritual visions. It can ground you to the etheric body.

Pietersite aids in creative visualization and also visualization during guided meditations. It promotes walking your truth. It is a supportive and strengthening stone that aids in speaking out and exploring anything that is blocking your access to the truth. It helps to assist in processing suppressed feelings and ancient conflicts.

THE PHYSICAL CONNECTION:

Pietersite is thought to be good for the pituitary gland, pineal gland, other endocrine glands, digestions, blood pressure, metabolism, and temperature balance. It is said to aid growth. It is believed to help with fever and hypothermia and also helps to relieve the effect of working on a computer screen. It is also thought to help the liver, lungs, intestines, legs, and feet and helps to promote the absorption of nutrients from food.

THE CHAKRAS CONNECTED TO PIETERSITE:

Third Eye (Brow) Chakra.

ASTROLOGICAL SIGNS:

Leo.

LOCATIONS FOUND & HISTORY:

South Africa and Namibia. Pietersite is a fairly recent discovery. It is named after its finder, Sid Pieters of South Africa, and is said to hold the keys to the kingdom of heaven and promote walking your truth.

RARITY, VALUE & VARIATIONS:

Grey/blue or golden/brown often in the same stone. Easily obtained. It has a Mohs hardness of 7.

HOW TO USE PIETERSITE:

Place or hold Pietersite as appropriate. Carry a piece of the stone with you when you are traveling in bad weather, or when you want your home or office to be protected from bad weather or natural calamities. It is also a good stone to have with you when you spend time around technology, such as cell phones, computers, and tablets.



Pink Opal



POWER & BENEFITS OF PINK OPAL:

Pink Opal disperses anxiety and painful memories that block the heart. It suits sensitive people who are new to crystal work, and who are letting go of long-suppressed pain.

SPIRITUAL & EMOTIONAL INFLUENCE:

Pink Opal is wonderful for self-balancing and rebirth. Also great for calming and soothing yourself. Renews love and calls in awakening energies.

Calms the mind and helps your focus. Relaxes the heart and mind so you can get a good night of rest and feel rejuvenated when you wake up.

THE PHYSICAL CONNECTION:

It is thought to help those with diabetes and hypoglycemia. It is said to be beneficial for the skin and circulation. It is also thought to be good for the spleen, liver, lungs, connective tissue, and heart.

THE CHAKRAS CONNECTED TO PINK OPAL:

Heart Chakra and Love Chakra.

ASTROLOGICAL SIGNS:

Cancer.

LOCATIONS FOUND & HISTORY:

Pink Opal is found mainly in Peru with some specimens found in Western Australia. This type of Opal was first found in the Andes Mountains of Peru and

the ancient Incan people thought it to be a gift from Pachamama, who was the first Incan goddess representing the spirit of Mother Earth.

RARITY, VALUE & VARIATIONS:

Also known as Peruvian Pink Opal, this stone is high in silica and tends to be a beautiful light or bright pink. The polished pieces of Pink Opal make beautiful specimens to include in jewelry. It has also been used in carvings since it's quite easy to carve. It is found in pink masses, sometimes showing iridescence. It's found by the bubbling water near volcanic ash. The ash dissolves silica and forms nodules. Has a rating of 5.5 to 6 on the Mohs hardness scale.

HOW TO USE PINK OPAL:

Use this stone to renew feelings of love and to bring in self-love. Carry with you for good luck and comfort. Place beside your bed or by the bath to bring in relaxing energy. This stone is beautiful in jewelry and would make for a great gift for a loved one. Avoid water when cleansing.



Prehnite



POWER & BENEFITS OF PREHNITE:

Prehnite is a stone of inspiration and unconditional love. It is sometimes called the stone of all around healing, good for visualization, inspiration and flow.

SPIRITUAL & EMOTIONAL INFLUENCE:

Prehnite connects you with your intuition or inner knowing which makes it an excellent stone for meditation. This will help you find your truth and help you stay on your path in life.

It's also good for helping you clear out things that you no longer need in your life so you can open up space for other things to enter in.

THE PHYSICAL CONNECTION:

It is thought that Prehnite helps treat gout and anemia. It is said to be beneficial to the kidneys, bladder, and lungs as well as the shoulders, neck, and chest. It is thought to aid in repairing connective tissue and can also be an aid in getting to the root cause of an issue or disease.

THE CHAKRAS CONNECTED TO PREHNITE:

Heart Chakra, and Third Eye (Brow) Chakra.

ASTROLOGICAL SIGNS:

Libra.

LOCATIONS FOUND & HISTORY:

Found in South Africa mainly, but also in Australia now too. The first discovery of

Prehnite occurred in 1788, by Colonel Hendrick von Prehn who found it in Cape Province in South Africa. It was then named after von Prehn, a commander of the Dutch military forces in South Africa and he introduced it into South Africa's gemstone trade. It has been used by Shamans in South Africa for centuries and was introduced to the Western world in the 1780s.

RARITY, VALUE & VARIATIONS:

Prehnite is popular as cabochon material because of its beautiful colors. The colors of the stone range from green to greenish-blue and even yellow or orange if there is iron in the stone. Transparent Prehnite stones are very rare but can be found. It has a hardness of 6 to 6.5 on the Mohs hardness scale and it can be made into fine jewelry. Large pieces of the stone have been found in New Jersey and pieces that weigh 400 pounds have been found. Some specimens can go up to 30 carats.

HOW TO USE PREHNITE:

This is a wonderful stone to use for divination which is to connect with the spirit or angelic realm. It is also helpful in sealing and protecting your auric field and it's good to have in the home for protection. You can use it when decluttering your home and letting go of possessions you no longer need. Use it to recover your dreams and introspect on them.



Purple Fluorite



POWER & BENEFITS OF PURPLE FLUORITE:

Purple Fluorite increases self-confidence and dexterity, and assists in learning by integrating new information. It brings order and stability to groups, linking them to a common purpose. It is said to bring order out of chaos.

SPIRITUAL & EMOTIONAL INFLUENCE:

Purple Fluorite helps to purify and enhance the mind. Great for meditation and dreams. It's also a great stone for emotional protection and it's said to be more protective the longer you use it. Purple Fluorite is also a great stress reliever and can be useful for relieving anxiety too.

THE PHYSICAL CONNECTION:

Purple Fluorite is thought to help with bones, bone diseases, and the bone marrow. It is also thought to aid in resolving the deeper root cause of a disease.

THE CHAKRAS CONNECTED TO EMERALD:

Crown Chakra, Throat Chakra, and the Third Eye Chakra. It stimulates intuition at the Third Eye (Brow) Chakra which can bring in conscious awareness and logical thinking.

ASTROLOGICAL SIGNS:

Capricorn and Pisces.

LOCATIONS FOUND & HISTORY:

Found in Mexico, the United States, the United Kingdom, and China. Fluorite goes back to ancient Egypt and China and was used as an ornamental stone

and was also carved and shaped into beads and figurines. It began to be mined commercially in 1933 and became a part of the smelting process, in glass and polymers to create lenses for microscopes, telescopes, and even for Canon camera lenses. The largest Fluorite crystal cube was found in Russia and it was 2.12 and weighed 16 tons.

RARITY, VALUE & VARIATIONS:

Fluorite is transparent to translucent with a vitreous luster. It's one of the only minerals with perfect cleavage in four directions that can create octahedrons and even dodecahedrons although these are rare. It rates a 4 on the Mohs Hardness Scale which means that it's too soft to be made into a precious gemstone but hard enough to be made into larger beads or pendants.

HOW TO USE PURPLE FLUORITE:

Hold Purple Fluorite while you meditate to connect with your intuition and to enhance your connection with your inner truth. Place it by your bed to enhance dreams, to receive messages in your dreams, and to ward off bad dreams. Use in tandem with any spiritual practices. Purple Fluorite guards against computer and electromagnetic stress when placed appropriately.



Pyrite



POWER & BENEFITS OF PYRITE:

Pyrite is also known as Fool's Gold, with a very similar appearance to Gold without the high price tag. It is beneficial for diplomacy, despair, inferiority complex, servitude, and inadequacy. It creates a positive outlook.

SPIRITUAL & EMOTIONAL INFLUENCE:

Pyrite provides a layer of protection to shield any negativity or ill will. Stimulates the flow of creativity and endless potential. Teaches you how to see things as they are instead of how you hope them to be. It is thought to relieve anxiety and panic attacks and soothe the nervous system. It strengthens confidence and self-worth. It blocks out negative energy and pollutants at all levels.

THE PHYSICAL CONNECTION:

Pyrite prevents energy leaks from the body and aura, protecting the subtle and physical bodies, and deflects harm

It is thought to help people stop snoring in their sleep, and with upset stomach or acid reflux during sleep. It is said to be excellent for the respiratory system and in treating asthma and bronchitis. It is also thought to be good for brain health, memory stimulation, and learning. It is believed to ease the effects of pollution.

THE CHAKRAS CONNECTED TO PYRITE:

Solar Plexus Chakra. It also connects with the Root (Base) Chakra, Sacral Chakra, Heart Chakra, Throat Chakra, Third Eye (Brow) Chakra, and Crown Chakra.

ASTROLOGICAL SIGNS:

Leo.

LOCATIONS FOUND & HISTORY:

United States, Peru, Chile, Spain, Portugal, and United Kingdom. The name came from the Greek word Pyr which means fire since the stone creates sparks when it's rubbed against iron. It was even used to start fires throughout history. Ancient Greeks, Romans, and Incas used it in their jewelry, and some even used it as a mirror because of its reflective qualities. It's called fool's gold because beginner gold prospectors often thought that pieces of Pyrite were real gold. It's also found in other minerals such as Lapis Lazuli in tiny flecks that enhance the stone's appearance and value.

RARITY, VALUE & VARIATIONS:

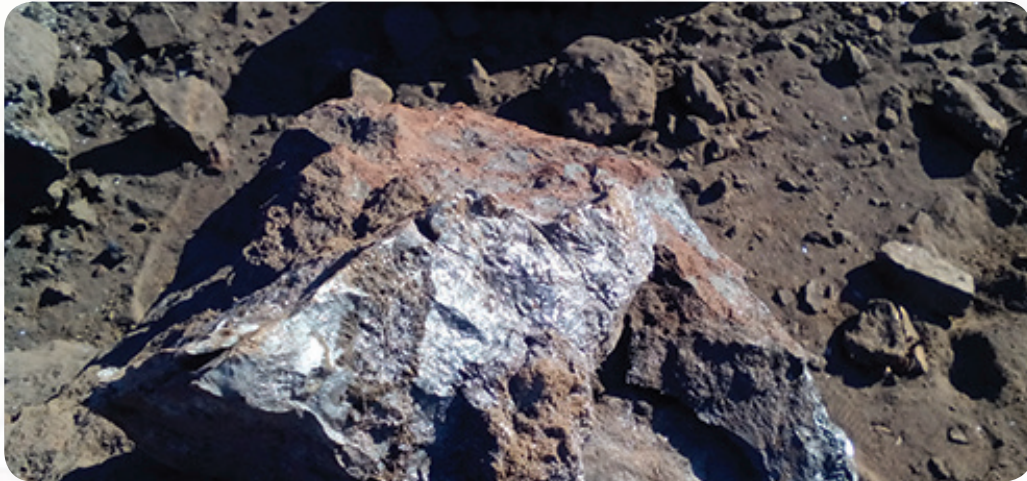
This is one of the most popularly distributed sulfide minerals. Pyrite has a Mohs hardness of 6 to 6.5 on the Mohs hardness scale which means that it's a pretty brittle stone. Most collectors like flattened pieces of pyrite which are called pyrite suns or pyrite dollars. It's less yellow than real gold is, with more black and almost a greenish tinge to it. Gold will also leave a yellow streak while pyrite will leave a black stripe. Some pyrite stones contain 0.25% gold or more though which would make these stones more valuable.

HOW TO USE PYRITE:

Wear Pyrite in jewelry or put it in a pouch to carry with you for protection. It's also good to place by your bed for sleep issues.



Pyrolusite



POWER & BENEFITS OF PYROLUSITE:

Pyrolusite is a great stone for restructuring your life and making lasting changes to your lifestyle.

SPIRITUAL & EMOTIONAL INFLUENCE:

It assists you in gaining perspective on situations. It can help to change and stabilize relationships. It can also help you in turning around negative expectations into positive ones.

This stone provides support and strength through emotional issues. It's a stone of optimism and determination.

THE PHYSICAL CONNECTION:

It is thought to be good for balancing sex drive and hormones. It is said to help blood vessels, metabolism, and wounds. It is also thought to be great for the eyes and eyesight. It is said to assist in the treatment of bronchitis and the causes behind diseases.

THE CHAKRAS CONNECTED TO PYROLUSITE:

Sacral Chakra.

ASTROLOGICAL SIGNS:

Leo.

LOCATIONS FOUND & HISTORY:

Mainly found in France, Brazil, the United States, the United Kingdom, India,

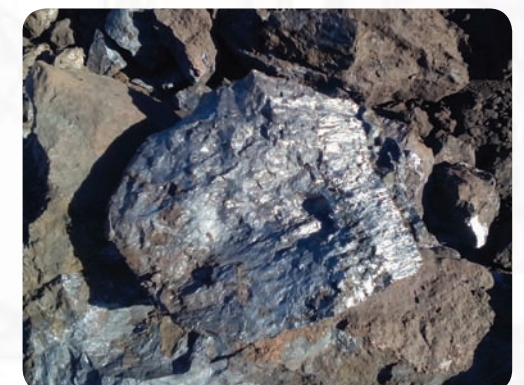
and Germany. Many of the oldest cave paintings found in Europe were created with manganese dioxide. There are also blocks of Pyrolusite that can be found at Neanderthal sites. Not only could it have been used as an ingredient for paint for painting, but also as tinder for lighting fires. Ancient Greeks used the term Magnes Lithos which refers to an area called Magnesia in Thessaly.

RARITY, VALUE & VARIATIONS:

Pyrolusite is a black, amorphous mineral with a granular structure and a metallic luster. It's also used to manufacture spiegeleisen and ferromanganese and as an oxidizing agent in the preparation of chlorine. Natural pyrolusite can be used in batteries and disinfectants as well as decolorizing glass. It's also used for calico printing and dying and for giving amber, black, and violet colors in pottery, glass, and brick. Or to make green and violet paint.

HOW TO USE PYROLUSITE:

While this stone is not suitable to wear on your body, it can be held to bring in protective energies. Keep this stone close by when you need any of its energy benefits and also use it in meditation by holding it in your hand.



Pyromorphite



POWER & BENEFITS OF PYROMORPHITE:

Pyromorphite helps you to understand that it's only human to make mistakes and be flawed, as long as you are learning. It helps relieve the emotional effects of stress and anxiety.

SPIRITUAL & EMOTIONAL INFLUENCE:

Pyromorphite balances the heart providing love and nurturing when you need it most encouraging you to be gentle and kind with yourself.

THE PHYSICAL CONNECTION:

It is thought to help with gums and teeth. It is said to help with the absorption of vitamin B which is essential for stress management. It is thought to help regulate blood pressure and to ease stress. It is said to help to relieve headaches and eye strain.

THE CHAKRAS CONNECTED TO PYROMORPHITE:

Heart Chakra.

ASTROLOGICAL SIGNS:

Aries, Leo, and Sagittarius.

LOCATIONS FOUND & HISTORY:

This crystal can be found in France, Spain, England, Germany Italy, China, Zambia, Canada, and the United States. The name Pyromorphite comes from the Greek words Pyr, which means fire, and Morpheor which means to morph. The names are congruent with how the stone is formed by melted pyromorphite

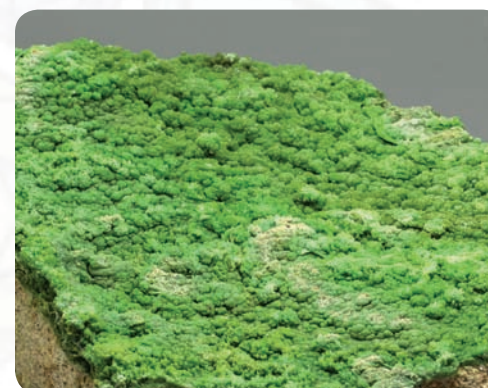
that forms a crystalline shape once they cool.

RARITY, VALUE & VARIATIONS:

Pyromorphite is a member of the Apatite group which are isomorphous hexagonal minerals. It's also very similar to another stone called Metite. It has a hardness of 3.5 to 4 on the Mohs scale making it fairly soft. This is a popular mineral for collectors, especially the bright neon green Pyromorphite which sells for very high prices.

HOW TO USE PYROMORPHITE:

Place these crystals in your bedroom to bring good dreams and prevent nightmares. Also place them in areas where you may feel stressed, for example in your car or at your workspace. The stone will help relieve your stress. It's a good stone for nature lovers and those who love to garden.





Que Sera Stone Meaning and Spiritual Properties

Power & Benefits of Que Sera Stone:

Que Sera crystal removes the need for stress and turmoil in your life and places you at the moment to enjoy the things you want to do. Much like the song, Que Sera Sera, which translates to "What will be will be," this stone helps you discover and trust what will be in the future. This is a great stone for calming stress surrounding the future which will help you feel at ease.

Spiritual & Emotional Influence:

Que Sera has a positive and uplifting energy that will lift you when you are feeling down. It will also help calm you when you are stressed out or angry. It's like being plugged into another power source that brings you more energy when you need it. Good for anxiety and nervousness, and calming your nerves. Que Sera crystal can enhance your focus, happiness, and well-being. Que-Sera crystal empowers you to say no and takes away the tendency to give in to others. Que Sera crystal removes stress and anxiety from your life and places you at the moment to enjoy the things you want to do.

The Physical Connection:

Que Sera stone is said to be great for using alongside kinesiology. It is thought to be good for boosting energy and help with adrenal fatigue symptoms that will have you feeling drained and tired. It is also thought to release blockages from meridians and balance the energy pathways of the body. It is said to be good for cellular rejuvenation.

The Chakras Connected to Que Sera Stone:

Solar Plexus Chakra.

Astrological Signs:

Taurus.

Locations Found & History:

Brazil. Melody, the author of Love is In The Earth, a crystal book named the crystal Que Sera. The Q is for the quartz in the crystal, and the UE for undulatory extinction which is the way light shines on this crystal. Also for the Doris Day song, Que Sera Sera because it relates to the energy of the crystal.

Rarity, Value & Variations:

Que Sera crystal is a mixed stone that contains Quartz, Calcite, Iron Oxide, Kaolinite, Magnetite, Leucozene, and Clinozoisite. It's a stone with many



Abalone Shell



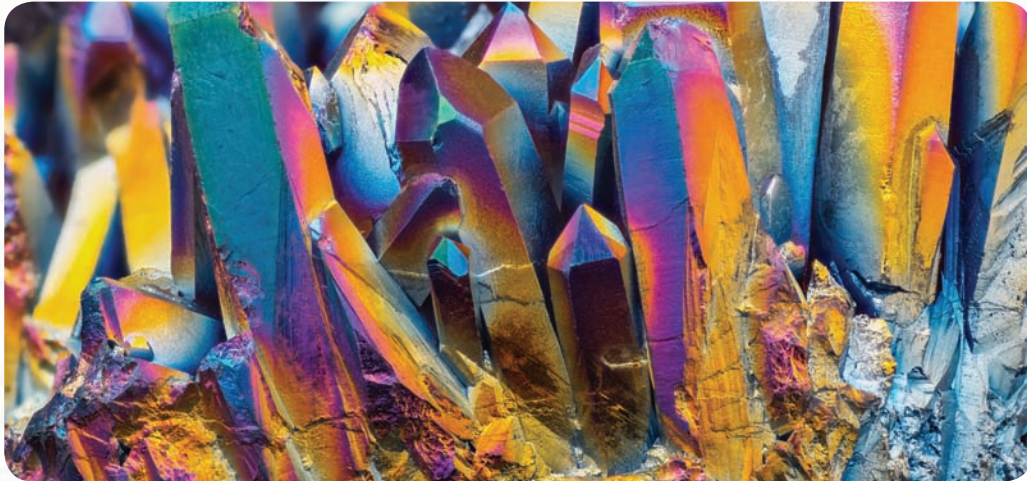
different colors because of the different crystals in it. The unique colors of this earthy crystal combine the different energies of Quartz, Calcite, Kaolinite, and Feldspar.

How to Use Que Sera Stone:

Place this crystal on your electronic devices to reduce electromagnetic energy. It can help you when you're working to heal from phobias and fears. Use Que Sera crystal on the Solar Plexus area if you want to restore your inner power. Meditate with this stone for insights about the future, your goals, and dreams. Hold Que Sera crystal in your hand to restore your mental, psychic, and spiritual needs.



Rainbow Aura



POWER & BENEFITS OF RAINBOW AURA QUARTZ:

Rainbow Aura Quartz is beneficial for bringing the body into balance. It creates a clear path for life force energy to energize your body. It helps show projections onto others or things that people are projecting onto you.

SPIRITUAL & EMOTIONAL INFLUENCE:

Rainbow Aura Quartz helps release karmic ties you've had with others. It creates peace and harmony in relationships. It activates all the energy centers in the body, clearing a path for the life force to manifest multidimensionally, bringing in vibrant energy. It is thought to be beneficial for multidimensional healing. It is an efficient receptor for programming.

It centers you when you feel scattered. It brings insights into relationships of all kinds including the relationship with yourself.

THE PHYSICAL CONNECTION:

Rainbow Aura Quartz is thought to stimulate immune function and prevent illness. It is said to help prevent dehydration and good for bodily fluids.

THE CHAKRAS CONNECTED TO RAINBOW AURA QUARTZ:

Crown Chakra, Heart Chakra.

ASTROLOGICAL SIGNS:

Aries, Taurus, Gemini, Cancer, Leo, Virgo, Libra, Scorpio, Sagittarius, Capricorn, Aquarius, and Pisces.

LOCATIONS FOUND & HISTORY:

Manufactured. Rainbow Aura Quartz is a relatively new crystal on the market.

RARITY, VALUE & VARIATIONS:

Rainbow Aura is widely available, and it's created in a laboratory which makes it quite affordable. It's produced when Clear Quartz crystals are superheated in a vacuum then coated with vaporized gold, titanium, silver, or platinum or a mixture of these minerals. During the process, the minerals condense onto the Quartz creating a bond with the lattice of the crystal. Its Mohs hardness is brittle.

HOW TO USE RAINBOW AURA QUARTZ:

Rainbow Aura Quartz is excellent to use in meditation for communication with Angels, Spirit Guides, and receiving divine wisdom. Use it in meditation, and crystal grids. Carry with you to protect yourself from negative or stressful situations. It can also enhance the energy of other crystals.



Rainbow Fluorite



POWER & BENEFITS OF RAINBOW FLUORITE:

Rainbow Fluorite is a crystal that encourages you to believe in magic and is said to be the home of rainbows. Use Rainbow Fluorite whenever you want to make a wish. This colorful crystal inspires peace and positivity while connecting you to the wonder of the universe. The crystal wards off negative energy with its soothing vibrations, and helps to keep your aura shining brightly.

SPIRITUAL & EMOTIONAL INFLUENCE:

Rainbow Fluorite is a good stone for focusing the mind, especially when dealing with complex issues. The crystal can help connect you to your highest potential and inspire you to make your dreams come true. It flourishes under the pressure of chaos.

A Rainbow Fluorite point can give you the structure you need to reorganize and will keep your mind and spirit solid even around toxic people. Fluorite helps to harness spiritual restlessness as well as to focus and ground your emotions.

THE PHYSICAL CONNECTION:

Rainbow Fluorite is thought to be good for the ears, eyes, nose, and throat. It is thought to help protect against disease and maintain the overall balance of the body's systems.

THE CHAKRAS CONNECTED TO RAINBOW FLUORITE:

Third-Eye (Brow) Chakra, Crown Chakra, Heart Chakra, and Throat Chakra. It is thought to stimulate the Third Eye and lends common sense to psychic communication.

ASTROLOGICAL SIGNS:

Capricorn, Pisces

LOCATIONS FOUND & HISTORY:

Brazil, China, Europe, and Mexico. In China, Rainbow Fluorite has been sculpted into beautiful vessels for more than three centuries. One attribute of Rainbow Fluorite is fluorescence which is the crystal's ability to glow in the dark after it is exposed to UV light.

RARITY, VALUE & VARIATIONS:

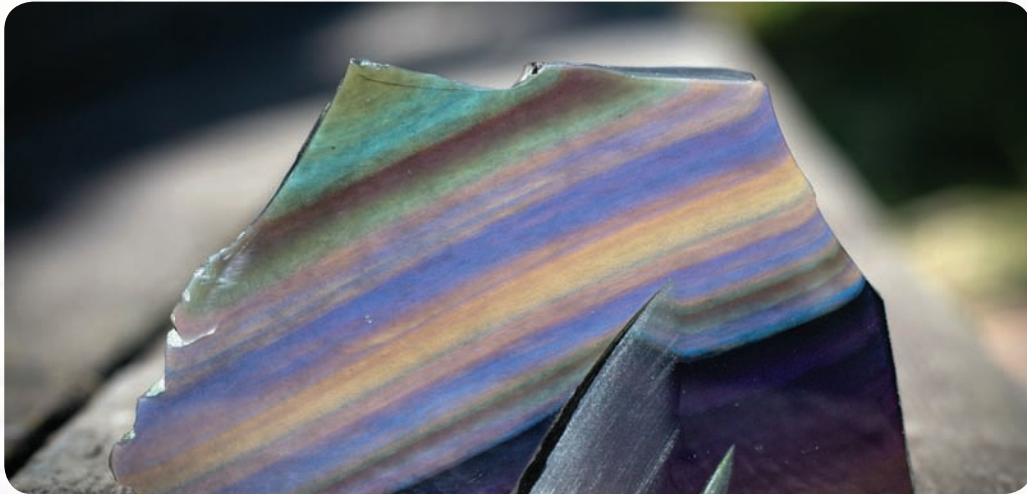
A variety of Fluorite crystal. Cubic or octahedral masses. Each color of Rainbow Fluorite has a slightly different energy. All of the Rainbow Fluorite points are multicolored, with some having more dominance of purple, green, yellow, or teal.

HOW TO USE RAINBOW FLUORITE:

Place a Rainbow Fluorite point at work or under your pillow whenever your emotions are being tested. The crystal may help to deflect negativity while enhancing your power. Use whenever you are feeling tired, emotionally drained or negativity is causing you anxiety. Use Rainbow Fluorite when you find yourself in a state of anxiety, hold the crystal, focus, and feel yourself going to a place of peace and calm. Place Rainbow Fluorite on your crystal altar or in your home as a gentle reminder to stay focused and positive no matter what life throws at you. A Rainbow Fluorite sphere will help to neutralize negative energy in a room and replace it with clarity, focus, peace, and positivity.



Rainbow Obsidian



POWER & BENEFITS OF RAINBOW OBSIDIAN:

Rainbow Obsidian is a crystal that nurtures and rejuvenates the heart after the experience of emotional trauma, such as a broken heart, a period of grief, or mourning the loss of a loved one. It helps to balance the heart and to rejuvenate the emotional body.

SPIRITUAL & EMOTIONAL INFLUENCE:

Rainbow Obsidian has strong protective qualities. It teaches you about your spiritual nature and connects you to the aura. Clears and purifies your aura. Helps to relieve stress. Connects you with nature, seeing the beauty in everything, and your inner self. Helps to recover from an old love and replenishes the heart energy.

It is a good gemstone for sensitive, gentle and soft-hearted people. Rainbow Obsidian works to remove negative thoughts and feelings and replaces them with good and empowering ones. When you feel like your life is in transition and you can't decide which direction to take, this stone will guide you in the right direction.

THE PHYSICAL CONNECTION:

Rainbow Obsidian is thought to aid the body's detoxification process. It is said to help unclog any blockages and promote better functions of all body organs. It is also thought to help battle addictions and in the treatment of eating disorders. It is said to be good for problems with the circulatory system and hardened arteries.

THE CHAKRAS CONNECTED TO RAINBOW OBSIDIAN:

Base Chakra.

ASTROLOGICAL SIGNS:

Libra.

LOCATIONS FOUND & HISTORY:

Mexico.

RARITY, VALUE & VARIATIONS:

Rainbow Obsidian is a volcanic glass that occurs in a variety of colors.

HOW TO USE RAINBOW OBSIDIAN:

Use Rainbow Obsidian for hypnosis and divination. It is a powerful meditation stone that will help dissolve fears, break down barriers, and expand consciousness. Wear as a pendant to absorb negative energy from the aura and draw stress away from the body. Wear as jewelry to keep its energies close to your vibrational fields. The more you wear Rainbow Obsidian, the more you will receive its energies on an ongoing basis.

Rainforest Rhyolite



POWER & BENEFITS OF RAINFOREST RHYOLITE:

Rainforest Rhyolite is a balancing stone that helps in gaining emotional balance. It is good for creative expression and teaching. It calms animals. It is an excellent stone to keep you anchored in the present moment rather than being stuck in the past.

SPIRITUAL & EMOTIONAL INFLUENCE:

A calming stone, Rainforest Rhyolite helps to bring calm to your mind and emotions. It's also a stone of self-love and self-acceptance helping you accept and feel your emotions as they arise instead of pushing them away. This stone helps with anxiety and stress, so it's a good stone to have on hand when you're feeling overwhelmed. Also helpful for procrastination.

Rainforest Rhyolite is good for mediumship.

THE PHYSICAL CONNECTION:

It is thought to help those with diabetes, varicose veins, and hypoglycemia. It is also thought to help boost the immune system and detoxify the body.

THE CHAKRAS CONNECTED TO RAINFOREST RHYOLITE:

Heart Chakra, and Third Eye (Brow) Chakra.

ASTROLOGICAL SIGNS:

Aquarius.

LOCATIONS FOUND & HISTORY:

This stone is found in New Zealand, Australia, Spain, Iceland, Germany, Ireland,

India, China, and the United States. Rainforest Rhyolite is also called Rainforest Jasper, Green Rhyolite, or Australian Rainforest Jasper. It was named in the 1860s by the German traveler and geologist Ferdinand von Richthofen who found it in the Rocky Mountains. Rhyolite has been mined since prehistoric times in the United States where there are 50 small quarries in Pennsylvania.

RARITY, VALUE & VARIATIONS:

Rhyolite is a banded and spotted igneous, volcanic rock with silica crystal inclusions, with a hardness of 7 on the Mohs hardness scale. It is formed from volcanic activity and is a combination of Quartz, Feldspar, and Nephelite. Included in jewelry in larger polished pieces. Pieces that have more spots and patterns tend to be more valuable, but are still very affordable stones.

HOW TO USE RAINFOREST RHYOLITE:

Keep this stone with you when you need that extra boost of motivation and to enhance creativity. It will also enhance your self-esteem so you know you can do anything you set out to do. It brings about a deep state of meditation for inner and outer journeying.



Realgar



POWER & BENEFITS OF REALGAR:

Realgar helps to soothe discomfort, emotions, and emotional pain. It calms anger, rage, and violent behavior. It brings abundance and good luck.

SPIRITUAL & EMOTIONAL INFLUENCE:

Realgar is good for cleansing, enhancing memory, and illuminating past lives. It brings thoughts to the surface and helps to release past traumas. It helps to clear your mind so you can, in turn, think clearly. The crystal is especially helpful when you are under stress and helps you to focus on your goals. It helps acceptance, compassion and boosts energy on all levels.

This crystal will give your life balance and harmony and will help you connect your mind to your heart. It will improve your intellect and help to enhance your analytical thinking. It will get rid of mental blocks that are preventing you from focusing on your goals or getting started on making your dreams come true.

THE PHYSICAL CONNECTION:

Realgar is thought to be good for sexual problems and aids in fertility. It is said to boost desire and sex drive and promote passionate feelings.

THE CHAKRAS CONNECTED TO REALGAR:

Base Chakra.

ASTROLOGICAL SIGNS:

Gemini, and Libra.

LOCATIONS FOUND & HISTORY:

Australia, China, Germany, Hungary, Romania, Switzerland, Turkey, United States. Realgar is also known as Ruby of Arsenic, Ruby Sulfur.

RARITY, VALUE & VARIATIONS:

Realgar is a bright, red translucent to transparent prismatic striated crystals and rocks. The most common colors are dark red, orange, or red.

HOW TO USE REALGAR:

Do not use Realgar as an elixir, make sure to wash hands after handling. Do not ingest. Do not lick, smell or sniff. Avoid keeping the stone in prolonged exposure to bright light. Store in a dry, dark place. It is quite sensitive to air and direct sunlight and will break down easily if not stored properly, so keep away from sunlight and store in dry light-proof containers.



Red Jasper



POWER & BENEFITS OF RED JASPER:

Red Jasper is a powerful stone of protection and stability. It inspires a positive attitude, increasing your energy level and motivation to encourage you to take action in your life.

SPIRITUAL & EMOTIONAL INFLUENCE:

Red Jasper stabilizes the aura and strengthens your boundaries. It aids rebirth, new ideas, astral travel, meditation, and survival instinct.

A grounding stone that helps with anxiety, panic attacks, and obsessive-compulsive disorder (OCD). It grounds energy and rectifies unjust situations. It helps to bring problems to light before they become too big and also provides insight into difficult situations. A nurturing stone that soothes anxiety so that you can focus on other things. It helps you to deal with conflicts and approach problems with creative solutions. Helps you to take on new pursuits.

THE PHYSICAL CONNECTION:

Red Jasper is considered a stone of health, thought to detoxify and strengthen the circulatory system, liver, and blood. It is also thought to help dissolve blockages in the bile ducts or liver. It is thought to balance the mineral content of the body.

THE CHAKRAS CONNECTED TO RED JASPER:

Root (Base) Chakra and Sacral Chakra. It stimulates the Root (Base) Chakra and assists rebirthing.

ASTROLOGICAL SIGNS:

Aries, Taurus, Scorpio.

LOCATIONS FOUND & HISTORY:

Worldwide. Brazil, India.

RARITY, VALUE & VARIATIONS:

A variety of Quartz is colored red by iron oxide inclusions. Red Jasper is a form of Chalcedony that in turn is a form of Quartz. It has a Mohs hardness of 7.

HOW TO USE RED JASPER:

Hold to calm emotions. Place Red Jasper under the pillow to help with dream recall. Place at the Root (Base) Chakra or as appropriate for balancing. Red Jasper has a long history of use as an amulet. Wear as a pendant around the neck, or carry in a small bag.



Red Obsidian



Red Obsidian Meaning and Spiritual Properties

Regalite Meaning and Spiritual Properties

Power & Benefits of Regalite:

Regalite is a stone of stability. It helps create strength and tranquility within your body, mind, and soul as well as your physical life. It helps bring about clarity, compassion, inner peace, and love. Regalite is said to provide protection against things that are not good for you and it eases emotional stress.

Spiritual & Emotional Influence:

Regalite helps to bring about clarity, compassion, inner peace, and love. The stone helps with the alignment of the physical and light bodies and is an excellent crystal for emotional soothing. It gives support during times of stress, bringing a sense of completeness and tranquility. Its energy properties are amongst the most soothing for calming anxiety and depression.

The blue and green varieties of this stone help to connect you with the energy of the ocean, bringing joy and tranquility. It shows you everything you need to be happy and at ease within yourself. It brings you back to your natural state of being, removing layers of anxiety, depression, and stress. Regalite helps with dream recall and shamanic journeying. It is great for the soul.

The Physical Connection:

Regalite is thought to help with the alignment of the physical body.

The Chakras Connected to Regalite:

Base Chakra

Astrological Signs:

Gemini, Scorpio, and Taurus.

Locations Found & History:

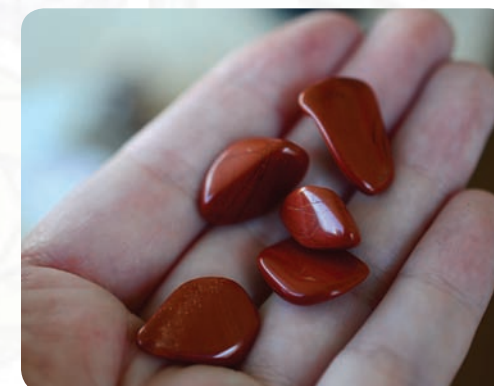
Africa. Also known as Sea Sediment Jasper or Aqua Terra Jasper.

Rarity, Value & Variations:

It is a natural Jasper material from Africa that has a luster that resembles natural Turquoise.

How to Use Regalite:

Regalite is a good stone for meditation, to use, place on the heart, and visualize yourself lying on a beach or beside the ocean to help connect you with nature. Hold a piece of the crystal to help bring you happiness and recharge you with soothing energy.



Rhodochrosite



POWER & BENEFITS OF RHODOCHROSITE:

Rhodochrosite represents compassion and selfless love. It brings courage and is good for memory, making music, passion, and sex. It is good for flow and yin/yang balance.

SPIRITUAL & EMOTIONAL INFLUENCE:

Rhodochrosite expands consciousness and integrates the spiritual with the material energies. It imparts a dynamic and positive attitude. It clears the solar plexus and the base chakras. Rhodochrosite is a calming stone that is good for meditation, channeling, and contemplation. It helps energy flow throughout the body. It releases energy blocks.

It is an excellent stone for the heart and relations especially in people who feel unloved. It is a stone that attracts a soulmate, but that may not be an experience blissful experience. This is because soulmates are the people who help you to learn life lessons, and that is not always pleasant. It teaches the heart to assimilate painful feelings without shutting down.

THE PHYSICAL CONNECTION:

Rhodochrosite is thought to be good for the heart and the lungs. It is said to act as a filter to irritants and helps to relieve asthma and respiratory problems. The stone is also thought to purify the kidneys and circulatory system and normalize blood pressures, stabilize the heartbeat, restore poor eyesight, and invigorate the sexual organs. It is also thought to dilate blood vessels and helps to relieve migraines.

THE CHAKRAS CONNECTED TO RHODOCHROSITE:

Heart Chakra.

ASTROLOGICAL SIGNS:

Leo, and Scorpio

LOCATIONS FOUND & HISTORY:

Argentina, Russia, South Africa, United States and Uruguay.

RARITY, VALUE & VARIATIONS:

Rhodochrosite is found as druses, botryoidal structures, masses, and as rare small rhombohedral crystals. The colors range from pale pink to deep red, orange, yellow and brown. When it is tumble-polished the stone is typically pink with white bands. Easily obtained.

HOW TO USE RHODOCHROSITE:

Wear Rhodochrosite on the wrist or place the stone over the heart or the solar plexus. For migraines, place a piece of the stone over the top part of the spine. Use as an elixir to relieve infections, balance the thyroid and improve the skin. It is a calming stone that is good for meditation.



Rhodonite



POWER & BENEFITS OF RHODONITE:

Rhodonite is a stone of forgiveness and compassion. It is considered the rescue stone, carrying a powerful vibration that releases fear and can help with relationship problems. It helps with anxiety, confusion, inconsistency, and stress.

SPIRITUAL & EMOTIONAL INFLUENCE:

Rhodonite can be used in past life work to deal with betrayal and abandonment. Rhodonite is good for attention to detail, mental balance, and making music.

It is a stone that is calming and good for yin/yang balance, self-esteem, sensitivity, and spiritual love.

THE PHYSICAL CONNECTION:

Rhodonite is thought to be good for the heart and bones. It is said to help with arthritis, autoimmune disease, emphysema, light sensitivity, myalgic encephalomyelitis (ME), multiple sclerosis, schizophrenia, throat infections, and stomach ulcers. It is also thought to be a useful first-aid stone that soothes emotional shock and panic. It is said to help soothe insect bites and other wounds.

THE CHAKRAS CONNECTED TO RHODONITE:

Heart Chakra and Solar Plexus Chakra.

ASTROLOGICAL SIGNS:

Taurus.

LOCATIONS FOUND & HISTORY:

Australia, Cornwall, Brazil, Germany, Madagascar, Mexico, Russia, South Africa, Spain, Sweden, and United States. Rhodonite was first discovered in Russia in the Ural Mountains in the 1790s. It quickly became a popular stone in Russian culture as a talisman for the protection of babies, nobles, and travelers. In 1913, Russia declared Rhodonite as the national stone.

RARITY, VALUE & VARIATIONS:

Rhodonite is pink or red tabular crystals and masses. It is also found in yellow, green, and black with veined manganese inclusions that produce black lines on the crystal. Has a mottled appearance, that is often flecked with black. Easily obtained. It has a Mohs hardness of 5.5-6.5.

HOW TO USE RHODONITE:

Place Rhodonite as appropriate. Place on the skin for external or internal wounds, and over the heart for emotional wounds. It is associated with the Heart Chakra, use it to enhance that Chakra's energy by wearing the stone, so it rests over the center of your breastbone. Use an elixir as a rescue remedy to help with shock or trauma.



Rhyolite



POWER & BENEFITS OF RHYOLITE:

Rhyolite is a stone that is wonderful for problem-solving and life changes. It brings out the potential of your soul's truest energy as well as creative power. It is beneficial for self-esteem, acceptance, emotional release, and challenging life circumstances.

SPIRITUAL & EMOTIONAL INFLUENCE:

Rhyolite facilitates change and brings about a deep state of meditation for inner and outer journeying. Accessing karmic wisdom processes the past and integrates it with the present.

It facilitates emotional release and balances all emotions. It assists you in calmly dealing with any issues and brings strength in times of need. Brings resolution to past issues to help in moving forward in life. It restores self-worth and self-respect making it easier to accept your true self no matter what and to be able to set boundaries as needed.

THE PHYSICAL CONNECTION:

Rhyolite is thought to be beneficial for physical stamina and endurance. It is said to activate the body's natural immune response and resistance to disease and illness. It is believed to be excellent for infections, viruses, and rashes, or other skin irritations. It is also thought to help in dissolving kidney stones, improve muscle tone, and strengthen veins.

THE CHAKRAS CONNECTED TO RHYOLITE:

Third Eye (Brow) Chakra, Root (Base) Chakra, Heart Chakra.

ASTROLOGICAL SIGNS:

Sagittarius.

LOCATIONS FOUND & HISTORY:

Worldwide. The name Rhyolite came from the Greek word Rhein meaning flow and Lithos meaning Stone and was named by German geologist Ferdinand von Richthofen. This stone was used to make tools and weapons like spear points, and arrowheads as well as shovels.

RARITY, VALUE & VARIATIONS:

This stone is formed by volcanic magma that is mainly composed of silica. When cooled quickly, it would make Obsidian stone, but if it's cooled slowly, it can create beautiful patterns. A rock from the Felds paths family with a pattern that resembles a leopard's spots. The shape, colors, patterns, and sizes of rhyolite can vary depending on the lava. There can also be air bubbles formed in some stones that cool very slowly. Larger and more pigmented or patterned stones tend to be more valuable. It has a Mohs hardness of 7.

HOW TO USE RHYOLITE:

Place Rhyolite on your forehead if you want to recall dreams or past-life memories. Or meditate with it in your hand or nearby. You can also put the stone on your body wherever balancing energy is needed.



Rose Aura Quartz



POWER & BENEFITS OF ROSE AURA QUARTZ:

Rose Aura Quartz is a stone of unconditional love and connection to the divine. It is beneficial for emotional healing, anger, bringing the body into balance, and energy enhancement. It imbues the whole body with love and is thought to restore the cells to perfect balance.

SPIRITUAL & EMOTIONAL INFLUENCE:

Rose Aura Quartz connects you with the angelic realm and your guardian angels. It works on the pineal gland and the Heart Chakra to transmute deeply held doubts about self-worth, giving the gift of unconditional love of yourself and making a powerful connection to universal love.

IT IMPROVES YOUR MOOD AND BRINGS SERENITY AND PEACE.

The Physical Connection:

Restores the body on a cellular level to bring perfect balance. Protects against radiation and static electricity. Boosts the immune system and gives you energy.

THE CHAKRAS CONNECTED TO ROSE AURA QUARTZ:

Heart Chakra, Third Eye (Brow) Chakra. It connects the Third Eye (Brow) Chakra and the Heart Chakra to unite the mind, intuition, and emotions to see your true self and follow your heart's desires.

ASTROLOGICAL SIGNS:

Aries, Taurus, Gemini, Cancer, Leo, Virgo, Libra, Scorpio, Sagittarius, Capricorn, Aquarius, and Pisces.

LOCATIONS FOUND & HISTORY:

Worldwide. Quartz is found all over the world and all metal-coated quartz is available worldwide. Metal-coated stones are relatively new, but they began getting more popular in the 21st century.

RARITY, VALUE & VARIATIONS:

Rose Aura Quartz is a manufactured crystal that is coated with metal in an alchemical process that is done in a vacuum chamber. Metals like platinum, in this case, are bonded onto pure Quartz crystals to give them their metallic sheen. It has platinum minerals bonded to it which makes it a gorgeous rose color, a pinkish red. Its Mohs hardness is brittle.

HOW TO USE ROSE AURA QUARTZ:

Place on your Third Eye (Brow) Chakra and over your Heart Chakra to stimulate the energy of both of these centers. Use meditation or carry with you or wear to receive the energy throughout the day.



Rose Quartz



POWER & BENEFITS OF ROSE QUARTZ:

Rose Quartz balances the heart with its gentle, yet powerful loving, and peaceful energy. It is thought to assist in balancing the physical heart and the emotional aspect of yourself including matters of the heart. It promotes receptivity to beauty of all kinds. It teaches how to love yourself and encourages self-forgiveness and acceptance, invoking self-trust and self-worth.

SPIRITUAL & EMOTIONAL INFLUENCE:

Rose Quartz helps you gain acceptance of your perceived flaws and imperfections to realize that you are always worthy of love. It is beneficial in times of trauma providing energy on the deepest level. It purifies the heart that is heavy from emotional recovery, grief, or sadness. It assists in expressing your emotions to flow through you and to be patient with yourself.

THE PHYSICAL CONNECTION:

Since Rose Quartz is connected with matters of the heart, it also aids blood flow and circulation which is essential for overall health and wellness. Rose quartz is believed to balance the lungs. Rose quartz is also thought to be effective in calming the entire nervous system, reducing stress. It is said to have a positive effect on the kidneys, adrenal glands, and as a fertility aid for those trying to conceive.

THE CHAKRAS CONNECTED TO ROSE QUARTZ:

Heart Chakra. Use a Rose Quartz wand applied at the Heart Chakra to stabilize and bring the Chakras into harmony.

ASTROLOGICAL SIGNS:

Libra, Taurus.

LOCATIONS FOUND & HISTORY:

United States, South Africa, India, Madagascar, Germany, Brazil, and Japan. Rose Quartz dates back to 7000 BC in Mesopotamia which is now Iraq. Even back then people believed in the balancing powers and used them for various purposes. It was used in potions, elixirs, talismans, and jewelry. The Egyptians thought the stone held anti-aging powers while the Romans used Rose Quartz to signify ownership. There have even been facial masks with Rose Quartz found in ancient Egyptian tombs and goddess Isis used it to keep her appearance youthful and beautiful. Rose Quartz beads have been found in Iraq which shows that it could have been used in jewelry much like it is today.

In Greek mythology, it's said that the blood of Aphrodite, the goddess of love, and her lover Adonis fell on a White Quartz crystal making it pink. In another tale, it's said that Cupid and Eros hoped that the stone would help others find love and peace. In Tibet and China Rose Quartz has been seen as a symbol of good luck and love since 600 BC.



RARITY, VALUE & VARIATIONS:

Rose quartz is fairly easily obtained making it one of the more affordable crystals in the world. Mainly pink in color, Rose Quartz can also have clear or white tones in it. Usually, it's fairly translucent with a soft pink hue but that pink can also be completely transparent or deep and opaque. The rarest Rose Quartz will be transparent and pieces that are 20 or 30 carats are very rare. Sometimes Rose Quartz can have the Tyndall scattering effect. This is where fine particles inside the crystal cause the light to refract which shines a blue color within the stone. Rose Quartz comes in all different sizes and shapes. You can buy raw Rose Quartz or polish that has been shaped into different forms such as hearts or wands. It has a Mohs hardness of 7.

HOW TO USE ROSE QUARTZ:

You can wear Rose Quartz in jewelry to benefit from its loving energy. Place Rose Quartz in your home, specifically on your bedside table or in the relationship corner of your home to love toward you or support an existing partnership, restoring trust and harmony. Carry a piece in your pocket, wallet, or bag. Meditate with Rose Quartz by holding it over your heart or place it on your heart while lying down to receive its peaceful, loving energy. Place a crystal in your bath or infuse your water with Rose Quartz by placing a large piece at the bottom of your water jug and then straining the water out.

Ruby Aura Quartz



POWER & BENEFITS OF RUBY AURA QUARTZ:

Ruby Aura Quartz brings passion and vitality and activates the wisdom of the heart. It is thought to protect against aggression and violence and helps heal the effects of physical abuse.

SPIRITUAL & EMOTIONAL INFLUENCE:

Ruby Aura Quartz is spiritually uplifting. It is an efficient receptor for programming.

It is beneficial for survival issues, bringing the body into balance, and energy enhancement. It cleanses and helps in recovery from abuse and trauma.

It's also used as protection from violence and abuse. Provides nurturing mothering energy for those who need protection and balancing.

THE PHYSICAL CONNECTION:

Ruby Aura Quartz crystal is thought to be beneficial for infections including fungal infections, bacterial infections, and even parasites. It's said to help with pain in the lower back and sciatica. It is also thought to help restore the endocrine system dysfunction and heals the large intestine.

THE CHAKRAS CONNECTED TO RUBY AURA QUARTZ:

Root (Base) Chakra, Heart Chakra.

ASTROLOGICAL SIGNS:

Aries, Taurus, Gemini, Cancer, Leo, Virgo, Libra, Scorpio, Sagittarius, Capricorn, Aquarius, and Pisces.

LOCATIONS FOUND & HISTORY:

Clear Quartz which is the base of this crystal is found all over the world. This stone is relatively new but has become very popular in a short timeframe.

RARITY, VALUE & VARIATIONS:

A manufactured crystal. To obtain its scarlet color, natural Quartz is coated using rare natural minerals in a powerful vacuum. The result is a metallic sheen or skin that is permanently bonded to the crystal giving it an ethereal appearance. Ruby Aura Quartz is similar to Rose Aura Quartz in that it is made using platinum particles to create a metallic sheen on Clear Quartz. The difference between the two is that Ruby Aura Quartz ends up with a much deeper red color than Rose Aura Quartz which is pinker. Its Mohs hardness is considered brittle.

HOW TO USE RUBY AURA QUARTZ:

Use Ruby Aura Quartz crystal to balance your Heart Chakra and your Root (Base) Chakra by placing one stone on or around each Chakra. Hold or wear Ruby Aura Quartz to enhance self-love. Use meditation to bring a sense of inner peace, self-love, and security.



Ruby



POWER & BENEFITS OF RUBY:

Rubies are beneficial for courage, selflessness, heightened awareness, dynamic leadership, anger, concentration, and vigor. This crystal encourages you to follow your bliss, promoting positive dreams and clear visualization. It is a stone of abundance, it aids in retaining wealth and passion.

SPIRITUAL & EMOTIONAL INFLUENCE:

Rubies bring a zest for life and living, great for changes and new beginnings. Creates a positive outlook and awareness, fostering passion and creativity.

Rubies are thought to be excellent for those experiencing suffering or depression. Aids in enlightenment. It creates a healthy balance between emotions and logic.

THE PHYSICAL CONNECTION:

Rubies are thought to help increase energy and balance the body. It is also said to be beneficial for the menstrual cycle and the health of an embryo during pregnancy. It is believed to fortify the blood and strengthen the circulatory system and keep the heart healthy. It is also thought to have a positive effect on the kidneys, adrenals, and spleen.

THE CHAKRAS CONNECTED TO RUBY:

Heart Chakra, Root (Base) Chakra.

ASTROLOGICAL SIGNS:

Aries, Leo, Cancer, Scorpio, Sagittarius.

LOCATIONS FOUND & HISTORY:

India, Madagascar, Mexico, Russia, Cambodia, Kenya, Myanmar, Thailand, Zimbabwe, Tanzania, and Sri Lanka. The deep red hue and sparkle of Rubies have been sought after for centuries. Ancient cultures revered this gemstone because it symbolized the color of healthy blood and the life force within them. Rubies are also one of the gemstones that are mentioned in the Bible. Ruby comes from the Latin word Ruber meaning red. It has always been one of the most highly valued gems among royalty and the upper classes and continues to be now.

RARITY, VALUE & VARIATIONS:

Rubies are a type of corundum like Sapphires. They are very durable, and their color is vibrant and vivid. High-quality rubies make for the most expensive gems, and some have even cost over \$100,000 per carat. To grade rubies, you must know a lot about them. Synthetic ruby gemstones can be created through flame fusion or the Czochralski process among other methods. Rubies are a highly revered gemstone, being of the same or sometimes even greater value as Diamonds and Sapphires. The prices of the gemstones depend on origin, color, size, and clarity ranging from \$100 to \$15,000 per carat. Myanmar or Burmese stones will be around \$300 to \$3,000 per carat. Polished stones are more expensive than raw Ruby gemstones. It has a Mohs hardness of 9.

HOW TO USE RUBY:

Wear Ruby in jewelry on the fingers, neck, or place on your body for increased vitality.



Rutilated Quartz



POWER & BENEFITS OF RUTILATED QUARTZ:

Rutilated Quartz is also known as Angel Hair Quartz is wonderful for bringing strength and vitality. It brings calm and balance. It helps with energy blockages and negativity.

SPIRITUAL & EMOTIONAL INFLUENCE:

Rutilated Quartz is said to have a perfect balance of cosmic light and is an illuminator for the soul, breaking down barriers to spiritual progress, letting go of the past, and promoting forgiveness. It opens the aura and allows healing in, filtering negative energy.

It helps those experiencing depression not feel so alone, it also helps with anxiety and fear. Rutilated Quartz is beneficial for getting to the root of an issue and self-acceptance as well as forgiveness of self and others. Protects against negative influences and draws out emotions to be expressed and released.

THE PHYSICAL CONNECTION:

Rutilated Quartz is thought to be great for the immune system and the regeneration of tissue. It is said to slow the signs of aging and promote a youthful appearance. It is also thought to help those with chronic illnesses and helps repair cells. It is believed to be great for the respiratory system, the thyroid, and fertility.

THE CHAKRAS CONNECTED TO RUTILATED QUARTZ:

Crown Chakra and the Third Eye (Brow) Chakra.

ASTROLOGICAL SIGNS:

Aries, Taurus, Gemini, Cancer, Leo, Virgo, Libra, Scorpio, Sagittarius, Capricorn, Aquarius, and Pisces.

LOCATIONS FOUND & HISTORY:

Rutilated quartz can be found in Brazil, Australia, Kazakhstan, Worldwide. Madagascar, Norway, Pakistan, and the United States. Quartz has been mined and used for thousands of years for many different purposes. Rutile has been an important economic mineral and it was named after the Latin word rutilus, which means red because of the reddish tone the strands take on due to the iron content.

RARITY, VALUE & VARIATIONS:

Rutilated Quartz is a colorless or Smoky Quartz crystal with long thin silver and gold threads of Rutile. It has a Mohs hardness of 7.

HOW TO USE RUTILATED QUARTZ:

Place on your neck around the thyroid and on your heart to balance the thymus. If you need to balance and center you can wave it around your entire body and gain more energy you can place it on your Solar Plexus Chakra.



Rutile



Rutile Meaning and Spiritual Properties

Power & Benefits of Rutile:

Rutile also called Angel Hair is good for mental balance and sexuality. It helps to heighten the energetic impulse of Quartz and it is a powerful vibrational energy balancer. It offers protection.

Spiritual & Emotional Influence:

Rutile is good for astral travel, dream recall, the aura, meditative states, and remote viewing. It can assist those who are starting on the path of developing their psychic abilities. It stimulates clairsentience, and when used you may be better able to receive vibes from people, places, and things intuitively.

It clears and balances the aura. Rutile helps to harmonize mental or physical imbalances. It makes personal relationships more stable. It enhances out-of-body journeying, metaphysical protection, and angelic contact.

The Physical Connection:

Rutile is thought to help the cause of disease. It is said to help bronchitis, tired eyes, veins, and wounds. It is also thought to promote milk production in nursing mothers. Rutile is also thought to help treat addictions, balance the digestion and circulation systems.

The Chakras Connected to Rutile:

Third Eye (Brow) Chakra. It helps ground high vibrational energies into the physical and stimulates the flow of energy through the Chakras.

Astrological Signs:

Taurus and Gemini.

Locations Found & History:

Brazil, USA, Africa, Australia, and Switzerland.

Rarity, Value & Variations:

Rutile is a needle-like crystal that is often penetrating rutilated quartz, quartz, and prismatic crystals. Colors can include silver, gold, bronze, brown, red, red/brown, black, violet, and yellow. It is often found as an inclusion in Quartz, Ruby, Tourmaline, Sapphire, and other stones.

How to Use Rutile:

Use Rutile as appropriate.



Samadhi Quartz



Samadhi Quartz Meaning and Spiritual Properties

Power & Benefits of Samadhi Quartz:

Samadhi Quartz is described as a sister of Rose Quartz because of its pink hue as well as its beautiful, unconditionally loving, and nurturing qualities. It brings a sense of peace and calmness which is why it's called Samadhi. Samadhi is the oneness experienced in enlightenment spoken of in Yoga and Buddhism.

Spiritual & Emotional Influence:

Samadhi crystal is wonderful for recovering from mistreatment and helping you understand and meet your own emotional needs, it soothes shame, guilt, and grief. It is said the stone has the energy of a big hug filled with unconditional love. It brings comfort and compassion in times of emotional distress reminding you that you're not alone in your suffering.

The Physical Connection:

It is said that Samadhi Quartz can be helpful for brain dysfunction and illnesses that are caused by stress. It is also thought to be beneficial for the heart and circulatory system. It is said to relieve stress, anxiety, vertigo, and stabilize the heart rate and nervous system. It is thought to boost the immune system, rejuvenate the skin and youthfulness.

The Chakras Connected to Samadhi Quartz:

Heart chakra.

Astrological Signs:

Scorpio.

Locations Found & History:

Found in the Himalayan mountains near Nepal in Asia. Samadhi Quartz was found in the Himalayan region called the Valley of the Gods which is a very spiritually energized place on Earth. People travel from around the world to visit this area which is said to bring about Samadhi, which is known as a sense of enlightenment and oneness with all that there is in the world. It was named Samadhi because it holds the energies of the Himalaya Mountains and the vibration of unconditional love and peace.

Rarity, Value & Variations:

Usually, these light pink, translucent crystals are found in twos, with two crystals joined together. Samadhi also means a joining together, so the name also applies to its geological formation. It's usually found in a cluster formation, raw and natural from the mining site.

How to Use Samadhi Quartz:

Use Samadhi Quartz crystals in your home and meditation area to create a peaceful environment. It promotes an appreciation for art, writing, and music so you can use this crystal to enhance and bring out your creativity. Bring this crystal into your workplace to bring calm to a hectic workplace. Keep Samadhi Quartz on your desk or close to your desk. Hold close to your heart in meditation or in times of distress to feel its soothing energies.

Sandstone



POWER & BENEFITS OF SANDSTONE:

Sandstone is good for creativity and relationships. It helps easily distracted people and clears thoughts. It is good when used in groups. It is called the stone of creativity as it blends multiple elements to include air, wind, fire, water, and earth to form.

SPIRITUAL & EMOTIONAL INFLUENCE:

Sandstone is an Earth energy stone. It helps to uncover the truth when used with crystal rituals. It is used as a filter for water cleansing. It is a rejuvenating stone that helps you feel recharged and alive because it connects you with the energy of the cosmos.

It is good for shamanic journeys, filling you with enlightenment and divination. Sandstone helps with moodiness and temper tantrums. It is ideal for balance and stability.

THE PHYSICAL CONNECTION:

It is thought that Sandstone is good for eyesight. It is said to help broken bones, hair loss, nails, wounds, and water retention.

THE CHAKRAS CONNECTED TO SANDSTONE:

Sacral Chakra. When used on the Sacral Chakra, it can help to discern the truth and clear the mind when making decisions.

ASTROLOGICAL SIGNS:

Gemini.

LOCATIONS FOUND & HISTORY:

India, Canada, South America, China, Africa, Japan, Afghanistan, United Kingdom, United States. It is one of the most commonly available sedimentary rocks and is a stone that never runs out. Many early civilizations used Sandstone to make tools and utensils.

RARITY, VALUE & VARIATIONS:

Sandstone is composed of grains of sand. Colors may be cream, white, tan, red, blue, rusty brown sometimes blending into one another. It may include iron, lime, and silica in addition to quartz and feldspar. It may also have rainbow-colored oxidations. Oxidation can affect many Sandstones to change color. It may contain calcite and clay too. The most common type of Sandstone is red. Red sandstone owes its color to the presence of hematite in crystallization. Common.

HOW TO USE SANDSTONE:

Use Sandstone in meditation to help avoid distractions. Place Red Sandstone in the house to help balance emotions.



Sapphire



POWER & BENEFITS OF SAPPHIRE:

Known as the stone of wisdom, it focuses and calms the mind. Worn by kings, queens, and princesses this is a gemstone of wisdom that is just as valuable as diamonds and sometimes even more expensive. It is beneficial for serenity, peace of mind, and concentration.

SPIRITUAL & EMOTIONAL INFLUENCE:

Sapphire helps you to see the beauty in everything, and it also helps to restore a spiritual connection. It assists in releasing unwanted patterns to replace them with more positive attributes and goals.

It is thought to reduce depression and grief as well as any frustration. It balances all emotions making it easier to express yourself.

THE PHYSICAL CONNECTION:

Sapphire is thought to strengthen the veins, help with blood disorders, and the heart. It's also said to help reduce excessive bleeding. It is believed to improve eyesight and relax eyes and eye muscles. It is also thought to balance glandular functions and help bring out impurities.

THE CHAKRAS CONNECTED TO SAPPHIRE:

Throat Chakra, Third Eye (Brow) Chakra.

ASTROLOGICAL SIGNS:

Sagittarius, Libra, and Virgo. Varies according to color.

LOCATIONS FOUND & HISTORY:

Sri Lanka, Thailand, Myanmar, Czech Republic, Brazil, Kenya, India, Australia, Canada, and Madagascar. Sapphire got its name from the Latin word Saphirus and the Greek word Sapheiros which both mean blue. There are also beliefs that it is associated with Saturn because Sapphire can indicate "dear to the planet Saturn" in different languages. People have treasured the precious gemstone since around 800BC. In Persia, people thought that the sky was blue because of the reflection of Sapphires. They also became a holy stone to the Catholic church because their blue hue signified heaven. People even thought they could ward off evil spells. Prince Charles also gave Princess Diana a sapphire engagement ring which made them popular in modern times.

RARITY, VALUE & VARIATIONS:

Sapphires are a Corundum, and they are in the same family as the Ruby. The inclusions in this gemstone will reflect light that is called silk. The most transparent, colorless sapphires are called Leucosapphire. The most valuable sapphires are found mainly under two carats, but there are also fine gemstones that are five to ten carats. Its deep blue color is because of the iron and titanium in the stone. The rarest type of Sapphire is the star sapphire with a six-rayed star inside. It has a Mohs hardness of 9.

HOW TO USE SAPPHIRE:

Wear Sapphire on your body as a pendant near the throat to release frustration and express yourself. Or wear in rings or earrings for many other balancing benefits.



Scapolite



POWER & BENEFITS OF SCAPOLITE:

Scapolite is helpful for change and reaching goals. It supports you when you are feeling burdened. It is good for dealing with past issues.

SPIRITUAL & EMOTIONAL INFLUENCE:

It instills a sense of relief when feeling burdened. It brings in positive change and helps to recover from past trauma.

Scapolite is helpful for practical thinking and problem-solving. It brings in a sense of practicality and grounds you in reality.

THE PHYSICAL CONNECTION:

It is thought that Scapolite is good for the bones, eyes, and veins. It is said to help with cataracts, dyslexia, glaucoma, and incontinence. It is also said to aid post-operative care.

THE CHAKRAS CONNECTED TO SCAPOLITE:

Third Eye (Brow) Chakra.

ASTROLOGICAL SIGNS:

Taurus.

LOCATIONS FOUND & HISTORY:

Madagascar, Canada, the United States, and Europe. Scapolite was first found in Myanmar in 1913 and its name comes from the Greek word scapos meaning rod and lithos meaning stone. This is appropriate because these crystals are usually

found as prisms that are like sticks. Earlier on it was also called wernerite after the German geologist A. G. Werner in the 1700s.

RARITY, VALUE & VARIATIONS:

Scapolite is a minor gemstone that is quite beautiful and interesting. It often has Chatoyancy giving them the appearance of a cat's eye. Pink and yellow stones can be cut into gems and used in jewelry. It has a hardness of between 5 and 6 making it too soft to be included in rings so it's usually used in earrings and pendants. The most valuable Scapolite stones are yellow or orange and pink or violet and they are rarely found in sizes over 15 carats but only a few gems of this size have been found.

HOW TO USE SCAPOLITE:

Have Scapolite with you if you are making conscious change. Use these stones when setting goals and making plans for the future. The stone will also boost your motivation and self-discipline. Also, have these stones around if you're starting a new business.



Selenite



POWER & BENEFITS OF SELENITE:

Selenite is an angelic stone with purifying energy. It is beneficial for judgment, and insight. It is a powerful disperser and stabilizer for erratic emotions, it brings about a conscious understanding of what is taking place at the subconscious level.

SPIRITUAL & EMOTIONAL INFLUENCE:

Selenite provides calming and angelic energy to stabilize emotions. It assists in connecting with your light body or soul, as well as connecting with the angelic and spiritual realms. It induces clarity of mind and accesses angelic consciousness. It anchors the light body in the Earth vibration. The purest translucent white Selenite has an ethereal quality and is said to inhabit the space between light and matter.

It helps heal any trauma from abuse and heals on all levels. Selenite connects you with the moon cycle as well as your emotions and your Guardian Angels.

THE PHYSICAL CONNECTION:

Selenite is thought to be good for any skin issues including acne, eczema, sun spots, aging, and wrinkles. It is said to help prevent hair loss and keeps the spine healthy as you age. It is also thought to help prevent the toxic effects of mercury from amalgam fillings.

THE CHAKRAS CONNECTED TO SELENITE:

Crown Chakra.

ASTROLOGICAL SIGNS:

Taurus.

LOCATIONS FOUND & HISTORY:

Mexico, Morocco, Russia, Poland, Germany, Sicily, Canada, United States, France, Greece, England, and Austria. Selenite was first appreciated in Ancient Greece and was named Selenite which is the Greek word for moon. Much like Moonstone, Selenite has a luminescent glow to it so people likened it to the moon. In the past windows were made out of Selenite.

RARITY, VALUE & VARIATIONS:

Selenite is a type of crystallized gypsum which is a soft sulfate mineral made of calcium sulfate dihydrate. It is extremely soft with a rating of 2 on the Mohs scale. It can even be slightly bent into a shape which makes it easy to work with and make wands and other items with. It's a cloudy, white crystal with striations that often create towers.

HOW TO USE SELENITE:

You can find Selenite sculptures, wands, and towers. The towers are beautiful to place in your home especially with a lightbox underneath to make it look even more ethereal. It creates a positive grid around a house, and a large piece placed in the house ensures a peaceful atmosphere.



Septarian (Dragon Stone)



POWER & BENEFITS OF SEPTARIAN (DRAGON STONE):

Septarium is good for endurance, patience and tolerance. It assists with neuro-linguistic programming, public speaking and sound therapy. It builds awareness of the environment.

PHYSICAL ENERGY PROPERTIES:

Septarium is good for physical flexibility. It is good for the bones, muscles and teeth. It helps with melanoma. It is effective in calcium absorption. It can also help bring energy to your whole body and warm your extremities. It helps relieve pain and gives a boost to your immune system. It can help those with muscle spasms. It's also helpful with seasonal affective disorder. It's beneficial to the gall bladder, spleen, and circulatory system.

EMOTIONAL ENERGY PROPERTIES:

Septarium is good for emotional flexibility. It balances the body, mind, and spirit. It helps to ensure peace and harmony in your life so that you are able to face the daily challenges of life with both confidence and grace. It harmonizes your emotions and intellect with your higher mind. It helps with public speaking by giving you the energy needed to affect your audience on a personal level and make them feel like you are directly speaking to them.

CHAKRAS:

Base

ASTROLOGICAL SIGNS:

Taurus

HISTORY:

Septarian gets its name from the Latin word septum, which means seven, or saeptum which means a wall or enclosure. The stone also gets its name because it seems to form in a pattern of seven. It is also known as Dragon Stone.

SOURCE:

Australia, Canada, England, Madagascar, New Zealand, Spain, United States.

Variations, Rarity and Value: Septarium consists of nodules of clay ironstone in which other minerals such as aragonite, calcite, dolomite, jasper and occasionally barite, are deposited through the small cracks in the structure.

HOW TO USE IT:

Septarian is a helpful talisman when it comes to mental or spiritual problems. Carry the stone with you when you are having a crisis because it will help keep you calm and collected. It will give you strength during times of weakness and help keep you centered.



Serpeggiante



Serpeggiante Meaning and Spiritual Properties

Power & Benefits of Gold:

Serpeggiante is also known as Wood Jasper and is said to be a grounding stone in all areas of life. It is a crystal of happiness and increased focus. It is a very stable and protective stone.

Spiritual & Emotional Influence:

Serpeggiante is a nurturing stone that facilitates shamanic journeys, dowsing, and dream recall, protecting the way. It balances yin and yang and stabilizes the aura. It helps shine a light on the spiritual truth of a situation and assists with astral travel.

It is thought to restore emotional equilibrium.

The Physical Connection:

It is thought that Serpeggiante helps to prevent burnout. It is said to boost immunity.

The Chakras Connected to Gold:

Root (Base) Chakra, Sacral Chakra, Solar Plexus Chakra, Heart Chakra, Throat Chakra, Third Eye (Brow) Chakra, Crown Chakra. It aligns All the Chakras.

Astrological Signs:

Leo.

Locations Found & History:

Worldwide.

How to Use Gold:

Use Serpeggiante to align All the Chakras. Carry or wear Serpeggiante as a reminder to stay grounded and present in your body and connected with the Earth.



Serpentine



POWER & BENEFITS OF SERPENTINE:

Serpentine crystal is good for art and creativity. It helps you feel more in control of your life, correcting emotional and mental imbalances. It brings balance to mental and emotional aspects and assists in allowing emotions to flow.

SPIRITUAL & EMOTIONAL INFLUENCE:

Serpentine crystal is excellent for trance work, ritual, and shamanism. It is an earthing stone that aids in meditation and helps you understand the spiritual basis of life. It opens new pathways for the kundalini energy to rise.

It is great for helping you find your path in life and taking control. Serpentine is good for emotions, and energy flow.

THE PHYSICAL CONNECTION:

Serpentine is thought to be beneficial for detoxification, parasite elimination, calcium and magnesium absorption, diabetes, and hypoglycemia.

THE CHAKRAS CONNECTED TO SERPENTINE:

Heart Chakra and Crown Chakra. Clears All Chakras.

ASTROLOGICAL SIGNS:

Gemini.

LOCATIONS FOUND & HISTORY:

United Kingdom, China, Norway, Russia, Zimbabwe, Italy, USA, Switzerland, and Canada. Its name is said to be inspired by the stone's serpent-like green colors.

Serpentine has been used for centuries as a spiritual and balancing stone. It was also considered to be a protector against evil and disease and was used as an offering to the gods and goddesses. It's also been said to protect against snake venom or venom from other insects and animals.

RARITY, VALUE & VARIATIONS:

The other types of Serpentine include Asbestos, Bastite, Bowenite, Connemara, Deweylite, Garnierite, Retinalite, Ricolite, Satalite, Serpentinite, Verde-Antique, and Williamsite. Serpentine is usually translucent to opaque with a hardness of 2.5 to 5.5 on the Mohs hardness scale. It can sometimes be mistaken for Nephrite Jade, but the Jade is much harder than Serpentine.

HOW TO USE SERPENTINE:

Wear Serpentine in jewelry or place on the area of the body that needs assistance in balancing.



Shattuckite



POWER & BENEFITS OF SHATTUCKITE:

Shattuckite amplifies thought, bringing a clear metaphysical vision and assisting in communicating what is seen. It assists in maintaining your integrity and walking your talk. It also assists in communicating with others and speaking your truth.

SPIRITUAL & EMOTIONAL INFLUENCE:

Shattuckite is a spiritual stone that can connect you with your higher self and past lives. It helps connect you with spirit guides and universal wisdom. It is considered an excellent energy conduit, it reaches a high vibration, insisting that the purest source is contacted. It develops automatic writing and telepathy and is said to facilitate clear communication with extraterrestrials.

It supports those who speak and walk in their truth. It promotes authenticity and embracing all aspects of self. It teaches responsibility and shows where life could benefit from more balance.

THE PHYSICAL CONNECTION:

Stimulates cell division and is suitable for minor health complaints. Aids in the treatment of tonsillitis and can help improve the spleen. Balances bile production and acids in the body and creates an alkaline environment.

THE CHAKRAS CONNECTED TO SHATTUCKITE:

Throat Chakra, Third Eye (Brow) Chakra, Crown Chakras, and Heart Chakra. It aligns the Chakras.

ASTROLOGICAL SIGNS:

Libra, Taurus.

LOCATIONS FOUND & HISTORY:

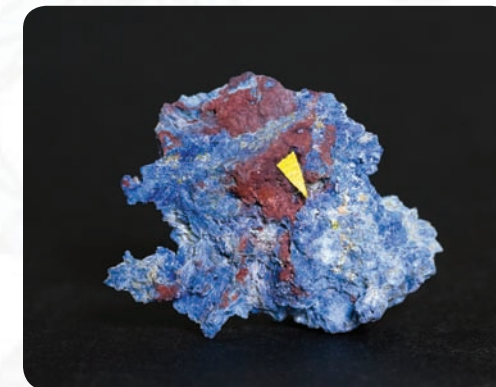
California, Nevada, New Mexico, Greece, Austria, Democratic Republic of Congo, and Namibia. Shattuckite was first discovered and distinguished as a mineral species in 1915. It was named after the place it was found in which was the Shattuck Mine near Bisbee, Arizona.

RARITY, VALUE & VARIATIONS:

Shattuckite is an inosilicate that crystallizes in larger formations. Shattuckite is usually collected for its rarity, color, and unique crystal formations. It has a Mohs hardness of 3.5 and can be translucent to opaque, and are mainly dark-blue to light-blue or a turquoise-blue. It's a secondary mineral that forms from malachite and other secondary copper minerals.

HOW TO USE SHATTUCKITE:

Shattuckite is a great stone to have on you if you teach or do public speaking. Hold it while having difficult conversations. It's also great to hold in meditation to get more in tune with your authentic self and your soul's purpose here on Earth.



Shungite



POWER & BENEFITS OF SHUNGITE:

Shungite has metaphysical properties that make it useful for balance and protection. It helps you focus on goals as it acts as a conductor of energy and moves it towards your desired outcome. It is considered a cleansing stone that purifies the body, mind, and spirit.

SPIRITUAL & EMOTIONAL INFLUENCE:

Shungite is good for balance, emotional, and spiritual recovery from illness or stress. It has electricity-conducting properties that make it suitable as an amplifier in magic and meditation.

It protects against EMF and geopathic stress. It cleanses emotions and helps you to let go of anything that holds you back. It can be used to help remove negative people or bad luck from your life, and help ease anxiety and insomnia.

THE PHYSICAL CONNECTION:

It is thought that Shungite is good for detox. It is said to be good for recovery from disease, illness, and surgery. It is also thought to promote growth and tissue repair. It is said to help with stress-related allergies.

THE CHAKRAS CONNECTED TO SHUNGITE:

Crown Chakra, Root Chakra, Sacral Chakra, Solar Plexus Chakra, and Third Eye (Brow) Chakra.

ASTROLOGICAL SIGNS:

Cancer.

LOCATIONS FOUND & HISTORY:

High-quality Shungite is only found near Lake Onega in northwest Russia in the Zazhoginskoye deposit. Low-quality Shungite is found in Austria, Democratic Republic of Congo, Kazakhstan, and India. Other alternate names for Shungite include Buckminsterfullerene, Fullerite, Fullerene, and Black Ocher. Shungite was discovered in the village of Shunga, Russia, where it gets its name. In Russia, it has a long history, with Czar Peter, who ruled Russia and was said to drink water infused with Shungite minerals, leading to his frequent travels to the Karelia region where Shunga is located.

RARITY, VALUE & VARIATIONS:

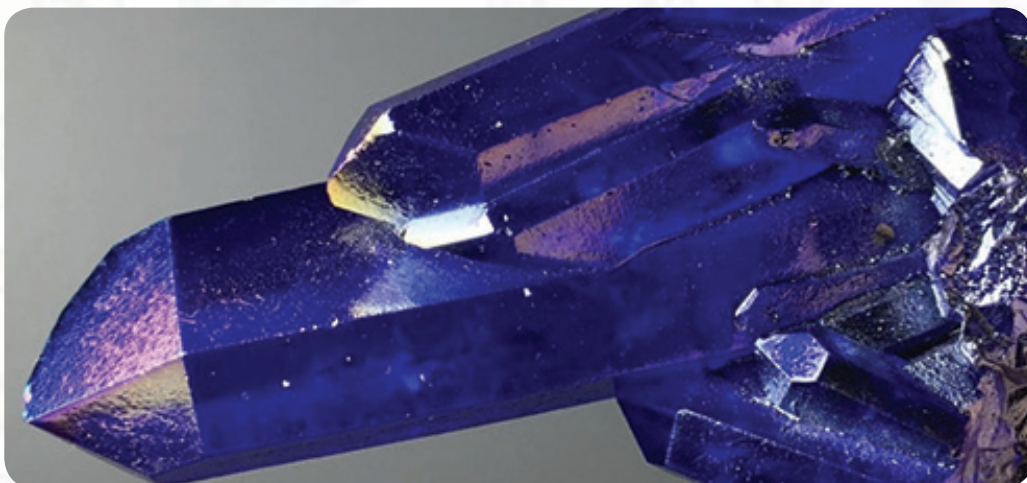
An opaque, lustrous black, charcoal, or brown non-crystalline mineral. It is up to 98 percent carbon.

HOW TO USE SHUNGITE:

Use Shungite elixir for detox and recovery from illness and disease. Place in a water bottle or jug to purify water.



Siberian Blue Quartz



POWER & BENEFITS OF SIBERIAN BLUE QUARTZ:

Siberian Blue Quartz crystal is a brilliant blue laboratory-grown crystal created from Quartz. It lifts the spirit and instills a sense of deep peace, it facilitates speaking your truth and being heard.

SPIRITUAL & EMOTIONAL INFLUENCE:

Siberian Blue Quartz It can also facilitate communication with your spirit guides and angels. It is said to enhance intuitive and extra-sensory abilities while bringing a sense of calm and tranquility. It brings about intense visionary experiences and accesses cosmic consciousness, stimulating metaphysical vision and telepathy.

It is good for tranquility, quiet, and peace of mind. It balances relationships and emotional trauma brought on by toxic relationships.

THE PHYSICAL CONNECTION:

Siberian Blue Quartz is thought to treat stomach ulcers, throat infections, and inflammation. It is also thought to be good for stress, depression, sore muscles, tension in the neck and shoulders, and sunburns.

THE CHAKRAS CONNECTED TO SIBERIAN BLUE QUARTZ:

Throat Chakra, Third Eye (Brow) Chakra, and Crown Chakra.

ASTROLOGICAL SIGNS:

Aries, Taurus, Gemini, Cancer, Leo, Virgo, Libra, Scorpio, Sagittarius, Capricorn, Aquarius, and Pisces.

LOCATIONS FOUND & HISTORY:

Siberian Blue Quartz crystal is made in Russia. Siberian Blue Quartz crystals are new on the market but have been gaining a lot of attention recently.

RARITY, VALUE & VARIATIONS:

Natural Quartz crystal is broken down and then re-grown with cobalt which gives the crystal its deep blue color. Its hardness is about 6.5 to 7. These stones are real and are not pressed glass or simulated stones. Siberian Blue Quartz is a high-vibration stone.

HOW TO USE SIBERIAN BLUE QUARTZ:

Place your Siberian Blue Quartz crystal on the Throat Chakra or Third Eye (Brow) Chakra to enhance and balance these energy centers. An excellent stone for meditation. Apply externally as appropriate. Can also be used as an elixir.



Sillimanite



POWER & BENEFITS OF SILLIMANITE (FIBROLITE):

Sillimanite will bring back the excitement that tends to get lost when you work on something for too long. It will help you continue with the project and to feel the joy that comes with finishing it.

SPIRITUAL & EMOTIONAL INFLUENCE:

Sillimanite is very uplifting and can help lift sadness and depression. Great for finishing tasks that seem impossible to complete.

THE PHYSICAL CONNECTION:

It is thought that Sillimanite is good for the stomach and digestive issues. It is also said to help the body assimilate after plates, screws, or other objects are added. It is also thought to help with sinus issues, lung problems, allergies, and asthma. It is thought to slow down the aging process.

THE CHAKRAS CONNECTED TO SILLIMANITE (FIBROLITE):

All Chakras. Sillimanite energizes all of the Chakras but especially connects with the Heart Chakra.

ASTROLOGICAL SIGNS:

Connects with all Astrological Signs.

LOCATIONS FOUND & HISTORY:

The first time Sillimanite was found was in 1824 in Chester, Middlesex County, Connecticut, United States, India, Brazil, Myanmar, Sri Lanka, Italy,

Czechoslovakia, and Germany. Sillimanite was named after the geologist and professor, Benjamin Silliman from Yale University.

RARITY, VALUE & VARIATIONS:

Sillimanite is exceptionally rare and is found in two forms to include clear and glassy, or silky, and fibrous. In the fibrous state, the crystals are long slender prisms that look like fibers which are why it's also called Fibrolite. The glassy stones are the ones that are used as gemstones in jewelry because of their beautiful appearance. It's a stone that is more popular with collectors and jewelry makers. It is most commonly available in beautiful colors of green, but it can also be yellow, white, blue, or brown. Some of the crystals also have a cat's eye effect. It rates a 6 to 7 on the hardness scale making it a difficult stone to cut. Sillimanite is also known as a type of Fibrolite, and it's a stone that makes you feel blissful and happy to be alive. It makes beautiful jewelry but it can be very rare.

HOW TO USE SILLIMANITE (FIBROLITE):

Keep Sillimanite with you when you need a mood boost, or you are wanting some help to feel your emotions and deal with them. Bring this stone into your life if you need some new inspiration for old projects to keep the momentum going or to initiate it again so you can finish it up.



Silver



POWER & BENEFITS OF SILVER:

Silver is good for eloquence and grace. It allows you to look into your heart to help see who you truly are. It helps manifest abundance, wealth, and prosperity in your life.

SPIRITUAL & EMOTIONAL INFLUENCE:

Silver is good for meditation and astral travel. It holds the energies of the moon, especially during full moons and new moons. As Silver is reflective, the moon reflects the light coming from the sun, and it does the same for whoever wears it. It reflects negativity away from you, to give protection and security.

Silver helps negativity. It is good for emotional balance. It protects you from negativity and hostility, and it will support efforts to mend what's broken. The energies of Silver will also help to keep your focus on the things that matter.

THE PHYSICAL CONNECTION:

Silver is thought to be good for speech. It is said to help speech impediments, hepatitis, vitamin A and E deficiencies. It is also thought to aid detox and is believed to be an effective anti-bacterial. It is said to help boost your immune system. In ancient cultures, Silver was used for purifying water and to aid in the prevention of wound infection.

THE CHAKRAS CONNECTED TO SILVER:

Third Eye (Brow) Chakra, Crown Chakra, Heart Chakra, and Throat Chakra.

ASTROLOGICAL SIGNS:

Aquarius, and Cancer.

LOCATIONS FOUND & HISTORY:

Australia, Canada, Mexico, Russia, United States. Silver is one of the most popular precious metals and has been used for a variety of purposes since ancient times.

RARITY, VALUE & VARIATIONS:

Silver occurs as silver dendrites, nuggets, plates, scales, and rarely as needle-like crystals. Oxidation causes the color of Silver to change to grey/black.

HOW TO USE SILVER:

Place Silver near other crystals during a full or new moon to help energize. Use for meditation. It is used for attracting abundance and gemstones become more powerful when they are wrapped or set in Silver.



Smithsonite



POWER & BENEFITS OF SMITHSONITE:

Smithsonite is a crystal for leadership and disputes. It helps with new beginnings. It is a stone of charm, kindness, tranquillity, and favorable outcomes. It has a gentle presence and acts as a buffer to life's problems.

SPIRITUAL & EMOTIONAL INFLUENCE:

Smithsonite will allow you to listen to what your heart, mind, and spirit are telling you, and you will be powerless to resist. It will strengthen your psychic abilities and help to align your Chakras. It will help you connect and learn more about your intuitive abilities.

Smithsonite is an excellent stone for releasing stress and alleviating mental breakdown. It is helpful for people who have had a difficult childhood, who felt unloved and unwanted. It soothes the inner child and alleviates the effects of emotional abuse and misuse.

THE PHYSICAL CONNECTION:

Smithsonite is thought to be good for digestion, veins, immune system, and sinuses. It is also thought to help with alcoholism, spots, and osteoporosis. It is said to be a good stone for birth and rebirth and can help to treat infertility.

THE CHAKRAS CONNECTED TO SMITHSONITE:

Solar Plexus Chakra, Heart Chakra, Third Eye (Brow) Chakra, and Crown Chakra. Aligns the Chakras. Use on the Crown Chakra to connect to the angelic realm.

ASTROLOGICAL SIGNS:

Virgo.

LOCATIONS FOUND & HISTORY:

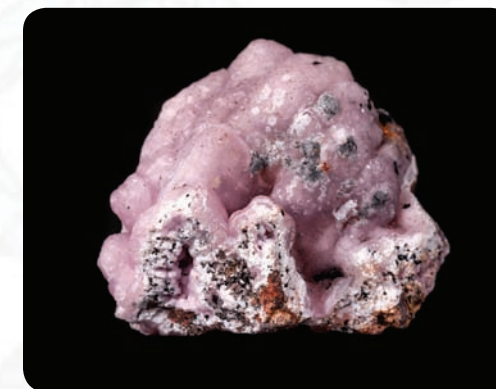
Australia, Greece, Italy, Mexico, Namibia, and United States. Smithsonite is a stone named after English scientist James Smithson. Smithson was the first person to identify the stone in 1802. During that time, it was known as Calamine.

RARITY, VALUE & VARIATIONS:

Smithsonite can be pink, lavender, purple, blue-green, brown, yellow, and white gray. Pearly, lustrous, like layers of silky bubbles in all sizes. Druses, botryoidal structures, and druses, scalenohedral and rhombohedral crystals. Easily obtained.

HOW TO USE SMITHSONITE:

Place Smithsonite as appropriate or carry it always. Place at the Crown to align the Chakras. Depending on the color of Smithsonite it will have additional properties. Place pink Smithsonite over the heart or the thymus. Grid Smithsonite around the bed or body. Hold Smithsonite during psychic communication to make yourself intuitively aware of its validity. Place on the Crown Chakra to connect to the angelic realm. Avoid water.



Smoky Quartz



POWER & BENEFITS OF SMOKY QUARTZ:

Smoky Quartz is good vitality, intuition, survival instincts, male energies, and mental activity. It offers protection by dissipating negativity. It helps you to move forward in life. It is beneficial for concentration, geopathic stress, and nightmares.

SPIRITUAL & EMOTIONAL INFLUENCE:

Smoky Quartz is good for meditation and dream interpretation. It channels energy through the hands (for example, in spiritual healing or Reiki). It speeds up the laws of Karma.

It is considered one of the best grounding stones, it is an excellent crystal to have in your home or to carry with you. It relieves fear, dissipates nervousness and anxiety as well as depression. It is very good for emotional stress and fear of failure. Brings in more positive energy.

THE PHYSICAL CONNECTION:

Smoky Quartz is thought to be beneficial for treating the lower body including the feet, ankles, legs, hips, and lower abdomen. It is believed to help maintain balance in the sexual organs. It is also thought to assist in the absorption of minerals in the body and regenerate nerve tissue.

THE CHAKRAS CONNECTED TO SMOKY QUARTZ:

Root (Base) Chakra.

ASTROLOGICAL SIGNS:

Scorpio, Capricorn, and Sagittarius.

LOCATIONS FOUND & HISTORY:

Worldwide. Brazil, Madagascar, and United States are common sources. It was originally mined in the Scottish Highlands. It is also known as Morion from the Latin word mormorion meaning dark precious stone or Cairngorm because they were first found in the Cairngorm Mountains of Scotland. Smoky Quartz was a highly valued stone by the Celts of Scotland who used the crystal to decorate their weapons and jewelry for centuries. For this reason, it has been named the National Gem of Scotland and has always been a sacred stone dating back to the Druids.

RARITY, VALUE & VARIATIONS:

Smoky Quartz is found in metamorphic and intrusive igneous rocks caused by radioactive elements. A brownish, yellowish, or grey-colored type of Quartz that is given its color because of natural radiation on the Earth. Smoky Quartz gets its name because of the colors in it that resemble smoke. To get the vibrant colors, the Quartz needs to be at temperatures of 50 below zero for a long time which is why it's usually found at higher altitudes in the mountains. It has a Mohs hardness of 7.

HOW TO USE SMOKY QUARTZ:

Place a small piece of Smoky Quartz under your pillow or by any electronics to reduce the effects of EMFs. In meditation use Smoky Quartz to ground or relax the body, emotions, and mind. Hold in front of your body with the point facing away to pull negative or painful energy out of the body.



Snow Quartz



POWER & BENEFITS OF SNOW QUARTZ:

Snow Quartz is a stone that supports you while you are learning lessons and helps you to let go of overwhelming responsibilities and limitations. It is helpful for study and revision for exams. It reminds you to look at the world with your heart and through the eyes of a child, but with the wisdom, experience, and knowledge of an adult. It brings purity and wisdom.

SPIRITUAL & EMOTIONAL INFLUENCE:

Snow Quartz is an excellent crystal for spiritual purposes. It helps to heighten your intuition and gives clarity and sharpness of mind to interpret the messages conveyed to you. Snow Quartz will help you to learn new things easily and retain what you've learned longer. It helps you to think before you speak. It works best at the emotional and subtle levels.

Snow Quartz enhances cooperation and tact. It helps you think before you speak. It clears the mind and brings clarity of thought. It also helps with negativity. It is beneficial for

THE PHYSICAL CONNECTION:

The energy of Snow Quartz is thought to be good for the bones, teeth, and bone marrow.

THE CHAKRAS CONNECTED TO SNOW QUARTZ:

Crown Chakra and the Solar Plexus.

ASTROLOGICAL SIGNS:

Cancer and Capricorn.

LOCATIONS FOUND & HISTORY:

India, United States, Worldwide. Snow Quartz is also known as Quartzite and Milky Quartz.

RARITY, VALUE & VARIATIONS:

A white form of Quartz that occurs in white masses. Firmly compacted, milky, and often water-worn pebble or larger boulder.

HOW TO USE SNOW QUARTZ:

Use Snow Quartz as appropriate as needed. Helps with balancing energy wherever it's placed. It has a slower, gentler effect, but works nevertheless. Use in meditation, to link to deep inner wisdom. Place Snow Quartz crystal near laptops and computers while working to protect you against radiation.



Snowflake Obsidian



POWER & BENEFITS OF SNOWFLAKE OBSIDIAN:

Snowflake Obsidian is also known as Spot Black Obsidian, this stone is Obsidian with spots of Phenocryst which look like little snowflakes on a black background. It releases wrong thinking and stressful mental patterns. It is a stone of purity, providing balance for body, mind, and spirit.

SPIRITUAL & EMOTIONAL INFLUENCE:

Helps you to see deeply ingrained behavioral patterns and mistakes you've made so that you can learn from them and move forward in life. It teaches you that mistakes are just as valuable as successes as long as you're learning something. It can also ease feelings of loneliness and resentment. A great stone for introverts.

THE PHYSICAL CONNECTION:

Snowflake Obsidian is thought to be helpful for the stomach, sinuses, bones, skin, and eyes. It is also thought to be helpful for the veins and circulation as well as detoxification. You can even make an elixir using Snowflake Obsidian that is said to help improve skin tone.

THE CHAKRAS CONNECTED TO RAINBOW FLUORITE:

Root (Base) Chakra and Sacral Chakra.

ASTROLOGICAL SIGNS:

Virgo.

LOCATIONS FOUND & HISTORY:

Deposits of Snowflake Obsidian can be found in Iceland, Mexico, and the United

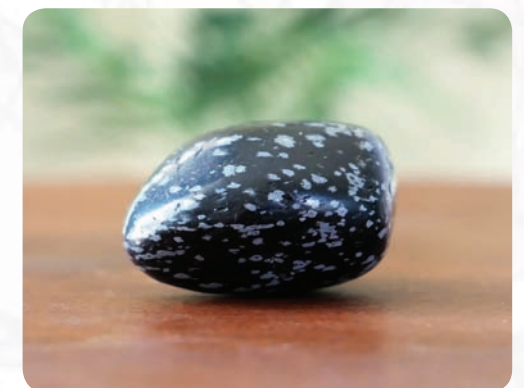
States. Obsidian was first found in Ethiopia by Obsidius, a Roman explorer. It dates back to the Acheulian age or 700,000 BC and has been used for many items throughout history including blades for knives and arrowheads for weapons. It was even polished to be used to make mirrors at one point.

RARITY, VALUE & VARIATIONS:

Snowflake Obsidian is formed from felsic lava cooling rapidly creating a volcanic glass with crystal spots on it. Stones are quite small and they are quite affordable and common. It has a Mohs hardness of 5-5.5.

HOW TO USE SNOWFLAKE OBSIDIAN:

Use in meditation to soothe and relax the mind and in times of transformation. Wear or hold a piece of Snowflake Obsidian continuously throughout the day for protection and benefits. Or make an elixir by placing a Snowflake Obsidian stone in water for several hours, remove the stone, and then using the water on your skin or drink the infused water.



Sodalite



POWER & BENEFITS OF SODALITE:

Sodalite helps to strengthen communication, confidence, communication, creative expression, inspiration, and intuition. is beneficial for self-esteem, phobias, guilt, self-acceptance, self-trust, and cellular memory.

SPIRITUAL & EMOTIONAL INFLUENCE:

Sodalite helps improve divination and psychic abilities. It unites logic with intuition and opens spiritual perception, which brings information from the higher mind to the physical level. It stimulates the pineal gland and third eye and helps to deepen meditation. Its balancing energies cleanse your aura and help to remove bad feelings in your heart.

Sodalite is an excellent stone for the mind, eliminating mental confusion. It is good for calming, and mental balance. It helps with inadequacy, fear, and oversensitivity. It brings about emotional balance, inner peace and helps to calm panic attacks. It is an effective stone to help end arguments or disagreements.

THE PHYSICAL CONNECTION:

Sodalite is thought to help heal the body, purifying the organs and making them work to their fullest capacity. It is said to boost immunity and protect you from common sicknesses. It is also thought to be good for balancing the lymphatic system and metabolism. It is said to help with aging, autism, calcium deficiency, diabetes, high blood pressure, and insomnia. It is also believed to assist in the development of babies.

THE CHAKRAS CONNECTED TO SODALITE:

Third Eye (Brow) Chakra and Throat Chakra.

ASTROLOGICAL SIGNS:

Sagittarius.

LOCATIONS FOUND & HISTORY:

Brazil, USA, Canada, France, Greenland, Myanmar, Romania, Italy, and Russia. Sodalite is considered to be the Poet's Stone because it can help you express all the things that you want to say in the best way possible.

RARITY, VALUE & VARIATIONS:

Sodalite is a beautiful royal blue or blue crystal with white masses, nodules. An opaque stone rarely as dodecahedral and hexagonal prismatic crystals. It may also be colorless, grey, green red, white, or yellow. It has a Mohs hardness of 5.5-6.

HOW TO USE SODALITE:

Sodalite is a useful stone in groups as it brings harmony and solidarity of purpose. It helps to clear electromagnetic pollution and when placed beside a computer blocks emanations. Place Sodalite as appropriate for balance. Wear for long periods.



Sphene



Sphene Meaning and Spiritual Properties

Power & Benefits of Shpene:

Sphene is a calming and protective stone. It is good for astrology and astronomy. It helps to clear your thinking and allow for creative thoughts to come through.

Spiritual & Emotional Influence:

Sphene protects you from negative energy and helps to bring in more positivity.

The Physical Connection:

Sphene is thought to help relieve the symptoms of a fever or a sunburn. It is also thought to help with sprains and strains. It is said to be beneficial to the immune system, teeth, and red blood cells.

The Chakras Connected to Sphene:

All Chakras. Sphene is connected with the Third Eye chakra mainly but also connected with All of the other Chakras too depending on the color of the individual stone. As it is connected to the Third Eye (Brow) Chakra it is beneficial in developing intuition.

Astrological Signs:

Sagittarius.

Locations Found & History:

Found in Canada, Austria, Switzerland, Russia, Mexico, Brazil, Madagascar, the United States, and Pakistan. Sphene was known since 1787 when it was named for its titanium content. But in 1801, it was renamed sphene by French mineralogist, Rene Just Haüy. The name changed again, but now it's okay to call it either Sphene or Titanite. It's also a very rare calcium titanium silicate. Sphene comes from the Greek word meaning wedge and that describes the sharp edges of the stone. It's been highly regarded for many years, but since it is so rare it hasn't become very popular. The Smithsonian Institution has a necklace with yellow sphene from Switzerland.

Rarity, Value & Variations:

Sphene is usually quite small and gemstones over two carats are extremely difficult to find. Its fire is greater than the fire of diamonds, but since it only rates a 5.5 on the hardness scale it's too soft to make into rings. It's mainly used to make pendants, brooches, and earrings.

How to Use Sphene:

Use this stone in times of confusion or decision-making to clear your mind and focus on the facts. Wear or hold Sphene to activate your intuition.



Spinel



POWER & BENEFITS OF SPINEL:

Spinel is a beautiful stone connected with new beginnings and rejuvenation. It is a stone of energy renewal and encouragement in difficult circumstances. It enhances the positive aspects of the personality, and facilitates achieving and accepting success with humility.

SPIRITUAL & EMOTIONAL INFLUENCE:

Spinel assists you in achieving your goals and feeling proud of your accomplishments. It brings out your true personality and teaches you how to be more of yourself without fear of what others may think. It gives you strength in new beginnings and protects you from outside influences that may not be in your best interest. While there are slight variances in different colors, the base energies are consistent.

THE PHYSICAL CONNECTION:

Spinel is thought to help keep a youthful appearance and longevity. It's said to be beneficial for inflammation, neuritis, and swelling. It is also thought to help speed up the recovery of diseases and to strengthen joints, bones, and muscles.

THE CHAKRAS CONNECTED TO SPINEL:

Root (Base) Chakra (Red Spinel), Throat Chakra (Blue Spinel), Heart Chakra (Green Spinel), Third Eye (Brow) Chakra (Violet Spinel), Sacra Chakra (Orange Spinel), Solar Plexus Chakra (Yellow Spinel), and Crown Chakra (White Spinel). Spinel opens the Chakras and facilitates the movement of kundalini energy up the spine.

ASTROLOGICAL SIGNS:

Aries, Sagittarius.

LOCATIONS FOUND & HISTORY:

Canada, the United States, Japan, China, India, Myanmar, Russia, Brazil, Sweden (may be synthetic), and Europe. Red Spinel had been confused with rubies throughout history, it was even called the Balas Ruby in medieval times. From 1000 to 1900 AD it was mined in Tanzania and Burma in The Badakhshan mines which also show up in the diary of Marco Polo. Mariners used a form of spinel called lodestone as early as the 11th century in their compasses to guide their ships. The stone was officially recognized as a gemstone in the 19th century.

RARITY, VALUE & VARIATIONS:

Spinel has a Mohs Hardness of 7.5-8 with a cubic crystal structure, and it's found in a variety of colors to include white, red, blue, violet, yellow, orange, green, or brown. It's most popularly found in Red or Blue and throughout history, Red Spinel stones were often mistaken for Rubies.

The best way to identify Red Spinel from Rubies and Garnet is that it has a very high melting point of 2,135 degrees Celsius. Red and blue Spinel are the most valuable and sought after because they look most like Rubies and Sapphires.

HOW TO USE SPINEL:

Place each color of Spinel on the corresponding Chakra to balance and clear the Chakras. Wear jewelry such as necklaces, earrings, and bracelets.



Spirit Quartz



POWER & BENEFITS OF SPIRIT QUARTZ:

Spirit Quartz is a stone that brings abundance, patience, and a sense of belonging. It brings protection and is useful in groups, sports, and work environments. It is good for team building.

SPIRITUAL & EMOTIONAL INFLUENCE:

Spirit Quartz carries the vibration of universal love. It is good for extrasensory perception (ESP), meditations, astral travel, dreams, and rebirthing. It helps to access your inner/higher self, past lives, past experiences, and dark side. It may help you to let go of issues you have been holding onto, and to forgive both yourself and the other person.

It radiates a very high vibration and may align and purify the entire chakra system. It can align the lower self with the higher spiritual self and manifest into your life those spiritual attributes. It is a powerful stone to heighten metaphysical abilities. Spirit Quartz is good for self-esteem, self-forgiveness, releasing, and revitalizing emotions. It helps with grief, loneliness, fear of success, and obsessiveness.

THE PHYSICAL CONNECTION:

Spirit Quartz is thought to aid in detox and helps skin allergies. It is also thought to be good for fertility.

THE CHAKRAS CONNECTED TO SPIRIT QUARTZ:

Crown Chakra. It opens the Crown Chakra.

ASTROLOGICAL SIGNS:

Capricorn, Aquarius, Pisces, and Virgo.

LOCATIONS FOUND & HISTORY:

Magaliesberg, South Africa. It is found only in South Africa, where a particular tribe mines the stone. The women of the tribe find and carefully clean the stone. It is named for the specific purple spirit used for cleansing in South Africa.

RARITY, VALUE & VARIATIONS:

Spirit Quartz is a variety of Amethyst (purple) or Quartz (white), that sometimes has orange or brown iron inclusions or surface staining.

HOW TO USE SPIRIT QUARTZ:

Use Spirit Quartz to make contact with your higher self and to resolve old issues you have not been able to release.



Spodumene



POWER & BENEFITS OF SPODUMENE:

Spodumene is considered the stone of love, pure unconditional sensual love. It is highly purifying, releasing emotional blocks and love on all levels. It is good for intellect, intelligence, emotional control, personal spiritual understanding, and study.

SPIRITUAL & EMOTIONAL INFLUENCE:

Spodumene provides centering in meditation and spiritual understanding. It is a protective stone and can ward off psychic attacks. It stimulates creativity and aligns all of the Chakras at the same time. Spodumene is good for emotional control, intellect, and intelligence. It alleviates addictions, compulsive behavior, depression, OCD, and PMS. It helps to temper or to satisfy cravings. It boosts confidence, love, expression, self-worth, and female sexuality. It removes obstacles from your path and any negativity in your environment. It helps with clarification on matters, by opening the mind for a clearer perspective of any situation. It reduces stress and stress or anxiety-related illness and stabilizes mood swings.

THE PHYSICAL CONNECTION:

Spodumene is thought to be good for blood pressure, the heart, hormones, lungs, period pains, effects of pollutions, and skin. It is said to stimulate the endocrine system. It is also thought to help stress-related conditions, promote a youthful appearance, and remove energy blocks that cause physical disease.

THE CHAKRAS CONNECTED TO SPODUMENE:

Brow Chakra, Crown Chakra, and Heart Chakra.

ASTROLOGICAL SIGNS:

Scorpio.

LOCATIONS FOUND & HISTORY:

Afghanistan and Pakistan.

RARITY, VALUE & VARIATIONS:

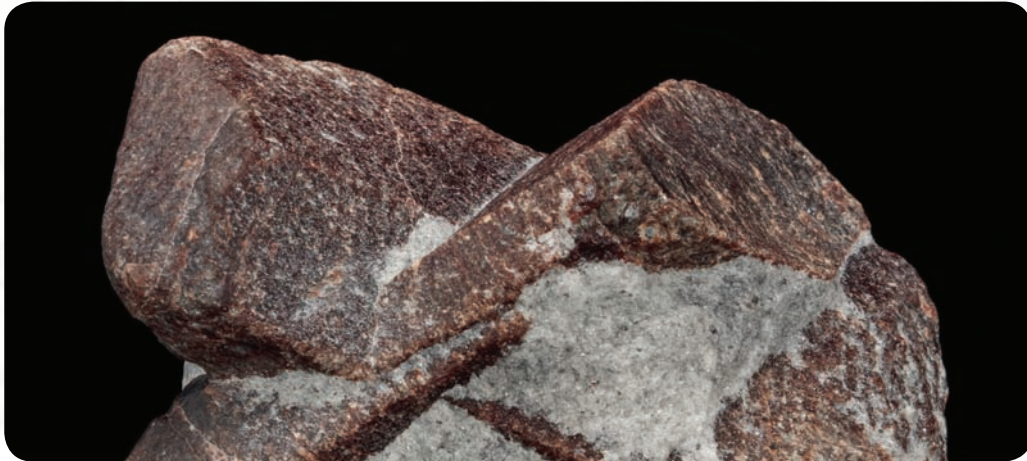
Spodumene forms flattened prismatic crystals, vertically striated. It is clear or may have a yellow tint. Other colors of the crystal include pink or Lilac Kunzite, blue, Green Hiddenite, bi or tri-colored crystals. Spodumene crystals that form as purple or pink are called Kunzite. These crystals have minor to trace amounts of Manganese included.

HOW TO USE SPODUMENE:

Use in meditation for centering. It is excellent for achieving deep, meditative states, allowing for a deep sense of peace and connection with the Divine. Holding it helps to clear away negativity by raising the vibrational levels of the various subtle bodies.



Staurolite



STAUROLITE MEANING AND SPIRITUAL PROPERTIES

Power & Benefits of Staurolite:

Staurolite is a very interesting stone because it almost always naturally forms a cross shape. Other names for this crystal include Fairy Stone, Fairy Cross, Fairy tears, Cross stone, and Baseler Taufstein which means baptismal stone since it was used in baptisms.

SPIRITUAL & EMOTIONAL INFLUENCE:

Staurolite is thought to help relieve depression and stress. Assists you in finding the best use for your energy and prevents you from overworking yourself. It is said to be good for finding the root cause of any addiction and acts as a grounding stone to help you stabilize your emotions and energy.

THE PHYSICAL CONNECTION:

Staurolite is thought to combat addictions including stopping smoking. It is believed to treat fevers and malaria as well. It is said to promote relaxation and relieve stress.

THE CHAKRAS CONNECTED TO STAUROLITE:

Root (Base) Chakra.

ASTROLOGICAL SIGNS:

Pisces.

LOCATIONS FOUND & HISTORY:

Russia, France, the United States, Austria, Switzerland, Scotland, Namibia, and

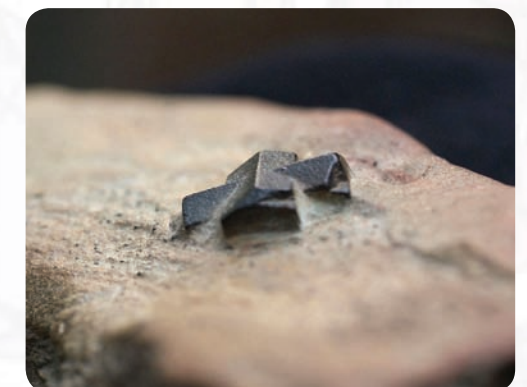
the Middle East. Staurolite has a rich history and was used for many different purposes and needs. It was used in baptisms in Basel, Switzerland which is why it is sometimes referred to as the baptismal stone. The name Staurolite comes from the Greek words Stauros and lithos meaning cross-stone because it is usually in a natural cross shape. It has always been seen as good luck and has been used in religious jewelry. In Brittany, people thought that this stone fell out of the sky, and in North America, the Indigenous people believed the stones to be the tears of the Cherokee tribe who followed a trail of tears in the 1800s after they were forced to leave their land to go to reservations. They are also called Fairies Tears because they were thought to be the tears that were shed by fairies when they heard that Jesus Christ died. It's also said that some of the presidents of the United States including Wilson, Roosevelt, and Harding even carried Staurolite as good luck charms.

RARITY, VALUE & VARIATIONS:

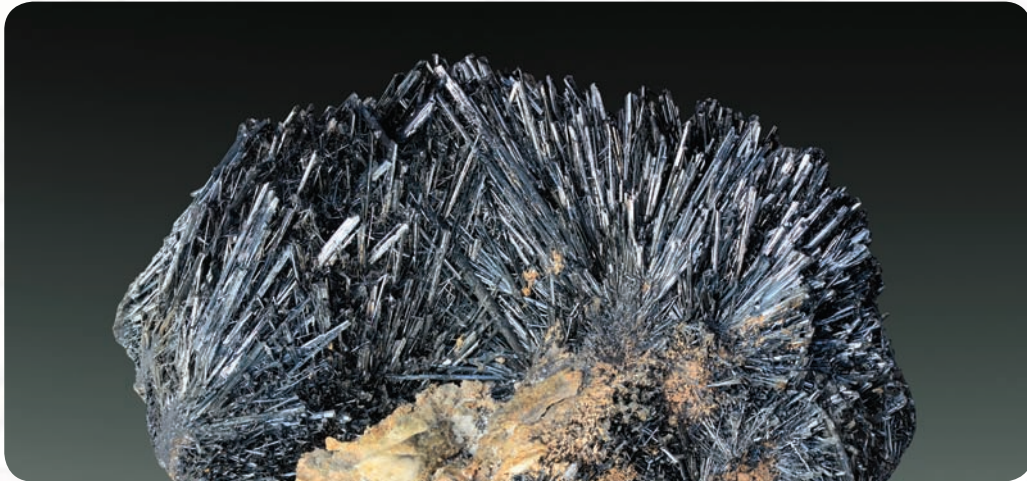
Staurolite crystals can be reddish-brown to brown, yellow-brown, and black with a sheen. Staurolite rates a 7 to 7.5 on the Mohs hardness scale and has a vitreous to resinous luster. It is found in medium-grade schists and gneisses with Garnet, Kyanite, and Mica.

HOW TO USE STAUROLITE:

Carry Staurolite with you or wear it for good luck. Use in ceremonies or meditation and hold to use as a grounding tool.



Stibnite



POWER & BENEFITS OF STIBNITE:

One of the most visually interesting crystals, Stibnite is formed by columns and layers of slender metallic crystals. It is beneficial for abundance, rigidity, and helps you see the gold in your center. It illuminates gifts in difficult experiences.

SPIRITUAL & EMOTIONAL INFLUENCE:

Stibnite is an excellent stone for meditation and protection from negative energy. It helps tie cutting and past life releases.

It's considered a good relationship crystal.

THE PHYSICAL CONNECTION:

Stibnite is thought to be beneficial for the stomach and the digestive system. It's also thought to be good for the esophagus and the throat.

THE CHAKRAS CONNECTED TO STIBNITE:

Throat Chakra, Third Eye (Brow) Chakra, Crown Chakra. It opens and activates the Crown chakra which helps you get more in tune with universal wisdom.

ASTROLOGICAL SIGNS:

Aries, Scorpio, Capricorn.

LOCATIONS FOUND & HISTORY:

Found in China, Canada, Brazil, Mexico, Peru, and Uzbekistan. Stibnite is sometimes called Antimonite because it's the most popular source for Antimony. The name Stibnite comes from the Greek word Stibi which is from the Latin word

stibium and was the old name for Antimony. In Ancient Egypt, they used Stibnite powder as a medication and in cosmetics. It was known as Khol back then and was used as eye makeup to line the eyes. An alchemist in the 17th century named Eirenaeus Philalethes who was also known as George Starkey used Stibnite before philosophical mercury, which was a precursor to the Philosopher's Stone. Even though gold and silver were the minerals that brought miners to Idaho, Stibnite was also a heavily mined mineral in the 1940s. The mineral was used in the production of bullets for World War II.

RARITY, VALUE & VARIATIONS:

Stibnite is usually grey and silver, a dark metallic gray. It's a common crystal with a hardness of 2 on the Mohs scale of hardness making it very delicate. The A Grade Stibnite is a silvery black color with some luster with a needle formation. The B Grade is a similar color but will have a lower luster and will be duller. You can buy pieces of Stibnite to add to your crystal collection, but it's rarely found in jewelry. Larger pieces are rare, so they are higher in price.

HOW TO USE STIBNITE:

Use Stibnite very carefully because it is very toxic. Always wash your hands after any contact with it. Also, be sure not to inhale any of the dust or particles that come off of it. Keep away from pets and children and DO NOT use in elixirs. Best to keep in a case or container. You can keep it in your home as a decorative piece, and the energy will still emanate throughout your home.



Stilbite



POWER & BENEFITS OF STILBITE:

Stilbite is a beautiful stone to get if you're on a journey of self-exploration and expansion. It is a highly creative stone that opens the intuition and carries a loving supportive vibration in any endeavor.

SPIRITUAL & EMOTIONAL INFLUENCE:

Stilbite grounds spiritual energy and helps to expand your consciousness to be able to perceive other realms and dimensions. It helps you to feel less overwhelmed as it clears the mind so you remain focused on your goals. It facilitates multidimensional metaphysical working. It has grounding spiritual energy, manifests intuitive thought, and assists spiritual journeying.

It opens the heart and helps you overcome fear and loss. It has a very calming influence that helps you sink deeply into a meditative or relaxed state.

THE PHYSICAL CONNECTION:

Stilbite is thought to treat loss of taste, the taste buds, laryngitis, and a sore throat. It is believed to be beneficial to the brain and as a powerful detoxifier. It is also thought to counteract poison and increase pigmentation of the skin making the skin look darker.

THE CHAKRAS CONNECTED TO STILBITE:

Throat Chakra, the Third Eye Chakra, and the Crown Chakra. Varies according to color.

ASTROLOGICAL SIGNS:

Aries.

LOCATIONS FOUND & HISTORY:

India, Iceland, Russia, USA, and Brazil. The name Stilbite comes from the Greek word Stilbein which means to shine since it has a gleaming and pearly appearance. In Germany, it's called Desmine which means a bundle and that was the original name it was given in 1818. That was when it was found that stilbite was different from Heulandite.

RARITY, VALUE & VARIATIONS:

Stilbite is usually colorless or white, but it can also be yellow, pink, salmon, brown, orange, red, green, blue, and black. It's one of the zeolite minerals a sodium calcium hydrous aluminum silicate. It has a hardness of 3.5 to 4, and it is formed in cavities in lava. It's often found along with Heulandite and Apophyllite.

HOW TO USE STILBITE:

Stilbite can be used as a scrying tool or placed on the Third Eye to enhance intuition and insight.



Strawberry Quartz



POWER & BENEFITS OF STRAWBERRY QUARTZ:

Strawberry Quartz is a rare type of Quartz crystal with red inclusions. The color of this crystal is similar to crushed strawberries. Also known as Red Fire Quartz but not to be mistaken for Rose Quartz, Strawberry Quartz gets its strawberry color from the red inclusions which are strands of iron oxide. It's a calming and soothing crystal that brings love and understanding, but it also can energize and revitalize. Strawberry Quartz is a rare strawberry colored quartz crystal that carries all of the vibrations of Clear Quartz, with the additional attributes of universal love, seizing the day, and understanding of purpose.

SPIRITUAL & EMOTIONAL INFLUENCE:

Strawberry Quartz brings calm to the subtle energy body. It's an excellent crystal to have when you are getting back on your path in life.

The crystal can help you gain insights about yourself and the things you may wish to work upon. Strawberry Quartz can also help you gain wisdom. It stimulates the energy center of the heart, providing a sensation of love and emotional strength. It helps to create a loving space.

THE PHYSICAL CONNECTION:

Strawberry Quartz is thought to stimulate energy throughout the body and mind. It is thought to help the heart and circulation. It is said to be good for pregnancy and birth, as well as helping the newborn baby grow strong.

THE CHAKRAS CONNECTED TO STRAWBERRY QUARTZ:

Heart Chakra and Crown Chakra.

ASTROLOGICAL SIGNS:

Libra

LOCATIONS FOUND & HISTORY:

Brazil, Kazakhstan, Russia, and South Africa.

RARITY, VALUE & VARIATIONS:

Strawberry Quartz is a rare strawberry colored Quartz crystal, some of the iron oxide inclusions are microscopic which doesn't make the Quartz very red or pink. Other crystals will have distinct red flakes and needles. There are four different types of iron oxides found in Quartz crystals. These include Lepidocrocite, Limonite, Goethite, and Hematite. A lot of Strawberry Quartz can be glass that is manufactured to look like a crystal. Strawberry Quartz is one of the types of Fruit quartz which is a general trade term for crystals that go by names like Blueberry quartz, Cherry quartz, or even Pineapple quartz and other fruits. These stones are usually made into stones, beads, pendants, or decorative objects.

HOW TO USE STRAWBERRY QUARTZ:

Strawberry Quartz can help you gain energy in your body and mind. Carrying Green Strawberry Quartz can be soothing and calming for anyone who works in a fast-paced environment. Perfect for if you feel fatigued, it will uplift you and bring you newfound energy. Wear the stone near your heart chakra or hold it when you need a boost of energy. A wonderful stone to use in meditation and intention setting.

Strawberry Quartz is an important tool for new initiates on the spiritual path and can help one to gain insights into one's persona and inspiration regarding how to improve on it. Strawberry Quartz is a great facilitator of gaining hidden knowledge. Hold Strawberry Quartz in your hand as an aid/companion during meditation or journeying.



Sugilite



POWER & BENEFITS OF SUGILITE:

Sugilite is considered one of the major love stones, bringing its purple ray energy to Earth. It is good for confidence, creativity, courage, and mental balance. It allows eccentricities to express themselves. It helps with anger, despair, forgiveness, hostility, jealousy, and prejudice. Sugilite helps with living in the present instead of the past and transcends the limits of time.

SPIRITUAL & EMOTIONAL INFLUENCE:

Sugilite represents spiritual love and wisdom. It inspires spiritual awareness and also promotes channeling ability. It is good for spirit contact and finding your life path. It is a useful companion in spiritual quests, protecting the soul from disappointments and shocks.

Sugilite teaches you how to live from your truth and reminds the soul of its reasons for incarnating. It accompanies moving into past lives or the between-lives state to help retrieve the cause of disease. It encourages positive thoughts. It can bring love and light into the darkest of situations.

THE PHYSICAL CONNECTION:

Sugilite is thought to be good for whole-body balance and the mind and body link in disease. It is said to be a good stone for the adrenal, pineal, and pituitary glands. It is also thought to help treat most illnesses, especially epilepsy. It is believed to help relieve headaches, physical discomfort, and help children with learning difficulties such as dyslexia. It is also said to benefit people living with cancer, as it helps to release emotional turmoil and alleviate despair.

THE CHAKRAS CONNECTED TO SUGILITE:

Crown Chakra, Heart Chakra, and Third Eye (Brow) Chakra. It helps to open all the Chakras to the flow of love and aligns them.

ASTROLOGICAL SIGNS:

Virgo, Sagittarius.

LOCATIONS FOUND & HISTORY:

South Africa and Japan. Sugilite is also known as Lavulite, Royal Azel, and Royal Lavulite.

RARITY, VALUE & VARIATIONS:

Found in violet-pink and purple masses and tiny crystals (rare). Sugilite is available from specialty stores. It has a Mohs hardness of 6-6.5.

HOW TO USE SUGILITE:

For headaches hold Sugilite to the forehead and for physical discomfort hold the stone in your hand. Place as appropriate, especially over the heart and the lymph glands. Place on the third eye to help alleviate despair.



Sulphur



POWER & BENEFITS OF SULPHUR:

Sulfur has a negative energy charge which makes it great for absorbing negative energies. It is beneficial for willfulness, exhaustion, and creativity. It blocks repetitive and distracting thought patterns and grounds thought processes into the here and now.

SPIRITUAL & EMOTIONAL INFLUENCE:

Sulfur helps to ease stubbornness or rebellion allowing you to do what needs to be done for your good. It is good for getting rid of distracting thoughts and for inspiring your imagination. This is a great stone for the transformation of any kind and will also bring stability.

THE PHYSICAL CONNECTION:

Sulfur is thought to help reinvigorate the system after illness, for infections and fevers as well as minor insect bites. It is also thought to treat swelling and joint pain. It is believed to be helpful for use as an insect fumigant but not to be ingested by humans.

THE CHAKRAS CONNECTED TO SULPHUR:

Solar Plexus Chakra.

ASTROLOGICAL SIGNS:

Correlates with the sign of Leo.

LOCATIONS FOUND & HISTORY:

Italy, Greece, USA, Japan, Indonesia, Russia, South America, volcanic regions.

Sulfur is mentioned in the Bible as brimstone and hell is mentioned to smell like sulfur, most likely because of volcanic activity, which is where the term fire-and-brimstone comes from. In ancient Egypt, the sulfur ointment was used to treat granular eyelids. In Greece, it was used for fumigation and medicine. In China, a type of sulfur is known as Shiliuhuang for its ability to light a fire and other alchemical properties. Indian alchemists also used sulfur and called it gandhaka which means smelly. European alchemists gave sulfur the alchemical symbol of a triangle at the top of a cross. It was used in creams to treat ringworm, scabies, psoriasis, eczema, and acne because of its antibacterial qualities.

RARITY, VALUE & VARIATIONS:

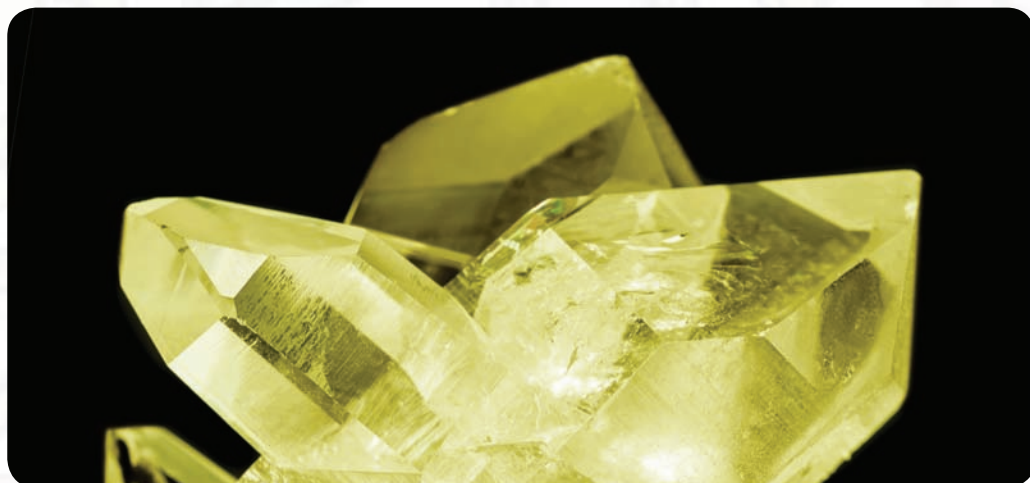
Sulfur happens to be the tenth most common element by mass in the entire universe. It's also the fifth most common element on Earth. Sulfur on Earth usually forms sulfide and sulfate minerals. Most sulfur these days is created by removing sulfur from natural gas and petroleum. It's mainly used as the sulfuric acid for sulfate and phosphate fertilizers, as well as matches, fungicides, and pesticides. Sulfur belongs to the Chalcogen family, and it comes in both crystalline and massive forms. It comes in colors ranging from light yellow to deep yellow. It has a Mohs hardness of 2.

HOW TO USE SULPHUR:

Use the crystal version of Sulfur to put over wounds and then either bury them or cleanse them after. Sulfur is toxic and should not be taken internally. Wash hands after handling.



Sunshine Aura Quartz



POWER & BENEFITS OF SUNSHINE AURA QUARTZ:

Sunshine Aura Quartz has a highly energetic frequency which allows for balancing and energizing the entire system. It is beneficial for emotional trauma and hurt. It has powerful and extremely active energy. It is expansive and protective.

SPIRITUAL & EMOTIONAL INFLUENCE:

Sunshine Aura Quartz is beneficial for multidimensional cellular memory, and as an efficient receptor programming.

It assists you in raising your frequency bringing in more positivity and joy. It helps you see the world in a more positive light and restores self-confidence. It releases past traumas and protects you from future trauma. If you want more happiness in your life, this is the stone to have on hand.

THE PHYSICAL CONNECTION:

Sunshine Aura Quartz is thought to relieve constipation and for detoxing your body. It is said to be beneficial for the liver and kidneys. It is also thought to be beneficial for the immune system, soothing burns, and bring the body into balance.

THE CHAKRAS CONNECTED TO SUNSHINE AURA QUARTZ:

Solar Plexus Chakra.

ASTROLOGICAL SIGNS:

Aries, Taurus, Gemini, Cancer, Leo, Virgo, Libra, Scorpio, Sagittarius, Capricorn, Aquarius, and Pisces.

LOCATIONS FOUND & HISTORY:

Manufactured (may be dyed, not chemicalized). All Sunshine Aura Quartz crystals are relatively new on the crystal market.

RARITY, VALUE & VARIATIONS:

These enhanced crystals are made by placing a natural Clear Quartz crystal in a vacuum chamber. The crystal is heated in the chamber to a set temperature, and then specific types of minerals are added. In this case, the minerals are gold and platinum. Under the heat and pressure, the metal fuses to the crystal's surface giving it a beautiful metallic shining skin.

HOW TO USE SUNSHINE AURA QUARTZ:

Place a piece of Sunshine Aura Quartz on your Solar Plexus Chakra to release past traumas and to work through unprocessed emotions. Use it in meditation, carry or wear it on your body.



Sunstone



POWER & BENEFITS OF SUNSTONE:

Sunstone is a joy-inspiring gemstone that instills positivity and happiness into your life. Much like the sun, this stone is often yellow to orange in color sometimes with gold flecks in it that make it sparkle. It's also always been regarded as a stone of good luck, abundance, and longevity. Sunstone fuels you with energy and strength when you need it most.

SPIRITUAL & EMOTIONAL INFLUENCE:

It helps lift depression, fear, and stress. Sunstone aids when recovering from abandonment and being taken advantage of. It relieves feelings of failure, allowing you to accept that mistakes are part of learning. It instills self-confidence and self-worth as well as optimism.

THE PHYSICAL CONNECTION:

Sunstone is thought to be a very useful stone for self-balancing and immune function. It is said to be great for all of the organs and general pain in the body. It is also thought to be effective for throat infections and ulcers.

THE CHAKRAS CONNECTED TO SUNSTONE:

Crown Chakra, Sacral Chakra, and the Solar Plexus Chakra.

ASTROLOGICAL SIGNS:

Leo and Libra.

LOCATIONS FOUND & HISTORY:

Canada, United States, India, Greece, and Norway. Sunstone has been mined and used for centuries. It was even found in Viking burial mounds. This sparkling

golden stone has always been thought to have magical properties and the ability to bring in the sun's energy. In Greece, they used it to represent the sun god who would bring good fortune to anyone who owned this gemstone. In the United States, Indigenous people would use it as a currency. It became even more popular in the 1900s when it was found in more places including Norway and Siberia. When it comes to the red sunstone, Indigenous legends say that these stones are the blood of a great warrior who was wounded.

RARITY, VALUE & VARIATIONS:

Pale yellow Sunstone can cost only a few dollars per carat up to \$20 per carat if they are custom cut. The pink and tan-colored stones can cost up to \$50 per carat. Opaque stones are pricier. Green, deep pink, and red sunstones, or stones with multiple colors will range from \$50 to \$300 per carat. The rarest Sunstones are green and can cost even more than the largest red Sunstones which go for up to \$1,700 per carat. The inclusions of hematite or goethite are what give this stone a bright glimmer.

HOW TO USE SUNSTONE:

Charge Sunstone underneath the sun and use it outside in the sun for the best effects. Hold the stone in meditation or wear it to bring joy into your life and to ease depression or anxiety.



Super Seven



POWER & BENEFITS OF SUPER SEVEN:

Super Seven is a combination of seven beautiful stones making for a powerful crystal. So not only does it have the power and energy of one crystal, it combines the energy of all seven crystals. It's said to have a vibration that links up all of humanity and can help to raise the vibration of the planet.

SPIRITUAL & EMOTIONAL INFLUENCE:

Super Seven helps you in developing your psychic abilities and harnessing your inner power, assisting you in bringing out your innate talents and gifts. It will connect you to higher guidance and your angels and spirit guides. It brings about spiritual connections, offering support, and assistance on your journey. It boosts the aura and helps you to see auras. It encourages the advancement and fulfillment of dreams, goals, and ideals. It is connected to Karma, love, harmony, peace, past lives, and reincarnation. It is good for clairaudience, clairvoyance, creativity, telepathy, and Earth healing.

THE PHYSICAL CONNECTION:

It is thought that Super Seven can help any physical symptoms and illnesses. It is also thought to be good for the nervous system. It is said to harness all of the energy and spiritual qualities of each of the seven stones to include Amethyst, Caxoxenite, Goethite, Lepidocrocite, Quartz, Rutile, and Smoky Quartz. You'll want to look up each stone individually to discover more in-depth details.

THE CHAKRAS CONNECTED TO SUPER SEVEN:

Connects with All Chakras and helps to activate and balance them.

ASTROLOGICAL SIGNS:

All astrological signs.

LOCATIONS FOUND & HISTORY:

Espirito Santo, Brazil. This is a fairly new stone and has just been starting to become popular in the last couple of decades.

RARITY, VALUE & VARIATIONS:

The Super Seven stones include Amethyst, Clear Quartz, Smoky Quartz, Caxoxenite, Rutile, Goethite, and Lepidocrocite all wrapped up in one beautiful stone. This crystal is a type of Quartz that appears primarily purple. Due to the included minerals in Super Seven, it may have areas that look brown, colorless, black, red, or white. There is little known about this stone so far, but it's mainly Amethyst with inclusions of all of the other crystals. So as the crystals are formed, they amalgamate forming the Super Seven crystal.

HOW TO USE SUPER SEVEN:

Bring this stone into your home to balance the energy and discord in a home bringing in the energy of harmony. This super crystal will balance and energize all of the chakras and subtle energy bodies to the highest vibration possible. Put it near your other crystals to boost their vibration too. Hold this crystal to ground yourself and create a sense of support and security. This stone never needs to be cleansed or charged.



Tangerine Quartz



POWER & BENEFITS OF TANGERINE QUARTZ:

Tangerine Quartz crystal fosters creativity, sensuality, and emotional balance. This crystal reminds you to keep a balance between the giving and receiving sides of relationships with family, friends, and partners.

SPIRITUAL & EMOTIONAL INFLUENCE:

Tangerine Quartz can be used for integration and soul retrieval. It is useful for or after a psychic attack. It can be used in past life regression and is a beneficial crystal when the soul feels that it has made a mistake for which it has to pay. It activates and harmonizes the sacral chakra, by stimulating the flow of creative energy.

A crystal that demonstrates that like attracts like. Use Tangerine Quartz to gain more acceptance, growth, or understanding. It helps you to evaluate and tackle your inner issues without any criticism or judgment. It encourages forgiveness and gives you the courage to release past issues and traumas that no longer serve a purpose. It is a stone that gets rid of anything that prevents you from going forward.

THE PHYSICAL CONNECTION:

Tangerine Quartz is thought to be an excellent stone to use after shock or trauma, especially at the soul level.

THE CHAKRAS CONNECTED TO TANGERINE QUARTZ:

Sacral Chakra.

ASTROLOGICAL SIGNS:

Leo, and Libra.

LOCATIONS FOUND & HISTORY:

Brazil, and Madagascar

RARITY, VALUE & VARIATIONS:

Transparent orange. Ranges in color from red to orange. It is a silicon dioxide mineral of the Quartz family. Its color comes from the encrustations or inclusions of iron oxide. Tangerine Quartz is formed when the mineral Hematite combines with water.

HOW TO USE TANGERINE QUARTZ:

Use Tangerine Quartz for meditation as it will help you focus your thoughts. Wear a Tangerine Quartz pendant when you feel pulled into or trapped in chaotic, confusing, or dramatic situations. After a tiring day, place a Tangerine Quartz point at the outer corners of your bathtub, with the crystal points facing toward the center. This mini-grid will help you to release the stress and tensions accumulated during the day. Carry Tangerine Quartz with you, especially in situations of chaos or drama.



Tanzanite



POWER & BENEFITS OF TANZANITE:

Tanzanite is a good stone for communication. The energies of this crystal will allow you to release tensions and focus wholly on what you should do.

SPIRITUAL & EMOTIONAL INFLUENCE:

Tanzanite is a heat amended stone that has a high vibration, facilitating deep meditative and altered states. A beautiful stone that changes color when viewed from different directions. This shifting of color helps to facilitate raising consciousness. It is a stone that links to angelic realms, Ascended Masters, and spirit guides.

It downloads information from the Akashic Records and helps with inner and outer journeying. It dissolves the old patterns of karmic disease creating space for new patterns to be integrated.

Tanzanite can help in relieving anxiety and stress. It is effective against chronic alcoholism.

THE PHYSICAL CONNECTION:

Tanzanite is thought to be good for the eyes and the skin. It is said to help with exhaustion. It is also thought to work on the chest, head, and throat. Tanzanite is said to help detoxify the systems, purify the blood, and increase fertility in women and help treat fertility-related conditions.

THE CHAKRAS CONNECTED TO TANZANITE:

Third Eye (Brow) Chakra, Crown Chakra, and Throat Chakra. Tanzanite activates

a Chakra link that starts at the base of the higher Crown chakra and brings the higher mind into contact with the physical realm.

ASTROLOGICAL SIGNS:

Gemini, Libra, and Sagittarius

LOCATIONS FOUND & HISTORY:

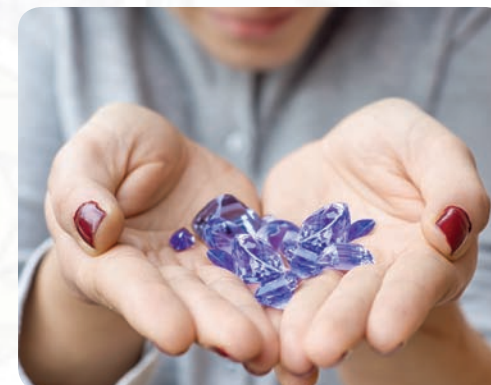
Tanzania. Tanzanite was first discovered in the foothills of Mount Kilimanjaro in Tanzania in 1967.

RARITY, VALUE & VARIATIONS:

Blue, lavender, gray/blue, or purple. Tanzanite is a variety of zoisite formed in masses and prismatic striated crystals. When looked at it in candlelight or underneath an ordinary lightbulb, Tanzanite will look a lovely burgundy color with earthy brownish tones. Rare availability.

HOW TO USE TANZANITE:

Excellent gem essence. Tanzanite can be placed anywhere you want to enjoy calmness, peace, and silence. Place it in your meditation or prayer room or bedroom. Place Tanzanite in your office or work area as it will help to enhance your productivity levels and reduce work pressures.



Tectonic Quartz



POWER & BENEFITS OF TECTONIC QUARTZ:

Tectonic Quartz is the most powerful and energy amplifier. It helps to absorb, store, release, and regulate energy and also unblock it. It connects you with inner reflection, which helps you to take ownership and to make a shift. It helps aid concentration and unlocks memory.

SPIRITUAL & EMOTIONAL INFLUENCE:

Tectonic Quartz helps to raise energy to the highest level. It works on all levels of being. It helps to enhance psychic abilities and attunes you to your spiritual purpose.

THE PHYSICAL CONNECTION:

Tectonic Quartz is thought to stimulate the immune system and help bring the body to balance. It is also thought to cleanse and enhance the organs.

THE CHAKRAS CONNECTED TO TECTONIC QUARTZ:

All the Chakras including the Crown Chakra, Third Eye (Brow) Chakra, Throat Chakra, Heart Chakra, Solar Plexus Chakra, Sacral Chakra, and Root (Base) Chakra. Tectonic Quartz harmonizes All the Chakras.

ASTROLOGICAL SIGNS:

All the astrological signs including Aries, Taurus, Gemini, Cancer, Leo, Virgo, Libra, Scorpio, Sagittarius, Capricorn, Aquarius, and Pisces.

LOCATIONS FOUND & HISTORY:

Worldwide. Tectonic Quartz is nicknamed the shifter.

RARITY, VALUE & VARIATIONS:

Tectonic Quartz is the result of the massive shift of energy from the Earth's movement. This movement is what causes the crystal to shift into a new form. That is how the grooves and striation of Tectonic Quartz were created, from the movement of the tectonic plates that are deep within the Earth. Tectonic Quartz is Clear Quartz crystals that are millions of years old formed in molten lava. The striations and the grooves on these crystals were created from movement in the tectonic plates deep within the Earth.

HOW TO USE TECTONIC QUARTZ:

Place Tectonic Quartz as appropriate on the body or wear on the body. It is thought to help soothe burns.



Tektite



POWER & BENEFITS OF TEKTITE:

Tektite is good for abundance, good luck, and reasoning. It is meteoritic glass created from the immense heat of a meteorite's impact on the Earth. It is good for yin/yang balance. It also helps release negative experiences while learning lessons.

SPIRITUAL & EMOTIONAL INFLUENCE:

This stone is thought to help with extraterrestrial communication and spiritual growth. It is good for telepathy, psychic surgery, starting meditation, peak experiences during meditation, and contact with other worlds.

It helps with energy flow in the body releasing any blockages or stagnation.

THE PHYSICAL CONNECTION:

Tektite is thought to be good for fertility and balancing masculine and feminine energies. It is also thought to aid in circulation and reducing fevers.

THE CHAKRAS CONNECTED TO TEKTITE:

Root (Base) Chakra, Sacral Chakra, Solar Plexus Chakra, Heart Chakra, Throat Chakra, Third Eye (Brow) Chakra, and Crown Chakra.

ASTROLOGICAL SIGNS:

Cancer, Aries .

LOCATIONS FOUND & HISTORY:

Most Moldavite is found by the Moldau River in Czechoslovakia. But other colors

of Tektite can be found in Australia, the Middle East, the Philippines, China, and Thailand. The first Tektites were found by the Moldau River in Czechoslovakia in 1787 which gave them the name of Moldavite. Moldavite is a type of Tektite with a beautiful green hue, but there are other colors of Tektite from all around the world.

One of the theories to explain Tektite formation is that they came from outer space melting when they came into the atmosphere. The other theory is that they came to Earth through the impact of a large meteorite which created the glass-like pieces as it made an impact on the Earth's surface.

RARITY, VALUE & VARIATIONS:

Tektites are quite rare amorphous glass made of mainly silicon dioxide. Even though they look very similar to Obsidian, they don't have the Crystallites found in Obsidian. Tektites are a 5 on the Mohs hardness scale and they have a vitreous luster. Moldavite is the most popular and well-known type of tektite and it's usually a dark green color.

HOW TO USE TEKTITE:

Use Tektite in meditation to tap into higher realms and use it to gain insight and hone intuition.



Thulite



POWER & BENEFITS OF THULITE:

Thulite is also known as Pink Thulite because of its pinkish hue and since it's a pink variety of Zoisite. Thulite is an excellent stone for actors and extroverts. A stone of expression and passion. It is good for mental balance, attention to detail, memory, and making music.

SPIRITUAL & EMOTIONAL INFLUENCE:

Thulite is calming and good for yin/yang balance, unconditional spiritual love, self-esteem, and sensitivity. It balances an extrovert's energy and helps to bring out extroverted behaviors in those who are shy when they need to have strength. Brings curiosity and creativity with imagination.

Also aids in solving problems and seeing things with both emotion and logic. Also a stone of passion and sexual expression.

THE PHYSICAL CONNECTION:

Thulite is thought to boost fertility and treat any disease of the reproductive organs. It is said to help with bloating and gas as well as calcium deficiency. It is also thought to stimulate the regeneration and balancing of the body.

THE CHAKRAS CONNECTED TO THULITE:

Heart Chakra.

ASTROLOGICAL SIGNS:

Taurus, Gemini.

LOCATIONS FOUND & HISTORY:

Thulite was first discovered in Norway. It is also found in Tyrol in Austria and Mitchell County in North Carolina. Thulite has been recently found in Riverside in Okanogan County, Washington. It was first found in Sauland in Telemark, in Norway in 1820. It was named after the Island of Thule that was believed to be in Scandinavia.

RARITY, VALUE & VARIATIONS:

Thulite is often used as a gemstone and also as a carving material. It's a Silicate mineral which is the largest family of minerals that are a major part of the Earth's crust. They contain Silicon and Oxygen making them Silicates. Thulite is a form of Zoisite and is related to another gemstone called Tanzanite. Thulite is pink and manganese-rich and is mainly found as a secondary stone. It's pink because of the manganese and calcium in it, but there are also black Thulite stones. It's low-grade in quality, but there are rare gem-quality crystals are found. It has a Mohs hardness of 6-6.5.

HOW TO USE THULITE:

Place or hold a Thulite stone over the corresponding Chakras to bring balance.



Tibetan Quartz



POWER & BENEFITS OF TIBETAN QUARTZ:

Tibetan Quartz is a feel-good stone that helps you get to the point. It helps defend you from any kind of psychic attack and keeps you away from harm on a physical and psychic level. The energies of the Tibetan Quartz crystal will cleanse and purify you.

SPIRITUAL & EMOTIONAL INFLUENCE:

It brings spiritual connections and accesses the Akashic Record. It helps you achieve spiritual awareness, stimulating your clairaudience and radiating the sacred sound of the universe when placed right over the Third Eye.

Tibetan Quartz has strong, centered energy that passes into the body and self to bring about deep energizing and energy balancing. It is among one of the most powerful protection crystals on earth

THE PHYSICAL CONNECTION:

Tibetan Quartz is thought to energize and purify all meridians. It is considered a master crystal that can be effective in balancing or repairing the nervous and immune systems. It's also believed to soothe burns and other skin conditions. It is thought to be helpful as a pain reliever and is beneficial to people who suffer from vertigo.

THE CHAKRAS CONNECTED TO TIBETAN QUARTZ:

Crown Chakra, Third Eye (Brow) Chakra, Throat Chakra, Heart Chakra, Solar Plexus Chakra, Sacral Chakra, and Root Chakra. Tourmalinated Quartz harmonizes All the Chakras.

ASTROLOGICAL SIGNS:

Aries, Taurus, Gemini, Cancer, Leo, Virgo, Libra, Scorpio, Sagittarius, Capricorn, Aquarius, and Pisces

LOCATIONS FOUND & HISTORY:

Tibet in the Himalayan Mountains. Also found in India, Pakistan, and Russia. Tibetan Quartz holds the resonance of Tibet and the esoteric knowledge that has existed there for so long. Tibet is considered one of the most sacred locations in the world. Any crystal that comes from such a holy or spiritual place as Tibet will have very high vibrations. It is said that because of the high altitudes in the Himalayan Mountains, only the Tibetan monks can mine these crystals using their hands because they are not easily accessed by machinery.

RARITY, VALUE & VARIATIONS:

Clear, colorless, or smoky crystals that often have black Hematite inclusions. It occurs in single and double terminators.

HOW TO USE TIBETAN QUARTZ:

It helps to purify and energize all the meridians. Meditate with Tibetan Quartz to attune with the esoteric knowledge of Tibet. This knowledge can be used instinctively in spiritual practices. It is an excellent crystal to use in both meditation and spiritual work because it raises your consciousness while also grounding you in reality.



Tiffany Stone



Tiffany Stone (Bertrandite) Meaning and Spiritual Properties

Power & Benefits of Tiffany Stone (Bertrandite):

Tiffany Stone helps to promote dreams, intellect, and intuition. This is a good stone for the mind, clarity of thought, and energy cleansing which makes it useful for teachers and students alike. It supports major life changes and enables you to see the direction that is right for you. It helps to release stagnant energy blocks and changes self-limiting behavior patterns.

Spiritual & Emotional Influence:

Tiffany Stone helps you get back on your journey if you've veered away from your truth. This stone is also very helpful in assisting you to tap into your psychic abilities and opening you up to receiving wisdom from the world around you. This is a helpful stone for getting yourself organized. You will be able to sort through your emotions and release them.

The Physical Connection:

Tiffany Stone is thought to stimulate the endocrine system and the immune system. It is said to release sexual blockages and balances the sexual organs.

The Chakras Connected to Tiffany Stone (Bertrandite):

Heart Chakra, Throat Chakra, and Third Eye Chakras.

Astrological Signs:

Gemini, and Pisces.

Locations Found & History:

Tiffany Stone is only found at the Brush Wellman beryllium mine that's at Spoor Mountain in Western Utah. In the early 1960s, Brush Wellman bought 12,500 acres in Utah for 3 Million dollars to mine for stones. Within a few years, the mine was found to be a very successful source of Tiffany Stone to make Beryllium, and it continues to produce stones today. It's said that the stone is named after the owner of the Brush Wellman mine's daughter, but there are no official records of this. It's also called opalized fluorite, ice cream stone, and bertrandite.

Rarity, Value & Variations:

Masses consisting of Purple Fluorite, Quartz, Bertrandite, Chalcedony, Opal, and Manganese Oxide in swirls of purple, cream, white, black, and occasionally blue. Pretty much all of the Tiffany stone mined is used to produce Beryllium which is used to make items like aircraft, missiles, and cell phones. A very small percentage of the stones mined have been collected by gemstone collectors or the workers. So these are the only pieces of Tiffany Stone that exist because the mine is more interested in making Beryllium. It's a beautiful purple color with white, gold, and brown mixed in.

How to Use Tiffany Stone (Bertrandite):

Bring this stone into your life if you feel like you need to get back on your track again. It will help you sift through your life to bring only what is necessary into the future. Make sure you only wear polished Tiffany Stones as some of the ingredients in the stone can be toxic. Do not use for elixirs.



Tiger Iron (Mugglestone)



POWER & BENEFITS OF TIGER IRON (MUGGLESTONE):

Tiger's Iron is a grounding and protecting stone, it creates a place of refuge when there is a threat of danger. Tiger Iron is a metamorphic rock and a combination of Red Jasper, Tiger's Eye, and Hematite. It's also known as Mugglestone which is fun for Harry Potter fans. It's a great stone for those who are highly sensitive and who tend to take on other people's emotions.

SPIRITUAL & EMOTIONAL INFLUENCE:

Tiger Iron is beneficial for burnout or emotional exhaustion. It's a very grounding stone that helps bring you to the present moment. It can also help you in finding your strength and courage in times of crisis. It will help you find creative solutions to problems you're experiencing and in resolving traumas of the past — a wonderful stone for artists, writers, actors, and musicians.

THE PHYSICAL CONNECTION:

Tiger Iron is helpful for those who are sensitive to noise and chemicals. It's also a great stress reliever, and it's very grounding as well. It is thought to help those with fractures, muscle aches, and cramps. It is also said to promote vitality and energy.

THE CHAKRAS CONNECTED TO TIGER IRON (MUGGLESTONE):

All Chakras.

ASTROLOGICAL SIGNS:

Leo

LOCATIONS FOUND & HISTORY:

Found in England, Africa, Brazil, Australia, Mexico, and in the Lake Superior area

of the United States. The name Mugglestone is another name Tiger Iron goes by and comes from Mucklestone because the stone was first found in Mucklestone in Great Britain.

RARITY, VALUE & VARIATIONS:

Tiger iron quartz-lignite aggregate with layers of golden Tiger's Eye, Metallic Grey Hematite, and deep Red Jasper. It's not yet known exactly how Tiger Iron is formed, but many geologists say the stone is a stromatolite which includes algae fossils from sedimentary deposits. It's also said that it's a banded iron formation (BIF) that was formed when the Earth was more oxygen-rich than it is now. It's a fairly common stone and rates a 5 to 7 on the Mohs scale of hardness.

HOW TO USE TIGER IRON (MUGGLESTONE):

Hold this stone when you need a good boost of energy and also when you need to feel grounded. Great for those busy days when you feel like you need to keep going, and then also great for when you need to wind down and relax. Keep this stone with you or place it in your home for continuous grounding yet energizing energy.



Tiger's Eye



POWER & BENEFITS OF TIGER'S EYE:

Tiger's Eye is a combination of both solar energy and earth energy making it a very grounding stone. It is beneficial for perception, pride, willfulness, emotional balance, and yin/yang balance. It supports integrity and assists in accomplishing goals.

SPIRITUAL & EMOTIONAL INFLUENCE:

Tiger's Eye creates a high vibrational state that draws spiritual energies to Earth.

It is excellent for protection, and security. It inspires courage and motivation to go after your dreams. It is thought to help relieve depression and anxiety. Tiger's Eye is also effective in releasing worry and inner turmoil.

THE PHYSICAL CONNECTION:

Tiger's Eye is thought to be helpful with eye diseases and issues as well as night vision. It is said to help with digestion and the digestive system. It is also thought to help broken bones.

THE CHAKRAS CONNECTED TO TIGER'S EYE:

Third Eye (Brow) Chakra and Solar Plexus Chakra.

ASTROLOGICAL SIGNS:

Leo, Capricorn.

LOCATIONS FOUND & HISTORY:

USA, Mexico, South Africa, and Australia. Throughout history, Tiger's Eye has

been regarded as a stone of wealth and prosperity. Ancient Egyptians used Tiger's Eye as the eyes in their statues of deities like Ra, the sun god. Roman soldiers carried it while going into battle for strength. It's also been used as a spiritual protector much like the evil eye that wards off evil influences.

RARITY, VALUE & VARIATIONS:

Tiger's eye is a member of the Quartz family. It shows chatoyancy (an optical reflectance effect) because of its fibrous asbestos structure. Usually golden brown to brownish-gold in color. Each layer of the stone can have a different thickness and color. The AAA Grade Tiger's Eye will be a pure bright golden yellow with a fine, dense structure. It has a Mohs hardness of 4-7.

HOW TO USE TIGER'S EYE:

For grounding, place a piece of Tiger's Eye on your naval area over your Solar Plexus Chakra. You can also place a piece in your home or in your wallet or purse to attract more wealth and prosperity into your life.



Tourmalinated Quartz



POWER & BENEFITS OF TOURMALINATED QUARTZ:

Tourmalinated Quartz deflects negative energy while also helping to unlock any energy blockages that are within the body. It is sometimes called the stone of grounded protection. It helps childhood behavior patterns and experiences. It is considered an effective grounding stone. It brings together the properties of both Quartz and Tourmaline. It is helpful for problem solving.

SPIRITUAL & EMOTIONAL INFLUENCE:

It helps to strengthen the body's energy field against external invasion. It facilitates shadow integration work. It facilitates out of body experiences and provides protection while traveling. It harmonizes the disparate and opposite elements and polarities, turning negative thoughts and energies into positive ones. It is thought to help depression and fear.

Tourmalinated Quartz is an effective grounding stone that helps with depression and fear. A good stone for problem-solving. It dissolves crystallized patterns and releases tensions at every level. It gives the strength that is needed to alleviate negative or hostile relationships and situations.

THE PHYSICAL CONNECTION:

Tourmalinated Quartz is thought to help the nervous system and nervous exhaustion. It is also thought to harmonizes the meridians and the subtle bodies.

THE CHAKRAS CONNECTED TO TOURMALINATED QUARTZ:

Crown Chakra, Third Eye (Brow) Chakra, Throat Chakra, Heart Chakra, Solar Plexus Chakra, Sacral Chakra, and Root Chakra. Tourmalinated Quartz harmonizes All the Chakras.

ASTROLOGICAL SIGNS:

Aries, Taurus, Gemini, Cancer, Leo, Virgo, Libra, Scorpio, Sagittarius, Capricorn, Aquarius, and Pisces

LOCATIONS FOUND & HISTORY:

Brazil, Worldwide.

RARITY, VALUE & VARIATIONS:

Tourmalinated Quartz is a combination of Clear Quartz with inclusions of Black Tourmaline rods growing through it. Easily obtained.

HOW TO USE TOURMALINATED QUARTZ:

Place Tourmalinated Quartz on the body as appropriate for energy balancing. It creates a protective energy shield against harm or pollutants at any level and is effective against EMF emissions and geopathic stress.



Tourmaline



POWER & BENEFITS OF TOURMALINE:

Tourmaline is one of the more popular and sought-after stones. It helps to protect you from negative and erratic energies. It is a protective and grounding stone that helps to diffuse. It attracts and absorbs erratic (negative) energy. This stone helps to cleanse, purify and transform dense energy into a lighter vibration. It absorbs disharmonious energies, diffuses, and dissipates them. It is a good stone for inspiration, awareness, creativity, new challenges, and negotiation skills. It is good for laughter therapy and in groups.

SPIRITUAL & EMOTIONAL INFLUENCE:

Tourmaline helps to ground spiritual energy, it balances and clears all the Chakras and forms a protective shield around the body. It is a shamanic stone that brings protection when used for rituals. Tourmaline is good for scrying. It clears the aura, removes blockages, and disperses negative energy. It is excellent for balancing and connecting the Chakras. It enhances the balancing ability and offers protection on all levels from psychic attacks to simple accidents. It has a strong affinity with the devic energies and can be beneficial in the garden and to help plants.

Tourmaline wand crystals are good to help focus energy to the areas where most needed, aura balancing, and good for affirmations. It aids in the understanding of oneself and of others, by taking you deeper into yourself, diminishing fear, and promoting self-confidence.

Tourmaline can be used for balance, calming, removing blockages, and self-confidence. It is good for energy and mental health. It balances the right and left sides of the brain and transmutes negative thoughts into positive ones. It is

good for the inner self and yin/yang balance.

THE PHYSICAL CONNECTION TOURMALINE:

Tourmaline is thought to be good for balancing and mental health. It is said to rebalance the meridians. It is believed to be good for digestion, the lymphatic system, detoxing, low blood pressure, tension, dyslexia, paranoia, and hand-to-eye coordination. Brown, Red, and Yellow Tourmaline are thought to help with sexuality and emotional dysfunction caused by a loss of libido.

THE CHAKRAS CONNECTED TO TOURMALINE :

Earth Chakra. Protects All Chakras.

ASTROLOGICAL SIGNS:

Libra. Varies according to color).

LOCATIONS FOUND & HISTORY:

Afghanistan, Madagascar, Africa, Western Australia, Brazil, Italy, Germany, Pakistan, Sri Lanka, and United States.



RARITY, VALUE & VARIATIONS:

Tourmaline comes in a variety of colors to include black, brown, green, blue, blue-green, lavender, pink, red, yellow, and watermelon. It can be opaque, shiny, or transparent, in all sizes as both hexagonal structures and long striated. This stone is easily obtained from specialist stores and online. It has a Mohs hardness of 7-7.5.

HOW TO USE TOURMALINE:

Tourmaline can be carried with you in your pocket, or worn in jewelry such as a pendant or a ring. You can also sleep with a piece of Tourmaline underneath your pillow to help you relax and may enhance your dreams. To stimulate the meridians place the tip of a piece of Tourmaline pointing in the same direction as the flow. Use in gardening and with plants to help absorb and attract frequencies, so the plant is freer to grow to its best potential. Excellent when used for gem essences working quickly and efficiently.

Natural Tourmaline wands are thought to be a useful balancing tool that helps to clear the aura, disperse negative energy, remove blockages and help point to solutions for problems.

Tree Agate



POWER & BENEFITS OF TREE AGATE:

Tree Agate is a stone that connects you on a deeper level with the earth and nature. It helps to clear blockages within your body's energy field to open the flow of both abundance and prosperity. A good stone for cultivating plants, and is useful for gardeners.

SPIRITUAL & EMOTIONAL INFLUENCE:

Tree Agate helps you to see the beauty in everything. It is a calming stone that helps with matters related to the ego. It carries the quiet energy that will help you work diligently and ignore all the things that are causing you confusion or pain. It will also help to improve your mental functions and give you mental clarity.

THE PHYSICAL CONNECTION:

Tree Agate is thought to help with trauma, and shock. It is said to help align the vertebra in certain skeletal disorders and treat conditions that affect the nervous system. It is also thought to be beneficial to the blood vessels and the heart. It is believed to stimulate the capillaries and the veins of the circulatory system.

THE CHAKRAS CONNECTED TO TREE AGATE:

Heart.

ASTROLOGICAL SIGNS:

Taurus.

LOCATIONS FOUND & HISTORY:

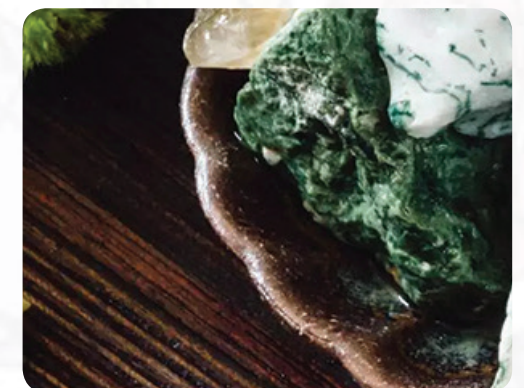
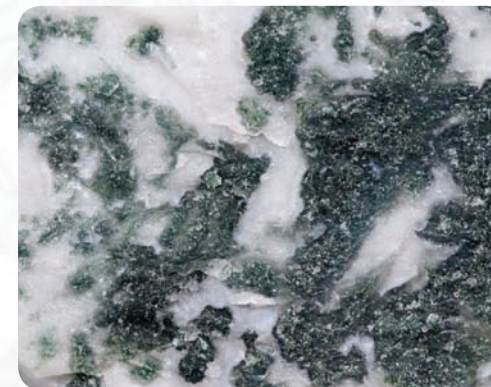
Brazil, India, and Uruguay

RARITY, VALUE & VARIATIONS:

Opaque colorless masses of Agate with green and white patterns that resemble foliage or fern-like manganese and iron inclusions.

HOW TO USE TREE AGATE:

Tree Agate is a great stone to use as a personal talisman. It will help your body gain emotional, physical, mental, and spiritual strength. The stone will give you the stamina to handle everything that you are supposed to do and everything that is expected of you. It is an excellent meditation stone. Carry a piece of Tree Agate in your pocket or purse. Place on your nightstand to benefit from its healing and protective energies.



Tridacna



POWER & BENEFITS OF TRIDACNA:

Tridacna is a stone that will help to balance your mind and emotions which will help to prevent or soothe stress. Tridacna is a genus of saltwater clams that have heavy shells with folds in them. The stone is made from the clam that produces pearl-like stones, and the shell is also used.

SPIRITUAL & EMOTIONAL INFLUENCE:

This pure white stone helps to stabilize your mood while clearing worry out of your mind. This will help to balance your mind and emotions which will help to prevent or soothe stress.

THE PHYSICAL CONNECTION:

Tridacna stone is thought to help soothe frazzled nerves to calm the entire body and also help ease insomnia. It's also said to reduce blood pressure, promote good metabolism, and provides anti-aging benefits. It is also thought to help prevent and ease the effects of osteoporosis.

THE CHAKRAS CONNECTED TO TRIDACNA:

Crown Chakra.

ASTROLOGICAL SIGNS:

Aries, Taurus, Gemini, Cancer, Leo, Virgo, Libra, Scorpio, Sagittarius, Capricorn, Aquarius, and Pisces.

LOCATIONS FOUND & HISTORY:

Found in the Indo-Pacific in coral reefs in places like the Philippines. They are also

sustainably farmed for seafood and the stone. Tridacna is known as one of the Seven Treasures of Buddhism, so it's always been highly regarded by Buddhist monks and those who practice Buddhism. They believe it will protect you from evil spirits which is why it is highly valued. They make beads and bracelets out of the stone to wear for protection and spiritual strength. There are hundreds of carved Tridacna shells all over the world from Italy to the Middle East.

RARITY, VALUE & VARIATIONS:

Tridacna is the whitest stone in the world and a very rare gemstone that has been used in Buddhist relics. This is a clamshell that has a glossy pearl luster with pure white color. Tridacna clams produce large white pearls which are highly valuable because of their rarity. The largest pearl is known as the Pearl of Lao Tzu or the Pearl of Allah and it weighed 6.4 kilograms and was found by a diver from the Philippines in 1934.

HOW TO USE TRIDACNA:

Wear Tridacna stones or beads on a necklace or bracelet to feel the soothing effects of this stone.



Triphane (Spodumene)



POWER & BENEFITS OF TRIPHANE (SPODUMENE):

Triphane crystal is good for intellect, intelligence, emotional control, study, and personal spiritual understanding. It is a comforting crystal that helps to alleviate sadness and anxiety. Triphane is wonderful for cleansing and restoring energy in a home or a person.

SPIRITUAL & EMOTIONAL INFLUENCE:

Triphane restores optimism to gain a sense of purpose. Brings in fresh energy and newness to life. It can help to clear sad memories and any anxiety about the past. This stone helps you see your mistakes so you can learn from them and do better in the future. A good stone for overcoming addictions.

THE PHYSICAL CONNECTION:

Triphane is said to help with RNA/DNA re-building. It is thought to restore calcium-magnesium balance. It is also thought to be good for those with epilepsy, vision, and hearing issues. It is said to help calm and balance the nervous system, assist with bones, joints, and the spine.

THE CHAKRAS CONNECTED TO TRIPHANE (SPODUMENE):

Heart, Third Eye (Brow), and Crown Chakras. Yellow Triphane is linked to the Solar Plexus Chakra and Clear Triphane is linked to the Crown Chakra.

ASTROLOGICAL SIGNS:

Cancer, and Scorpio.

LOCATIONS FOUND & HISTORY:

Madagascar, Afghanistan, Australia, Brazil, Pakistan, North Carolina, California,

and Quebec. The word Triphane comes from the Greek word triphan s, which means appearing threefold because it has cleavages in three directions. The first Spodumene stones were found in Utö, Södermanland, Sweden by Brazilian naturalist Jose Bonifacio de Andrada e Silva.

RARITY, VALUE & VARIATIONS:

Forms flattened prismatic crystals, that are vertically striated. Triphane is the yellow, white, or colorless type of Spodumene. The other two types of Spodumene are Kunzite and Hiddenite. Triphane stones are not usually gem grade but some rare and clear stones can be used as gemstones in jewelry. Spodumene, in general, is a source of lithium which is used in cell phones, car batteries, medicine, and ceramics. Triphane can be used in jewelry but only the clear pieces. It has a hardness of 6.5 to 7.5 on the Mohs hardness scale but it tends to be quite brittle. Most pieces of Triphane are either clear or yellow.

HOW TO USE TRIPHANE (SPODUMENE):

Triphane stones are great for cleansing, put a piece of the stone in any room that could use some fresh energy. Use Triphane as a centering stone in meditation and for spiritual understanding. You can also use Triphane to clear the energy of your body, and auric field.



Tsilasite



POWER & BENEFITS OF TSILASITE:

This crystal works to boost confidence and self-esteem and it's a great stone for coming up with new and innovative ideas.

SPIRITUAL & EMOTIONAL INFLUENCE:

Good for ideas and inventions, thought, and mental energy. This is a great stone to have when you are starting or looking for a new career.

It's also good for those starting new businesses. Beneficial for changing patterns, behaviors, and habits.

THE PHYSICAL CONNECTION:

It is thought that Tsilasite is good for the liver, gallbladder, kidneys, and spleen. It is said to also be good for the stomach and digestion as well as detoxification.

THE CHAKRAS CONNECTED TO TSILASITE:

Solar Plexus Chakra.

ASTROLOGICAL SIGNS:

Leo.

LOCATIONS FOUND & HISTORY:

Found in Pakistan and Brazil. Tsilasite is a type of Tourmaline that's also known as Yellow Tourmaline because of its color. The history of Tsilasite is not well-known, but the first Tourmalines were found in the 1500s by a Spanish conquistador who confused the stone for an Emerald. People assumed these stones were emeralds

and other stones until the 1800s. The confusion of the stones resulted in the name Toramalli, which means mixed gems in Sinhalese a language spoken in Sri Lanka. The name stuck and collectors started calling these stones Tourmaline. Tsilasite was originally found in Tsilaizina in Madagascar which is where its name comes from.

RARITY, VALUE & VARIATIONS:

Tourmaline is easily obtainable which keeps prices lower, but larger sizes and rare colors of stones can be over a few hundred dollars per carat. Tsilasite is fairly common but pure blues and reds are especially rare.

HOW TO USE TSILASITE:

Have this stone with you when you want to detox your system or if you need digestive assistance. Use this stone to spark your imagination and creativity. Keep this stone in mind if you're changing careers or thinking about switching things up in your work.



Turquoise



POWER & BENEFITS OF TURQUOISE:

Turquoise is considered a true balancing stone, worn and used for years for its energy balancing benefits. It provides a balance of masculine and feminine energies. A stone of strength and courage, stability, and inner calm. It also looks beautiful which is why it's a popular choice for jewelry and even as additional flair to clothing and accessories.

SPIRITUAL & EMOTIONAL INFLUENCE:

Turquoise is an excellent stone for those who are very empathic and sensitive, it will prevent you from taking on other people's emotions. For those who are less empathic, it can help to stimulate a higher sense of empathy to connect to another person's experience.

THE PHYSICAL CONNECTION:

Turquoise is thought to balance many areas of the body and is known as a multipurpose stone. It is said to not only be effective in boosting the immune system, but it's also beneficial to the muscular, skeletal, circulatory, digestive, and respiratory systems and is thought to help relieve any disease or illness that affects these systems. It is also believed to strengthen the subtle energy body and the meridians which are energy channels throughout the body. It is thought to reduce the severity of panic attacks.

THE CHAKRAS CONNECTED TO TURQUOISE:

Throat Chakra and Third Eye (Brow) Chakra.

ASTROLOGICAL SIGNS:

Sagittarius, Scorpio, and Pisces.

LOCATIONS FOUND & HISTORY:

USA, Egypt, Mexico, China, Iran, Peru, Poland, Russia, France, Tibet, Afghanistan, Arabian Peninsula, and Iran. Turquoise was a very popular gemstone throughout history. The ancient Egyptians wore turquoise jewelry, and Chinese artists were using it in carvings over 3,000 years ago. Tibet's national gemstone is turquoise because they believe it brings good fortune, positive energy, and protection. The name Turquoise comes from the French word Pierre Tourques, which means Turkish stone because that was their first source of turquoise. In the United States, the Indigenous people used turquoise in sacred ceremonies, jewelry, and as a trading item. It has also been revered by the Mayans and Aztecs in Mexico and Central America and continues to be mined and sold in these places.

RARITY, VALUE & VARIATIONS:

Turquoise, like many other gemstones, is weighed in carats so the heavier the stone, the more valuable it will be. There is The Turquoise Quality Index (TQI) which is a scale between 8 and 100 that tells you the quality of the Turquoise. Higher numbers are quite rare though, and less than 1% has a rating of 90 or better. It has a Mohs hardness of 5-6.

HOW TO USE TURQUOISE:

Wear in Turquoise jewelry, especially in a pendant on the throat area to balance the Throat chakra. You can also make an elixir out of turquoise to drink or use as a room spray.



Turritella



POWER & BENEFITS OF TURRITELLA AGATE:

Turritella Agate is good for change and survival instincts. It is good for Earth healing, grounding, and connecting with the Earth. It helps superiority complex and victim mentality.

SPIRITUAL & EMOTIONAL INFLUENCE:

Turritella Agate is a good stone for soothing traumas of the past and moving forward. It can also assist you in connecting to your family lineage and your ancestral roots.

THE PHYSICAL CONNECTION:

Turritella Agate is thought to be beneficial for digestion and the absorption of nutrients from food. It is also thought to aid upset stomach, nausea, bloating, and gas. It is said to help with fatigue by energizing the body.

THE CHAKRAS CONNECTED TO TURRITELLA AGATE:

Root (Base) Chakra.

ASTROLOGICAL SIGNS:

Aquarius, and Cancer.

LOCATIONS FOUND & HISTORY:

Mainly found in the United States in the Rocky Mountain region. Turritella Agate is a type of Chalcedony, which belongs to the Quartz family of minerals. Agate is named after the Achetes River in Sicily, which is where Agate stones were first discovered. It's also been found with various artifacts from the Neolithic people

who used it for energy balancing and ornaments. Agates were used in Greek and Egyptian cultures as well as in Africa, Russia, and the Middle East.

When the stone was first discovered, they thought that the fossils were of the marine Turritella genus, but instead, the fossils are from the freshwater snail, *Elimia tenera*, which is from the Pleuroceridae family. Since it was already called Turritella in publications it's continued to be named this even though it's not accurate.

RARITY, VALUE & VARIATIONS:

Turritella Agate is brown or black with interesting fossils embedded within the stones. It was formed about 50 million years ago, in the Eocene epoch, while the Rocky Mountains were almost finished forming in Utah, Wyoming, and Colorado. As sediments were collected in lakes and rivers to form rock and many different fossils were filled with silica and captured within the rock creating Turritella Agate. It is a type of Agate that is usually black and brown with interesting fossil inclusions.

The Green River Formation is one of the most well-known rocks to find these incredible stones. These stones can be used to create bookends and clock faces, as well as personal items like jewelry and belt buckles. The stones are fairly affordable but prices increase with fossil size and detail.

HOW TO USE TURRITELLA AGATE:

Wear or hold Turritella Agate or have it around you to feel more grounded and rooted. Keep it with you as you're doing any research and balancing in regards to your family or ancestry.



Ulexite



POWER & BENEFITS OF ULEXITE:

Ulexite enhances visualization and is best known for its ability to magnify. It brings things into focus on the inner and spiritual levels, giving objectivity and clarity. It is beneficial for relaxation, imagination, balancing yin and yang. It gives you the ability to see into another's heart, to feel empathy for what they are feeling and thinking, and instilling compassion.

SPIRITUAL & EMOTIONAL INFLUENCE:

Ulexite assists you in revealing the truth surrounding issues and seeing things with clarity. It helps with creativity and imagination. It is great for dreams and visions and getting familiar with your inner-self.

THE PHYSICAL CONNECTION:

Ulexite is thought to be a great stone for balancing the eyes and vision. It is also thought to be good for detoxification and can be used as an elixir for skin issues, but it will dissolve in water so don't leave it in for too long.

THE CHAKRAS CONNECTED TO ULEXITE:

Crown Chakra and the Third Eye (Brow) Chakra.

ASTROLOGICAL SIGNS:

Gemini.

LOCATIONS FOUND & HISTORY:

United States. Ulexite has been considered a mineral since 1840, and it was named after George Ludwig Ulex who made the first chemical analysis of the

mineral. It is an interesting gemstone with unusual characteristics. It is also called TV Rock because it can transmit light as television does through internal reflection. It's a natural fiber optic so when you place it over something it can transmit the image on the stone's surface. In 1963 the fiber optics qualities in Ulexite were discovered and explained by Weichel-Moore and Potter.

RARITY, VALUE & VARIATIONS:

Ulexite is too soft and fragile to wear in jewelry. These stones are transparent to translucent and white with a silky luster when polished. Ulexite has a Mohs hardness rating of just 2 to 2.5, and it belongs to the rare group of borate minerals. These minerals are so rare because they can only form in geologically active intermontane basins.

HOW TO USE ULEXITE:

Use meditation by gazing into the stone or by holding it in your hands. Place a Ulexite on your Third Eye Chakra for help with intuition and seeing things. Or, place on your eyes to relieve any pain or dryness.



Unakite



POWER & BENEFITS OF UNAKITE:

Unakite is a stone of vision. It balances the heart chakra and the male and female energies that lie within everyone. It is a powerful stone for emotional balance, allowing you to address the negative emotions you are holding onto and transform yourself from a place of love.

SPIRITUAL & EMOTIONAL INFLUENCE:

Place Unakite on the Third Eye to open and promote visualization and psychic vision. It helps to provide grounding and is useful after mediation or psychic work.

Unakite is good for emotions. It helps yin/yang balance and grief, especially the loss of a dream, goal, or idea. Use it for being in the present, accepting the past, and accessing past lives. It is a thought to be a good stone for helping to overcome self-imposed blocks.

THE PHYSICAL CONNECTION:

Unakite is thought to be supportive in convalescence and recovery from a major illness. It is said to help stimulate weight gain when required, treat the reproductive system and pregnancy and the growth of hair and skin tissue.

THE CHAKRAS CONNECTED TO UNAKITE:

Heart Chakra and Third Eye (Brow) Chakra.

ASTROLOGICAL SIGNS:

Scorpio.

LOCATIONS FOUND & HISTORY:

South Africa, United States. Unakite was discovered in the Unakas Mountains, which is a part of the Appalachian Mountains in the United States where the stone gets its name.

RARITY, VALUE & VARIATIONS:

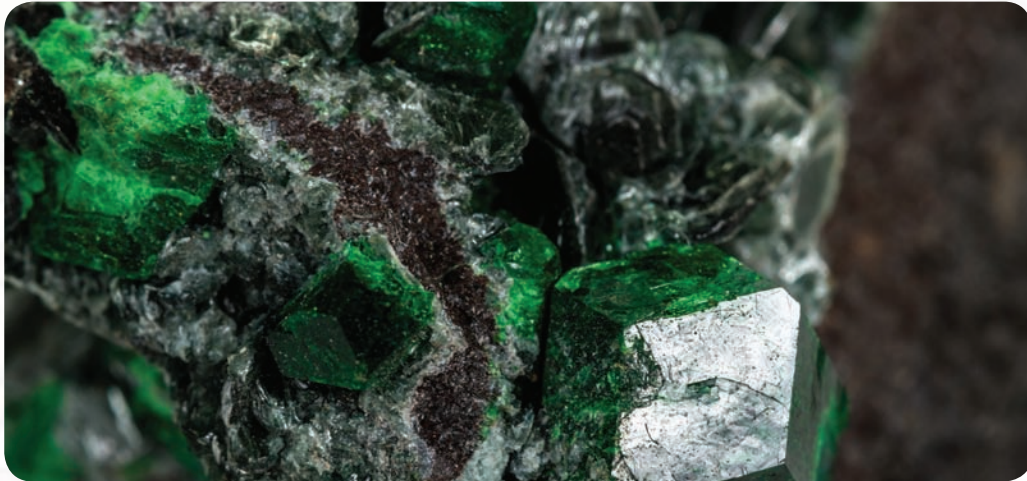
Unakite is a green and pink stone that is a mixture of Epidote, Feldspar, and Quartz. It has a distinctive, mottled green and pink appearance. Purchase Unakite at jewelry and crystal stores at affordable prices. It has a Mohs hardness of 6-7.

HOW TO USE UNAKITE:

Use Unakite as appropriate for balance, or apply as an elixir. Use Unakite with ten or twelve other suitable stones kept together in a bag. Select one of the stones from the bag to help answer your question. Place some Unakite stones in your garden next to your favorite plants so their energy will filter into whatever it is you are growing. It is beneficial for electromagnetic smog.



Uvarovite



POWER & BENEFITS OF UVAROVITE:

Uvarovite is considered the crystal of abundance. It promotes clear thinking and individuality without egocentricity. It is a calm and peaceful stone that helps in experiencing solitude without the feeling of loneliness.

SPIRITUAL & EMOTIONAL INFLUENCE:

Uvarovite aids in finding twin souls and soul mates. It links the soul to its universal nature. Uvarovite is good for calming. It helps the soul. It enhances the rational mind and enhances analytical processes.

IT ENHANCES SPIRITUAL RELATIONSHIPS.

The Physical Connection:

Uvarovite is thought to be good for detoxing. It is said to help balance the heart and lungs. It is also thought to help acidosis, inflammation, reducing fever, leukemia, kidney, and bladder infections.

THE CHAKRAS CONNECTED TO UVAROVITE:

Heart Chakra.

ASTROLOGICAL SIGNS:

Aquarius.

LOCATIONS FOUND & HISTORY:

Europe, USA (Arizona and New Mexico, South Africa, and Russia. It is named after Russian mineral collector Count S.S. Uvarov.

RARITY, VALUE & VARIATIONS:

An emerald green variety of Garnet.

HOW TO USE UVAROVITE:

Keep a piece of Uvarovite in your home to help bring issues out in the open so that you can effectively deal with them. The stone will also help protect your home from negative energies. Use as a talisman to help you stay safe while traveling. Keep a piece of Uvarovite with you when you want to achieve growth and progress. Place the stone in your space when you are working on new ventures, endeavors, and business ideas. Place Uvarovite in the east and the southeast areas of your home to invite more abundance and prosperity in your life.



Vanadinite



POWER & BENEFITS OF VANADINITE:

Vanadinite is a creativity and energy booster. This crystal helps you to become more focused on your tasks, clearing any blocks, especially those blocks that impede creativity. It helps thinking processes and to reach goals. It is helpful in curbing over spending.

SPIRITUAL & EMOTIONAL INFLUENCE:

Vanadinite has a strong connection with the Earth Chakra in the Earth's body that is beneath the feet. It grounds the soul into the physical body and helps with being comfortable in the earth's environment. It can help facilitate a state of no-mind and be used to direct awareness consciously for journeying and psychic vision.

It possesses strong vibrations that will help you accept your physicality. The crystal will surround you with loving and encouraging energies that will help to keep you motivated throughout your journey to abundance, success, and happiness. It grounds the soul into the physical body.

THE PHYSICAL CONNECTION:

Vanadinite is thought to be useful for breathing difficulties such as asthma and congested lungs. It is also thought to treat chronic exhaustion and bladder problems. It is thought to be helpful in the treatment of respiratory disease and help promote circular breathing.

THE CHAKRAS CONNECTED TO VANADINITE:

Sacral Chakra, and Root (Base) Chakra.

ASTROLOGICAL SIGNS:

Virgo.

LOCATIONS FOUND & HISTORY:

Morocco, United States. Vanadinite is a mixture of different minerals, including Vanadium, for which the crystal was named. It also usually contains chlorine, lead, and oxygen.

RARITY, VALUE & VARIATIONS:

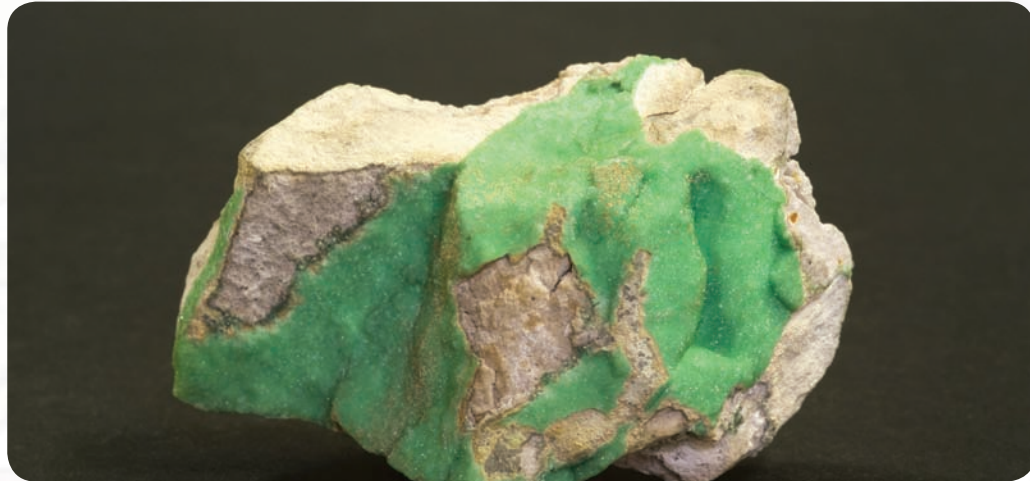
Vanadinite is barrel-shaped and hollow prismatic crystals and masses. Very small, bright transparent crystals on a matrix. Its deep and striking red color, along with its high luster and hexagonal prism crystals, make it a sought-after and highly collectible crystal.

HOW TO USE VANADINITE:

Place Vanadinite as appropriate for or rub the elixir externally over the chest area. When used for meditation it helps to shut off mind chatter, to allow for insight and rational thought to combine into an inner voice of guidance. Vanadinite is poisonous, so avoid elixirs. Always wash hands afterward.



Variscite



POWER & BENEFITS OF VARISCITE:

Variscite is a stone of calming and encouragement. It is beneficial for nervousness, clear thinking, and perception. It enables you to think clearly and communicate efficiently. It instills balance and brings in more energy and vitality.

SPIRITUAL & EMOTIONAL INFLUENCE:

Variscite is helpful for past life exploration, it stimulates insights into the cause of disease and reframing situations.

It brings in hope when things feel hopeless or when you're feeling depleted and exhausted. It reduces or clears nervousness and anxiety. It supports sobriety yet helps maintain a fun and enjoyable lifestyle.

THE PHYSICAL CONNECTION:

Variscite is thought to be excellent for the male reproductive system. It is said to treat acidity in the body and illnesses caused by too much acid including gout and gastritis. It is also believed to balance the energy of the nervous system and assist circulation and abdominal distension. It is thought to be beneficial for peaceful sleep.

THE CHAKRAS CONNECTED TO VARISCITE:

Third Eye (Brow) Chakra and Heart Chakra.

ASTROLOGICAL SIGNS:

Gemini, Taurus and Scorpio.

LOCATIONS FOUND & HISTORY:

USA, Germany, Austria, Czech Republic, and Bolivia. The best pieces of Variscite come from Utah, USA and sometimes it's even called utahlite for that reason. It can also be found in a couple of other states including Arkansas and Nevada. Variscite was named after an old district in Saxony, Germany called Variscia, and it was first discovered in 1837. It has always been quite a rare stone and has been used in jewelry such as rings and pendants.

RARITY, VALUE & VARIATIONS:

Variscite is one of the rarer and lesser-known gemstones, it's often mistaken for Turquoise. The main difference is that variscite tends to be greener than blue like turquoise. The different shades of green are caused by chromium, and there are even rare red pieces of Variscite. It has a Mohs hardness of 3.5-4.5.

HOW TO USE VARISCITE:

Place it on the Throat Chakra for better communication and the Third Eye for insight into past lives. Put or wear over your heart to ease and calm emotions and feel grounded and balanced.



Verdelite



POWER & BENEFITS OF VERDELITE:

Verdelite brings abundance, creativity, and success. It has a connection with the Earth that makes it an excellent aid for anyone who works with nature. It promotes compassion, patience, and tenderness.

SPIRITUAL & EMOTIONAL INFLUENCE:

Verdelite is good for visualization. It helps to connect with the nature spirits. It transforms negative energy into positive and helps to dispel fears. It promotes openness and patience. It helps hyperactive children.

THE PHYSICAL CONNECTION:

Verdelite is thought to aid sleep and to quiet the mind. It is said to fortify the nervous system and prepare it for a vibrational shift. It is also thought to treat the brain, eyes, heart, immune system, and thymus. It is said to help with weight loss.

It is a nurturing crystal that brings balance and joie de vivre to life. It is said to help overcome problems with fathers and authority figures.

THE CHAKRAS CONNECTED TO VERDELITE:

Third Eye (Brow) Chakra, and Heart Chakra. It opens the Heart Chakra and promotes compassion, patience, and tenderness.

ASTROLOGICAL SIGNS:

Capricorn.

LOCATIONS FOUND & HISTORY:

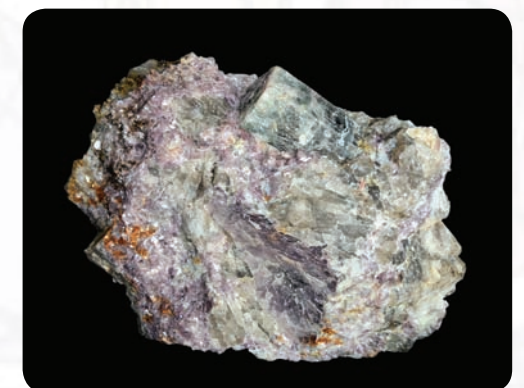
Brazil, Tanzania, Nigeria, Kenya, Madagascar, Mozambique, Namibia, Afghanistan, Pakistan, Sri Lanka, Malawi, United States.

RARITY, VALUE & VARIATIONS:

Verdelite is a green variety of Tourmaline.

HOW TO USE VERDELITE:

Wear Verdelite to attract abundance and prosperity. It is a helpful stone for herbalists because it helps plants and enhances the application of herbal remedies. Place in gardens to help encourage plant growth. Avoid water.





POWER & BENEFITS OF WAVELLITE:

Wavellite is a crystal that helps decision making, intuition, and choices. It is good for energy flow. It is a stone for emanating compassion, kindness, love, and peace to the world and the people most important to you.

SPIRITUAL & EMOTIONAL INFLUENCE:

Wavellite is a powerful stone that heightens your intuition and improves your decision-making. It has a straightforward vibration, that grows more powerful with each new moon. It will sharpen your intuition and develop your psychic abilities. It will give you vivid dreams that inspire you to make them a reality. Wavellite helps you manage difficult situations so you can gain a better understanding of the reasons behind these struggles and challenges. It reminds you that wisdom gained from your observations will help you overcome new challenges and struggles. It helps you to understand that everything happens for a reason and that everything exists for a purpose. It promotes balance on a soul level. It gives you the courage, humility, and strength, to accept the things you can no longer change.

THE PHYSICAL CONNECTION:

It is thought that Wavellite preserves your energy when you are balanced. It is said to help in the treatment of dermatitis, colds, flu, hay fever, and common skin complaints.

THE CHAKRAS CONNECTED TO WAVELLITE:

Heart Chakra.

ASTROLOGICAL SIGNS:

Aquarius.

LOCATIONS FOUND & HISTORY:

United States, England, Ireland, Australia, Germany, France, the Czech Republic, and Bolivia. Wavellite is named after William Wavell, the English physician who first discovered the stone.

RARITY, VALUE & VARIATIONS:

Wavellite is found as globe-like shapes, druses, masses, and needle-like crystals. It may be white, colorless, black, brown, blue, or yellow. Wavellite is a translucent stone with a vitreous to resinous or pearly luster. It exhibits different shades of green, ranging from dark emerald green, bright green, apple green, to pale green.

HOW TO USE WAVELLITE:

Use Wavellite crystal in meditation as it will increase your intuitive abilities and activate your inner knowledge. Use crystal body layouts or energy grids as it will improve the flow of energy from your etheral body to your physical body.



White Topaz



POWER & BENEFITS OF WHITE TOPAZ:

White Topaz is a crystal of true love. It helps you to clarify your thoughts and your intentions. It is a good stone for relationships. It replaces sadness with joy, distrust, and hate with love. It promotes confidence, self-respect, and sexuality.

SPIRITUAL & EMOTIONAL INFLUENCE:

White Topaz aids in spiritual development as it encourages you to accept direction and guidance from the Spirit and to find your true purpose. The stone has strong magnification energy. It aids manifestation and makes the passage of achieving your desires much easier and faster. It helps with decision making and focusing on the details. It allows things to happen around you and for you.

The crystal brings with it the energies of hope, inspiration, love, and peace. It can be used to expand your knowledge and thoughts, which in turn can help boost your self-confidence and growth as a person.

THE PHYSICAL CONNECTION:

It is thought that White Topaz is good for acne, boils, bruising, skin, and wounds.

THE CHAKRAS CONNECTED TO WHITE TOPAZ:

Crown Chakra.

ASTROLOGICAL SIGNS:

Sagittarius.

LOCATIONS FOUND & HISTORY:

Kenya, United States. Topaz comes from the Greek word tapazos which means

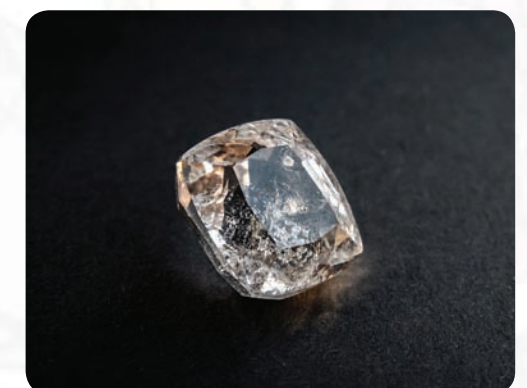
to seek and is said to have been one of the stones that were in the breastplate of the high priest in the Bible.

RARITY, VALUE & VARIATIONS:

White Topaz is white prismatic crystals and alluvial pebbles.

HOW TO USE WHITE TOPAZ:

If using White Topaz for skin conditions you can apply the crystal directly to the area or as a topical elixir. Where close to the body, it can help calm strong emotions and get rid of bad omens. It will amplify whatever energy is focused through the stone, so you want to be conscious and responsible when using it. It is powerfully transforming because it elevates you and strengthens your ability to give and accept love.



Wulfenite



POWER & BENEFITS OF WULFENITE:

Wulfenite is beneficial for cellular memory, rejuvenation, and energy preservation. It assists in accepting less positive aspects of life and prevents despondency from setting in during negative situations. It brings youthfulness.

SPIRITUAL & EMOTIONAL INFLUENCE:

Wulfenite is an excellent stone for dealing with your shadow side which is the aspect of yourself you tend to push away sometimes. It is a powerful past-life healing stone. It can be programmed to bring you into contact with soul links. It is good for magic, shamanic pursuits, and seeing and dealing with your dark side. It is good for accessing altered states of reality, your higher self, and soul mates/twin souls.

This stone will assist you in accepting all aspects of life even the things that are not positive or happy. It helps you embrace and integrate all aspects of yourself and others so that you may see the truth instead of masking it with positivity. It allows you to be your authentic self and to accept yourself wholly.

THE PHYSICAL CONNECTION:

Wulfenite is thought to restore the uterus after childbirth or a miscarriage. It is also thought to assist with menstruation and can help to balance other female reproductive issues. It is said to improve metabolic function and digestive problems.

THE CHAKRAS CONNECTED TO WULFENITE:

Heart Chakra, Root (Base) Chakra, and Sacral Chakra.

ASTROLOGICAL SIGNS:

Sagittarius.

LOCATIONS FOUND & HISTORY:

One of the most popular mines for Wulfenite is the Red Cloud Mine in Arizona which has deep red Wulfenite that is well-formed. The Los Lamentos in Mexico also produces it, but the stones there are very thick orange tabular crystals. Another source is Mount Peca in Slovenia which produces yellow stones. In 1997, the Post of Slovenia even put a Wulfenite stone on their stamps. Wulfenite was first found in 1845 in Bad Bleiberg, Carinthia, Austria, and was named after Franz Xavier von Wulfen who was an Austrian mineralogist.

RARITY, VALUE & VARIATIONS:

Wulfenite is a very popular mineral with gemstone collectors because of its unique color that is rare to find in other minerals and gemstones. This stone is part of the Molybdate family and can be yellow, orange, and brown as well as green, grey, and white. The other stones it's formed with are Anglesite, Cerussite, Smithsonite, Hemimorphite, Vanadinite, and Pyromorphite to name several. Wulfenite has a Mohs hardness of 3.

HOW TO USE WULFENITE:

Wear Wulfenite in jewelry or hold it in your hand to receive its energy benefits. It is toxic so use with care.



Yellow Aventurine



POWER & BENEFITS OF YELLOW AVENTURINE:

Yellow Aventurine enhances inner strength, creativity, yin/yang balance, and motivation. It is a great stone for those who are hypersensitive and highly empathic. It brings drive and inspiration.

SPIRITUAL & EMOTIONAL INFLUENCE:

Yellow Aventurine gives support and structure. It helps with decision making and gives protection from energy vampires. It can help you access your power and stand in your power if you've given it away. It is a great stone for compassion and grieving.

THE PHYSICAL CONNECTION:

Yellow Aventurine is thought to work as an anti-inflammatory and help to ease migraine headaches, sinus issues, and minor allergies. It is said to be good for the muscles, especially the core muscles and the diaphragm.

THE CHAKRAS CONNECTED TO YELLOW AVENTURINE:

Solar Plexus Chakra is related to self-esteem and your inner power. It activates and balances the energy of the Solar Plexus Chakra.

ASTROLOGICAL SIGNS:

Aries.

LOCATIONS FOUND & HISTORY:

Most of the green and blue aventurine can be found in India. Yellow, orange, white and grey Aventurine is found in Spain, Russia, and Chile. Aventurine was

first found in the 18th Century, and its name comes from the Italian word a ventura, or all'avventura which means by chance.

RARITY, VALUE & VARIATIONS:

The aventurescence in Aventurine is the sheen that comes from the chrome-bearing fuchsite. It can be found in colors ranging from orange, yellow, blue, gray, white, and brown, but it is most often found to be green. Yellow Aventurine is a bit more rare than green, but it is still very affordable. It also has a hardness of 7 on the Mohs scale which means it's easy to cut into shapes and make into jewelry.

HOW TO USE YELLOW AVENTURINE:

Use Yellow Aventurine to activate and balance the energies of your Solar Plexus chakra. Just lay down and place it on your abdomen above your belly button where this energy center is located and meditate or just relax. This stone can also be used to reduce, absorb and protect against electromagnetic pollution so put it close to your electronics. Holding Yellow Aventurine will also help to balance the Yin and Yang energies within you.



Yellow Jade



POWER & BENEFITS OF YELLOW JADE:

Yellow Jade is a yellow-colored variety of Jade known as Nephrite. Like other types of Jade, Yellow Jade brings prosperity and positivity. It brings joy, positivity, wisdom, and good luck, along with a focus on your goals and dreams. It is energetic and stimulating and teaches the interconnectedness of all beings.

SPIRITUAL & EMOTIONAL INFLUENCE:

On an emotional level, Yellow Jade helps to bring in self-awareness and brings in new ideas, and helps you see things from a new perspective. It is beneficial for self-confidence, self-sufficiency, and longevity.

THE PHYSICAL CONNECTION:

Yellow jade is said to aid poor digestion as well as issues with the bladder and liver. It is thought to help the heart, kidneys, and spleen and can help with detoxification of the body and circulation. It is also thought to aid in relieving tiredness and boost metabolism.

THE CHAKRAS CONNECTED TO YELLOW JADE:

Connected with the Solar Plexus Chakra.

ASTROLOGICAL SIGNS:

Libra.

LOCATIONS FOUND & HISTORY:

Yellow Jade is found in China, Guatemala, Japan, Myanmar, and the United States. For centuries Yellow Jade was thought to be a very unique stone not

related to Jade at all, and then in 1863, it was discovered that there were two different types of Jade called Nephrite and Jadeite. Nephrite Jade, which is what Yellow Jade is, goes back to prehistoric times and was used to create tools, weapons, and ornaments because of how strong and durable it is.

RARITY, VALUE & VARIATIONS:

Yellow Jade is the rarest color of jade and it can range from a dark golden yellow to a light yellow or pale yellow. Yellow Jade can have these different colors and textures depending on where it's found. The yellow color is due to tantalum ions inside the crystal lattice. It has a high value for its pure color which can even be more valuable than White Jade which is another very valuable type of Jade. It has a Mohs hardness of 6.5-7.5.

HOW TO USE YELLOW JADE:

Wear Yellow Jade in jewelry or carry it with you to feel joy, positivity and to help with physical issues. Use Yellow Jade to feel more self-confident and focused on your wellbeing, goals, and aspirations. Place Yellow Jade in your home to bring in prosperity and abundance.



Zebra Rock



POWER & BENEFITS OF ZEBRA ROCK:

Zebra Rock is a stone that brings compassion. It is thought to combat shallowness. It supports you in many creative endeavors and art projects. It helps express your soul's passion and truth. It helps you maintain focus, calm, and balance. grounded.

SPIRITUAL & EMOTIONAL INFLUENCE:

Zebra Rock is a grounding stone that keeps you connected to the Earth during spiritual working. It teaches you how to fully inhabit your body, with your feet firmly on the ground.

It also balances the yin and yang, masculine and feminine aspects of self, and helps to balance the positive and negative too. Gives you strength in life and protects you.

THE PHYSICAL CONNECTION:

Zebra Rock is thought to be beneficial for teeth, gums, and mouth. It is said to help the bones and muscles and can even assist in relieving muscle spasms. It is also thought to be helpful for heart palpitations and bringing endurance and energy.

THE CHAKRAS CONNECTED TO ZEBRA ROCK:

Sacral Chakra.

ASTROLOGICAL SIGNS:

Taurus, Gemini.

LOCATIONS FOUND & HISTORY:

Found in Madagascar, South Africa, India, Brazil, United States, Pakistan, and Australia. Zebra Rock was first discovered in 1924 by T.Blatchford in Kununurra, in Western Australia in the East Kimberley area. Some of the lines and seams of zebra rock are continuous for many kilometers.

RARITY, VALUE & VARIATIONS:

Zebra Rock is a stone made up of Quartz and Basalt crystals, that usually forms stripes of alternating colors resembling the stripes on a zebra. There are a few different types of Zebra Rock the ones from Australia, the ones found in Pakistan, and others found in the United States. It can also be called Zebra Marble, Zebra Jasper, Zebra Agate, and Zebra Stone.

Zebra Rock is over 600 million years old. They are sedimentary stones formed in clay deposits. Made of small particles of quartz and sericite, the banding found in the rock is due to the iron oxide that seeped into the rock in a fluid. Zebra rock has mainly been used as an ornamental stone, but it can also be used in jewelry.

HOW TO USE ZEBRA ROCK:

Hold or carry Zebra Rock with you to keep you grounded. Keep close to you when working on creative projects.



Zeolite



POWER & BENEFITS OF ZEOLITE:

Zeolite is an excellent crystal to bring into your home to improve the energy in your living environment. It enhances the environment, and when buried underground it benefits agriculture and gardening. It absorbs toxins and odors.

SPIRITUAL & EMOTIONAL INFLUENCE:

Zeolite attunes with Reiki, and energy working practice. It can also clear out negative energy and thought patterns bringing in more positivity. It is perfect for meditation and spiritual work, calming the emotions and relieving anxiety.

THE PHYSICAL CONNECTION:

Good for detoxing and alcoholism or other addictions. Can be a useful treatment for goiters and bloating. It will also absorb odors and toxins in your home. You can also find zeolite powder that is edible to add to water or smoothies to boost your immune system and remineralize your body.

THE CHAKRAS CONNECTED TO ZEOLITE:

Root (Base) Chakra, Sacral Chakra, Solar Plexus Chakra, Heart Chakra, Throat Chakra, Third Eye (Brow) Chakra, and Crown Chakra.

ASTROLOGICAL SIGNS:

Aries, Taurus, Gemini, Cancer, Leo, Virgo, Libra, Scorpio, Sagittarius, Capricorn, Aquarius, and Pisces. It creates a protective filter for the Crown Chakra.

LOCATIONS FOUND & HISTORY:

India, Italy, Brazil, the United Kingdom, Australia, and the United States. Zeolite

was first found and used by the Ancient Romans. They used it to filter their water in aqueducts. It has also been used in traditional Chinese medicine for centuries. Zeolite was formally recognized as a mineral in 1756 by a Swedish mineralogist named Cronstedt. He called them Zeolite which comes from the Greek words Zeo meaning boil and lithos meaning stone. In the 1950s Zeolite was discovered in the United States and by the 1970s they were using it to clear wastewater ammonia and radioactive material. Because of its purifying abilities, it has also been used in pools since the 1980s.

RARITY, VALUE & VARIATIONS:

Zeolites are hydrated aluminosilicates of alkaline and alkaline-earth metals. Zeolite is formed by common minerals that grow together like Apophyllite, Okenite, Stilbite, Prehnite, and Pectolite which are all in the Zeolite group. They are relatively common, and 40 natural zeolites have been found in the last 200 years.

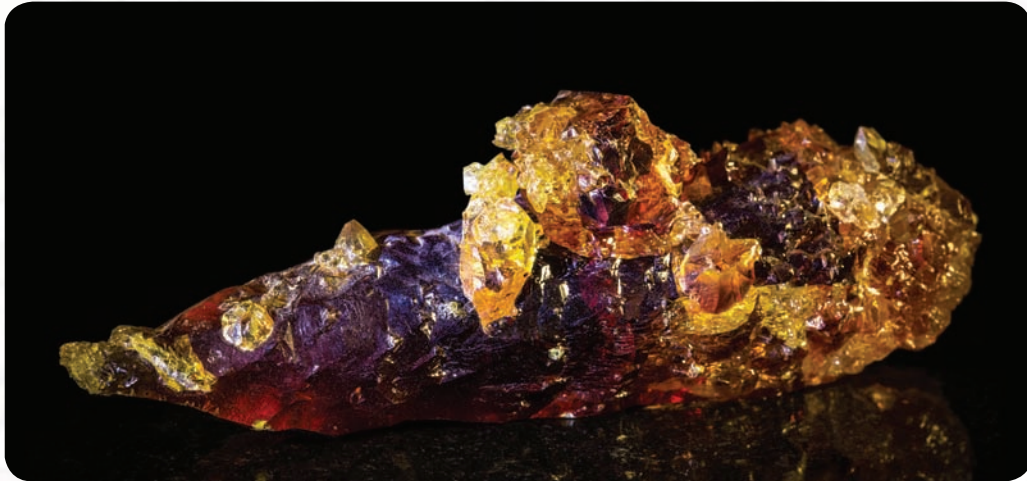
Some of them are synthesized, and they are used commercially because of their high adsorption and detoxifying abilities. It's used in cat litter, animal food, soil, and wastewater treatment.

HOW TO USE ZEOLITE:

Zeolite can be used as a meditation tool or in a Reiki session. It is also good to place in your home to detoxify the air. It is said you can make an elixir out of Zeolite to remineralize the body, balance pH levels, and support immune function. Be sure to buy only food-grade Zeolite products that are meant for human consumption.



Zincite



POWER & BENEFITS OF ZINCITE:

Zincite is a crystal of discovering and embracing personal power and authenticity. It is beneficial for catharsis. It brings you confidence, strength and ignites creativity. Helps in dealing with shock and trauma, depression, and grief. It helps you release or face painful memories from the past so that you can integrate them and move forward in your life.

SPIRITUAL & EMOTIONAL INFLUENCE:

Zincite is motivating when you are procrastinating. It enables you to embrace the necessary changes to reach your full potential. Useful for reducing phobias while getting the root cause of these phobias. It helps bring like-minded people together.

THE PHYSICAL CONNECTION:

Zincite is thought to boost the immune system and balances the energy meridians in the body. It is also thought to alleviate candida, autoimmune diseases, and bowel diseases. It is believed to be great for the skin and hair, as well as the prostate gland, menopause, and infertility.

THE CHAKRAS CONNECTED TO ZINCITE:

Root (Base) Chakra and Sacral Chakra. Depending on the color, Zincite could also connect with the Heart Chakra if it's green and the Solar Plexus Chakra if it is yellow.

ASTROLOGICAL SIGNS:

Libra, Taurus.

LOCATIONS FOUND & HISTORY:

Poland, Italy, and the United States. Zincite is said to have grown by accident in a smokestack of a Zinc manufacturing facility making zinc-based paint in Poland. It is a brightly colored gemstone that is mostly orange, red, and yellow but can also be green. T

Zinc Oxide and zinc become gaseous during the manufacturing process and combine with oxygen. When these particles combine and cool, they created bright colored crystals in the smokestacks.

RARITY, VALUE & VARIATIONS:

Even though it's soft Zincite can be used for jewelry making, especially for pendants and earrings. The prices of high-quality Zincite are around \$30 per carat depending on the size, color, and cut. It can be very rare and hard to come by.

HOW TO USE ZINCITE:

Wear in jewelry or hold a stone in meditation. Hold over the areas of the body or Chakras that need balancing and positive energy.



Zircon



POWER & BENEFITS OF ZIRCON:

Zircon is an important gemstone that comes in many different colors and with a lot of energy benefits. It's a stone used throughout history as a nice substitute for diamonds. The energy of this stone helps you to maintain momentum in your life to keep learning, growing, and achieving your goals.

SPIRITUAL & EMOTIONAL INFLUENCE:

Zircon helps you remove yourself from difficult or harmful situations to protect yourself. It will also help move the energy in your life to bring in more people and situations that serve you while releasing the rest. Zircon helps you to focus on your goals and get more organized in your life so you can achieve them. Activates your sense of purpose.

THE PHYSICAL CONNECTION:

Zircon is said to be good for the liver and gallbladder. It is also thought to be good for allergies, asthma, bronchitis, and the lungs. It is said to be beneficial for respiratory problems in general.

THE CHAKRAS CONNECTED TO ZIRCON:

Zircon activates and balances all of the Chakras because it comes in a variety of different colors. Brown and Red Zircon connect with the Root Chakra, Orange with the Sacral Chakra, Yellow with the Solar Plexus Chakra, Green with the Heart Chakra, Blue with the Throat Chakra, Purple with the Third Eye Chakra and Clear with the Crown Chakra.

ASTROLOGICAL SIGNS:

Virgo and Sagittarius.

LOCATIONS FOUND & HISTORY:

Sri Lanka is the best source of Green Zircon. It's also found in Burma (Myanmar), Cambodia, Australia, Brazil, Madagascar, Mozambique, Nigeria, Tanzania, Korea, Thailand, and Vietnam. It's a historical gemstone used for thousands of years as a substitute for diamonds. It's the oldest known mineral on Earth at 4 billion years old which is said to be older than the Moon. Zircon has been used since the 6th century in Greece and Italy. Also, even earlier on, it was mentioned in ancient Hindu texts that it one of the stones on the Kalpa Tree of their religion. It's said that green Zircon made up the leaves on this magical tree. In the past, it was often called Hyacinth or Jacinth after a mythological character named Hyacinthus. Red Zircon was said to keep evil spirits away.

RARITY, VALUE & VARIATIONS:

Zircon is a well-known Diamond substitute, but it's also a valuable gem all on its own. The different colors of the stone are caused by certain impurities. There are even some stones that contain radioactive elements that are extracted from the stone in a very intensive process. Many Zircon gemstones are heat treated to enhance their color and also to increase their transparency. It has a hardness of 7.5 on the Mohs hardness scale. Sometimes Zircon can be confused for being the same thing as Cubic Zirconia but they are completely different stones, and Cubic Zirconia is synthetic.

HOW TO USE ZIRCON:

Choose the color that you feel will benefit you the most. Correspond your needs to the color and energy balancing benefits of each color of Zircon to help you.



Zoisite



POWER & BENEFITS OF ZOISITE:

Zoisite is a gemstone that transforms negative energy into positive energy, and it's great for lifting lethargy. It brings repressed memories and emotions to the surface so they can be worked through. It aids you in keeping your focus, especially on creative projects.

SPIRITUAL & EMOTIONAL INFLUENCE:

Assists in finding your authentic personality instead of conforming or comparing yourself to others. Helps with lethargy and encourages you to do anything you need or want to do.

THE PHYSICAL CONNECTION:

Beneficial for the spleen, liver pancreas, lungs, and heart. It's a detoxifying gemstone that will alkalize the body and reduce inflammation. It can also improve the immune system and regenerates cells. Help with the reproductive organs and helps with fertility.

THE CHAKRAS CONNECTED TO ZOISITE:

Heart Chakra.

ASTROLOGICAL SIGNS:

Gemini.

LOCATIONS FOUND & HISTORY:

Common places Zoisite is found are Tanzania, Pakistan, Zimbabwe, Austria, India, Russia, Madagascar, Cambodia, Scotland, and Kenya. Zoisite has only

been known for two centuries, and it's mainly used as an ornamental stone. It was named after the Austrian scientist Sigmund Von Zois, who discovered the gemstone in the Saualpe Mountains of Carinth, Austria.

RARITY, VALUE & VARIATIONS:

Zoisite comes in many different colors including pink, lavender, light green, grey, or brown. Zoisite is a mineral that has several gem varieties, the most popular one being Tanzanite, deep blue gemstone. Thulite is another variety of Zoisite and it's a pink gemstone, there is also Ruby Zoisite.

The stones are sometimes heat-treated to bring out their natural colors. Lavender-blue zoisite is known as tanzanite, and it is the highest valued variety. Pink zoisite is named Thulite, which is made pink because of the manganese in it. The green Zoisite can be called green zoisite, green tanzanite, or chrome tanzanite. There is also ruby zoisite which is pretty soft and rates at 5.5 to 6.5 on the Mohs hardness scale. The other types are a bit harder rating a six on the hardness scale. They can be transparent to sub translucent and are brittle and vitreous.

HOW TO USE ZOISITE:

The energy and powers of Zoisite are enhanced when it's used with Ruby. If you wear this stone, be sure to wear it with care since it is very delicate. You can also use this stone as you're working on creative projects or when you need some inspiration.

